



**DOS Presents: IN-TO-ME- SEE
(IT'S MORE THAN YOU THINK)
Host: Shamarah Israel
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Time: 8-10PM EST**



When we do these Titus 2 chats, I look at them as intimate mother and daughter conversations. I didn't have this growing up before marriage.

Few videos we should all have in our arsenals from the Power Hour Plus

1. Finding Your Ideal Spouse
2. Preparing For Marriage
3. Proving In a Godly Manner
4. Sisters If You Want A Man, You Cannot Be A Man

Leadership always speaks on The Foundation of a nation as successful marriages.

Successful marriages begin with the proving process.

We must prove a friend.

Ecclesiasticus 6:7 (Apocrypha) If thou wouldst get a friend, prove him first and be not hasty to credit him.

This is a conversation I want to have with my daughters so we can have successful marriages.

Intimacy or In-To-Me-See- (It's More Than You Think)- you are letting someone see into you.



Phase: Intimate Relationships

You can have intimate relationships with friends and children.

Most of us, when we think of intimate relationships, think of terms sexual nature. That has its place yet In-To-Me-See- (It's More Than You Think)

Content Used:

Intimacy Is Your Life

[YouTube](#)

When we have intimacy with a close friend we're proving and intimate relationship with our children that they are able to come to us that build that intimacy.

We want our children to come to speak with us about everything. You will have different relationships with different children, yet it's important we have an intimate relationship.

Define Intimacy:

The closeness between people in personal relationships builds over time as you connect with someone and grow to care about each other.

Key Points:

Intimacy In Marriage is a higher level of intimacy.

Intimacy in a marriage is a complete unrestrained sharing of self. It's a process of neutral self-revelation that inspires a level of trust and openness deeper than normal interpersonal relationships. It illuminates points of strengths, and weaknesses, true feelings about events, failings, hopes and dreams fears, and flaws. It's the desire to be a whole person, to be a whole spirit with the one you love. It's a sense of closeness in which partners are able to share true feelings, thoughts, and experiences. Intimacy grows as you merge yourself with your partner. When you merge yourself with your partner that has a spiritual connotation of being one flesh

Many scriptures speak about one flesh

Mark 10:8 And they twain shall be one flesh: so then they are no more twain, but one flesh.

Ephesians 5:31 For this cause shall a man leave his father and mother, and shall be joined unto his wife, and they two shall be one flesh.

Genesis 2:24 Therefore shall a man leave his father and his mother, and shall cleave unto his wife: and they shall be one flesh.

Matthew 19:4 And he answered and said unto them, Have ye not read, that he which made them at the beginning made them male and female,



Matthew 19:5 And said, For this cause shall a man leave father and mother, and shall cleave to his wife: and they twain shall be one flesh?

Matthew 19:6 Wherefore they are no more twain, but one flesh. What therefore God hath joined together, let not man put asunder.

You and your lord are one flesh.

Conversation I never had with my mother before getting married. I thought it was about me laying it down on him and him doing the same and marriage going to be great. My marriage going to be fanatic once I get the sex part eight.

Key Points:

Marriage is not all about sex.

A lot of Backdoor marriages in Israel and obviously they found out they didn't prove a friend and it takes more than physical sex to make a marriage successful.

Relationships can't be built only on sex.

Physical examples of sex is the actual active intercourse, oral, cuddling, kissing, hugging, holding, sitting close together, skin-to-skin contact,

There's the importance of sex in a marriage. That's why it's important in the pricing process to be very mindful.

Proving process be mindful

Deacon Yoshua Quoted:

You can sense the sexual tension in the relationship and then you want to touch knees, and buy gifts.

When begin to talk about intimacy you have to get to understand the inner workings of the individual you want to spend the rest of your life with. That's why In-To-Me-See- (It's More Than You Think)

Sex is a major part of marriage.

1 Corinthians 7:2 Nevertheless, to avoid fornication, let every man have his own wife, and let every woman have her own husband.

1 Corinthians 7:3 Let the husband render unto the wife due benevolence: and likewise also the wife unto the husband.

1 Corinthians 7:4 The wife hath not power of her own body, but the husband: and likewise also the husband hath not power of his own body, but the wife.

1 Corinthians 7:5 Defraud ye not one the other, except it be with consent for a time, that ye may give yourselves to fasting and prayer; and come together again, that Satan tempt you not for your incontinency.



In order to avoid fornication, let every man have his own wife, and let every woman have her own husband.

Defraud ye not unless you allow Satan to come into your marriage.

Sex is a major form of intimacy. If that's all you have, you're going to be lacking.

Content Used:

Married for 20 years - Steve Harvey show

<https://www.instagram.com/reel/CoHoY8bA75Q/?igshid=OTA3YzJiYTA=>

After 20 years and you not in your 20s anymore people think in' your 40s, 50s, and 60's, you done you still have to give your all like Abraham and Sarah the entirety of your marriage

Great sex is more than sex.

It must be a committed relationship and you all have to like one another and meet and bond with one another on different levels other than sex.

Mental Health Organization:

When things are going really well in a relationship sex only counts 15%

When things are going really badly it counts 85%.

- **Key Points:**

Sex has a way of healing and binding a man and woman together.

When a woman refuses sex to her husband, it creates in him inner shame. Makes him feel not important, a failure as a man, not a lover or provider, and most men will shut down and become angry all because they seeking comfort sexually from their wives.

If you have a low libido, the fix is to do it anyway.

The guilt of defrauding your lord will go away.

When your husband says jump, you say how high.

When you say when your husband says what.

Four plays etc....

- **Key Points:**

More intimacy is created when you have more sex. More sex creates more intimacy.

Men like to connect with their wives through sex.

Women like to connect more through talking, bonding, and nurturing the relationship. The way to get that is by having more sex.



No sex for a husband who has a high sex drive is like a constant migraine. Most women like to use a headache as an excuse. Put yourself in your husband's shoes him not having sex is like an intense migraine that does not go away.

When you have a low sex drive whether it's after childbirth or you just have a low sex drive initially, pay attention to the needs of your lords, not yours.

Don't focus on whether you're tired or you have a low sex drive follow your lords lead.

Focus on giving rather than receiving.

It takes a lot to jump-start the motivation yet just being able to please your lord and letting your desire be unto him will create more intimacy.

Reference Book: Hot Monogamy

“Why You Want To Have Sex

1. Your lord said so
2. Sex helps you to forget. Relieve anxiety and stress. Sex puts the letter P in Partnership and Passion.

Without sex between a man and a woman, there is no passion. So why deny your lord that

Most people who have healthier sex lives have healthier hearts.

Boost your immune system.

Sex and more sex can lead to closer intimacy.

If you need to do some changes this is where self-examination and accountability peace comes as it goes into the physical type of intimacy

How can we improve our sexual or physical intimacy with your lord if you have a problem or are looking for ways to increase that connection.

Self-Evaluation: Ask Your lord

1. I will like more of or less of.....
2. One way I made it difficult for having an intimacy with my husband.....
3. I could make it easier to have better physical, intimacy with my lord if I did or do.....

These questions are going to require some actions and accountability to meet your lord physical and intimacy expeditions.

Context Used



Great sex is more than just sex

<https://www.facebook.com/reel/575390901274731?fs=e&s=aEkTS0&mibextid=z9DgKg>

Men will tell us what they want, and desire yet are we actively listening and participating in their desire

A lot of us are guilty of that next like sex is a climax.

IN-TO-ME SEE (*it's more than you think*)

Got to be nurturing relationships from the moment you wake up in the morning.

Where is your kindness?

Where is your humility?

Where is your gratitude?

That makes more passion for intimacy in a marriage.

The women that are proving, betrothal, newly married, and women who have an awful physical intimacy with their lord - that you work on these things now so you can fix.

We need the men of Israel to be completely relaxed and focused when they go out to war knowing they have a wife that truly loved them inside and out.

Intimacy in Marriage without Sex

Intimacy without sex can occur and it may be the reason why you unable to have sex in your relationship.

1. Gaining trust after adultery, affair, or if your partner has a porn addiction.
2. You or your spouse may be struggling with sexual problems or any other dysfunctional problems.
3. Porn withdraws.
4. Welcoming a new family member or childbirth

Your lord may travel far to work or go on a mission for the Lord - how do you have intimacy without having sex.

When you are older you have less of a sex drive, yet you have a strong desire to stay connected to the love of your life

- **Key Point:**

Question:

What do you do when you physically can't have sex?



Can your marriage survive without having sex?

How do you remain intimate? It is important to still have intimacy.

Content Used:

Left Dr husband after remission from cancer

<https://www.instagram.com/reel/ColjVyrACbL/?igshid=OTA3YzJiYTA=>

The woman had no connection with her husband.

Question:

Do you have an intimate relationship with your husband when trials and tribulations come in the marriage?

Are you willing to stick around when there's no physical intimacy? You must have intimacy on another level.

Can your marriage survive without intimacy?

Intimacy can be lacking when taking care of the children.

You are not alone, and several factors can lead up to this:

Money issues

Health issues

Mental and Physical Health

If you have children taking care of them can leave little time for intimacy with your spouse

We as women must realize even though we have children our lord comes first and attend to their needs.

We act sometimes our husband asking for a lot.

They let us know what they need and require of us, yet we make up in our own minds what they want it's not important

A part of us is rebellious against what the Lord wants us to do

(KJV)

Romans 7:21 I find then a law, that, when I would do good, evil is present with me.

Romans 7:22 For I delight in the law of God after the inward man:

Romans 7:23 But I see another law in my members, warring against the law of my mind, and bringing me into captivity to the law of sin which is in my members.

Romans 7:24 O wretched man that I am! who shall deliver me from the body of this death?



When we know the law of not defrauding, we must show reverence and submitting, meek and kind yet it's a demon in all of us, and won't do it.

We know what we are supposed to do and refuse to do it.

Ecclesiasticus 26:24 (Apocrypha) A dishonest woman contemneth shame: but an honest woman will reverence her husband.

Reference Bible Story

David and Michal - David wanted nothing to do with his wife because she was disrespectful.

The Bible tells us what to do and what not to do.

Reference:

Article: <https://www.healthline.com/health/intimacy#time>

Intimacy involves 7 key factors

Intimacy doesn't happen by accident and does not develop overnight it requires investing time, energy, and emotions

Question:

Are you willing to invest in your marriage?

If marriage is the foundation of a healthy nation is the first place your lord shows his ability to lead and get his house in order.

Are you willing to make that investment?

1. **Trust** - does your lord trust you? Is there trust in the relationship?

(KJV)

Proverbs 31:10 Who can find a virtuous woman? for her price is far above rubies.

Proverbs 31:11 The heart of her husband doth safely trust in her, so that he shall have no need of spoil.

Proverbs 31:12 She will do him good and not evil all the days of her life.

This is the ultimate trust and what honor for your lord to feel that way about you.

(KJV)

Isaiah 26:3 Thou wilt keep him in perfect peace, whose mind is stayed on thee: because he trusteth in thee.

Isaiah 26:4 Trust ye in the LORD for ever: for in the LORD JEHOVAH is everlasting strength:



2. **Acceptance** - are you consenting to what your lord has to offer?
3. **Honestly**- a big key factor in marriage. How many of us can say we are honest, we refuse to lie, or deceive in any way. The mere nature of a woman is deception. Let us be honest.

Example:

When your lord asks if there's anything wrong and you say no that's a lie. You don't have a good intimate relationship where you feel comfortable with your spouse, and you share experiences.

(KJV)

1 Peter 3:10 For he that will love life, and see good days, let him refrain his tongue from evil, and his lips that they speak no guile:

1 Peter 3:11 Let him eschew evil, and do good; let him seek peace, and ensue it.

1 Peter 3:12 For the eyes of the Lord are over the righteous, and his ears are open unto their prayers: but the face of the Lord is against them that do evil.

To be peaceful in your relationship is to be honest.

4. **Compassion** -

Ephesians 4:32 (KJV) And be ye kind one to another, tenderhearted, forgiving one another, even as God for Christ's sake hath forgiven you.

Do you show compassion in your marriage?

Often times we look for compassion and we think the husband is not considering us but are we considering them?

You get what you put in

5. **Safety** - Are you looking for your lord's best interest?

Are you setting him up for failure?

Are you making sure he's presented in a positive light?

Are you making sure all his needs outside the bedroom are met?

Ecclesiasticus 26:22 (Apocrypha) An harlot shall be accounted as spittle; but a married woman is a tower against death to her husband.

6. **Affection** - Can your lord say you are affectionate with him?

Are you playing with him?

Create something in your relationship that will build up affection in your marriage.

Know what brings affection to your relationship. Find out from your lord what makes him happy. It's all about communication



You can't ignore problems and issues in the relationship. You must talk about it in a respectful way

(KJV)

Ephesians 4:29 Let no corrupt communication proceed out of your mouth, but that which is good to the use of edifying, that it may minister grace unto the hearers.

Ephesians 4:30 And grieve not the holy Spirit of God, whereby ye are sealed unto the day of redemption.

Ephesians 4:31 Let all bitterness, and wrath, and anger, and clamour, and evil speaking, be put away from you, with all malice:

Ephesians 4:32 And be ye kind one to another, tenderhearted, forgiving one another, even as God for Christ's sake hath forgiven you.

Proverbs 15:1 (KJV) A soft answer turneth away wrath: but grievous words stir up anger.

Colossians 4:6 (KJV) Let your speech be always with grace, seasoned with salt, that ye may know how ye ought to answer every man.

The man you need to make sure your speech is always season with grace with your lord.

Make sure you're not disrespectful. Be kind and gentle to your lord.

This is not the ghetto plantation and says whatever you want to say.

Show your lord reverence even when you are angry.

This is not a ghetto plantation we don't open our mouths and say what we want.

Show your lord reverence even when you're angry and upset.

Take a pause before opening your mouth. Everything is being recorded by the angels.

7. Emotional Intimacy

We do not want to hear any correction from our lord and that's where the clash begins.

Women like to say he doesn't understand me.

He doesn't care how I feel.

You must communicate when you have issues with your lord.

There will be trouble in the flesh. If you think no trouble in the flesh is going to come and your marriage is going to be perfect, you're highly mistaken.



1 Corinthians 7:28 (KJV) But and if thou marry, thou hast not sinned; and if a virgin marry, she hath not sinned. Nevertheless such shall have trouble in the flesh: but I spare you.

When there is no communication resentment grows

We need to boost down resentment and boost the love

Bitterness - you can't remember the good times

Both partners when lack of communication feels like they made a mistake

Once you get married in Israel it's no do-over. Don't leave any room for error.

(KJV)

Hebrews 12:14 Follow peace with all men, and holiness, without which no man shall see the Lord:

Hebrews 12:15 Looking diligently lest any man fail of the grace of God; lest any root of bitterness springing up trouble you, and thereby many be defiled;

The root of bitterness that we must remove from our marriage.

In marriage when it's a disconnection the partner needs to have the desire to reconnect back

(KJV)

1 Corinthians 7:10 And unto the married I command, yet not I, but the Lord, Let not the wife depart from her husband:

1 Corinthians 7:11 But and if she depart, let her remain unmarried, or be reconciled to her husband: and let not the husband put away his wife.

- **Key Points:**

The ultimate goal is to reconcile back to your husband.

You should be looking for connection not separation from your husband.

Proving

Get to know your partner.

Understand what drives them.

What was their childhood like?

What children see growing up, that's what they tend to do from the marriage of their parents what they saw?

Young women often look for a man like their dad and a young man look for a woman more often like their mom.



Make sure you are interviewing your proving process.

In your marriage, you're signed up to do the job.

If you're not meeting the expectation or you and your lord not agreeing you have to come to an understanding of the expectation are in the marriage

Questions:

Are you doing your part?

Are you willing and able to do the job or are you simply just refusing to do the job because you don't feel like it?

Do you have the skill set to do the job?

Do you need further training to do the job?

You need to make sure you communicate your expectations, thoughts, and fears without blaming your husband.

The head of the house is the man. He's your boss.

What his expectations of the house are what the wife needs to meet those expectations

- **Empathy:**

In marriage, it needs to be some empathy.

Empathy is to understand the said and unsaid messages that your husband needs to feel support and grow together and be in harmony.

The wife's feelings can result from miscommunication because there's no empathy for each other.

The empathy you put yourself in the spirit of the other person.

When your spouse is starving for connection or intimacy

Reference Book:

Intimacy Anorexia:

When your husband gives your that tap on your shoulder because he wants due benevolence, and you say no because you're mad for days

This should not happen in a marriage.



You as a wife have the opportunity to break the demonic stronghold in the house by doing what the scriptures say.

(Apocrypha)

Ecclesiasticus 25:23 A wicked woman abateth the courage, maketh an heavy countenance and a wounded heart: a woman that will not comfort her husband in distress maketh weak hands and feeble knees.

A wife needs to be able to comfort her lord whether it's spiritual or physical.

You should be able to comfort him and not withhold anything back from him.

- **Negligence**

It's a difference between busy and overly busy.

Busy is no time for your spouse.

(KJV)

1 Corinthians 7:33 But he that is married careth for the things that are of the world, how he may please his wife.

1 Corinthians 7:34 There is difference also between a wife and a virgin. The unmarried woman careth for the things of the Lord, that she may be holy both in body and in spirit: but she that is married careth for the things of the world, how she may please her husband.

As a wife, you must make time for your husband.

Planning date nights

Put children to bed earlier.

Keep children out of your marital bed.

Don't stay too busy for your lord.

Blaming your spouse for all your problems in your marriage. This means you not taking accountability in your marriage

Confess your faults in marriage

Withholding love deliberately

It's either purposely or actively withholding love the way your spouse likes to be loved

A wife needs to understand her lord's love language to make sure he's satisfied

- **Withholding Praise:**

(KJV)



1 Peter 3:1 Likewise, ye wives, be in subjection to your own husbands; that, if any obey not the word, they also may without the word be won by the conversation of the wives;

1 Peter 3:2 While they behold your chaste conversation coupled with fear.

1 Peter 3:3 Whose adorning let it not be that outward adorning of plaiting the hair, and of wearing of gold, or of putting on of apparel;

1 Peter 3:4 But let it be the hidden man of the heart, in that which is not corruptible, even the ornament of a meek and quiet spirit, which is in the sight of God of great price.

Sisters a lot of time want to sit around to be seen, sit in the front yet when it comes to acknowledging their lord the only reason why you have that seat and anyone knows you.

You have to show reverence to her lord.

Ephesians 5:33 (KJV) Nevertheless let every one of you in particular so love his wife even as himself; and the wife see that she reverence her husband.

This is a commandment the wife reverences her husband

In order to maintain intimacy in your marriage your lord needs to know I got a ride-or-die wife at home.

She watches all my videos.

She hypes me up for class and camps.

The husband needs that praise from his wife.

Respect is the highest love language for a man of God.

Key Points:

- **Emotional Intimacy Scale**

1. This person completely accepts me as I am
2. I can openly share my deepest thoughts with this person
3. This person cared deeply about me
4. This person is willing to help me anyway
5. My thoughts and feelings are understood and affirmed by this person

Question:

What does your lord think about you?

What are you willing to change or do differently?

- **High Score:**

A positive relationship with your lord

- Social support



- Life satisfaction
- **Negative Score:**
 - Stress
 - Pain
 - Depression

When one person in the relationship is depressed divorce rates go up

We need to make sure we are aware because it's affecting the marriage.

- **Key Points:**

Questions:

Are you withdrawn?

Do you have a negative attitude?

Do you blame him for the problems in the marriage?

Do you procrastinate?

Do you overreact to simple issues?

Do you cry easily and often?

Do you have mood swings?

Do you get jealous often??

Are you paranoid?

Are you insensitive to others including children?

Do you seem not to care?

Are you dissatisfied continually?

Are you chronically unhappy?

Are you running around like a mad black woman?

Isaac and Rebecca

(KJV)

Genesis 24:40 And he said unto me, The LORD, before whom I walk, will send his angel with thee, and prosper thy way; and thou shalt take a wife for my son of my kindred, and of my father's house:

Genesis 24:41 Then shalt thou be clear from this my oath, when thou comest to my kindred; and if they give not thee one, thou shalt be clear from my oath.

Genesis 24:42 And I came this day unto the well, and said, O LORD God of my master Abraham, if now thou do prosper my way which I go:

Genesis 24:43 Behold, I stand by the well of water; and it shall come to pass, that when the virgin cometh forth to draw water, and I say to her, Give me, I pray thee, a little water of thy pitcher to drink;

Genesis 24:44 And she say to me, Both drink thou, and I will also draw for thy camels: let the same be the woman whom the LORD hath appointed out for my master's son.

Abraham gave his servant instructions on how to pick a wife for his son



Rebecca did everything asked of her.
She accepted these five questions.
She went with them willingly.

(KJV)

Genesis 24:52 And it came to pass, that, when Abraham's servant heard their words, he worshipped the LORD, bowing himself to the earth.

Genesis 24:53 And the servant brought forth jewels of silver, and jewels of gold, and raiment, and gave them to Rebekah: he gave also to her brother and to her mother precious things.

Genesis 24:54 And they did eat and drink, he and the men that were with him, and tarried all night; and they rose up in the morning, and he said, Send me away unto my master.

Genesis 24:55 And her brother and her mother said, Let the damsel abide with us a few days, at the least ten; after that she shall go.

Genesis 24:56 And he said unto them, Hinder me not, seeing the LORD hath prospered my way; send me away that I may go to my master.

Genesis 24:57 And they said, We will call the damsel, and enquire at her mouth.

Genesis 24:58 And they called Rebekah, and said unto her, Wilt thou go with this man? And she said, I will go.

Genesis 24:59 And they sent away Rebekah their sister, and her nurse, and Abraham's servant, and his men.

Genesis 24:60 And they blessed Rebekah, and said unto her, Thou art our sister, be thou the mother of thousands of millions, and let thy seed possess the gate of those which hate them.

She understood her role.

She accepted it

She knows she can share her deepest thoughts with her lord.

She knows she's going to be cared for deeply.

(KJV)

Genesis 24:62 And Isaac came from the way of the well Lahairoi; for he dwelt in the south country.

Genesis 24:63 And Isaac went out to meditate in the field at the eventide: and he lifted up his eyes, and saw, and, behold, the camels were coming.

Genesis 24:64 And Rebekah lifted up her eyes, and when she saw Isaac, she lighted off the camel.

Genesis 24:65 For she had said unto the servant, What man is this that walketh in the field to meet us? And the servant had said, It is my master: therefore she took a vail, and covered herself.

Genesis 24:66 And the servant told Isaac all things that he had done.

Genesis 24:67 And Isaac brought her into his mother Sarah's tent, and took Rebekah, and she became his wife; and he loved her: and Isaac was comforted after his mother's death.

They had an intimate relationship.



There was a bond created.

We should be teaching our daughters sex is not the only way to show themselves, you must do work in the body

Quote:

Many people believe that depression comes from bad relationships. However, it's more likely bad relationships come from untreated depression.

Questions:

Are you willing to submit to your lord?

You may have said you are going to submit and do the things to get a lord.

Are you going to sustain the entire marriage?

Content Used

https://youtu.be/cpE_4OVajNI

Beginning till 4:20 stop

You trust for an act of intimacy.

A lot of backdoor marriages happen because lack of proving process and a lack of trust too soon without proving a friend

It results in resentment, and hatred in the marriage.

A lot of backdoor marriages happen off lust.

Intimacy must be physical to sustain a marriage.

(KJV)

2 Samuel 13:15 Then Amnon hated her exceedingly; so that the hatred wherewith he hated her was greater than the love wherewith he had loved her. And Amnon said unto her, Arise, be gone.

2 Samuel 13:16 And she said unto him, There is no cause: this evil in sending me away is greater than the other that thou didst unto me. But he would not hearken unto her.

2 Samuel 13:17 Then he called his servant that ministered unto him, and said, Put now this woman out from me, and bolt the door after her.

2 Samuel 13:18 And she had a garment of divers colours upon her: for with such robes were the king's daughters that were virgins appalled. Then his servant brought her out, and bolted the door after her.

2 Samuel 13:19 And Tamar put ashes on her head, and rent her garment of divers colours that was on her, and laid her hand on her head, and went on crying.

When you enter into backdoor marriages you feel like this is used and abused

Proving process is critical and crucial in order to have a successful marriage in Israel



It's a bigger relationship than just the box, vagina, and penis

A conversation like this with a spiritual mother needs to happen so we can have successful, nurturing marriages in Israel

Reference Article:

<https://punchng.com/six-types-of-marriage-relationships/>.

1. **Flat Mates** - like roommates
Go tell your father the bills need to be paid.
Go tell your father the toilet is broken come down and fix it
Marriage needs to be intimacy, not roommates. You need help.
2. **Money Mates** - You're only with your lord because he pays all the bills.
Some of you do not believe and some of your sisters have unbelieving husbands and you are only with him because he pays the bills. You have the decision to make.
3. **Sex Mates** - You only hype when they having sex. When upset they do makeup sex.
Physical intimacy is not the only form of marriage, it's the glue to hold the marriage yet you must have other things in marriage to connect to one another
4. **Social Mates** - They keep the marriage because they are concerned about what social media thinks. Post everything online looking like the perfect couple. Acting like your marriage is good and behind the scenes, your marriage is a disaster. When coming to the school, everything is okay and it's not.
5. **Bickering Mates** - These marriages are like cat and mouse. We don't do railing for railing. They find time to argue constantly all day. This should not be happening. Trouble in the flesh will happen yet not always.
6. **Soulmates** - They are compatible in critical areas of life and are committed to making their marriage work by ensuring that the happiness of their partner is paramount to them and that issues are resolved quickly before they become problems. Soul mates do not take each other for granted. They do not disrespect each other. They do not intentionally hurt each other. They give each other the benefit of the doubt because they are convinced that their spouse never means any harm to them. When their partner is not happy, they go to the root of that unhappiness and uproot it. This is the ultimate goal.
They have a spiritual connection.

(Apocrypha)

Ecclesiasticus 26:1 Blessed is the man that hath a virtuous wife, for the number of his days shall be double.

Ecclesiasticus 26:2 A virtuous woman rejoiceth her husband, and he shall fulfil the years of his life in peace.



Ecclesiasticus 26:3 (Apocrypha) A good wife is a good portion, which shall be given in the portion of them that fear the Lord.

We will need to be looking for all levels of intimacy in marriage.

- **Intellectual intimacy** - is comfortable communication, various viewpoints without conflict, and opinions are valid, this atmosphere encourages and stimulates communication.

Key Points:

What is intellectually stimulating to a man of God is the scriptures.

What's stimulating to a man of God is his wife keeping the commandments of God.

What's intimate to a man of God is his wife studying and raising their children in the commandments of God.

This helps a man of God initiate intimacy between himself and his wife

(KJV)

2 Timothy 2:15 Study to shew thyself approved unto God, a workman that needeth not to be ashamed, rightly dividing the word of truth.

Sister, you must study.

If your lord forces you to study and watch videos that's a problem. That is going to create tension and lack of intimacy on an intellectual level between you and your lord

(Apocrypha)

Ecclesiasticus 7:25 Marry thy daughter, and so shalt thou have performed a weighty matter: but give her to a man of understanding.

Ecclesiasticus 7:26 Hast thou a wife after thy mind? forsake her not: but give not thyself over to a light woman.

Light woman - your mind should be after your lord's mind.

No man wants to be embarrassed about what his wife did or say.

You have been in this truth for 10 years and you still act like an infant. Must be some progress.

No one wants to hear their wife making the same mistakes over and over.

Don't be foolish.

Question:

Ask yourself do I really want to be here and be here?

Do I really believe the bible?

- **Experimentally Intimacy**- sharing experiences, sharing jokes, memories

Treasuring every moment



Memory is connected to our senses smells and feelings Private jokes you and your lord have during the trials and tribulations
Showing them reverence of who they were and who they are today is a great thing

(KJV)

Romans 5:3 And not only so, but we glory in tribulations also: knowing that tribulation worketh patience;

Romans 5:4 And patience, experience; and experience, hope:

Romans 5:5 And hope maketh not ashamed; because the love of God is shed abroad in our hearts by the Holy Ghost which is given unto us.

- **Spiritual Intimacy** - spiritual practice and beliefs that closeness forms when you have moments with your partner.

Praying, fasting or worshipping, holding hands, watching the sunset, reading, and studying together

This is the prayer they said before their marriage was consecrated. This is all with spiritual intimacy

(Apocrypha)

Tobit 8:4 And after that they were both shut in together, Tobias rose out of the bed, and said, Sister, arise, and let us pray that God would have pity on us.

Tobit 8:5 Then began Tobias to say, Blessed art thou, O God of our fathers, and blessed is thy holy and glorious name for ever; let the heavens bless thee, and all thy creatures.

Tobit 8:6 Thou madest Adam, and gavest him Eve his wife for an helper and stay: of them came mankind: thou hast said, It is not good that man should be alone; let us make unto him an aid like unto himself.

Tobit 8:7 And now, O Lord, I take not this my sister for lust but uprightly: therefore mercifully ordain that we may become aged together.

Tobit 8:8 And she said with him, Amen.

A beautiful example of spiritual intimacy

- **Key Points:**

Problems and Solutions

Often when a husband doesn't talk to you, there's a connection between women that's overly critical. When a woman critiques a man she makes it impossible to feel connected to him

Women do great harm in their relationship without even knowing it.

Ecclesiasticus 25:20 (Apocrypha) As the climbing up a sandy way is to the feet of the aged, so is a wife full of words to a quiet man.

Sisters, sometimes we need to shut our mouths.



You gain more with silence in wisdom than trying to get your point across

Every man wants to be a king in his castle.

Your being disrespectful is bringing shame to you and your husband.

Your lord rather be alone and away from you.

Fear and shame lead to separation and divorce and leads to lack of intimacy.

Quote:

Focus on how he makes you happy and he will do more of it

Ecclesiastes 9:9 (KJV) Live joyfully with the wife whom thou lovest all the days of the life of thy vanity, which he hath given thee under the sun, all the days of thy vanity: for that is thy portion in this life, and in thy labour which thou takest under the sun.

Ecclesiastes 4:9 (KJV) Two are better than one; because they have a good reward for their labour.

Ladies we need to change our behavior if we want our lord's behavior to change.

- **Key Point:**

True or False

I focus more on my partner's faults than strengths.

I have habits of great concerns.

I am often angry, defensive, offensive. You have bad habits.

I am in a better mood when I am not at home.

I am difficult to live with.

I prefer to share the good news with others than my lord.

I put only my needs before my lord.

I do not want my lord to know what's in my phone or computer.

I often fantasize about other people than my lord.

I talk negatively about my lord.

Do you feel like you're growing apart?

Do you have a commitment to your relationship and the overall intimacy in your marriage?

Content Used:

Men and women are different.

https://www.instagram.com/reel/Cm_4Bs1pMvZ/?igshid=OTA3YzJiYTA=



- **Key Points:**

Be comfortable with that.

You have a choice in your marriage to be connected or disconnected.

You have the choice to be angry and mad.

You have choices every day.

Why not choose to have a successful marriage.

Questions:

Are you approachable or is your lord approachable?

By having a feminine kind nature it will make your lord receive you better.

How do you approach your lord when your lord is upset?

(KJV)

Esther 5:2 And it was so, when the king saw Esther the queen standing in the court, that she obtained favour in his sight: and the king held out to Esther the golden sceptre that was in his hand. So Esther drew near, and touched the top of the sceptre.

Esther 5:3 Then said the king unto her, What wilt thou, queen Esther? and what is thy request? it shall be even given thee to the half of the kingdom.

Esther 5:4 And Esther answered, If it seem good unto the king, let the king and Haman come this day unto the banquet that I have prepared for him.

Esther 5:5 Then the king said, Cause Haman to make haste, that he may do as Esther hath said. So the king and Haman came to the banquet that Esther had prepared.

She was scared for her life, yet she knew how to speak to him

He was approachable by the way she spoke to him.

- **Key Points:**

You have to fix your partner in your head.

Wake up daily to make the marriage work.

Fake it to you make.

An act of positivity becomes nature.

Practice positive thoughts instead of negative thoughts

Hand out love and kindness every day

Have an agreement in your heart, this is what I am going to do with my lord.

Resentment is an intimacy act killer.

Quote:

My emotional well-being is important to me. It's more important than anything that I resent.

My relationship with my lord and ability to get the kingdom is greater than any grudge.

Replace resentment with compassion.

Two wrongs do not make a right.

It's always two sides to a story.

Be able to initiate a conversation.



You make it more difficult for your partner to do the things you like through your actions.

- **Key Points:**

We need to make a conscious effort to improve the intimacy in our marriages.

We need to appreciate our lord that we value them.

We need to connect with our lord.

Forget about ourselves and care about our lord's emotional state.

You need to protect and cherish what you have right now. Tomorrow is not promised.

Question:

Ask your lord what is the most important quality that you bring to the table as a wife?

Reference Song:

Barbra Streisand: The Way We Were

Your lord didn't marry you because he didn't love you, or like you. He chose you for a reason. He chose you.

Reflecting on the song

- **Key Points:**

Proving - Good times to come, Vision life to come, choose wisely, be selective, and create memories.

Newly Married - Create good times, create good memories, and learn from bad times.

Married with children -

Time goes by fast so enjoy the memories. Don't focus on the bad times.

Married a long time - enjoy the time you have left, enjoy memories, and make memories that last a lifetime.

Widows - Remember the good times you had with your lord because now it's just memories.

Quote:

Relationship is not a place you go to get but a place that you get to give.

Intimacy in a marriage between a man and his wife is much more than you think.

(KJV)

2 Corinthians 9:6 But this I say, He which soweth sparingly shall reap also sparingly; and he which soweth bountifully shall reap also bountifully.



2 Corinthians 9:7 Every man according as he purposeth in his heart, so let him give; not grudgingly, or of necessity: for God loveth a cheerful giver.

2 Corinthians 9:8 And God is able to make all grace abound toward you; that ye, always having all sufficiency in all things, may abound to every good work:

Let's be good wives and have good memories.

Remember: Intimacy - IN-TO-ME SEE (it's more than you think)