



Mother Shamarah Israel House of Bishop Nathanyel

Reader: Sis Yemina HO Capt. Yadin



☐ Titus 2:3-4 (KJV)

[3] The aged women likewise, that they be in behaviour as becometh holiness, not false accusers, not given to much wine, teachers of good things;

[4] That they may teach the young women to be sober, to love their husbands, to love their children,

The men have been telling us what we need to do, we just need to apply those things.

☐ Romans 10:17 (KJV)

[17] So then faith cometh by hearing, and hearing by the word of God.

These are a few personal favorites that are on a continuous loop of replay:

- [The Power Hour Plus: Shameless, Impudent Women & Virtuous Redemption](#)
Time stamp (47.48 - 48.50)
- [The Righteous Woman's Guide To Being A Perfect Wife Part 2](#)
(Time stamp: Just the intro)
- [MAN UP MONDAYS: THE BLACK WOMAN'S GUIDE TO UNDERSTANDING HER NATURE](#)
 - Captain mentioned Titus 2 is just a format, it is a skeleton your Lord is going to fill in the details that are necessary to get you on track with the Most Highs mission.



This conversation tonight is to really to build a deeper connection between you and your Lord, but it really begins with you! The men have reiterated 1 Corinthians 11:3 about the order of the home. As a wife you are expected to serve your husband food , clothing and other personal needs; and all that falls into that, like a secretary. As a mother you have to take care of the children, their needs including education and if you work outside the home you have to be professional, disciplined as a good employee. Understand your first job according to the scriptures is to be a help meet and pillar of rest, to your Lord. The men are telling us what they need, we need to make sure we are doing it.

What is an Affair?

af·fair
/əˈfer/
noun
plural noun: **affairs**

1. an event or sequence of events of a specified kind or that has previously been referred to.
"the board admitted responsibility for the affair"
Similar: event incident
2. a sexual relationship between two people, one or both of whom are married to or in a long-term relationship with someone else.
"his wife is having an affair"
Similar: relationship love affair

Feedback

More results

What is meant by personal affairs? ^

Personal affairs means **decisions regarding the person of an adult, including but not limited to health care, food, shelter, clothing, or personal hygiene.** Sample 1.

<https://www.lawinsider.com> > perso...
Personal affairs Definition | Law Insider

- As women we need to make sure we are keeping up with our personal affairs so as not to have our marriage be a victim of a marital Affair.



Let's talk about emotional affairs:

When you married your spouse, they did a great job meeting what you needed emotionally. This is why you fell in love right. So in turn ask yourself are you still meeting YOUR spouse's emotional needs? If that answer is no, then your connection is at risk.

An emotional Affair can be described as a bond between two people that mimics or matches the closeness and emotional intimacy of a romantic relationship while not being physically consummated.

It creates an emotional distance in the marriage, when you create an emotional relationship with someone who is not your husband.

- Sexual intercourse is not necessary to effect the relationship.
- Since we as women are the weaker vessels, it is easy for us to fall into the wiles of the devil this way. So be very careful.
- This is a sneaky relationship, that the woman will lie and say she is doing one activity while she is secretly doing something else.
- Characteristics of an emotional Affair is that you don't know where your boundaries are.
- You should not be closer with someone else more than you are with your Lord.
- If you're keeping secrets from your lord with another person, that's also a problem.
- Understand that when you get married it is forever... no take backs!
- How do you know if you're being emotionally unfaithful to your partner?
 - Do you discuss all your problems and work issues with someone other than you Lord?
 - Do you go out to lunch or out for drinks with the opposite sex?

☐ Sirach (Ecclesiasticus) 9:9 (Apocrypha)

[9] Sit not at all with another man's wife, nor sit down with her in thine arms, and spend not thy money with her at the wine; lest thine heart incline unto her, and so through thy desire thou fall into destruction.

- Do you share intimate issues about yourself with someone from the opposite sex?

☐ Sirach (Ecclesiasticus) 37:8 (Apocrypha)

[8] Beware of a counsellor, and know before what need he hath; for he will counsel for himself; lest he cast the lot upon thee,

Leadership has advised that a woman should have a councilor of a thousand.

And a woman shouldn't be having a conversation discussing her personal affairs without her husband being present if in a council session.

If you are doing any of these things against your husband then you are being emotionally unfaithful.



You only have so much energy so if you are giving all of that energy to someone else other than your lord then you are on the path of being unfaithful and in fidelity.

Work Time affair:

This involves having a "work husband".

A workplace spouse is having a close platonic relationship, in many ways these relationships can mimic a real marriage. It starts off with affection, you care about the person and want to see them succeed. That admiration is another Emotional need that you may be dwelling in and that you're not receiving from your husband because you and your husband are disconnected. So then you look forward to dressing up for your work husband, you can't wait to see him and are excited to hear him compliment you.

At some point this will not be enough for you.

Story time" I had a coworker from Brazil, she and a guy at work were very close. Turns out they were having an affair. Her husband kicked her to the curb (as he should because that's scriptural her land is now defiled) and he reconciled and stayed with his wife. "

Things to be mindful of:

- ⊗ Do not share personal info at work. Especially private details about your marriage.
- ⊗ Be upfront with your lord about the closeness of your relationship.
- ⊗ Do not be alone with someone of the opposite sex at your job.
- ⊗ Do not go out to drink with your "work spouse".
- ⊗ Introduce your real spouse to those people in your office.
- ⊗ Do not talk about work at home, leave it outside.

Online Affairs

📖 I Corinthians 15:33 (KJV)

[33] Be not deceived: evil communications corrupt good manners.

- Online infidelity can be just as damaging as offline physical unfaithfulness.
- Our brain processes virtual and physical acts the same way.
- A lot of people think it is not cheating if I have never met the other individual in person. Or if they haven't don't the actual act

Infidelity - is a violation of a couple's emotional and/or sexual exclusivity that commonly results in feelings of anger, sexual jealousy, and rivalry.

- Your desire should be into your lord!



- Infidelity is a secret connection with another individual who is not your spouse. It's secret because your partner would not approve of the connection, but yet see the connection as a breach of their boundaries.
- Once you are married there are certain boundaries that must be held. That goes into the laws given through Christ.

Cyber Affair-a romantic or sexual relationship initiated by online contact and maintained primarily via online communication.

- "I'm bringing this out because It's been brought to my attention that a lot of sisters are performing lewd acts online. Showing nude photographs etc.
If you are not married, I don't care if the brother says " If you show it to me, I'm going to marry you'...Or If I show you mine then you show me yours" ... listen do not dishonor yourself, spiritual father's, nor your relationship with the heavenly Father, **DO NOT DO THAT!** "
- If a man is interested in making you his wife, he will go to either your spiritual father or biological father. I don't care if you have been courting for 2, 5, or 100 years, until it has been bought and paid for thus said the Lord.. you keep your private parts to yourself!
- That's for after you get married, not just the paperwork but after you have walked down the aisle, do not defile yourselves. Give your father the honor of having to escort you down the aisle.

Why do people cheat so frequently in chat rooms?

- They love the anonymous sexual interaction.
- They tend to think, especially if they're married no one will find out.
- The eyes of the Lord are 10k times brighter than the sun, it will be revealed!

📖 Proverbs 24:9 (KJV)

[9] The thought of foolishness is sin: and the scorner is an abomination to men.

📖 Matthew 5:28 (KJV)

[28] But I say unto you, That whosoever looketh on a woman to lust after her hath committed adultery with her already in his heart.

- You are already in your mind planning a place to meet up, wear lingerie etc. everything is premeditated.
- You don't accidentally fall into doing these things. You don't accidentally fall into a vagina by mistake.
- Your precious parts should not be shown to anybody.

"I want to speak to those women that are emotionally detached right now from their husbands."

" I want to talk to those women who are pleased to dwell and are hanging on by a thread "

" I want to talk to those women that are secretly planning an escape because they think that it's going to be better on the other side of Israel"



" I want to talk to those women to tell them to consider the end of what those choices will bring and the consequences."

Women often don't consider the end of a matter until things have been done.

I Corinthians 7:13 (KJV)

[13] And the woman which hath an husband that believeth not, and if he be pleased to dwell with her, let her not leave him.

- This talks about those women that are pleased to dwell, you're doing the things that are pleasing to your lord, but this still means you will be held accountable for those things.

II Corinthians 6:14-17 (KJV)

[14] Be ye not unequally yoked together with unbelievers: for what fellowship hath

righteousness with unrighteousness? and what communion hath light with darkness?

[15] And what concord hath Christ with Belial? or what part hath he that believeth with an infidel?

[16] And what agreement hath the temple of God with idols? for ye are the temple of the living God; as God hath said, I will dwell in them, and walk in them; and I will be their God, and they shall be my people.

[17] Wherefore come out from among them, and be ye separate, saith the Lord, and touch not the unclean thing; and I will receive you,

- If you do not believe and you are holding your husband back spiritually, emotionally, 'get to stepping sis!!'
- Nations are built upon strong marriages, and to build strong children.
- When you are not connected to your husband spiritually that is a recipe for disaster.

I Corinthians 7:15-17 (KJV)

[15] But if the unbelieving depart, let him depart. A brother or a sister is not under bondage in such cases: but God hath called us to peace.

[16] For what knowest thou, O wife, whether thou shalt save thy husband? or how knowest thou, O man, whether thou shalt save thy wife?

[17] But as God hath distributed to every man, as the Lord hath called every one, so let him walk. And so ordain I in all churches.

- This is not a conversation for you to go, but rather to fight, we want everyone to make it.

The black divorce rate is the highest amongst races, by 31% the Hispanic divorce rate is the 2nd highest by 18.5%. The white divorce rate makes up half of what the black and Hispanic rates were. The Asian divorce rate was the lowest amongst all the other nations.

- What does that tell me, it tells me that our enemies understand the importance of family and keeping family together.

A lot of the things you are holding on to deal with your feelings, your feelings are lying to you! They are causing you to do stupid and dumb things that are affecting your family. We have to be able to manage our emotions.



Video: A 1987 panel discussion about 'Divorce in the Black Community'.

<https://youtu.be/TaDzobyyAkM>

- They are reemphasizing that a man is supposed to be the king of his castle. His home is supposed to be a place of peace and safety.
- Women primarily are the initiators of divorce in the black and Latino communities.

When sisters say they are not happy, happiness is inward and you're going to have to be able to find your own happiness. We are in the condition we are in right now because we did not serve the lord with joyfulness and gladness of heart.

Some reasons for divorce that are initiated by women:

1. Lack of love and affection.
2. Different needs in the bedroom.
3. Contempt
 - a. The contempt that has been built up for years that turns into hatred in the marriage. When there is hatred in the marriage that in the leading indicator in divorce
 - b. **Video:** Four Horsemen of the Apocalypse | The Gottman Institute
<https://youtu.be/1030Ps-8is>

There are common ingredients for Adultery:

1. Emotional detachment
2. Mutual admiration
3. Destabilization of relationship (you want to feel Passion and excitement with another person)
4. Termination of a marriage.
5. Trust and safety (you don't feel trust)

There are different classifications of affairs, one-night stands, entanglement, reconnection ...

The relationship starts with you, you have the ability to contribute to the successfulness of the marriage.

If we do not get ourselves right , we could be demonizing our daughters, we could be raising demons by our own behavior versus righteous daughters of Sarah. Raising daughters that are like us if we don't change!

📖 Ezekiel 16:44 (KJV)

[44] Behold, every one that useth proverbs shall use this proverb against thee, saying, As is the mother, so is her daughter.



Article: Black Teenage Pregnancy Stereotypes...Or Are They? >> Congressional Black Caucus Foundation

<https://www.cbfcinc.org/blog/black-teenage-pregnancy-stereotypes-or-are-they/>

Article: Statistics of Single-Family homes

<https://singlemotherguide.com/single-mother-statistics/#:~:text=According%20to%202022%20U.S.%20Census,were%20headed%20by%20single%20mothers.&text=Of%20all%20single%2Dparent%20families,were%20born%20to%20unwed%20mothers.>

- When a woman says "I don't need a man" ... at the expense of what! They don't understand what this is doing to the community.
- A single mother working countless hours to keep up with food and bills, who is watching the kids?
- How are we loving our children when we don't want to keep the family together?

Quote: " *Marriage is too sacred to be taken casually*"

You can talk a good game, but are you doing the things that are required of you? The scriptures say, by actions are weighed.

At some point you have to be real with yourself and acknowledge your fool of crap and you're not going to make it. You should not be the same old woman you were coming into the truth 8 years ago.

Ask yourself if the Lord came back today would you make it? The scriptures say the righteous shall scarcely be saved!

☞ Genesis 2:22-24 (KJV)

[22] And the rib, which the LORD God had taken from man, made he a woman, and brought her unto the man.

[23] And Adam said, This is now bone of my bones, and flesh of my flesh: she shall be called Woman, because she was taken out of Man.

[24] Therefore shall a man leave his father and his mother, and shall cleave unto his wife: and they shall be one flesh.

- Helper and a stay, pillar of rest

☞ I Corinthians 11:9 (KJV)

[9] Neither was the man created for the woman; but the woman for the man.

- "You need to work on your marriage and if you work for your marriage, your marriage will work for you! "
- Marriage is work, sacrifice, submission, love, and children etc.
- If you're not willing to understand what your role is, then you shouldn't have gotten married. When you signed up to marry a Top G that's what you signed up for!



☞ Ecclesiastes 4:9-12 (KJV)

[9] Two are better than one; because they have a good reward for their labour.

[10] For if they fall, the one will lift up his fellow: but woe to him that is alone when he falleth; for he hath not another to help him up.

[11] Again, if two lie together, then they have heat: but how can one be warm alone?

[12] And if one prevail against him, two shall withstand him; and a threefold cord is not quickly broken.

- That is the connection and bind you should have with your Lord. Marriage gives you the gift of companionship. It gives you the gift of Passion. It gives you the gift of service.

☞ Sirach (Ecclesiasticus) 6:7 (Apocrypha)

[7] If thou wouldest get a friend, prove him first and be not hasty to credit him.

☞ Tobit 8:7 (Apocrypha)

[7] And now, O Lord, I take not this my sister for lust but uprightly: therefore mercifully ordain that we may become aged together.

- There is a beauty in aging with your Lord! That should be the end goal!

The gift of Passion do not ignore the importance of Sex in your relationship.

☞ I Corinthians 7:3 (KJV)

[3] Let the husband render unto the wife due benevolence: and likewise also the wife unto the husband.

- He is your man; you need to take care of him!
- Statistically the number 1 complaint men have is that the wife is not creative in bed.
- The number 2 complaint is that women are not into sex and it's an obligation; that's the way they perceive it. Women see it as a job, they don't enjoy it. "Just take it". It's sloppy/whack sex.
- We want our Lord's to be faithful to us, and if that's the thing he needs to get, you need to make it good! That way when he goes out, he understands and knows what he has at home.
- For women we may feel that our lords are not romantic, and we may not be able to achieve an orgasm.
- There has to be communication on what both your needs are.

☞ 1 Peter 3:6-7 (KJV)

[6] Even as Sara obeyed Abraham, calling him lord: whose daughters ye are, as long as ye do well, and are not afraid with any amazement.

[7] Likewise, ye husbands, dwell with them according to knowledge, giving honour unto the wife, as unto the weaker vessel, and as being heirs together of the grace of life; that your prayers be not hindered.

- The Gift of service



- You need to be on the same path as your Lord, in a marriage it must have a growth mindset. One accord, one flesh.
- Working as a team.

You are a representative of your lord's house; you need to be a real standing force of your lord's home. When they see you, they should see him. You should have the same aura and mindset of your Lord.

Y'all should have joy and laughter, everything should not be so serious all the time. You shouldn't be walking around the house on eggshells.

What we look like!?! <https://www.instagram.com/reel/Cn7HXKMs6Mg/?igshid=MDJmNzVkMjY=>



Video: MAN UP MONDAYS: The black woman's guide to understanding her nature
<https://www.youtube.com/live/ELDeVy7q4rQ?feature=share>

(Time stamps: 1:40:00 - 1:42:00 - report card ***And 1:44:01 1:44:35 ***)

- It's the little things that you may think you're doing right but your Lord is not pleased

Mistakes to avoid for a lasting marriage:

1. If you are violent
2. If you are Accusing/ Blaming
3. If you are denying responsibility for your own actions.
4. If you are demanding
5. If you have a lack of compassion
6. If you have an interrogation attitude.
7. If you are manipulative and controlling.

Chances are you speak to other people (mainly your Lord), the same way you speak to yourself. You are hurting your own relationships.



Have conversations with yourself, prep talk before you interact with your lord if you have to. Tell yourself " when I get in there, I'm going to shut up, I'm going to be respectful, I'm not going to let the devil take control" pray if you have to!

Know your lord's love language.

The Love languages are:

Affirmations

Acts of Service

Gifts

Quality Time

Physical Touch

Sometimes everybody needs everything, but the number one love language from a man is to respect their leadership!!! To honor his choices. It is truly food for the soul when a wife totally reverence's her Lord.

You have to believe and have faith that you can do these things (Submit, Reverence and honor him). Remember the game follow the leader, well when you follow the leader you have to have faith in everything they do. You have to understand they are doing the best thing for you, whether you trip, whatever.

Know your spouse and his temperament.

The importance of communication:

📖 James 1:19-20 (KJV)

[19] Wherefore, my beloved brethren, let every man be swift to hear, slow to speak, slow to wrath:

[20] For the wrath of man worketh not the righteousness of God.

- You should be active listening.

The thoughts of communication, you have to make sure you are together for the right reasons. Make sure you have realistic expectations and not fairy tales based off romantic films, or Novels.

There needs to be mutual respect for one another and have open communication about the things that hurt you so you can heal. When your lord asks you "what is the matter?" you should be able to say something respectfully.

Be able to embrace growth and change.

You need to be able to address conflict and be able to forgive, forgive, forgive!

For single women:



They say they are afraid to get married, based upon the classes or conversations from married women.

☐ I Timothy 5:14 (KJV)

[14] I will therefore that the younger women marry, bear children, guide the house, give none occasion to the adversary to speak reproachfully.

- This is from God not from the men telling you to get married.

"If you cannot handle your own, good & bad.... how are you going to be ready for a lord & children"

~Mother Shamarah

Know your strengths and weaknesses.

You have to be able to rule your spirit.

In order to have a successful marriage, you have to be able to handle correction and constructive criticism.

" Correction is Protection"

It is protection against the whiles of the devil. Correction hurts, and it means your Lord loves you. When you love someone, you should be able to correct them and be able to receive correction as well.

☐ Proverbs 15:32 (KJV)

[32] He that refuseth instruction despiseth his own soul: but he that heareth reproof getteth understanding.

☐ Proverbs 8:33 (KJV)

[33] Hear instruction, and be wise, and refuse it not.

- Don't refuse correction, frustration may be normal but the only way you're going to change is if you accept the correction.
- Example: If your lord is saying you need to lose a little weight, or he didn't like the food it could use a little bit more seasoning... your desire should be to your Lord, you should be more than willing to fix it.

You need to show appreciation and gratitude both in his presence and absence. There is no honor in your Lord's dishonor. When you speak bad about your Lord, you speak bad about yourself.

- You need to give him credit for his power and reverence him. And credit him for every milestone and accomplishment!
- You need to be able to say "thank you" for every little thing and be grateful for those things!
- You need to show support, most men want support from their wife. You should be his #1 cheerleader!
- Make time for them, don't belittle them and don't belittle their efforts!



Negative thinking leads to depression, anxiety, and low self-esteem. The power of positive thinking is gratitude. People who are more grateful and appreciative of their life tend to be happier.

"You get what you give" If you give little you get little. If you're grateful for a lot, sometimes the Most High will bless us. The Gifts that you have are not just for you, you need to be sharing them with other people. Exchange the gifts the lord gave you so there can be an increase. Not to do anything through vainglory, this has nothing to do with you. But has everything to do with building the Lord's nation. We as women need to do our part

"So I need everyone to ask themselves, why are you thankful for your husband's?" Then fill in the blank... " I am thankful for my Husband because _____?"

Quote: "Closeness in marriage does not happen by accident"

- There are little things you do that absolutely bring you closer or create distance in the marriage!
- There needs to be a daily or weekly connection. Make sure you're making time for your spouse. (Lay in bed a little longer, text him, have inside jokes, lay down and watch a movie together etc.) You need to do these things before resentment, or the root of bitterness come in.
- You need to tune into when your Lord is happy or upset and what ticks him off.
- You need to be able to hug, flirt and be playful. Don't be so serious all the time.
- Have date nights. Create memories.
- Make habits to revive the love in your relationship.
- Don't always think from your point of view, it's his opinions and his thoughts that are going to override yours. You need to become an expert on your husband. What are his needs?
- What are his strengths and what are his weaknesses and how are you going to help him overcome those things?

Video: The 7 Principles For Making Marriage Work by John Gottman - Relationship Advice Book <https://youtu.be/knBJGNisJSO>

- What do you appreciate? (Do you appreciate the roof over your head, do you appreciate your lord nourishing your children, do you appreciate the way your lord has built you up? "
- Your Lord needs to know you appreciate him.
- Don't create problems, solve solvable problems! (He left his clothes on the floor, left dishes in the room, didn't close the toilet seat) don't start an issue over the small stuff, just do it.
- You don't have to go at your lord like an animal. Don't bombard him at the door when he comes home with bills, babies and problems.
- If your Lord has expressed that he doesn't like something, DON'T DO IT!
- "Until you have learned your lesson the lesson will often repeat itself"



- Gridlock happens when someone isn't applying the commandments of God, and most likely it's you sis!
1. Be warm and affectionate
 2. Be understanding (be submissive and understanding)
 3. Tend to your husband's needs! (A top G has different needs compared to men in the world)
 4. A marriage reflects your relationship with Christ.
 5. Know how to argue (are you mean, undermining? There is a way to disagree respectfully)
 6. Ask yourself are you nice, kind, sweet, submission, dainty, friendly? The worst thing you can do is lie to yourself.
 7. Part of being a good wife is self-care. If you don't take care of yourself, how are you going to take good care of your Lord and your family? Make sure you're following up on Dr. Appointments, having bedtimes, your Lord needs you at your best. If you are so run down and you have not been taking good care of your health and not monitoring his health, how are you going to be able to maintain that relationship. Ask yourself on a scale of 1-10 "How am I maintaining the health of my family?" When you're tired you cannot give up your best self.
 8. Respect him especially in public. (Reverence your Lord, worship him) T2 is just a framework, the only way you're truly going to learn your husband is from him!

The man is the prize! This has to be your understanding!
Your lord is the golden ticket!

📖 I Corinthians 9:24-25 (KJV)

[24] Know ye not that they which run in a race run all, but one receiveth the prize? So run, that ye may obtain.

[25] And every man that striveth for the mastery is temperate in all things. Now they do it to obtain a corruptible crown; but we an incorruptible.

- We want that ultimate prize!

📖 Matthew 13:44-48 (KJV)

[44] Again, the kingdom of heaven is like unto treasure hid in a field; the which when a man hath found, he hideth, and for joy thereof goeth and selleth all that he hath, and buyeth that field.

[45] Again, the kingdom of heaven is like unto a merchant man, seeking goodly pearls:

[46] Who, when he had found one pearl of great price, went and sold all that he had, and bought it.

[47] Again, the kingdom of heaven is like unto a net, that was cast into the sea, and gathered of every kind:

[48] Which, when it was full, they drew to shore, and sat down, and gathered the good into vessels, but cast the bad away.

~~~Shalom, Most High Name Christ Bless~~~