

*Sarah*

Event: Titus 2

Topic: Children are our reflection: Understanding Regression

Hostesses: Sister Anaiyah Israel



**T2 CHAT** *Sarah*

CHILDREN ARE  
OUR REFLECTION

UNDERSTANDING  
**REGRESSION**

WEDNESDAY, JUNE 22ND / 8PM-10PM EST

*Sis Anaiyah Israel*

 ZOOM.US



Titus 2:3-5

V3 The aged women likewise, that they be in behaviour as becometh holiness, not false accusers, not given to much wine, teachers of good things;

V4 That they may teach the young women to be sober, to love their husbands, to love their children,

V5 To be discreet, chaste, keepers at home, good, obedient to their own husbands, that the word of God be not blasphemed.

✚ This scripture is important for us to go over and review so that we make sure we are getting this into our spirit. Because this is what we should be striving to be these are our goals. I wanted to focus on teachers of good things because in this chat I am going to bring out things for us that are going to help teach us good things that we can raise our children in the truth and help them grow and excel and be the best that they can be.

✚ I also want to focus on the verse to love their children. I know for me you think you know what love is before you come into the truth and once you come into the truth, we learn from the law's statutes and commandments it's a whole different ball game from what we learned in the world. It doesn't come naturally, and my husband has told me that we learn two ways by studying and reading and by watching examples.

Children are like sponges; they watch every single thing we're doing and it's important we set an example for them to do the right thing and grow up to be the best they can be, and we want to nurture that in them so that we are not having too many problems and if we are having problems, we know how we can reach out and ask for help. Calling sisters, your counselor of a thousand, a senior mother or sister or anyone that can help guide us. Because it's not easy at all, everyday there are different things. I'm still growing and learning as a mother. It is a part of my daily prayer because I don't have everything figured out, we're learning and doing the best we can.

I wanted to bring this chat up because I just recently had a baby, he's seven months now and my third child is my daughter, she's the only daughter that I have. I have three sons and one daughter. My daughter, she just turned 5 a few months after I had the baby, and I was going through some behavioral changes with her that were unlike her. I was praying and me and my husband were trying to figure out what was happening to her. So, my daughter turns five and she's due for her doctor's appointment and God answers my prayers when the doctor asks how my daughter is doing with the regression. I ask her what she means, and she says sometimes when you have a new baby, or life changes with a move, or any traumatic life situation can trigger these things in children.

Sarah

I went home, waited for my husband to come and we started talking about this and began doing research because I remember the same thing happened with my first two sons when I had another child.

This is not to say that this would happen to everyone. This is just something to have for clues to watch for if this should occur. Please don't take this information as any medical advice.

All children react differently to the arrival of a new baby in the family, but there are ways you can help your toddler and pre-schooler to accept their new sibling and still feel special.

For a toddler or pre-schooler accustomed to your undivided attention, discovering how much time is needed for their new sibling can come as a bit of a shock to them. Not to mention all of the presents the new arrival gets from friends and relatives!

Some toddlers enjoy playing the role of big brother or sister and suddenly seem to grow up, but others find it hard to understand why they have to share their parents.

So, how do you cope with your toddler or pre-schooler on top of your new baby duties?

#### Behaviour

Attention seeking behaviour is common. Your toddler's or pre-schooler's actions will show how they feel, as at this age they'll find it hard to communicate through words.

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## BEHAVIOR

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When children are smaller it's a little more intense, but the older the child gets you can detect it and you and your Husband or sisters can produce a plan to execute.

Some children don't understand that when you have a new baby there is a lot of focus on them and they begin to think they're being pushed to the side and that's not the case. We all know that infants need more attention than other children, but the other children still matter, and we still love them, but we just must find a balance with helping to cope at the new situation at hand.

I will be talking about ways to navigate or identify signs in our children to help them transition into this new role and become happy and healthy still. When

they're happy and healthy it makes life easier for all of us. Because we don't want our children to be unhappy, unhealthy, and sorrowful; this will add onto all the many duties you have with your new infant. I always say, work smarter not harder.

If they're old enough, we can talk to the children about how they're feeling and tell them how much we still love them. We must reassure and reaffirm to our children that we love them, they're still important and make them feel included. Often the older children will temporarily regress at an earlier stage in their development in attempt to gain more attention this causes for patience love and spending time with them also,

Galatians 5:22-23

V22 But the fruit of the Spirit is love, joy, peace, longsuffering, gentleness, goodness, faith,

V23 Meekness, temperance: against such there is no law.

Sarah

- ✚ The bishop made a post the other day and it says, the fruit of the spirit must be our character. So, if our goal is for the fruits of the spirit to be our character that's in every avenue. We can't just look at the children and think their feelings don't matter or they're little and they don't understand what's going on because they do understand more than we know. Children retain so much information from birth to until four years old so it's really important to get on top of things and teach and show them at any opportunity we have to implement the scriptures, they may not understand everything in the scriptures but when something arises, and we tie it in it makes sense to them.

Share good memories of your older child as a baby.

It's not always practical for your little one to help out, so put together some small books and games in a special box so that they can sit next to you and play whilst you're feeding or changing the baby.

#### Quality time

It's important to set aside one-on-one time with your toddler or pre-schooler.

Perhaps plan things for when your baby is sleeping or ask family or friends to look after your baby so you can spend some quality alone time with your older child.

Play games, go to the park or even do some baking together. Aim to do activities that will encourage you both to communicate and really make the most of your time together.

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## QUALITY TIME

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With that being said the article I have written says we have to have patience, love and to be available for them as well. Newborn sleep a lot and you can take this opportunity to do something with the other children like read them a story or talk to them, or just something that you do with them together where it's not always about the baby even though that baby is still very important. Teenagers are not exempt from this also, you could do something with them that has your attention as well.

## INVOLVEMENT

If you all are in a room needs to get changed if they'd like to help they're small you can the wipes or help pass a involved. This will help and have a hand in the

Sometimes if you want what's on the menu for them to not feel like rug or the madness of

Some children are not baby, you must show they're not too rough

If they're old enough, talk to them about how they're feeling and tell them how much you still love them.

Often the older child will temporarily regress to an earlier stage in their development in an attempt to gain more of your attention. This calls for patience, love and spending time with them.

### Involvement

Try to include your toddler in as many of your activities with your baby as possible.

Ask their opinion and involve them in your decisions where you can.

Asking them to help with your baby's care (even if it's not helpful), such as fetching nappies or wipes, finding small toys for the baby to play with etc, will make them feel important.

Teach your toddler or pre-schooler how to cuddle, touch and talk to the baby while you watch them.

with the baby and the baby you could offer to your child change the baby or watch. If ask them to hold the diaper or wipe to try and get them them feel like they're helping situation.

to give a day to choose dinner this can be a way for they're being swept under the the day-to-day routine.

comfortable with holding the them how and make sure but gentle.

## Routines

Where possible, try to keep your toddler's and pre-schooler's daily routine the same as it was before the baby arrived.

From bedtimes routines and nap times to attending daycare or kindy, going to activity classes or catching up with friends on a regular basis. Young children thrive on routines!

we should try to have that constant stability in routines that children know. Young Children thrive on routines it is in the child's best interest so they can grow and be the best they can be to have a routine for them.

**Proverbs 22:6 Train up a child in the way he should go: and when he is old, he will not depart from it.**

## ROUTINES

Routines are good, but you have to find what works best for your family. Whatever works for sister A may not work for sister B. Wherever possible try to keep the child's daily routine the same as it was before the baby arrived. Whatever it is you have your child involved in trying to keep it routine. I know each day is different, but

Sarah

✚ We want to make sure that we are training them. My husband always tells us that when it comes to training it's a process, nothing comes over time. When it says train up a child in the way they should go that doesn't happen overnight you have to stay consistent. If you're working out and trying to lose weight or cut down on sugar. Whatever it is, it takes training. You have to train your mind and your spirit and when we're dealing with our children, we have to stay at it, that is where consistency comes into place. When

we're constantly working it is training and with time it becomes natural.

#### 4 Ways to help with regression

regression can be a worrying and frustrating time for parents, but it needn't be.

Here are a few suggestions which might help your toddler going through a phase of regression:

##### 1. Identify the problem

Knowing the reason for the change in your toddler's behaviour can often provide some reassurance and ideas to help them move on to the next stage of their development.

If you can determine the reason for your toddler's behavioural backslide it will make it easier to guide them through whatever is affecting them and help them regain their previous level of maturity.

Sometimes it will be fairly obvious why the regression is happening, but other times less clear. For instance, if they have a new sibling they may revert to using a dummy and start talking like a baby again.

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### 4 WAYS TO HELP WITH REGRESSION

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An example would be, you just had a new baby and your five-, six-, or seven-year-old would want a bottle as well. My daughter would do that even though she's been off the bottle for 4 years. That's an obvious sign that something is happening, so you just watch that. Other times it can be less clear, for instance, if they have a new sibling, they may revert to using a pacifier and start talking like a baby again. I've dealt with this with my daughter when she couldn't get over with the bottle, she started using the pacifier and wanted to be babied. But we have to use the fruits of the spirit and understand and remember that these little kids have feelings too and go through things without

being able to express them. They have off days we're they're moody, whining, irritable, and having meltdowns where nothing is going right.

Even us as adults we have moments like that, so we have to have compassion with them for that.

Some things that are not obvious can be that you have a child that is fully potty trained having next to no accidents and then you have a baby and all of a sudden, your child begins wetting the bed or wetting themselves in public. The scriptures say don't spare the rod and you can give them a pop but that's not always going to fix the problem. They have an emotional imbalance, and we want to come to an angle where we're being gentle and compassionate.

#### 1 Thessalonians 2:7 But we were gentle among you, even as a nurse cherisheth her children:

✚ We know that nurses are very gentle and easy. They always have that care, and they were trained to do that, and we want to make sure we are trained to be caring and gentle without flying off the hinge when something doesn't go right. If they don't know how to talk that can't communicate with you so it's on you as the parent to figure that out.

# Sarah

2Maccabees 7:27 But she is bowing herself toward him, laughing the cruel tyrant to scorn, spake in her country language on this manner; O my son, have pity upon me that bare thee nine months in my womb, and gave thee such three years, and nourished thee, and brought thee up unto this age, and endured the troubles of education

- ✚ I wanted to focus on the last part because enduring the trouble of education comes in so many different levels and stages. It does not stop, and we have to remind ourselves it's going to be an ongoing thing and it is not easy. We know it's not going to be easy, we're Israelites we don't even have life easy great travail was created for us, so everything is always intensified when it comes to us. But if we have that mindset and keep it in our mind then we can approach the situation a little differently when it's dealing with our little people who are our children and did not ask to be here. So, because we took it upon ourselves, and God blessed us to entrust these souls and these spirits with us it's our obligation and our duty to raise them right the best that we can and that's mind body and spirit.
- ✚ Don't disregard their feelings or disregard them because their little thinking doesn't matter because they do matter and that can damage them growing up in becoming a husband or a wife. We do not want to contribute to that, we know better now that we're in this truth, so we have to do better.

## 2. Provide attention & reassurance

If you know that your toddler is facing a big milestone or change, try giving them more cuddles and attention.

Sometimes regressing to baby-like behaviour can be a way for your toddler to tell you that they are feeling a bit vulnerable and want the attention and cuddles they remember getting when they were younger.

Make it clear that it's normal to feel scared or disoriented sometimes, but that these feelings will soon go away.

We're not alone in this and I don't want sisters to think they are. Speak up when you're dealing with things because no one knows what you're dealing with if you don't say it. You must say it so the healing can begin, and you can start putting in the proper avenues to fix it and get back on track.

We want to be the best mother we can be and have productive, healthy, and upright children. That's our goal. Kids don't really hold onto grudges so if we make a mistake work on fixing it.

## 3. Do what you can to fix the problem

If there are toddler's

Perhaps your toddler's caregiver

During your transformation, you might feel like everything is falling apart, but in reality, everything is coming together for your highest good. You're being pushed to evolve and get out of your comfort zone, so you can live and experience your true greatness. Welcome change.

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With all this that we're discussing with regression there are many things that come with it, like whining, reverting, and acting out. We're going to talk about these.

## 9 Ways to help stop young kids whining

Here are some tips you can use to help stop your toddler or preschooler whining and to help them learn a better way to ask for what they want.

### 1. Have patience

Patience on your part becomes the first rule when confronted with these early bouts of whining.

### 2. Stay calm

Stay calm and neutral. Your toddler or preschooler needs to know that you won't react to a whingy voice.

### 3. Stop responding

Stop responding to whining. Make it clear that if your toddler or preschooler whinges for something, you'll automatically say no. Or pretend you can't hear them if they do.

We never want to get in the mindset that we're too tired, frustrated, or annoyed that when we get to school, we're too tired to deal with our children. That is your child, not the sisters' children, and yes it takes a village and we're all in this together but, what is another sister going to teach your child or discipline your child if you're not doing it at home? What is the benefit going to be for that minute? It's not

going to take root in that child to figure out the problem and to fix that behavior. And that's not fair to the other sisters or the other children who are behaving and who are there to

learn. Disruptive behavior is taking away from the lesson plan and taking away from the activities that are going on and taking away the attention from the teacher and the students because they have to deal with disciplining your child.

If your toddler is old enough and their language is well developed, try talking to them about their change in behaviour or what's upsetting them. Toddlers often understand more than we realise.

### 4. Set expectations

Parents can sometimes give more attention to undesirable behaviour, which inadvertently keeps the cycle of regression going.

Give your toddler plenty of attention for appropriate developmental behaviour. Try to support them with positive reinforcements, hugs and praise.

Upsetting as regression can be to parents, it usually doesn't last very long. In many cases, your toddler will pick up where they left off after a few days or couple of weeks.

Regression in behaviour is generally harmless and a natural part of your toddler's development and reaction to their environment. However, in a small number of cases regression can indicate a medical or developmental issue.



# Sarah

A lot of the time whining is important. Kids do this whining thing and it's something that you don't want to respond to until they use their words.

Sometimes whining can be annoying and it feels like it's piercing through your ear, and you want to pull your hair out. But don't react like this, we have to learn how to rule our spirits. This all ties into even us to learn how to cope in different situations. You don't have to be rude, but always stand your ground.

**Ezekiel 16:44 Behold, everyone that useth proverbs shall use this proverb against thee, saying, As is the mother, so is her daughter.**

This is the truth. Our children watch everything we do at every single time. So, if you're giving off frustrated, sarcastic, energy they are going to pick it up and rat you

## 4. Be firm and consistent

Don't give in. Within a week or so, you'll likely notice a change in the way your toddler or preschooler asks for things and talks to you.

You are teaching them that they have a choice about how they behave.

## 5. Reinforcement

Besides being consistent, look for ways to reinforce the behaviour you do want, like thanking your toddler or preschooler when they speak in a normal tone.

## 6. Acknowledge your kids need for attention

Toddlers and preschoolers sometimes resort to whinging when they're tired and have failed to get their parents' attention.

That's why they'll often whinge when you're focusing on something else and they need (or think they need) your help with something.

That's why they'll often whinge when you're focusing on something else and they need (or think they need) your help with something.

## 7. Work out what triggers your kids whining

Certain triggers, such as when they are hungry or tired can also cause **toddler tantrums and meltdowns**.

## 8. Introduce some humour

Acknowledge that your child wants something and try using humour to help address the problem.

Something along the lines of, "Ouch, my ears are hurting. I know that you want something, but I can't understand you when you use that voice. Can you find another way to tell me what you want?"

## 9. Teach your kids to ask for things differently

Teach your child how to ask for things without whinging by modelling how you want them to speak and what you want them

out. You can put on your big headwrap and long shaloms or big fringes, if your

child is behaving like that it will show that you're just acting like that at school but at home that's not really you. We all have to be mindful of this proverb even with your sons they can get short tempered or frustrated if they see you doing it too. Even though your husband is raising your children or the men at the school are. But it doesn't matter because they're watching how they're going to allow their wives to be. There are so many different steps that we must be mindful of.

## Sister Naamah

I just wanted to chime in off of what you said in Ezekiel as is the mother so is the daughter. If you are not setting the right example the child is going to mimic, you. Say a wife disrespects her husband in the house, the children are going to think it's okay to disrespect their husbands

or their father. So being an example is 100% necessary for each child. One thing I definitely wanted to talk about was before you come into the sanctuary have a talk with your children. Let

# Sarah

them know how they are going to act, talk, and what they are not allowed to do and if they do it this will be the consequence when we get home.

When going to the store I have a similar talk, tell them not to touch anything, you don't have a job, and you can't ask me for something. I remind them in advance that they better not put their hands on that they don't have money to pay for. So, I know for generations that I've always seen parents tell their children in advance, so you warn them because it says train up a child, right? So, training up the child in the way they should go is what the scriptures say. So, you tell them, "Hey we're not going here, this is what you can do and this what you can't do. You cannot talk in your regular voice in the sanctuary you need to whisper, when the teacher says stop talking don't talk, don't hit anybody, don't pull anyone's hair, if you're upset walk away, Are we clear?"

I even make them repeat it back to me, what did I just say? What do I want? Okay, so everybody is clear? So, this way if we have to resort to the consequences later no one is going to say they didn't understand because as their mom it's your job to train them and it's continual training and you may not want to say it. Motherhood is continual. I've people say when do you get a break? There isn't a break in motherhood, once you spread your legs and you have babies, they are your responsibility. Now, if sisters decide to jump in and help you then great, but if they don't it is YOUR RESPONSIBILITY. We need to make sure we are getting our children in order and like the scriptures say, consequences.

**Sirach 30:1 He that loveth his son causeth him oft to feel the rod, that he may have joy of him in the end.**

- ✚ God is telling you, if you love your child you supposed to caused them often to feel the rod. Do not beat this kid out of frustration, or anger. You're supposed to cause them to feel the rod in a situation of right and wrong. If it's wrong and you warn them, and they continue to do it they may need to feel the rod so they can know there are repercussions if I do not follow the rules. Train your children at home. We do not want to have to train them when they get into the school. That is not our job, we're training our own children. I remember with one look your child would stop because they know what's going to happen, some children would even cry. The problem is a lot of sisters are not training their children at home and have them all out of order acting like little wild animals. And when they come to the school, you're telling them commands but never trained them in the house.
- ✚ You must teach them at home on a continual level. Say you want to teach them how to sit still, start them with five minutes, then 10 minutes to sit in a seat and don't move when class is on. Then 15 minutes and eventually 30 minutes and so on but train them at home. Don't expect to bring them to the school and expect them to know, they don't know. It's your job to teach them and class is not the time to start your teaching process. But the problem is mothers are lazy, they are texting all day, they're on the phone all day, and

*Sarah*

because they're cooking and cleaning all day, you still need to take time to train your child.

### **Sister Anaiyah**

Or when they're frustrated, they think having them at school is a break.

### **Sister Naamah**

There are no breaks. You're ALWAYS A MOTHER. 24 hours a day. I'm asleep in my house if my kids are upset in the middle of the night I get up and take care of the problem. If they're sick in the middle of the night I get up and take them to a hospital. If they have a fever, I get up and get them medicine. I can't say well I'm on break. You can ask for assistance if you have that in the house from your husband or your other children or ask another sister to come over and help. That's fine, but don't come there with them and then say I'm going to beat you when we get home, everyone knows you're not training up your child. Because if you were they would know how to act when they come out. If a child is getting it all you have to do is look at them and they know what's up. You have those kids where you tell them I'm going to tell your mother and they have a whole breakdown begging that they will do right? Because they know! The problem is your sisters are not putting fear into your children. You're trying to be their friend, their bestie. No, you are their mother first.

The mother's job is to make sure they do not get hurt, that no harm comes to them, and that comes from teaching them order and discipline.

*Sirach 30:2 He that chastiseth his son shall have joy in him, and shall rejoice of him among his acquaintance.*

- ✚ The scripture is saying that if you chastise them, that son or that daughter. If you whoop them young when they're older you don't have to talk too much because they already know what to do. And everybody is going to say wow your daughter has such great behavior. Or wow, your son has such great behavior. Why? Because you were training them regularly in the home. Don't wait till they go to the school; don't wait till they get to the church. Every day that you're with them is an opportunity to train them. Early in the morning before they get on the bus, before you take them to school or when they get out of school how they should conduct themselves. I train my kids I have different ages they're a little older 10, 12 and I put on a class they sometimes want to make a joke and I pause it saying, I know yawl are not talking while class is on. Do you all talk while at the school? No, then why you all talking here? So, they understand when Gods words are coming out it is serious business.
- ✚ And you can train them, if you want to give them something if they're really small like a tablet. And give them 5 minutes a week then 10 minutes a week, put the classes on in your home. This way you'll have joy in your child in the end because you took time to

# Sarah

train them. Then guess what? The police don't have to shoot them down in the street to train them or the police don't have to tase them when they're 21 because they're not listening. When there were two and not listening you did nothing, when they were five and not listening you did nothing, when they were 15 and not listening you did nothing. Now the police are killing and shooting our kids and now you're upset. But you never trained them!

**Proverbs 13:24 He that spareth his rod hateth his son: but he that loveth him chasteneth him betimes.**

- ✚ The Lord said if you spare the rod, meaning the child is doing something bad, and you are not training them, giving them a whooping, or the rod. Again, don't beat them out of frustration or out of anger, or because you're mad at the world. Beat them because they did something wrong according to the scriptures. Don't wait until you're so fed up and you're like now I'm gonna get you. THAT'S EVIL. When you tell them the first time and you warn them, and they are not listening you get them the second time. That's it right there. Don't wait till you fed up and you have all these bills, relationship problems and now you're mad and he looks like your ex, and now you want to take out all the frustration in the world from your children. That is some evil stuff that is going on.
- ✚ The Lord says if you don't whoop them, and you spare the rod you HATE that child. You know why you hate them? Because you're not teaching them how to deal with the real world. When they go into the real-world guess what they're going to label your child in first grade? ADHD, I've seen a lot of sisters go oh that child has ADHD. No, they don't, they just never got their behind whooped, properly. So now they don't know how to act when they come out. You have to train your kids at home. If you need help you need to speak to sisters, you may need to watch child rearing videos continuously, and you may need to pray about it: God, please give me the spirit where I'm correcting my child without being angry, without being frustrated and let me get them in order according to thy word O Lord. We need to get this thing in order. Because the other nations, the police, are waiting to kill your children, throw them in jail and lock them up. For something simple like stop walking and they keep going.
- ✚ Now they're getting shot and they're getting killed. But you saw that too at 5 and at 8 and you did nothing, why? Because John John was so cute. There is nothing cute about a disrespectful little child. When I ask people how are your children? I mean behavior wise not how cute they are. Do they listen? Do they obey you? Do they honor and respect you?

## **Sister Anaiyah**

Just like Sister Naamah was saying, there is a difference with being firm and being cruel. We don't want to be cruel ho the scripture talks about moms

# Sarah

Lamentations 4:3 Even the sea monsters draw out the breast, they give suck to their young ones: the daughter of my people is become cruel, like the ostriches in the wilderness.

- ✚ We know how moms are being compared in the scriptures as ostriches. We want to get away from that and do a new thing. We can't do the same thing in life and expect a difference. We have to be better. Being firm and giving your child the rod is different than if you're upset or frustrated or your children are getting on your last nerve, and you've lost all your scruples. The kids can feel that it's not good for your spirit and you feel horrible after it if it ever happened. It's a lose/lose situation all around. We want to prevent this from happening and do everything that we can do to raise our children upright like the scriptures teach us because this is our job. That's why we read Maccabees on the trial of education. It's a process, it's long and IT DOESN'T STOP. But cannot give up or give in. We're mothers, we're sisters. We're wives we cannot give up. If we give up then everything hits the fan and we can't afford our nation to need us, our husbands need us. We need to do our part, and this is our part to raise our children to be the best that they can be. To be upright and keeping these laws statues and commandments

Deuteronomy 6:7 And thou shalt teach them diligently unto thy children, and shalt talk of them when thou sittest in thine house, and when thou walkest and when thou liest down, and when thou risest up.

- ✚ This is from the time you wake up to the time you go to bed. Use every opportunity that you can to teach the children because they're watching you can sit there and read to them and do four chapters a day it may not click for them at the moment but when things happen or something arises and they see how you handle the situation this teaches them good things, the laws, statues, and commandments.

Sarah

Your child will follow your example, not your advice



✚ When all is said and done, we can talk until we're blue in the face. If you're children see you doing something different, they're going to grow old enough to put two and two together and be like, my mother is a hypocrite she acts like she's about this Bible stuff and acting great at sabbath and kind and she's so this, and she's so that but it's all baloney. But at home she's a dragon, she's an ostrich.

✚ You think you're going to be able to escape your kids? You're not, they're going to watch you. In proverbs 31 it says you want your husband to call you blessed You want your children to look at you and realize all the things you did

for them were for the betterment of them. You're not doing this to be cruel to them or because you hate them but as a lesson to teach them. When you're doing this make sure you are communicating with them and telling them, and this goes back to Deuteronomy 6 that you're teaching them.

### Sister Naamah

I was teaching my children on the bus to and from school. Walking to school and coming home from school. Their dad might be going off on something they're watching my body language on every level. I had to make sure I wasn't rolling my eyes or looking at hm in a disrespectful way. I had to make sure I was still answering him according to the question he's asking me without getting emotional, so they don't look at me and say you know what, moms a hypocrite.

Among sisters I'm hearing this new word that's not in the scriptures where they say you have to have balance to everything especially with keeping these kids busy and not letting them do what they want to do. There is no such thing as balance. I don't know where this new word is coming from. The Lord said he that loves his son to feel the rod

Ecclesiasticus 30:10-11

V10 Laugh not with him, lest thou have sorrow with him, and lest thou gnash thy teeth in the end.

V11 Give him no liberty in his youth, and wink not at his follies.

# Sarah

- ✚ The Lord says when your child is sinning and doing evil don't laugh at them and go aww, they're so cute and aww they always do that the Lord said because in the end when they grow up and continue to do it and they're doing worse you're going to be chewing on your nails saying oh my God the police arrested John or tased Matthew. Well, Matthews been doing it since two and three
- ✚ The scripture says give them no liberty and I'm hearing this new word that you got to have balance you can't be too overprotective. Well, if overprotective means my daughter or my son will be married a virgin, smoke no weed, don't get high or break the sabbath day. My daughters won't dress like whores. My son won't be laying with five different women having baby mamas. You know what I will be overprotective and do something different from what everyone else is doing. Because everyone else's children are lying in jail, pregnant, on an abortion table, getting high and getting drunk. At what point do we actually follow scriptures? The scriptures say don't give them no freedom. But there are sisters that's coming into our body saying you have to balance everything out.
- ✚ So, if you let them go to their friend's house once a month you don't think they can't have sex once a month? You don't think they can't get high once a month? The ungodly people are going to teach them ungodliness the one time you let them out they turn all the way up. The Lord said give them NO LIBERTY. Liberty means freedom, don't give them no freedom. Hold your kids on your hip always know where they're at and don't leave them with ungodly people without observing the time. BE ON TOP OF YOUR CHILDREN or you're going to lose your children.
- ✚ What if your child does something wrong? We're going to ask you if you put the fear of God in them. Did you give them the rod when they were children? Who did you let him or her hang with? Why did she lose her virginity? What was she wearing? Oh, didn't have modest apparel? Oh, she wanted to go with her friends one time. That one time could be the moment she gets broken into being ungodly and she likes it. You have to make a commitment as a parent to do exactly what the scriptures say. Don't add our own feelings, don't let other sisters add their own belief. You do what the Bible says and that's how you get success. But if you got with this new word balance and not wanting to feel like you smother them, okay, s when your daughter loses her virginity, or your children are getting drunk or in jail don't ask why because you did not do what the scriptures said. And it is sacrifice sometimes you don't want to be with them all the time, but the Lord said don't give them no freedom.
- ✚ Notice what God says, beat them while their young, don't start when they're 15 and 16. Beat them on their sides, he said it in verse one and two. Hoop these kids while they're young, not out of anger not out of frustration. And on their side just means on their butt. Don't punch them in face, choke them out or leave marks and bruises on their skin and the teacher puts out a report. You have to do it according to the scriptures.
- ✚ The Lord says if you don't whoop them while they're young you're going to be sad because you didn't put the fear of God into your children and you gave them liberty. You

*Sarah*

have to follow the book and most of all pray and fast for your children and set a good example if that's what it takes to be a righteous mother. But you're not praying or fasting and giving them freedom. You are not spanking them and that's a disaster right there. I hope that you all are applying what you are learning.

You may be listening to this class and choose not to hit your child and choose to balance. Okay, when the end comes, and IT WILL, and you're stressed out don't ask why. Because we're going to take you back to the book. Modest apparel, you have her wearing lipstick at 12 and 13, long nails, big earrings, tight clothes, and all over TikTok and making snapchat videos. That's evil! You may think it's cute in the house, no it's not cute in the house because once laugh in the house she's going to take it to the streets. And then she's going to be for the streets. God said if you love your kids, you will chastise them often, not once for the year. It's like if we go to the gym once for year will you lose weight? Or once a month? No.

Train your children to see if they're listening to your voice. I didn't stop training my oldest until she turned 20 and after that I was like I did my job onto the next child. But until that child turned 20, I was on their behind, you're in my house you do what I say. Yawl giving your child multiple choice questions; Do you want to? You like her/him? How about NO I'm picking your friends. I pick my kids' friends; they cannot hang with everybody. I pick their friends by their parents. As the mother is the daughter. What's her mother like? Her mother using all foul language? Are her mother disrespecting men in the body? No, you're not because your daughter's going to grow up and be just like you. And I don't want my daughter to be like that I want her to be a virtuous woman and Proverbs 31. So, I'm going to pick parents who are like minded for our children to do things together.

### **Sister Anaiyah**

We have to take this seriously. There is only so much help that we can get at school. Security is looking telling you to get your kid. Security shouldn't be telling us where our kids are, we should be making sure we're on top of our kids at all times even if they're in the kids' room. You can go and check on them to make sure they're okay, if they're paying attention or listening and being good. I'm not doing that because I'm overprotective or I don't trust anyone the reason is because I need my daughter to make sure she's walking straight. If you give them any liberty, they will take it and run with it. And children are impressionable and influenceable. I listen to my daughter when she's playing with dolls, playing with her friends, when she's outside or at a park. Always make sure you're involved and you're watching everything. You cannot leave it up to everybody at the school that's not going to do you any justice if you're not on top of that at home.

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HOW TO HANDLE ACTING OUT

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# Sarah

The key is to see it as a communication driven unmet need. If they're hungry or tired, afraid or influenced by something like YouTube, games, Minecraft or Roblox. I used to let my daughter play Roblox, and she stopped playing with her toys and all this was happening during the regression.

## Sister Naamah

What I know about these games are the characters and they have a dressing room, and the child can dress as the character and your daughter's character looks like a hoe? We have a major problem. You have to watch your children if all the women in the congregation have on flowy long skirts why is your child picking skintight miniskirts and a half shirt? Or even pants and leggings. If that's all they have to turn the game off or pick another one. If your child does it in a game, they're going to do it in the real world. You have to catch every thought from these kids. Esau is very crafty and know you're not paying attention.

## Sister Anaiyah

We need to know all these different things, so we don't let it get out of control. It's really important that we're always on top. My husband always reminds me of the scripture that foolishness is bound in the heart of a child.

## Sister Naamah

Let's say your daughter's name is Mary and they find Mary on Roblox, and Mary wears a half shirt and poom poom shorts. They might show your daughter's little Mary Roblox character in class, then you're going to stop playing. They are going to be like is this mother teaching modesty. Why is your daughter on Roblox in a half shirt and poom shorts? You never know how things come out. Pay attention.

If you didn't come from  
a healthy family, make  
sure a healthy family  
comes from you.

## Sister Anaiyah

If they're little and don't know how to talk yet, it's okay. You can still talk to them and teach them they're still learning. Any little opportunity that you see that can teach your children use it.

Keep your kids busy and keep them active. Always be mindful that they're watching you and whatever stages they're going in whether they're in

regression stages or if they overcome that just make sure you are always setting an example for your children and doing everything the scriptures says and you're going to have success sisters.

*Sarah*

Don't beat yourself up for mistakes you made in the past, tomorrow's a new day Lord will we wake up and life last just start over. Do better and be better.

YouTube: [Preparing a child for new siblings - Parentchannel.tv - YouTube](https://www.youtube.com/watch?v=...)

Conclusion...

Shalom Most High and Christ blessed