



Topic: Trusting Your Lord: Faith or Fear

Host: Adaliyah (HO Captain Amaziah) - GA

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Trusting Your Lord, Faith, or Fear?

- Are we going to believe and have faith in the most High or are we going to be scared sisters?

- This scripture will sum up today's Titus 2 chat in its entirety:

1 Peter 3:5 KJV

5 For after this manner in the old time the holy women also, who trusted in God, adorned themselves, being in subjection unto their own husbands:

Trust: /noun/ firm belief in the reliability, truth, ability, or strength of someone or something.

Faith: /noun/ complete trust or confidence in someone or something.

- Faith is a belief system while trust is an action. We have faith in the most High and that we fit the curses in Deuteronomy 28. If we keep the laws, then lord willing we will make the kingdom and the world will be right side up and we will be in rulership. We have faith that we will have all the good things in the world.

Trust

- It is our head versus the heart. Mind over emotions. Self-control over emotions. Lack of self-control will hold you back from relinquishing whatever you need to let go

of to truly trust in your husband/your lord.

- Controlling your emotions will keep you having true faith and knowing that He is always in control and will not forsake you. Trust is a firm belief in the character of your lord.

- Again, trust is an action while faith is a belief.

Video: Take a lesson from nature! #didyouknow #mindblown #motivation #inspirational

#lifecoach

- Biodome created the ultimate perfect environment. There were the right amount of bees, pollen, the hierarchy of animals, etc. However, because it was in a controlled environment there was no wind. That one factor made all of the trees die.
- If we are avoiding the winds that blow (i.e. conflict, tension, trials) and trying to make life perfect, those deep roots will not grow, and you will fall over & die. This is something to consider.

“The most High gets us through the storm but not always necessarily removes us from the storm.” - Deacon Yoshua

- The trials we go through help build our trust in our lords through any situation. This will build your faith in the most High because we get through the storms as opposed to being removed from it and placed in a perfect biodome.

Romans 8:28 KJV

28 And we know that all things work together for good to them that love God, to them who are the called according to his purpose.

- We are here on our own accord and not being forced to attend sabbath class. We have been called.

Ephesians 1:11 KJV

11 In whom also we have obtained an inheritance, being predestinated according to the purpose of him who worketh all things after the counsel of his own will:

- TMH has ordained what is going to happen. In the course of that, there will be ups and downs, lefts, and rights. During these times, our character, strengths, and weaknesses will be revealed. We as women brought up in Babylon the Great come with the idea that ‘I can do bad all by myself,’ ‘I got this,’ or ‘I can handle it.’ It doesn’t take a lot for a woman these days to say that she will do it all on her own. But is it our place to do so?

We have to take into place what our God-given role is.

- Trust is earned over time in your regular everyday life.

Trust vs. Distrust

- Marriage is a reflection of Christ and the church. Trust is a fundamental part of any solid relationship and marriage. You get to the opposite end of the spectrum through distrust (not trusting someone).
- Distrust does not happen overnight; it develops over time. It can happen in one large event (e.g. infidelity) but oftentimes distrust happens over several small instances over time (e.g. repeated broken promises, missed deadlines, lateness, forgetful, unreliable, or seeming to be uncaring towards you). These will cause you to lose trust.

I. Five (5) Stages of Distrust:

A. Doubt: You experience slight uncertainty which causes you to pause.

1. The nagging thought in the bag of your mind “hmmm.” You can not quite put your finger on what is going on. Doubt looks like hesitation. If you doubt in your mind when it comes to your husband, you are experiencing that first stage of distrust.

B. Suspicion: Unresolved doubt turns into suspicion or belief without proof.

1. You may suspect something, but you do not have any proof. This looks like evil surmising. You created a scenario in your mind that is not true.

C. Anxiety: A feeling of apprehension. This looks like being nervous, having a rapid heartbeat, or you can be angry. Anxiety shows up as disgust and the feeling that you have a knotted stomach.

D. Fear: If you have fear, you are afraid to show vulnerability and afraid of your emotional state. You are afraid of your well-being to a certain extent.

1. How does fear show in your relationship? Often it shows up as lying. Lying comes in many forms and is a form of distrust.

E. Self-protection: Fight or flight.

1. You are defensive, trying to control the situation. The last thing you want to do in a righteous relationship/marriage is a Jezebel. We should not be fighting! You have built up walls and are afraid to tell the truth and be honest.

- We should be examining ourselves. Do you fall in any of these stages?

Faith

Isaiah 41:10 KJV

10 Fear thou not; for I am with thee: be not dismayed; for I am thy God: I will strengthen thee; yes, I will help thee; yea, I will uphold thee with the right hand of my righteousness.

- Along with examining ourselves, we should make sure we are taking the right steps to make the kingdom Lord willing.

Matthew 6:33 KJV

33 But seek ye first the kingdom of God, and his righteousness; and all these things shall be added unto you.

34 Take therefore no thought for the morrow: for the morrow shall take thought for the things of itself. Sufficient unto the day is the evil thereof.

- Worrying, anxiety, and fear. We often take for granted that we are part of a body. We have brothers and sisters. We have a safety net provided by the most High. We may make wrong decisions but will it leave us destitute without any food or light?
- Faith is part of the foundation of our repentance. When the trust is strong and secure, the marriage will flourish despite any difficulties that arise. The scriptures say that there will be trouble in the flesh.
 - When the trust is weak, the marriage is going to suffer. In contrast, when your faith is strong and secure; you can withstand the fiery trials and your spiritual growth will flourish. When your faith is weak, you suffer the consequences and you won't be able to withstand the pressures of the world.



TikTok: My Husband is My Head #fyp #xyzbca

- This is an unrepented woman from the world that understands that the man is in control.

You married him! If she can have this understanding, what about us? She is not worried about being a strong independent woman.

Romans 12:2 KJV

2 And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God.

- Trust what the most High has preordained for us.

“Trust is like a car without gas. Without trust, you go nowhere.”

You can replace the word trust with faith! Without faith, you are not going anywhere. You are definitely not entering the kingdom.

John 14:27 KJV

27 Peace I leave with you, my peace I give unto you: not as the world giveth, give I unto you.

Let not your heart be troubled, neither let it be afraid.

- Choose peace over fear. It is a choice. Your fear of failure, of the ‘what ifs,’ of not being good enough, of not being deserving of a righteous relationship, your fear of your lord becoming a god on earth that TMH ordained him to be. Your fear shows your lack of faith in the most High.

Matthew 17:19-21 KJV

19 Then came the disciples to Jesus apart, and said, Why could not we cast him out?

20 And Jesus said unto them, Because of your unbelief: for verily I say unto you, If ye have faith as a grain of mustard seed, ye shall say unto this mountain, Remove hence to yonder place; and it shall remove; and nothing shall be impossible unto you.

21 Howbeit this kind goeth not out but by prayer and fasting.

- If you are questioning why your husband is still doing x, y, and z, you have a lack of belief. You are impatient with yourself, him, and the most High. It's your inability to be in control. It is your lack of prayer and fasting. Do not take for granted the strength in prayer and fasting that we have as wives. Prayer, fasting, patience, and belief.

Storytime: I am researching on YouTube, and I came across an Edomite man that raises partridges - which is a type of bird. He says that this was his first time with them, and he is explaining things that one should do and not do. When the man first started, he was very excited that there were ~7 eggs laid. He had everything set up for the hatchlings. Each hatchling had an issue whether they couldn't hold their head up, their feet were deformed, difficulty standing. Over the next few days, his hatchlings passed away. It can take up to 72 hours for a partridge to hatch and they must hatch on their own. If they got themselves out of their shells on their own, the hatchlings would have survived.

- Let's make sure we are not crippling our marriages. Your attempt to help could destroy your marriage. Your fear of overcoming an obstacle and wanting to help your lord vs letting your Lord take the trials he may need to learn how to lead can hold him and your marriage back. We have to meet and face our obstacles/trials head-on.

My Circle of Control

- Your lord is a new creature, and we are still working on ourselves. Focus on what you can control and on getting yourself in the kingdom. Do not cripple your lord. Allow him to hold his head up on his own. Recognize that we trust in the most high.

Luke 22:42 KJV

42 Saying, Father, if thou be willing, remove this cup from me: nevertheless not my will, but thine, be done.

- It is the most Highs that will be done each and every time. It is not about what we want.



I Peter 1:21 KJV

21 Who by him do believe in God, which raised him up from the dead, and gave him glory; that your faith and hope might be in God.

- We should be a walking testimony of the greatness that is the most High, knowing that Christ is returning and that He died for us. Are you a walking hypocrite? Pray, fast, and do what you can to be that pillar of rest like our foremothers. Who are you studying to be? like?

Video: You cannot allow your thoughts to rule you! “We demolish arguments and every pretension that sets itself up against the knowledge of God, and we take captive every thought to make it obedient to Christ” 2 Corinthians 10:5 NIV #ThrivingMarriages #PastorMarron #WeAreIn.

- Are we allowing our thoughts to rule us? Are we in a cycle of worry? Stop worrying about the things that are out of our control. Make sure that you are serving your Lord, and the church. Are you studying and self-examining? Keep doing the work to fulfill your role. What is something that you can work on to ensure that you are trustworthy?

Genesis 21:12 KJV

12 And God said unto Abraham, Let it not be grievous in thy sight because of the lad, and because of thy bondwoman; in all that Sarah hath said unto thee, hearken unto her voice; for in Isaac shall thy seed be called.

- God told Abraham to listen to his wife at this time. TMH would not have told him to listen to her if she was not studying to show herself approved or staying in her role.
- Are you worthy of TMH telling your Lord to hearken to you? NO. We have work to do to get to that level. Be the change that you want to see. If there are character traits in your lord that needs work, keep praying and fasting while also checking your OWN self.



What are the traits of a trustworthy person?

1. Consistent: Be consistent in your actions, speech, and show respect and love towards your lord, children, sisters, in your offices, and with the unrepented. Keep it 100!

1 Corinthians 15:58 KJV

58 Therefore, my beloved brethren, be ye steadfast, unmovable, always abounding in the work of the Lord, forasmuch as ye know that your labour is not in vain in the Lord.

2. Show compassion & humility: Be selfless instead of selfish. Be focused on your lord, children, and make sure that you are in order.

Mark 12:30 KJV

30 And thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind, and with all thy strength: this is the first commandment.

3. Respects boundaries: Do not impose your will (see Genesis 3:16 KJV). If your lord says go left, go left. Know when it is appropriate to speak. Be respectful.

Sirach 20:6 KJV

6 Some man holdeth his tongue, because he hath not to answer: and some keepeth silence, knowing his time.

4. Do not expect something for nothing: Fulfill your role and value his request. Do the work even if you think it may not work out. Do it with joy and be there as a pillar of rest to help with the contingency plan.

Judith 12:14 KJV

14 Then said Judith unto him, Who am I now, that I should gainsay my lord? surely whatsoever pleaseth him I will do speedily, and it shall be my joy unto the day of my death.

5. Chill out: Let go of the anxiety, worry (carefulness), nervousness, and agitation. Be at ease. We as wives set the tone in the home. Use wisdom to know when to speak and when to be quiet. Everything is in the Lord's timing.



Sirach 30:23,24 KJV

23 Love thine own soul, and comfort thy heart, remove sorrow far from thee: for sorrow hath killed many, and there is no profit therein.

24 Envy and wrath shorten the life, and carefulness bringeth age before the time.

Wisdom of Solomon 7:28 KJV

28 For God loveth none but him that dwelleth with wisdom.

Philippians 4:6,7 KJV

6 Be careful for nothing; but in everything by prayer and supplication with thanksgiving let your requests be made known unto God.

7 And the peace of God, which passeth all understanding, shall keep your hearts and minds through Christ Jesus.

- The older you get; you forget how to play. It is okay! If you have a hard time, go play.

6. Show gratitude: Admit when you need help and guidance. Give credit and say thank you without needing to hear a compliment in return. It is up to us to exhort, comfort, and be a sense of peace to our Lords. They may make mistakes, but it is not up to us to quench their spirits.

I Thessalonians 5:12-19: KJV

12 And we beseech you, brethren, to know them which labour among you, and are over you in the Lord, and admonish you;

13 And to esteem them very highly in love for their work's sake. And be at peace among yourselves.

14 Now we exhort you, brethren, warn them that are unruly, comfort the feebleminded, support the weak, be patient toward all men.

15 See that none render evil for evil unto any man; but ever follow that which is good, both among yourselves, and to all men.

16 Rejoice evermore.

17 Pray without ceasing.

18 In everything give thanks: for this is the will of God in Christ Jesus concerning you.



19 Quench not the Spirit.

7. Honesty and transparency: Do not use your fear to cause you to get out of character.

Communication is essential. Know how to communicate with your lord; that is something that you must figure out on your own! If you do not know, ask him. You must study and learn your man. Know what to do when he is not in a good mood and how to keep the spirit of the house cool, calm, and collected.

Sirach 33:4 KJV

4 Prepare what to say, and so thou shalt be heard: and bind up instruction, and then make answer.

Colossians 4:6 KJV

6 Let your speech be always with grace, seasoned with salt, that ye may know how ye ought to answer every man.

8. Confide: This is different from being honest and transparent. You have a certain level of integrity that you keep. Your Lord should be your #1 counselor. You have to be vulnerable and open.

Ecclesiastes 4:11 KJV

11 Again, if two lie together, then they have heat: but how can one be warm alone?

12 And if one prevail against him, two shall withstand him; and a threefold cord is not quickly broken.

9. Be present: A trustworthy person is there and supports the people they care about. Be your lords' number one cheerleader. Be supportive.

I Peter 4:8,9 KJV

8 And above all things have fervent charity among yourselves: for charity shall cover the multitude of sins.

9 Use hospitality one to another without grudging.

10. Take responsibility and accountability: The most High told us that actions are weighed.

We have to own our mistakes and apologize. Do not point the finger to avoid what you did.



Sirach 22:5,6 KJV

5 She that is bold dishonoureth both her father and her husband, but they both shall despise her.

6 A tale out of season is as musick in mourning: but stripes and correction of wisdom are never out of time.

Sirach 18:20 KJV

20 Before judgment examine thyself, and in the day of visitation thou shalt find mercy.

Video: #SincerelyYours #RenaissanceGangsta Student of All, Follower of None!

- Protect your lord's ego and do not embarrass him. Recognize that you are his prized possession as his wife. Married sisters take for granted that they are Sister _____ of the House of _____.
- Every man wants to feel secure in knowing that his woman is down and supports him in the good times, bad times, and uncertain times together. We are going to ride it out together! That's what we are here for.
- The key to understanding trust and submission is understanding that you are ultimately serving the most High when you stay in your biblical role. We were formed from his rib; we are a piece of him. How can you go against what you are a part of? It is pleasing to the most High to have your relationship reflect Christ and the Church.

Colossians 3:23 KJV

23 And whatsoever ye do, do it heartily, as to the Lord, and not unto men;

Acts 5:29 KJV

29 Then Peter and the other apostles answered and said, We ought to obey God rather than men.

- If the most High said to be his help meet, guide the house, and season our speech with salt, shouldn't we do that? The world says that we don't need him and [can have] two degrees.



Faith or Fear?

- We have to grow closer to our lords on our journey to be one flesh. Trust is part of the foundation of marriage. Faith is the foundation of repentance. The two-work hand in hand. Are you going to choose fear over faith or have faith in the most High and trust? your lord. Lose the hold that fear has over you before you cripple yourself and your marriage.

- The difficulties are what allow our roots to grow. We need the roots or else we will fall over like trees.

Psalms 70:4 KJV

4 Let all those that seek thee rejoice and be glad in thee: and let such as love thy salvation say continually, Let God be magnified.

- We seek TMH, be joyful and glad to keep laws, and know who you are according to the bible.

- I am proud to say that I am an Israelite from the tribe of Judah. There are 12 gates and lord willing I can walk through one of those gates. We should magnify the most High in our actions.

I John 4:18 KJV

18 There is no fear in love; but perfect love casteth out fear: because fear hath torment. He that feareth is not made perfect in love.

- If we are striving to be perfect, we should not be fearful. We should put our trust in our Lords. This will allow us to genuinely fulfill our role as a wife and as the weaker vessel.

Thank you to leadership for allowing us to have Titus 2.

Shalom MHNCB.