



## Choosing the Good Part

Luke 10:38-42

Now it came to pass, as they went, that he entered into a certain village: and a certain woman named Martha received him into her house. And she had a sister called Mary, which also sat at Jesus' feet, and heard his word. But Martha was cumbered about much serving, and came to him, and said, Lord, dost thou not care that my sister hath left me to serve alone? bid her therefore that she help me. And Jesus answered and said unto her, Martha, Martha, thou art careful and troubled about many things. But one thing is needful: and Mary hath chosen that good part, which shall not be taken away from her. The good part that Mary chose was centered around the work of the prophets. Sister Ioanna from the House of Captain Barnabus is an example of a modern-day Mary. She's highly esteemed by upper leadership for her experience and works in this truth.



Ioanna is one of the co-hosts of Patient Saints Radio; the number one radio show in IUIC based in Atlanta. She has been on the show for over two years and helps to give a voice for the repented Israelite women in this truth.



Ioanna has hosted local and national Titus 2 meetings on several occasions. Some of the topics have ranged from raising kids in the truth, how to deal with a blended family, and how to be a submissive wife



She also works behind the scenes managing the DOS website and it's content. The DOS site serves a great purpose in bringing righteous content to the repented and unrepentant Israelite woman in hopes of inspiring them to be better wives, mothers, sisters and daughters.

In addition to her works in the body through counseling, committee leads, and fundraising, Ioanna is a help & support for her lord. Working well with her hands as the Daily Operations Manager and Partner for the households professional business endeavors.

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At home she is a mother of 4 and is a part of a homeschool co-op where she teaches a range from PreK through High School.

These are modern examples of our foremother Mary. We should strive to attain even greater works when it comes to being a help for this truth. Leaving no room for idleness.