

Are you ready for your Bitter Herbs?

Shalom Family MHNCBUA, Passover is right around the corner APTTMH! I know everyone is looking forward to the Lamb but what your bitter herbs?

I have tried many different types of bitter herbs in preparation for Passover and believe or not that is one of the best was to also get your children ready for them. I like to see what they prefer and to also get them ready for the most bitter because when traveling you never know which will be served.



By doing these flavor test has helped a lot and has also taught them what bitter herbs are. One of our favorites hands down is Cilantro!!! It is an acquired test as is all herbs; they prefer Cilantro due to it being milder but also flavorful.

What is your favorite bitter herb?