



The Art of Being Feminine: Part One

Reu C. Israel

The art of being feminine, a true art within itself, is a virtue that is on it's way to being lost and forgotten. The days when women were expected to have a certain level of etiquette, quietness, modest beauty, and articulate speech are fading. Today, with the many influences we face daily, we see a downgraded version of women in today's society. Downgraded to such a degree that younger generations of women do not entirely know what femininity is or how it looks.

Feminine is defined as having the qualities or appearance traditionally associated with women, especially delicacy and prettiness. Those qualities being modest, girly, docile, soft, dresses/skirts, kind, lady-like, graceful, and pretty. The complete opposite to what it means to be masculine, loud, mean, hard, immodest, etc. Now that the word has been defined, what does being feminine mean to you? What attributes do you or not show? How are you with yourself, in the presence of society, and with interactions with men? What examples are you showing to younger women?

Take an honest moment here to reflect.

Being feminine is a characteristic that you embody all of the time, even behind closed doors. Always practice good speech and behaviors even when no one else is around.

Be not deceived: evil communications corrupt good manners.

1 Corinthians 15:33 KJV

Do so because the repetitive habits will turn into everyday actions. Have a care for yourself and look presentable.

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Although you may be home and comfortable with yourself or family, still wear something presentable with styled hair or nice headwraps. You never know when you may have unexpected company or need to run a quick errand. Practice different facial features in the mirror to see how you actually look in reality. Compare soft and feminine expressions to angry and negative ones. Be kind to yourself and don't be critical to where it is now considered self harm. Meaning, to forgive and have patience whether it be you're having a hard time losing weight, stumbling when attempting to learn a new behavior, or failing to live up to your own standards.

Love thine own soul, and comfort thy heart, remove sorrow far from thee: for sorrow hath killed many, and there is no profit therein.

Ecclesiasticus 30:23 KJV

Remember that what you do with yourself will in some way transpire in front of others.

Being feminine in society is walking with grace and confidence while completely ignoring behaviors that are not becoming. Inwardly and outwardly oppose contrary thoughts and or actions is the way to go. If society tells you, for example, that it is acceptable to wear immodest clothes out in public then automatically counter with godly behavior.

In like manner also, that women adorn themselves in modest apparel, with shamefacedness and sobriety; not with braided hair, or gold, or pearls, or costly array;

1 Timothy 2:9 KJV



If ever needing to oppose anything outwardly by speaking then let it be done with class and articulate speech. If someone does not want to listen or becomes argumentative then do not match their negative energy but instead gracefully move forward.

In the next segment of “The Art of Being Feminine” series, we will discuss what it means to be feminine in interactions with men.

Until then, Peace & Blessings

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