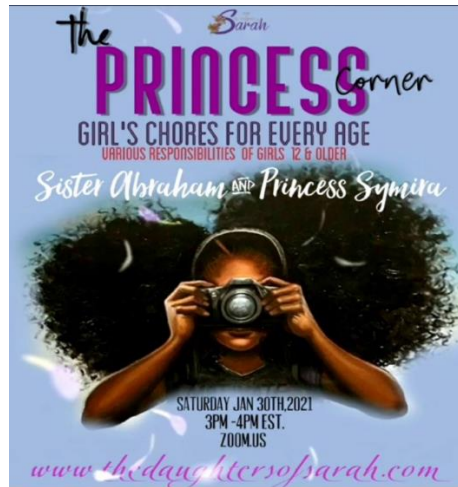


Topic: Girl's Chores for Every Age
Hosts: Sister Atarah and Princess Symira
Event: The Princess Corner
Date: 1/30/2021



Chores for Every Age

What is a chore?

- A routine job or task, especially a household one.
- An unpleasant, but necessary job or task.

Sister Atarah: It is super critical that everyone is doing their chores around the house to keep the flow going. If my children did not help me out, I would not be able to do it. Make sure that you maintain a willing spirit when it comes to helping around the house. Chores are a routine, meaning that they never end; the work never stops so be prepared for this responsibility. Chores are not always fun, and they can be difficult, but you still must be willing to do them, this is honoring your parents. Do not get an attitude when you are asked to do something because your entire demeanor will make it obvious when you are upset. Whatever you do, do it heartily as unto the Lord. If Christ asked you to scrub the toilet with a toothbrush in tiny circular motions, you would do it.

- **Colossians 3:23 (KJV)**

23 And whatsoever ye do, do it heartily, as to the Lord, and not unto men.





Why is it important that we have chores around the house?

- It teaches responsibility and self-reliance.
- The earlier children learn to help with daily duties, the more likely they will continue when they get older.

Sister Atarah: Self-reliance means that you have the basic skills to take care of yourself and as you get older, you will know what to do. Unfortunately, here in Babylon, they no longer instill these skills in young girls anymore, everything is turned upside down.

- **Proverbs 22:6 (KJV)**

6 Train up a child in the way he should go: and when he is old, he will not depart from it.

- **Proverbs 31:27 (KJV)**

27 She looketh well to the ways of her household, and eateth not the bread of idleness.

- **Ecclesiasticus 33:27 (KJV)**

27 Send him to labour, that he be not idle; for idleness teacheth much evil.

Sister Atarah: Some of the things I am going over are not going to be the same for every child, some of you may start certain chores earlier or later than other people. These are just general ideas of some chores that can help motivate you to do more around the house.

Chores for Ages 2-4 years old (Guide them)

- Assist with making their bed (Straighten sheets, place pillows)
- Help set table (Show them where things go)
- Pick up toys
- Dust
- Put their laundry in laundry basket
- Fold laundry
- Throwing away trash in trash can
- Clean dinner table
- Help clean up spills
- Assist with feeding pets

Chores for Ages 5-6 years old

- Make bed
- Clean room
- Sweep floors
- Help mom prepare food
- Bring in light groceries
- Wipe down countertops
- Take care of pets
- Wash dishes
- Put dishes away
- Vacuum
- Fold/Put away laundry



- Dust
- Clean mirrors
- Take out trash

IUIC Daughters of Sarah

Isabella (6 years old): Some things I do around the house are cleaning my room, organizing my dresser, cleaning up the bathroom, make my bed, clean up the living room, help my mom clean the kitchen, and fold laundry.

Ariella (9 years old): Some of my chores include cleaning my room, cleaning the bathroom, collecting trash, help with laundry (put away clothing), vacuum, wash dishes, feed the dog, pack snacks for congregation, decorate for feasts, and much more.

Sister Atarah: Chores are not something you only do at your house; we also must help our nation. If your parents have tasks that they need to get done at the school, help them.

Chores for Ages 7-9 years old

- Take care of personal hygiene (Bathe yourself)
- Do laundry from start to finish (Sort clothing, wash, dry, fold, put away)
- Peel vegetables
- Pack lunches/backpack for school
- Be responsible for own belongings
- Change linen
- Do dishes
- Rake leaves
- Make simple meals
- Prepare snacks

Chores for Ages 10-12 years old

- Help watch siblings
- Mow lawn/shovel snow
- Learn how to sew
- Cook basic meals/ meal prep
- Wash windows
- Help with putting groceries away
- Ironing
- Help wash car
- Put siblings to bed/ give bath
- Wait on guests (Be hospitable, offer food/drink, somewhere to sit)
- Get a summer job
- Sabbath prep

Chores for Ages 12 and up



Babysitting

(Around age 12, girls can start watching younger children without supervision.)

- Responsibilities include:
 - Ensuring the child's safety
 - Preparing meals and snacks
 - Putting children to bed
 - Changing diapers
 - Bathing and maintaining cleanliness
 - Delegating tasks/chores
 - Helping with homework
 - Reading/studying the bible
 - Safely transporting children

Cooking/baking

At this age, you should be able to cook dinner for the family

Be able to bake various types of unleavened bread or other bakery items (brownies, cakes)

- **2 Samuel 13:8 (KJV)**

8 So Tamar went to her brother Amnon's house; and he was laid down. And she took flour, and kneaded it, and made cakes in his sight, and did bake the cakes.

Studies have shown that teens who cook have better self - esteem, it helps battle depression, and helps with making healthier meal choices

If you are of age, you may be added to the kitchen team for the body

- **Proverbs 31:15 (KJV)**

15 She riseth also while it is yet night, and giveth meat to her household, and a portion to her maidens.

Sewing

- **Proverbs 31:13 (KJV)**

13 She seeketh wool, and flax, and worketh willingly with her hands.

- **Proverbs 31:19 (KJV)**

19 She layeth her hands to the spindle, and her hands hold the distaff.

You can sew fringes on your own clothing, or for your family

For the older girls, you should know how to make a simple skirt

Teaches you how to mend and repair clothing

Saves money

Promotes creativity

Other forms include, knitting, crocheting, cross stitching, weaving

Cleaning/Organizing/Ordering the house



- **Ecclesiasticus 26:16 (KJV)**

16 As the sun when it ariseth in the high heaven; so is the beauty of a good wife in the ordering of her house.

More responsibility!

Should be able to perform chores without being asked

Help reorder fridge, pantry, cabinets

Help with weekly shopping lists

Create daily schedules

Re-order closets and drawers

Symira (12 years old): Some things I do around the house to help my mom are cleaning the kitchen, wiping down counters, cleaning up after myself when I am done making something, sweep, mop, vacuum, babysit, cooking, baking, clean my room, clean the bathrooms, laundry, prepare sabbath lunches, take care of cat (change litter, feed), clean cabinets and refrigerator, and reorganize pantry.

Sapphira (13 years old): Some things I do around the house to help my dad are cleaning the kitchen (load/unload dishwasher), sweep/mop, cook for my family, babysit, wash laundry, clean bedrooms/bathrooms.

Angelina (15 years old): Some things I do at home are cleaning the bathrooms, sweep/mop, meal prep, babysit, clean bathrooms at the school.

Yessica (18 years old): Some things I do to help at home are sweeping and mopping, teaching my siblings, cook, and sabbath prep. At the congregation, I am on the bathroom cleaning crew and I help assist in the children's classroom.

Remember the Importance of Having Chores (Titus 2 Homemaker)

- **Titus 2:5 (KJV)**

5 To be discreet, chaste, keepers at home, good, obedient to their own husbands, that the word of God be not blasphemed