

Layering Outfits

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Shalom everyone MHNCB! It can be hard to figure out how dress modestly when first coming into the truth. Once you come into your style and develop it becomes easier overtime. The bible states that women must be shamefaced, and we should not exploit our bodies for the world to see. Sirach 26:10” If thy daughter be shameless, keep her in straitly, lest she abuse herself overmuch liberty.” A lot of today’s clothing can be quite revealing, but one way to combat that is by layering your clothes. Seeing as how the temperature is dropping, layering clothes can become especially useful. You don’t have to buy a new wardrobe for the wintertime, you can just add a few layers!

Some essentials to layering are crewnecks, turtlenecks, collared shirts, and t-shirts. Let’s start with crewnecks. Crewnecks are similar to hoodies just without the hood. You can layer a crewneck cut shirt by putting a collared shirt underneath. Adding different shirts or sweater vests on top of them is also an option. Turtlenecks and t-shirts can be layered by putting a shirt or dress with a low cut in the front over them. You can also put a turtleneck under a crewneck. Another piece often used to layer is a sweater or cardigan. They are great for covering short sleeved shirts or turtlenecks.

Even bodysuits can be layered! Bodysuits are similar to one-piece bathing suits but have the material of regular clothing. They are great when worn under revealing tops. Another tip is to pair long-sleeved shirts under short-sleeve shirts. And don’t forget, short-sleeved shirts can even go over turtlenecks. Layering typically revolves around the few key & essential pieces listed above.

You do not have to have flashy clothes to be fashionable, as long as you are dressed modestly... you will be fine. Although everyone wants to look good, we must make sure we are not being vain, and focusing too much on our outer appearances. **1 Timothy 2:9**” In like manner also, that women adorn themselves in modest apparel, with shamefacedness and sobriety; not with braided hair, or gold, or pearls, or costly array.” I hope this has been informative for everyone, and good luck on building a righteous wardrobe.

Shalom MHNCBUA!

