



Topic: Keepers at home/How to help your mom
Hosts: Sister Chayal and Sister Tirzah
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Sister Chayal: I want to go over the importance of helping your mothers in this truth. I want to make sure that everyone understands that helping our moms in the truth will ultimately help us in the long run. Once you get older, you will be able to apply everything that you learned in your youth.

- **Deuteronomy 14:2 (KJV)**

2 For thou art a holy people unto the LORD thy God, and the LORD hath chosen thee to be a *peculiar* people unto himself, *above* all the nations that are upon the earth.

Peculiar:

Something unlike others, special, or remarkable

Sister Tirzah: Because we are special, we must hold ourselves to high expectations.

A word from YDOS: How do you help?

YDOS Kaiyah:

- Washing dishes
- Wiping countertops
- Doing laundry
- Taking care of my younger siblings
- Cooking

YDOS Hannah:

- Laundry
- Vacuuming
- Bathroom
- Making lunch

YDOS Endrea:



-Cooking and serving siblings food

YDOS Kayla:

-Mopping floors

YDOS Hadassah:

-Sorting laundry

-Sabbath prepping/ cooking

-Grocery shopping

-Dishes

Helping to clean around the home

Sister Chayah: We all have assigned chores to do around the home. We should be doing the chores the same way we did in the beginning plus even better. It is a lot easier if you have a chore chart so that your mom does not have to constantly remind you to do them.

- **Ecclesiastes 9:10 (KJV)**

10 Whatsoever thy hand findeth to do, do it with thy might; for there is no work, nor device, nor knowledge, nor wisdom, in the grave, whither thou goest.

Sister Tirzah: Whatever your parents ask you to do, take pride in doing it. Remember that you are a peculiar princess who is set apart from all nations; everything that you do, you should give it your all, so you get a good report in the end.

AGE APPROPRIATE CHORES

2-3 YEARS

- PICK UP TOYS AND BOOKS
- PUT TRASH IN GARBAGE CAN
- PUT LAUNDRY IN HAMPER
- DUST
- PUT AWAY SILVERWARE
- WIPE BASEBOARDS
- FOLD RAGS AND DISHCLOTHS
- PUT CLOTHES IN HAMPER
- PUT CLOTHES AWAY IN DRAWERS

4-6 YEARS

- ALL PREVIOUS CHORES
- TAKE CARE OF PETS
- SET AND CLEAR THE TABLE
- MATCH SOCKS
- PUTTING AWAY GROCERIES
- MAKE BED
- WIPE DOWN DIRTY WALLS
- EMPTY TRASHES
- SWEEP WITH SMALL BROOM

PRINTABLE CHART
AVAILABLE AT
THECRAFTINGCHICKS.COM

7-11 YEARS

- ALL PREVIOUS CHORES
- FOLD LAUNDRY
- SWEEP
- VACUUMING
- TAKE OUT TRASH
- WASH MIRRORS
- MEAL PREP
- TAKE TRASHCAN TO CURB
- WEED FLOWERS / GARDEN
- CLEAN OUT THE CAR
- CLEAN TOILETS
- CLEAN ROOM
- ORGANIZE TOY ROOM
- BRING IN MAIL / NEWSPAPER

12+ YEARS

- ALL PREVIOUS CHORES
- MOW LAWN
- BABYSIT SIBLINGS
- WASH WINDOWS
- IRON
- WASH CAR
- COOK SIMPLE MEALS
- LAUNDRY
- MOP FLOORS
- CLEAN BATHROOM
- CLEAN OUT FRIDGE



Other ways to help your mom:

Babysitting, doing siblings hair, helping siblings with homework/schoolwork, cooking/baking, sewing, and reading four chapters to younger siblings.

- **Ecclesiasticus 33:17(KJV)**

17 Consider that I laboured not for myself only, but for all them that seek learning.

Learning how to help your mom: Pay attention to the things your mom must get done, how she likes the home clean and organized, how she waters the garden in the morning, peace and quiet when it is time to study etc. Watch YouTube videos, read books on how to clean, organize, how to do hair, garden etc.

A clean home is a peaceful home: The mood of the home can be set by its cleanliness. Everyone wants to come home to a clean room or a comfy clean couch.

Avoiding Idleness

- **Proverbs 31:27 (KJV)**

She looketh well to the ways of her household, and eateth not the bread of idleness.

Sister Chayal: Avoid having to be told to do something you already know needs to be done. When we have our assigned chores, we should make sure to do them before turning on any media device or hobby. You should be thinking of different ways to help you avoid being idle, the things you learn right now will help you in the future. Do other things that are not necessarily on your chore chart before indulging in any social media.

Sister Tirzah: Consider adding hobbies to your chore chart so that you are not spending so much time on social media. Maybe you like to draw or cook as a hobby, do those things after you finish with your chores then MAYBE consider going on social media.

Sister Chayal: At the age of 10-19 years old you should not have to be told to clean your rooms; it should be automatic. Although your room may be a small area, eventually you will have a bigger space, so look around and think about the condition of your room. Do you want your home to look or smell the way your room does? Maintain the cleanliness and a clean odor in your room.

Consider

- **Ecclesiasticus 33:27 (KJV)**

27 Send him to labour, that he be not idle; for idleness teacheth much evil.

Sister Chayah: When we see things that need to be cleaned or simply need to be picked up, do not step over or pass them by, pick or clean it up.



Helping to prepare for the sabbath

- **Proverbs 31:15 (KJV)**

15 She riseth also while it is yet night, and giveth meat to her household, and a portion to her maidens.

- **Sister Chayah:** Apply the skills that you have learned. Some of us have learned basic cooking skills that we can use to help prepare for the sabbath. Cleaning is one of the biggest jobs when sabbath prepping.

- **Ecclesiasticus 3:3 (KJV)**

3 Whoso honoureth his father maketh an atonement for his sins:

Sister Chayah: Honor your father and mother. Listening is important. Sometimes we are told things that we may not understand and because of that we must have the mindset that every assignment from our parents is a learning experience. Give your mother your full attention when she is speaking to you, avoid looking down at your tablet or phone when she is giving you instructions.

- **Ecclesiasticus 7:23 (KJV)**

23 Hast thou children? instruct them and bow down their neck from their youth.

- **Ecclesiasticus 3:4 (KJV)**

And he that honoureth his mother is as one that layeth up treasure.

Understanding as we grow

- **Ecclesiasticus 3:8 (KJV)**

8 Honour thy father and mother, both in word and deed, that a blessing may come upon thee from them.

- **Ecclesiasticus 3:6 (KJV)**

6 He that honoureth his father shall have a long life; and he that is obedient unto the Lord shall be a comfort to his mother.

Sister Chayah: It is best to just obey your parents. Mothers have peace when their children obey them. Understand that their instructions are to help for when you get older because you will be expecting help from your daughter.



Be joyful in helping your mom

- **Ecclesiasticus 50:22-23 (KJV)**

22 Now therefore bless ye the God of all, which only doeth wondrous things everywhere, which exalteth our days from the womb, and dealeth with us according to his mercy.

23 He grant us joyfulness of heart, and that peace may be in our days in Israel for ever:

Sister Chayah: Help with having a positive attitude. Having a negative attitude affects the mood of the home. Pay attention to your attitudes and when you feel most irritated it may be from PMS.

- **Proverbs 25:28 (KJV)**

28 He that hath no rule over his own spirit is like a city that is broken down, and without walls.

Sister Chayah: Think about your influences; tv, friends at school, or other sisters in the body. Certain body language can be a sign of evil communication.



- **1 Corinthians 15:33 (KJV)**

33 Be not deceived: evil communications corrupt good manners.

Sister Chayah: If your mom is upset or struggling, ask what you can help with. Every mom can find herself in a tight situation when she needs help, ask where you can assist. Whenever you are asked to help, help.

- **Proverbs 31:27 (KJV)**

27 She looketh well to the ways of her household, and eateth not the bread of idleness.

Mothers not in the truth

- **Ephesians 6:2 (KJV)**

2 Honour thy father and mother, which is the first commandment with promise.

Sister Chayah: Mothers that are not in the truth are still able to teach you basic skills like cooking and cleaning that you will need for adulthood. Even though they are not in the truth or may even be of another nation, you still need to help and listen.

- **Matthew 5:16 (KJV)**

16 Let your light so shine before men, that they may see your good works, and glorify your Father which is in heaven.

Sister Chayah: Mothers in the body are the aged women that can help you with the things your non-believing mother cannot help you with like spiritual things.

- **1 Timothy 5:1-2 (KJV)**

1 Rebuke not an elder, but intreat him as a father; and the younger men as brethren.

2 The elder women as mothers; the younger as sisters, with all purity.

- **Ecclesiasticus 6:18 (KJV)**

18 My son, gather instruction from thy youth up: so shalt thou find wisdom till thine old age.

Help your mom have peace of mind

1. Talk to your mother, ask her about her day and tell her about yours.
2. Build a relationship so that she has peace of mind in knowing that her daughter is doing okay.
3. Do something nice for her. Do not let the world tell you that on one specific day out of the year to do something nice for her.
4. Love your mom by helping her.