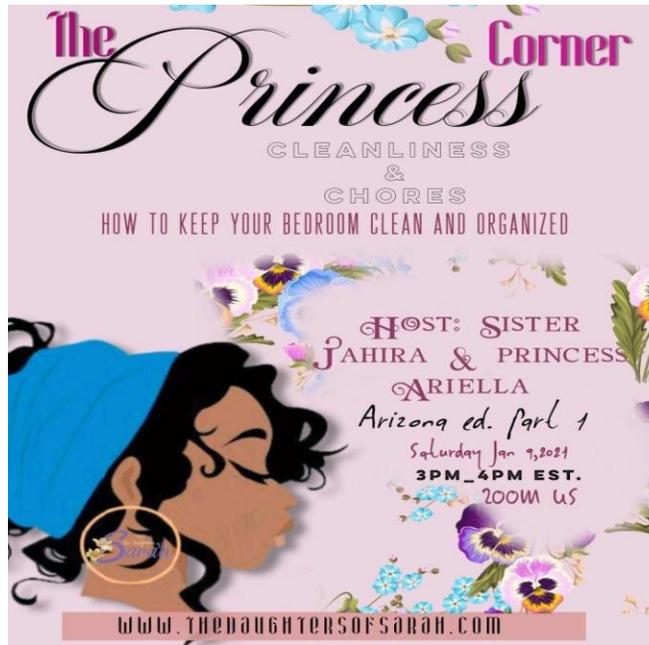




Topic: Cleanliness & Chores:
How to Keep Your Bedroom Clean and Organized
Hosts: Sister Jahira & Princess Ariella
Event: YDOS Princess Corner - Arizona Edition
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Shalom everyone.

Today we will be focusing on cleaning your bedroom whether you share your room, if it is big or small. What you learn today can be applied and make your life easier.

Google Definitions

Clean: free from dirt, marks, or stains

Organized: having one's affairs to deal with them efficiently

opposites...

Dirty: covered or marked with unclean substance

Chaos: a state of utter confusion or disorder, a total lack of organization or order.

When things are not in order, they are chaotic. When my room is a mess, my head is a mess. My room makes me feel better only when it is clean and organized. It must give me that peace of mind, and it is so relaxing for me.



Ariella: After my room is clean & organized, I feel nice and want to stay inside longer. There is something about a clean and organized room that makes our spirit feel at peace.

What does the Bible tell us about cleanliness/organization?

I Corinthians 14:40 KJV

⁴⁰ Let all things be done decently and in order.

- It is important to have order in the whole house and everything that we do.

I Corinthians 14:33 KJV

³³ For God is not the author of confusion, but of peace, as in all churches of the saints.

- Things that are out of order can be confusing. If your bedroom looks a mess all the time, you will not know where to step or look. If you are comfortable with your room being dirty, this is something you need to work on after Sabbath.

I Timothy 5:14 KJV

¹⁴ I will therefore that the younger women marry, bear children, guide the house, give no occasion to the adversary to speak reproachfully.

- It is never too early to start teaching your young girls how to clean. The more you must do means the less idle time available.

Sirach 33:27 KJV

²⁷ Send him to labour, that he be not idle; for idleness teacheth much evil.

- Keeping busy helps you stay out of trouble. As moms, we are commanded to teach the young women good things.

Titus 2:5 KJV

⁵ To be discreet, chaste, keepers at home, good, obedient to their own husbands, that the word of God be not blasphemed.

- We as mothers should be teaching you young girls these good things.

Proverbs 31:27 KJV

²⁷ She looketh well to the ways of her household, and eateth not the bread of idleness.

- Young ladies should be looking after the home also. There are many things to do such as cleaning your room, cooking, putting away toys, and sewing.

Sirach 6:18 KJV

¹⁸ My son, gather instruction from thy youth up: so shalt thou find wisdom till thine old age.

- Learn everything you can while young.



How to Keep a Clean & Organized Bedroom

- I. Always Make Your Bed (except on the Sabbath)
 - A. Video: This is Why You Should Make Your Bed Every Morning
[\[https://www.youtube.com/watch?v=fKeiEw1ePAI\]](https://www.youtube.com/watch?v=fKeiEw1ePAI)
 - B. When you make your bed, the room feel and looks better.
 - C. It encourages you to make the rest of your room neat.
 - D. When you need a break, take it on the bed!
 - E. Keep your sheets clean by changing them once a week. Use a mattress protector.
Use a fitted sheet. Have a comforter.
 - F. Do not eat in your room to prevent crumbs and spills on your bed.
- II. Have a Home for Your Belongings?
 - A. This makes the cleaning process easier for you.
 - B. Every item in your room should have a designated place. (Think about the accessibility of the items you need.)
 - C. Only store items that belong in your room, in your bedroom.
 - D. Group like items together. (e.g., Underwear with socks. Accessories. Dresses.)
 - E. Labelling items may help.
 - F. Have an adult help you move bigger items.

Sirach 26:16 KJV

¹⁶ As the sun when it ariseth in the high heaven; so is the beauty of a good wife in the ordering of her house.

- Ordering the house is a beautiful thing.

Sort Clothing for Organization & Easy Access

- I. Organize your underwear and socks in drawer bins.
- II. Fold your t-shirts small so they fit in the drawer.
- III. Fold leggings in the drawer.
- IV. Hang dresses, skirts, and sabbath garments.
- V. Hang fancy clothing (feast day garments, wedding garments, etc.)
- VI. Video: Tips & Tricks on How to Keep your Room Clean by Princess Ariella

Clean Up Often

- I. Gift away clothing that no longer fits.



- A. Give away clothing that does not fit otherwise it will take up space.
- II. Have a small trash can in your room and empty it weekly.
- III. Have a hamper or laundry basket to keep your dirty clothes.
- IV. Vacuum &/or sweep. Keep a small duster.
- V. Discard empty bottles and jars (lotions, body sprays, etc.)
- VI. Discard empty bags and boxes.
- VII. Give away toys you no longer want. Discard broken toys.

Keep a Simple Schedule for Cleaning your Bedroom (Example)

- I. Change your sheets on **Sundays**.
- II. Vacuum or sweep on **Mondays**.
- III. Organize shoes and accessories on **Tuesdays**.
- IV. Dust on **Wednesdays**.
- V. Do laundry and put away clothes on **Thursday**.
- VI. Clean your bathroom on **Thursdays**.
- VII. Tidy up on **Fridays** before sundown (Sabbath).
- VIII. REST ON SABBATHS!
- IX. Declutter once a month and ask an adult for help.

Wisdom of Solomon 1:5 KJV

⁵ For the holy spirit of discipline will flee deceit, and remove from thoughts that are without understanding, and will not abide when unrighteousness cometh in.

- Discipline is a spirit we want to have and remain consistent.

Ecclesiastes 3:17 KJV

¹⁷ I said in mine heart, God shall judge the righteous and the wicked: for there is a time there for every purpose and for every work.

- We should have a simple schedule to set a time for everything you have to do.

What NOT to Do vs. What to Do

- I. Do not shove everything under the bed. **This is NOT cleaning.** You are hiding dirt.
- II. **Do not pile dirty clothes** on the bed or the floor.
- III. **Do not eat in your room.** If you must drink, drink water.
- IV. Do put away clean clothes immediately.
- V. Do put dirty clothes in the hamper/basket.



VI. Do make cleaning fun! Listen to music. Time will go by fast.

Clean Up your Room in Under 30 Minutes

- I. Collect supplies: hamper, trash bag, and a toy bin.
- II. First, make your bed.
- III. Make one big messy pile.
- IV. Put all dirty clothes in the hamper.
- V. Put any trash in the trash bag.
- VI. Refold or rehang clean clothes.
- VII. Pick up all the toys and place them in the toy bin.
- VIII. Put items that do not belong in your room in a box to remove later.
- IX. Sweep or vacuum.

I Corinthians 14:40 KJV

⁴⁰ Let all things be done decently and in order.

That is all we have for you princesses today. Lord's you will take some of these tips that you learned. Shalom, happy Sabbath!