



## How to Clean Your Make Up Brushes

Are your makeup brushes clean right now? Many of us dread cleaning our makeup brushes just as much as we hate wash day. It usually takes a long time, and you do not remember to clean them until we are about to do our makeup. I know for me I have too many eye shadow brushes because I'll use blue eyeshadow one time and then brown the next and if I only had a few brushes I would be cleaning my brushes every day.

Speaking from a hygiene standpoint we are supposed to clean our brushes to prevent our skin from breaking out. If you have sensitive skin, you should make sure that they are clean more often. Our brushes often collect bacteria and dirt from your face and from the room they sit in. If you do your makeup in the bathroom and leave your brushes in the bathroom then your brushes accumulate the bacteria from when you flush the toilet. Yuck.

This article is to help this necessary task seem less of an unnecessary chore. In this article I will be going over the different types of brushes and how to clean them quickly without spending a whole lot of money on different brush cleaning products. The goal that you want to keep in mind while cleaning is to deep clean and condition your brushes to maintain the bristles and prolong the life of your brushes. If you have brushes with natural hair bristles you would want to take care of the bristles like you take care of your hair. If you have brushes with synthetic bristles, then you should still take care of the brush to make sure the bristles stay in tack.

1. Gather your materials. First thing you want to do is gather all your brushes that you have, and you know are dirty. I begin by separating mine by face brushes and eyeshadow brushes. Most of the time my face brushes are quicker to clean and I have fewer of them.

**Brushes check.** Next thing you want to do is get a small bowl, fill it with warm water. Then add some mild soap such as the Dawn dish soap with the little baby duck on it. You can also use baby soap/shampoo or a simple face wash that you use. You can stop there depending on what kind of brushes you have. I add olive oil or coconut oil to the mix to help condition my bristles. I also add vinegar to help clean my foundation brushes because they are more than likely caked up.

2. Next step after you have your mixture mixed and ready now it is time to clean. I start with my foundation brushes. I put all my face brushes in the bowl and start with the brush that is less dirty, for me it is my powder brushes that you use to dust off my setting powder. I leave the hard brushes like my concealer and foundation brush till last so they can soak.



3. Use your knuckles or the palm of your hand to rub the brush. You can also find some makeup brush cleaning tools on Amazon or somewhere online. This is a picture of a makeup brush cleaning mat. It sticks to the sink and you rub the brushes against it. Next step is to rinse the brushes to make sure you get out that excess makeup and continue to squeeze out the water until the water looks clean.



4. Repeat the steps 2 through 4 with however many brushes you have. Once they are flat on a paper towel or on a dry towel. I usually let mine dry overnight. I usually clean after I am done doing my makeup for that day, so once they are clean, I do not have to sit around and wait for them to dry.

Taking off your makeup at the end of the day or having to clean your makeup brushes may seem like a chore at this moment when you do not feel like doing it. Having a fresh face and clean makeup brush is the next best feeling in the world (next to learning you are an Israelite). So, get to cleaning those brushes, it is worth it. **Shalom MHNCB Loves, Happy cleaning!!**