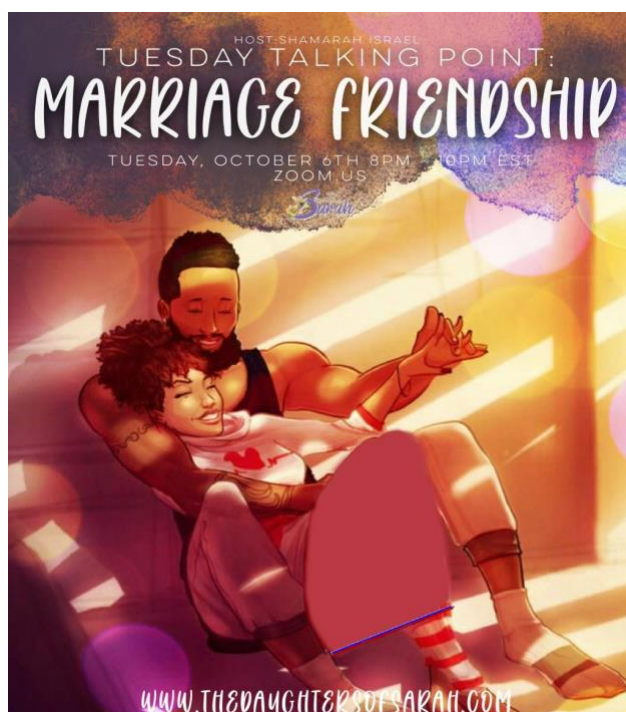


**Topic: Marriage Friendship**  
**Hostess: Mama Shamarah**  
**Event: Tuesday's Titus 2 Chat**  
**Date: October 06, 2020**



Today we are going to be talking about friendship in marriage...

**Playlist**

A Thousand Years – Christina Perri [https://youtu.be/hrM-Bkm4c\\_I](https://youtu.be/hrM-Bkm4c_I)

Save the Best for Last – Vanessa Williams <https://youtu.be/QKzvt5hCxpE>

Back at One – Brain Mcknight <https://youtu.be/SCTL9BiR4ks>

Toni Braxton – Breathe Again <https://youtu.be/qGNPPvNn-zY>

**Sometimes in the mist of courting we do not know how that friendship actually begins**

## **Marriage is Forever...**

- There are some people that start hot and heavy in their marriage then once the sex wears off, we are wondering now “who is this person?”
- Then there are other people that have been married for 10 years and sleeping in different bedrooms and do not like each other.
  - Now is up for you to figure out how can you both get things back on track
  - You really need to be friends with the person you married

## **The importance of friendship in marriage...**

*Merriam-Webster definition of Friend - a person who you like and enjoy being with*

If you have made a commitment to be with a man forever and keeping the Commandments of God with him, you need to genuinely like that person –

- Liking the characteristics of him like
- He is kind & funny, he knows the Scriptures, he is about his nation

This is why it is so important during the courting stage really really court affectively.

Do not just jump on the first man that presents himself

## **Friends have similar interests...**

- That is very important to prove effectively
- Make sure this is actually a person you can see yourself with for the rest of your life
  - Ask the right questions

**Sirach 6:7 (Apocrypha)** If thou wouldst get a friend, prove him first and be not hasty to credit him.

- Your best friend should be your lord
- Someone you should be able to tell all your secrets to and tell all of your true feelings.

## **Friends even share the joys and sorrows of life together...**

Sharing pain together - Example: a loss of a child has brought both husband and wife closer together being able to lean on each other during that time of grief

**Sirach 40:23 (Apocrypha)** A friend and companion never meet amiss: but above both is a wife with her husband.

- You need to be besties with your husband
- He needs to know that he can count on you and you can count on him
- Yes, you are going to have trouble in the flesh we know that troubles in the flesh is going to happen
- We are talking about being close to your man
- Being on one accord with your man physically, mentally, and emotionally
- That is supposed to be your friend and when problems keep arising in the marriage it is because you have stop being friends

We tend to ignore the offenses sisters do against us but with our Lord we tend to hold a grudge

This is the thing that really hurts marriages this is a person you should be able to lean on through thick and thin

**Having a spouse as your best friend could be the greatest benefit in marriage...**

If you and your spouse are already best friends that is wonderful

If not

It is time to understand the importance and friendship in a marriage

**Happy marriages are based on a deep friendship...**

- Friendship is the core of a strong marriage
- If you do not have true friendship that is an indicator that you are going to have to problems in your marriage
- So if you are finding problems in your marriage you need to evaluate your friendship

**Happy marriages make Happy families >>> Happy families make a Happy nation...**

- This is what we need we need to start working on nation building and it starts with the family.

- It starts with a Man and a Woman in Christ keeping the Commandments raising families thus saith the Lord

**If the two of you have some sort of a problem...** we need to be able to reconcile it like the scripture say.

**We need to get to the bottom of some of these issues...** and fix it because the nation of Israel is suffering because of some of the problems.

**“Friendship is one of the characteristics of a happy lasting marriage as well as the foundation of a healthy marriage”**

**Research has shown:**

Couples that have a great friendship have a higher percentage of marriage satisfaction...

- When you and man are on good terms the love making is five times better
- When you are not on good terms and have an attitude that is why he has an attitude and now nobody wants to do it
- Now we have a chance to fix it

**Couples that are friends look forward to spending time together and they genuinely like each other**

Their activities and interests become enhanced because they have their favorite person there to share their life experiences with

- There is going to be highs and there are going to be lows in the marriage
- The experiences is what will make you both who you are

**Romans 5:3-4 (KJV)**

**vs 3** And not only so, but we glory in tribulations also: knowing that tribulation worketh patience;

**vs 4** And patience, experience; and experience, hope:

- Gaining experience through tribulations all of this is what makes you, you.
- This is what makes your marriage your marriage

**Marriage is between two individuals...**

It takes two people to tango; it is not all him and it is not all you

- The reality is that two people who agreed to be friends, especially when you keeping the commandments, there is a way to reconcile

**Building and nurturing a marriage friendship strengthens the marriage...** because friendship in marriage is known to build physical and emotional intimacy

**Nurturing and building that friendship in marriage...** does require practice, takes time and effort

**Friendship helps couples feel...** safe enough to open up to one another without worrying about being judged or feeling insecure

**It takes practice...** with practice like the scriptures talk about rehearsing the righteous acts we need to practice how to be in order and how to be submissive as wives.

Practicing loving your husband, practicing loving your children, practice in these things help to encourage friendship in marriages

**If the man is not happy it is not going to be a happy house...**

Things have been turned upside down here in Babylon saying a happy wife is a happy life when a God-fearing repented Israelite man is not happy, all - hell is going to break loose in your home.

**A lot of the issues that we have is based on...** lack of faith and understanding what your proper role is in the house

We must do thus saith the Lord in the home

**Practice and use application...**

The scriptures say study to show yourself approved

- It is not just the studying part, about how do you know 100 scriptures
  - If you do not apply what you are learning to your marriage, you are going to lose your friend

**“It takes a lot to tame a dragon”**

**Friendship building skills and techniques to help maintain and strengthen your marriage:**

### **Quality time together...**

**Problem:** Now you may be saying “My husband is always out traveling, never spending time with me”

**Solutions:** So, your job is to make sure he wants to spend time with you

- So, if you cannot go out to eat with him bring the restaurant there to the house
- If you cannot go on an exotic vacation, make your home an exotic vacation

It is a really nice thing when your husband wants to come home and be with you

**Fix the Problem of >>>** you always saying, “Well you don’t spend a lot of time with me, I am lonely, I’m just here with the kids”

- You have to be able to find the things to help you both
- What do you bring to the table that is going to enhance the relationship?
- What are you going to be doing about that?

**Communication...** talk and share about everyday life

Not talking bills and all your concerns. Ex. Talk and share class over dinner

- Communication as in Are you studying? Watching any of the classes?
- Do you have questions about class?
- What does your notebook look like? Do you know when he teaches?

**When you have time for the man of the Lord make sure it is quality...**

You both can have lots of time together, but it needs to be time that’s quality

**Trust be honest and loyal, be truthful...** The angels know

- You must communicate affectively
- If you have married this man, listen, there is nothing else to hide
- Be truthful, be respectful, you need to be honest about what is bothering you

**“A little sexy lingerie and a hot meal that may help”**

**Find common interest...**

- The common interest we should have with you husband is nation building
- It should be about keeping the Commandments
- For those of you who are lukewarm in the truth there is no common ground there
  - You will have problems
- To be at peace is to be in subjection and keep the Commandments of God

### **You need to have fun with one another...**

The Scripture says laughter is good

- When we get married, we stop laughing... we need to get to the bottom the bottom of why the laughing stop
- Make your spouse priority, plan ahead
  - Sometimes you need to decide what is the necessary thing to do at that moment

### **Make lasting memories... have goals for the two of you**

- Are you working or having better communication?
- What are you doing about? What do you talk about?

### **Some questions you need to ask during courting...**

What makes you smile? How were you raised?

What is your father in your life?

**If you want your Lord to treat you with kindness, ask...** Do you ever treat him with kindness? OR Do you just complain?

### **Are you his number one cheerleader?**

- These are the things that is going to help build up his esteem
- If you lord is teaching a class, make sure you are there
- Ask "if you can get a glass of water, tea complement"
- Now that is sexy >>> showing that you have the same interests as he does

Be considerate of one another...

Do not hold grudges...that is hard for a black woman and hard for us

**One of the good attributes of a woman is being kind...** saying thank you and appreciation

**Knowing your spouse is a key element of being helpful in your relationship...**

- Knowing what he likes to see you in?
- What does he like?
- What kind of music?

**“True friendship lasts a lifetime”**

**Have real self-examination and be honest...**

- Do you second guess what your lord says?
- The number one person you need to work on is you. Work on you

**When you learn examination and you know you got an attitude, you do not want to hear the truth**

- It is a relief when you become real with yourself and when you recognize you have issues that you need to work on
- You have to do what is necessary
- The spiritual work that needs to be done

The seven stages of falling in love with your best friend video

**The deep conversations...**

When was the last time that you had a deep conversation with your Lord and what was it like? When you stop having deep conversations that is a problem.

The same things you did while courting still is needed

**Can you hold a decent conversation?**

In marriage you both know each other's triggers.

You trigger each other's demons those two demons are talking to each other



Your struggling with patience and he is angry, somebody has to be able to bring that back down and really take heed to it.

- Work on your patience in the demon will no longer be there to be fed
- You cannot ignore the elephant in the room
- You got to be able to sit down and break down some of those problems

### **The thing about marriage is the person knows how to trigger...**

You both know how to get underneath each other's skin and so you must start weeding out your impurities so that you both may move forward

Example:

- If one person has a spending problem and one person saves, there is going to be a problem
- If someone has a higher sex drive and the next person does not there is going to be problems

You must be able to communicate these things

### **Conflict of interest...**

- You need to share some of his interests
- As his friend you have to learn what he likes
  - Listen, when football season starts the other nations wives throw parties, buy jerseys, etc. Why don't we do that?
- Part of being friends is doing what he likes, use your time wisely.
- Whatever time you get...use wisely

### **A lot of us are wasting time...**

- As you get older you realize the time wasted you cannot regain it
- When you're in your 20's and you're arguing that could be time for you both to learn about each other

Continue to do the things that got your man if you used to dress up nice and cook good meals continue to do that.

**“Sex is not going to sustain you for a lifetime of marriage”**

You have to continue to enjoy each other's company...

- Sometimes you need to be reminded of the King in your presence and how blessed you are to have him
- Sometimes you need to remind him you still have it going on
- Work needs to be done
- A man wants a good meal okay!
- It is time for us to get it right so that we may teach our daughters

### **The Green monster...**

- Are you jealous because you are not showing him attention and somebody else could be?
- Good vagina is it going to stop a man from committing adultery but the fear of God in an application of the scriptures will stop him

**“With this sex application of the Scriptures is like a man's kryptonite.”**

### **The Truth...**

- Evaluate what is true about your relationship
- Do what is true according to the Bible

**If you believe this, the Bible says use open communication to get your friendship back...**

Nobody is going to be able to do it for you

**Want to know why you are not getting blessed?** It is because you are not on one accord

- Sex is good finances is good but when he comes are you going to be able to withstand it
- Keep holding on because there is nothing on the other side
- You must keep fighting for your marriage
- Confess your faults one to another, if you too want to be best friends confess

**Luke 12:30 (KJV)** For all these things do the nations of the world seek after: and your Father knoweth that ye have need of these things.

- For where your treasure is
- Being a good wife and a good sister this is where we should be playing a treasure where a treasure should rest

### **Pick and choose your battles...**

A lot of time we pick the small Battles but is it going to be worth it? Ultimately you want to gain the price of eternal life

Ask Yourself: What is a small gesture I can do for my lord?

- Back massages
- The smallest things like saluting your lord
  - Getting to know and learn and understand your spouse good, down to the nitty-gritty
  - Every day in your house should be a special day
- Make it a habit to learn a new dish or to put on the new lingerie because this is what you do for your friend

### **Building love maps...**

Do what he likes, it is good to see what it looks like in person

We need examples of what it looks like to apply it to your real life

### **Every Israelite woman should always be awe of their man...**

- How could you not because they are all here fighting for the people
- They are willing to die for the nation, who has love for his people what is there not to be an awe about
- If you see it in this way, it should be no problem fulfilling your responsibility

**Ephesians 5:22 (KJV)** Wives, submit yourselves unto your own husbands, as unto the Lord.

- If Christ were in front of you, what would you say?
- We need to visualize that because they are not just regular men

**“ Don’t let your life be led by your emotions because you will be easily moved out of the spirit”**

- Deacon Labachaa often goes over:

**Sirach 25:1 (Apocrypha)** In three things I was beautified, and stood up beautiful both before God and men: the unity of brethren, the love of neighbours, a man and a wife that agree together.

- You and your lord are on one accord you both are one flesh you should be in one agreement
- That is not to say there will not be trouble in the flesh, but you should keep this in mind you should be his ride or die
- You are in this together and the sooner we except that the better off the nation is going to be because you have a genuine friendship

**“When you get counsel and realize the council isn’t working... that’s because someone in a relationship is not applying”**

- We must make sure we apply to things that we need to
- Stop pointing the finger at what the other is not doing and work on yourself
- The biggest advice I can give is working on yourself and you will see the fruits of your labor
  - Water yourself with the word
- If you do not, you are not going to grow... you will not see any fruits of your labor

### **Building a strong Friendship...**

Laughter and fun are fundamental to building a friendship

**Proverbs 17:22 (KJV)** A merry heart doeth good like a medicine: but a broken spirit drieth the bones.

- A merry heart is good medicine
- You want less crying in marriage and more laughter
- This is what you should be able to have when you get all old you want to be able to have really good memories of laughing with your lord

**Ecclesiastes 9:9 (KJV)** Live joyfully with the wife whom thou lovest all the days of the life of thy vanity, which he hath given thee under the sun, all the days of thy vanity: for that *is* thy portion in *this* life, and in thy labour which thou takest under the sun.

- Why waste your use the young years of your marriage being miserable?
- Why would you want to do that?
- Fix it

**Participate in the things that your spouse like to do even if it does not interest you...**

- Find a find out their hobbies
  - Examples:
    - If they are into history, you should be into history
    - If he is into working out, then you should be in to working out
    - If your husband gets up early you need to make sure you get up early
- Know your husband's schedule

**When you are able to its little things that do not cost any money that are most meaningful**

- Know his likes and dislikes
- Create a really good dish and bring out the fine China and wine glasses
- Play some music play some music
  - Play some love songs
  - Dance with your spouse, dance while you can

**Reminisce about the olden days...**

- The early days of your courting relationship
- For those of you who are newly married and having problems, what was it like when you were courting?
- You have the power to create memories that you are able to reflect back on
- You create those memories right now so are you creating positive memories loving memories
- We do not need miserable memories >>> memories about throwing pots, no sex, kids that are crying
  - Like what kind of memories are you creating?

**“Take lots of pictures”**

### **Tobit 8:6 -7 (Apocrypha)**

**vs 6** Thou madest Adam, and gavest him Eve his wife for an helper and stay: of them came mankind: thou hast said, It is not good that man should be alone; let us make unto him an aid like unto himself.

**vs 7** And now, O Lord, I take not this my sister for lust but uprightly: therefore mercifully ordain that we may become aged together.

- We are the helper we are that day that aid like until himself
- Been taking uprightly so that you may be age together

### **The Law of Acceleration...**

An argument accelerated because you may say something you should not have

- If you feel you are to the point when you are about to say something you should not say, do not say anything.
- Walk away
- Go for a walk, pray

**Ephesians 4:26 (KJV)** Be ye angry, and sin not: let not the sun go down upon your wrath:

- Now you lost complete control and now the commandments are out the window
- This is something you must avoid

### **The Law of Acceleration... Do not let it escalate**

The problem is because you are hurt and disappointed rather than the brakes actually working and stop saying hurtful things in retaliation

You start accelerating the argument

- You start going full speed ahead and you are saying and doing things that are only going to hurt you
- This is what is going to hurt your friendship and relationship with your spouse

### **Hurts and anger are really the same emotion...**

- When people are hurt, they tend to lash out because they are trying to suppress the fact that they feel hurt

- When people are hurt particularly women, we tend to cry
  - Many men believe the women cry to manipulate them
  - Sometimes crying is suppressing an evil thought and that's real talk because you are so angry that you are trying to quench

**When you realize that you are hurt it is better to communicate...**

- "You know what, you really hurt my feelings",
- "So right now I'm not able to have this conversation and I'm going to take some time to gather myself

**Help the situation...** That is better than lashing out because when you lash out, it is hard to come from that

- When a woman is really angry and starts crying, that is a real demon.
- Truly must examine!

**"I am willing to be a good wife and to be his best friend"**

I want you to take away from today...do not let anything come between you, the scriptures, and the application of the Heavenly Father's word. Those of us who still have our best friend love them dearly.

~~Shalom~~