

A Chat on Marriage with an Aged Woman

Sister Puah of the house of Officer Benjamin in Atlanta is my little Sister but is also a mother figure to me and other sisters in our congregation. Her welcoming and loving spirit is one we all need access to. Coming into the truth, my personal relationship with my unrepentant mother has become strained. Having Mama Puah (as I call her) in my life has filled a void.

the elder women as mothers; the younger as sisters, with all purity.

1 Timothy 5:2

With her, I can get those much-needed Mama hugs, tips on raising my young children, subtle nods of approval, and looks that say "get it together" when needed.



(Feast of Tabernacles 2020)

Thirty-nine years ago, when Mama Puah was around 25 years old, she married Officer Benjamin Israel (Papa Benjamin to me). They have 2 adult children, one which has repented (Officer Rosh, also of Atlanta). They have been a part of the body for almost 6 years. Mama is an Atlanta native and grew up in a time where biblical based beliefs still held true in the family structure. She was raised in a household where her mother catered to and regarded her father as the head of the house all while keeping the children in order. That upbringing proved to be a valuable resource for the now repented Sister Puah. Here is a look into some of the things we just recently discussed...



(Pop Benjamin & Mama Puah)

What has been the main difference in your marriage since repenting?

"Living a godly life has been a wonderful experience but the biggest change was no more 50/50 mindset. Having less say so in the house and learning to keep my mouth shut were things I had to get used to but in the long run it was great because now there is less conflict. By adhering to the order (**1Corinthians 11:3**), it has become a relief to not worry about major decisions."

Do you have any advice for sisters having issues with submission?

"Submission is hard work. You might have your mouth in check but what about that body language? Do not say one thing but your body is saying another. Be genuine and honest, with yourself and your lord. If you have a disagreement, ask for a time to discuss the issue and then state your problem so that the two of you can come to a resolution. Men are, in essence, quite easy to deal with. Be honest and let them know what you are dealing with so that they can solve the problem."

How can we help keep the love alive in our marriage?

"I'm still learning! People change over time. It is more than physical, even though it is fun. Learn your lord and his temperament and match it. If he likes things spicy, keep it spicy. If he likes things more mellow, stay mellow. Communication without words is important.... A look, a touch, those things mean a lot. Especially as you get up in age. Do not panic when things slow down, it is a part of life. Always put him first and in the forefront of your life."



(Being serenaded during a New Moon feast)

How do you deal with trouble in the flesh (**1 Corinthians 7:28**)?

"Invest in your marriage and yourself. You must use the Bible as the instructions and apply it to your lives. Just like the men get built up, we must be as well. Your small opinion will never outweigh The Most High's decision to put your lord over you. Self-examine, get counsel, pray, and fast. Step back and let a man lead, that is the way it was intended for us to live. The other nations always have their men out front and support them, we have to get back to living that way too."

What is your favorite scripture to help keep you in the spirit?

"My son, if thou come to serve the Lord, prepare thy soul for temptation. Set thy heart aright, and constantly endure, and make not haste in time of trouble. Cleave unto him, and depart not away, that thou mayest be increased at thy last end. Whatsoever is brought upon thee take cheerfully and be patient when thou art changed to a low estate.

Ecclesiasticus 2:1-4 KJV

Christ knew his end and did not complain nor give up on his people. Whatever I am going through is a light thing in comparison so I will take it cheerfully."

What is your favorite scripture?

"Trust in the Lord with all thine heart; and lean not unto thine own understanding. In all thy ways acknowledge him, and he shall direct thy paths.

Proverbs 3:5-6 KJV

If something is meant to be revealed to me, then it will be."

Do you have any advice for the unmarried women?

"Don't be too anxious in seeking a lord. Learn the scriptures and self-examine **(1 Corinthians 13:5)**. Get yourself together first. Kill the old woman and fully become the repented you. Ask if you are ready to be in your God given role. Are you truly nation minded and or here as a phase?"

What is something you are looking forward to?

"Staying committed and enduring in the truth all while rehearsing the righteous acts with my lord. Being able to lord willing walk through one of the 12 gates."



(Sabbath fun with Mama and sisters)

Peace & Blessings

Adaliyah Israel