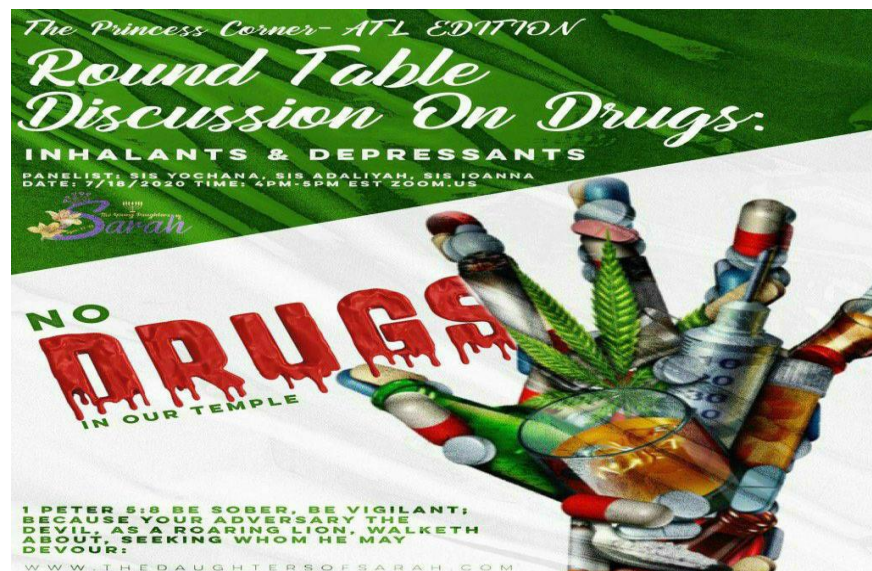


*Topic: Drugs, Alcohol and Inhalants*

*Host: Sis Ioanna, Sis Adalayah, Sis Yochana*

*Date: 7/18/2020*



- 1 Peter 5:8 (KJV)

**8 Be sober, be vigilant; because your adversary the devil, as a roaring lion, walketh about, seeking whom he may devour:**

“What we really want for our young daughters of Sarah to get from these meetings is how to identify and avoid the various snares and traps that the devil has out for them when they are not in our presence. They make sin appear to be fun but they don’t show you the downsides to all those things like smoking, drinking, etc. There are all sorts of consequences when it comes to doing drugs.”

-Link to video discussed: <https://www.youtube.com/watch?v=yGIWJrTGPcg>

## **INHALANTS**



“People really do take advantage of common household products for other uses just to get a high. It wasn’t until our people were introduced to these drugs by Esau that our people started taking it and destroying the small communities that we actually had. That falls into peer pressure, we allow our peers to set a certain judgement on how we are supposed to live our lives.”

## CANNABINOIDS



“This is a drug that is referred to as marijuana and also hash, these are illegal drugs. These can give your mind a sense of euphoria, confusion and a high heart rate, this drug can come in many different forms. Teenagers may think that these drugs are no big deal but these drugs can actually lead to a lot of harsher drugs.”

- **Psalm 104:14-15 (KJV)**

**14 He causeth the grass to grow for the cattle, and herb for the service of man: that he may bring forth food out of the earth;**

**15 And wine that maketh glad the heart of man, and oil to make his face to shine, and bread which strengtheneth man's heart.**

“Some people might think that just because the plant was created by the Most High that it is okay to smoke it but that is not the case. People often use these drugs to suppress things that they deal with like depression or anxiety because it gives a feeling of being out of this world so that you don’t have to deal with your daily woes. At the end of the day, that is not what we are supposed to be doing. Whenever we have any issues that we are battling in this walk we are supposed to be bringing out the bible and diving into these scriptures. The nicotine and other chemicals found inside the tobacco smoke causes pleasant feelings which then distracts the user from their own unpleasant feelings.”

“Tobacco is not illegal but it is addictive. In my research I found that tobacco is the single largest preventable cause of death and disease. The cigarette boxes themselves have warning labels on them that say they can cause cancer and all types of diseases. If

you ever take the time to go look up what someone's lungs look like from smoking, they are pitch black and tarred. Whenever you think about these drugs you have to think about why you would want to do something to your body that will ultimately lead you to a quicker death. On top of the Most High giving you a quicker death, you have to consider the judgement you will receive for dabbling into those worldly things to begin with.”

- **Proverbs 1:28-31 (KJV)**

**28 Then shall they call upon me, but I will not answer; they shall seek me early, but they shall not find me:**

**29 For that they hated knowledge, and did not choose the fear of the LORD:**

**30 They would none of my counsel: they despised all my reproof.**

**31 Therefore shall they eat of the fruit of their own way, and be filled with their own devices.**

“The Most High has given us scriptures on the way we are supposed to eat, bodily exercise, and how we are supposed to deal with each other. When we go away from that and we do what the world wants us to do we end up with cancer, mental disorders and an early death. When we begin to put foreign entities into our bodies that don’t belong, we will have to reap what we sow.”

“With drugs, you never initially think that you can become addicted to them or think about how they can alter your entire life to the point that you are at zero. It is a big possibility that you won't be able to rise yourself back up because it takes a lot of willpower.”

“In movies they make all these stereotypes about drug addicts living on the streets. There are drug addicts and alcoholics that are very high functioning with good jobs but their home life is a wreck. They may have a good job and a lot of money but as far as their personal life they can't even keep friendships and their life is a complete mess.”

“Nobody wants to interrupt their lives to follow what the scriptures say. Some of the rappers who the teenagers listen to have recently passed away due to overdosing on drugs. Regardless of how much money, jewelry, or clothes that they have, their life is still a mess. None of that stuff means anything without a good foundation and without being what the Most High has ordained for you to be. It doesn’t lead anywhere but death.”

-Link to video discussed: <https://www.youtube.com/watch?v=EY37BFmVxwQ>

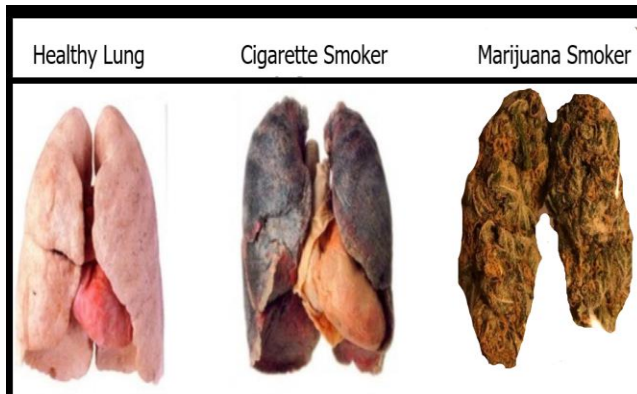
## **DEPRESSANTS**



“Alcohol is a huge deal among teenagers and people in general. Alcohol is not illegal if you are of age. Many scriptures talk about wine being drunk in order to make you feel happy and merry but you have to be responsible. Everyone is different and may not have the same limit. None of you young ladies under age are supposed to be drinking at all.”

“Definition of responsible drinking means more than just limiting yourself to a certain number of drinks. It also means not getting drunk and not letting alcohol control your life or your relationships.”

### **SIDE EFFECTS**



“Heart, liver, lung, and kidney issues, cancer, Loss of smell, difficulty walking, confusion, headaches, skin rashes, seizures, drowsiness, heart damage, slurred speech, malnutrition, numbness, loss of coordination, dependency on alcohol, birth defects, short- and long-term memory loss, heart rate issues, staggering, anxiety, and death.”

“Alcohol related incidents is the third leading preventable cause of death in the world.”

“People don’t think about the results of drinking and then getting behind the wheel. Many people take other people’s lives because they were not responsible when drinking. Don’t drive when you are intoxicated.”

“There is no need to rush into drinking, you will be twenty-one eventually. Just keep the commandments and the faith in Christ and your life will be better.”

“As parents we definitely have to have these discussions with our children at an early age to make sure we are paving the way and being that righteous example when it comes to drinking and how we are supposed to hold ourselves accountable with our actions.”

-Link to video discussed: <https://www.youtube.com/watch?v=ZkLyIsFJ2Yg&feature=youtu.be>

-Link to video discussed: <https://www.youtube.com/watch?v=DZYqtDV6kgM>

“The various reasons why teenagers will jump into these things are rebellion of their parents and of the Most High, peer pressure, and various appearances.”

- **Proverbs 1:10 (KJV)**

**10 My son, if sinners entice thee, consent thou not.**

“The scriptures tell us that we will be tried and tempted”

- **Proverbs 1:15 (KJV)**

**15 My son, walk not thou in the way with them; refrain thy foot from their path:**

“As Israelites we are supposed to be walking in our own path anyways, we are supposed to be the light.”

- **Sirach 13:15-16 (KJV)**

**15 Every beast loveth his like, and every man loveth his neighbor.**

**16 All flesh consorteth according to kind, and a man will cleave to his like.**

“If your friends are smoking and drinking and you are not, eventually you will. It may look like it is fun but it is not because at the end of the day there are so many dangers and negatives to drinking and smoking. It is not worth it.”

“You need to remove temptations from your path. Remove yourself from situations that may make you feel as though you want to partake in them.”

- **Ecclesiasticus 21:2 (KJV)**

**“Flee from sin as from the face of a serpent: for if thou comest too near it, it will bite thee:**

**the teeth thereof are as the teeth of a lion, slaying the souls of men.”**

“The slaying of your soul is talking about right now, its talking about cancer, getting into a car accident from drinking. If you have those problems then you should be talking to a mentor. We all need that one person that you can go to and tell them how we are feeling.”

- **1 Corinthians 3:16-17 (KJV)**

**16 Know ye not that ye are the temple of God, and that the Spirit of God dwelleth in you?**

**17 If any man defile the temple of God, him shall God destroy; for the temple of God is holy, which temple ye are.**

“Remember that all of these things have horrible side effects that can damage your life physically and mentally. Meditate on the scriptures to allow yourself to be fed by them and make your path righteous. We are not supposed to dabble in these worldly things that will destroy us at the end of the day. None of us should want to disappoint the Most High God especially after giving us the blueprint of how we are supposed to live.”