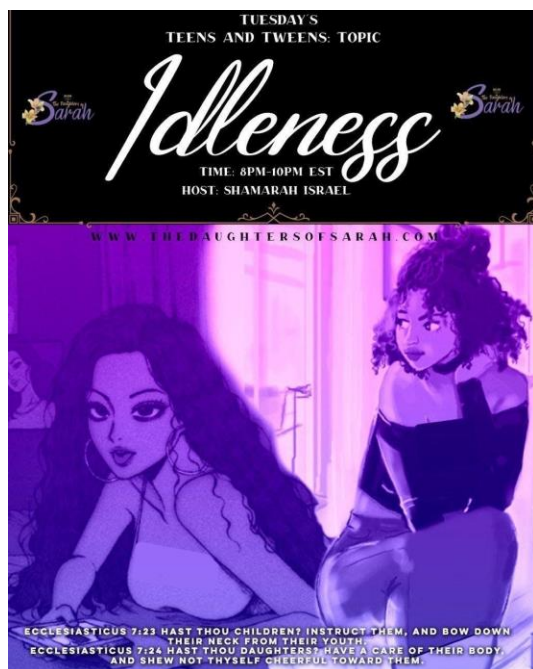


Teens & Tweens - Idleness
 Host: Mother Shamarah
 Titus 2 Chat
 16 June 2020



Video: How to Stop Procrastinating
[\[https://youtu.be/Lv130HhNEQ8\]](https://youtu.be/Lv130HhNEQ8)

To be **idle** /adj./ 1. _____ (of a person)

avoiding work; lazy; 2. without purpose or effect; pointless.

/verb/ 1. (of a person) spend time doing nothing; be idle; 2. (of an engine) run slowly while disconnected from a load or out of gear.

There is a famous saying that we all probably have heard our grandmothers say.

“Idleness is the devil’s playground.”

When we are idle, that gives us more opportunity to think bad things, to get into trouble, and those are the things that we need to be aware of.

Sirach 33:27 - “Send him to labour, that he be not idle; for idleness teacheth much evil.”

- As repenting young Israelite women and young Daughters of Sarah, we need to void the idleness because there is ALWAYS something to do.
- You might think you don’t get a break, but this is getting you prepared for adulthood and for your walk as repenting princesses.

1 Timothy 5:13 - And withal they learn to be idle, wandering about from house to house; and not only idle, but tattlers also and busybodies, speaking things which they ought not.

- Wandering from house to house in today's terms would be jumping from Facebook to Instagram, it can be constantly on the phone talking. Tattlers go into talking a lot and busy bodies.
- Not only is it an issue for older women; it is an issue for teenagers and pre-teens like yourselves which we must be careful about. You can be busybodies and tattlers on your cell phone. You can be gossipers on social media.

- That is the type of behavior that repenting Israelite women should refrain from so you don't make mistakes or things that have negative consequences as you continue to grow up in this truth so you can keep a positive outlook on life, maintain your reputation and a good name .

1 Timothy 5:14 - I will therefore that the younger women marry, bear children, guide the house, give none occasion to the adversary to speak reproachfully.

- Part of training our physician and spiritual daughters is to prep them for real life. Preparation to be a wife. No one wants a wife that doesn't understand the responsibilities of being a wife, being a repentant Israelite woman so this is really important to maintain that structure in the youth.
- While you are young, you should realize that marriage and children are going to be in your future as a repentant Israelite woman. This is where you help mommy out with cleaning, cooking, laundry, changing diapers. Those are the things we need to be rehearsing.
- Guide the house would be the cleaning, and organization. The same chores that you do not like right now will be able to help you later in your marriage and as you grow up into adulthood.
 - "I never like to clean the toilet. Believe me. But now I love a clean bathroom! So those chores will get you to where you need to be in life." - Mama Shamarah
- This part is very important because as a repentant Israelite woman, we do not want a bad reputation or anyone to have anything negative to say about our Israelite princesses. We don't want the enemy to grab hold of any of you and then you have a bad reputation of not being in order.
 - Not being in order for example can be anything such as being a hoe, gossiper, sexually perverse, engaging in porn, back talking, lying. These are just little things that can turn out to be big things.

There's another expression that my grandparents used to say.

"If you will lie, you will steal. If you steal, you will kill."

It goes right back to the commandments. Thou shalt not kill, thou shalt not steal, etc. These are things you take for granted in your young life and think they won't catch up to you, but they will! We are doing our best to raise you according to the scriptures.

If I had listened to my parents and grandparents before, it would have helped me to avoid a lot of mistakes. So, the conversation that we are having with you young ladies is to help you avoid a lot of mistakes.

When I was growing up there was an increase in teenage pregnancies. This is a result of not keeping the commandments and not waiting to get married when you have S-E-X. Sex. We

discussed last time that sex is supposed to happen between a man and woman that are married in the law. Because our people are not keeping the commandments, they indulge in things outside of marriage and babies are a result. That results in single family households, diseases, and things of that nature. Therefore, it's very important as we talk, that you understand the seriousness of these conversations that we have.

Article: Summer Idle Time Poses a Risks for Teens

[www.riserecovery.org/2015/06/summer-idle-time-poses-a-risk-for-teens/]

Although we've been in quarantine, quarantines are slowly being lifted. Some of you may have more free time than others. Some of you are still underneath your mom. And some of you have more free time to see and roam the land as you see fit. **We are here to tell you though; you can get into trouble if you are not being mindful.**

There's nothing wrong with having fun of course, but it should be in righteousness. The world's idea of fun and what the scriptures say is fun are not the same.

II Thessalonians 3:11 - For we hear that there are some which walk among you disorderly, working not at all, but are busybodies.

- I'm talking to you that are walking disorderly and are busybodies not only at home or on social media, but busybodies out in these streets. You may think that you're missing out on something, but there is nothing out there for you but death and destruction.
- We know that Israelite Lives Matter and they've always mattered to the heavenly Father as long as you're keeping the commandments of God.
 - Once you decide that you're not going to keep the commandments of God, that is where your hedge of protection is going to fall off. You are missing nothing but death and destruction! There are rapes, murders, sex trafficking, drugs, lies, and stealing. It's all the same thing from the 70's to now just with a makeover. We should not be walking as busybodies.

Scriptures say to prove a friend. So, you should be with like minded believers. Make sure you are around women who are going to correct you when you go off.

Exodus 23: 2 - Thou shalt not follow a multitude to do evil; neither shalt thou speak in a cause to decline after many to wrest judgment:

- If you see girls that are all up in boys' faces, that is not your group. That's NOT your tribe. If you see women in the congregation gossiping, someone needs to be able to stand up and correct them. If you don't have the strength to do it or are afraid to correct them, go to a senior sister so they can address the situation. Never be afraid to stand up for God's laws.

Sirach 37:1 - Every friend saith, I am his friend also: but there is a friend, which is only a friend in name.

- There are some people that say they are your friend, but they are really not your friend. When push comes to shove, they are not your friend. They will lie on you, steal from you, gossip about you, or backbite. The only way you're going to be able to tell if you have a friend or not is to prove a friend like the scriptures say (Sirach 6:7) and that will be through a process of time.

:2 - Is it not a grief unto death, when a companion and friend is turned to an enemy?

- Have you ever had a friend that you thought was your good friend and then you disagree with them? Now they turn around and say, "You're not my friend anymore?" That made you feel bad right? The only way to maintain a friendship is if all parties keep the commandments.

:4 - There is a companion, which rejoiceth in the prosperity of a friend, but in the time of trouble will be against him. **:5** - There is a companion, which helpeth his friend for the belly, and taketh up the buckler against the enemy.

- You know if you have a bag of candy and kids want to be your friend because they want you to share the candy? It's kind of the same for the older girls. Sometimes when all your candy is completely gone, all your friends are gone too. That's not nice to leave because the candy is gone. You need to have the strength and ability to correct them. You want a friend that will be there through thick and thin. You want a friend that will still be there even when you don't have any candy.

:11 - Neither consult with a woman touching her of whom she is jealous; neither with a coward in matters of war; nor with a merchant concerning exchange; nor with a buyer of selling; nor with an envious man of thankfulness; nor with an unmerciful man touching kindness; nor with the slothful for any work; nor with an hireling for a year of finishing work; nor with an idle servant of much business: hearken not unto these in any matter of counsel.

- You are all coming into womanhood. There is a spirit of jealousy that can come upon women and it is not exclusive to older teenage girls. It can happen to young girls too. It can come from our sinful nature. Some may ask who your mom is, who your dad is, the way your hair is, who has a better house, different things like that. We are not to think this way. We are to love one another as sisters in Christ.

:12 - But be continually with a godly man, whom thou knowest to keep the commandments of the Lord, whose mind is according to thy mind, and will sorrow with thee, if thou shalt miscarry.

- You need to have friends that keep the commandments. That's what is important!

Sometimes you may think that you're mature, but you don't have experience yet.

Romans 5:3,4 - And not only so, but we glory in tribulations also: knowing that tribulation worketh patience; And patience, experience; and experience, hope:

- You don't have a lot of experience to reflect back on when you're young to help you make good decisions. Tribulations come and we need to learn from these in order to not make the same mistakes. With patience, now you know how to deal with something when a situation arises again. Through different trials, we gain experience, and it gives us hope.

Adolescents are more likely to act on impulse. Impulse meaning you react without thinking or are not applying the scriptures.

- e.g. Sucking your teeth when your parents tell you to do something.

Teens and tweens are more likely to engage in risky behavior.

- e.g. Reaching out to someone on Facebook and giving them your phone number and giving them your address.
- e.g. Going somewhere without telling an adult where you are going. There are different levels of risky behavior and we need to be cognizant of that in the world we live in.

Prevention strategies to help adolescents avoid mistakes.

1. Keep them busy to cut down on boredom.
 - a. Set a goal with activities that have worth/ interests for your teens.
 - i. e.g. Paint. Draw. Sing. Bake. Style hair. Clean. Write poetry. Read. Sleep. Cook. Encourage them to maintain the things that they need to do.
 - b. **Sirach 26:16** - As the sun when it ariseth in the high heaven; so is the beauty of a good wife in the ordering of her house.
 - i. Cleaning, organizing, maintaining the house are good qualities in a wife. You will be doing these things as you get older.
2. Make sure there is adequate supervision as much as possible.
 - a. i.e. The inability for a parent to have a careful watch over the daughter, leads to things you should not be doing on your cell phone. Check bags. Ask how their day went. Check the phone.
 - b. When we check y'all it's the Lord coming down on you, not us.
3. Educate your child.
 - a. Teenage girls know that the eyes of the Lord are 10,000x brighter than the sun, but evil behavior persists. There are some that walk disorderly.
 - b. You would think that being in close quarters of quarantine, your child is less likely to do evil. Unfortunately, that is not the case. Some are more evil! You cannot give them any miles, especially daughters because they have more to lose. Once your virginity is gone, it's gone!
 - c. The scriptures talk about having a good name. It takes a long time to build your name but seconds to break it. The only person to protect your name is you.

Scriptures also say a child is known by their doings. Even though you're young, people know you by how you behave. Whether you are smart at the mouth, disrespectful to your parents, respectful to leadership, and even how you interact during these Zoom chats.

Ezekiel 16:44 - Behold, every one that useth proverbs shall use this proverb against thee, saying, As is the mother, so is her daughter.

- Trust must be gained between mother and daughter. It's important to develop a good relationship with your daughters.
- The heavenly Father knows how we think, we are. When you look at your mom, or when you look at your daughters, there is a bit of reflection there. If there is something you see that you don't like, you need to **examine yourself** .
- Some of you are sucking your teeth, bad habits, rolling your eyes, yeah mom used to do it and now it's payback time. That's why we know the behavior when we see it. It's a reality check for moms and correction for daughters.

4. Parents come up with a reward system.
 - a. Establish mommy and me time. Create bonding time.
 - b. You have got to learn how to communicate with your mother. Make sure you are keeping the commandments in mind. When you speak, always be respectful.
 - i. If something is bothering you, you should be able to speak to your mother. There is peer pressure even in the truth. Everyone is not who they claim to be. You need to be mindful of who your friends are.

Our preventative solutions are the scriptures.

Ecclesiastes 10:18 - By much slothfulness the building decayeth; and through idleness of the hands the house droppeth through.

- Spiritual nature decreases with the more idle time you have. You should be feeding your daughters scriptural knowledge, not only by example but by giving them something to do.

Proverbs 20:13 - Love not sleep, lest thou come to poverty; open thine eyes, and thou shalt be satisfied with bread.

- You should not be staying up till 3am and when it's time to get up, you can't get up. Don't stay up on social media all night and be too tired to do chores in the morning.
- There are chores that are all age appropriate. As a teen and tween, you should be able to change diapers, fold laundry, wash the dishes for example.

Establish a spiritual relationship with the heavenly Father for yourself. Have a rolling to-do list that needs to get done. Try to help your mom's burden become a little lighter.

Do good in school. Get good grades. These are for the bettering of yourself and to help the nation.

Proverbs 24:32-34: - Then I saw, and considered it well: I looked upon it, and received instruction. Yet a little sleep, a little slumber, a little folding of the hands to sleep: So shall thy poverty come as one that travelleth; and thy want as an armed man.

- The habits you have now will continue with you for the lifetime. Don't be lazy or procrastinate. This builds character and integrity. We pray that it'll build into your good character. This ultimately will prepare you to be a better daughter and eventually a strong wife.

Proverbs 22:6 - Train up a child in the way he should go: and when he is old, he will not depart from it.

Video: How to Avoid Idleness [via YDOS Influencers]

There are certain things we all can do to be **SMART**. It's an acronym to help meet your goals.
Specific. **M**easurable. **A**chievable. **R**elevant. **T**ime.

*How do we manage these things? Be **Specific**.*

Hebrews 12:1 - Wherefore seeing we also are compassed about with so great a cloud of witnesses, let us lay aside every weight, and the sin which doth so easily beset us, and let us run with patience the race that is set before us,

- We each have a spiritual race that we must run ourselves. Be specific in being successful on your spiritual journey. That will keep you on track to stay focused on what you need to do to avoid being idle.

Philippians 3: 13,14 - Brethren, I count not myself to have apprehended: but this one thing I do, forgetting those things which are behind, and reaching forth unto those things which are before, I press toward the mark for the prize of the high calling of God in Christ Jesus.

- Don't beat yourself up about the past. Every day is an opportunity to improve ourselves on our spiritual journey and press forward. Celebrate the small successes that are right.

*Make sure that all your goals are **measurable**.*

Romans 12:3 - For I say, through the grace given unto me, to every man that is among you, not to think of himself more highly than he ought to think; but to think soberly, according as God hath dealt to every man the measure of faith.

- If you have faith in your goals and aspirations in life, have faith that these things will come to pass.

*Make sure that your goals are **achievable**.*

Philippians 4:13 - I can do all things through Christ which strengtheneth me.

- Believe it! If you set a goal for yourself, there is no need to be idle.

*Your goals have to be **relevant** and important. Understand how important you are! **1 Peter 2:9** - But ye are a chosen generation, a royal priesthood, an holy nation, a peculiar people; that ye should shew forth the praises of him who hath called you out of darkness into his marvellous light:*

- The heavenly Father has called us out of darkness and into the light. That is an opportunity to make sure you let your light shine (see Matthew 5:16). Your light can't shine if you are being idle, lazy, procrastinating. Do not be ashamed and make sure you stay on task.

*T is for **time**.*

Ecclesiastes 3: 1-8: (Summary: There is a time to do things for every season.)

What is your purpose in your goals? Ask the heavenly Father to guide your steps. Make sure you are measuring your time consistently. Be consistent with your works in the body, chores, studying. Do not be idle.

Once again, we need to be **SMART** about our goals!

Don't let people discourage you from meeting your goals. However, you must manage your time. Limit your idle time. You must have enough discipline to apply the things that you learn.

Ladies avoid idleness. Stay focused. Make SMART goals for yourself.