



While we were away...  
New Moons, Sabbaths & Feasts gone by...

## Celebrating High Holy days during the COVID-19 quarantine is a must!

For many Israelites, Feast of First Fruits 2020 was a little different. Because of COVID-19 and the laws in place, we couldn't gather at the school to keep the High Holy day with our family as we normally do. I spoke with two young prophets from the House of Ofc Neriyel (20), and they were in the spirit!

**Me:** How did you keep the High Holy Day before COVID-19?

**Yechiyel:** I kept it by dancing eating and drinking [juice]!

**Adoniyah:** I kept it by dancing, talking with friends, and having to go to the restroom [because he drank so much juice]

**Me:** How did COVID-19 affect your High Holy day celebration?

**Yechiyel:** We still visit family, but we don't stay. We still get to eat, drink, talk to friends and play with them. "Even though COVID is out, nothing can stop us from keeping the High Holy days."

**Adoniyah:** My High Holy day hasn't changed much during COVID. "We're still feasting and partying, but we take precaution and focus on what we came to do and why we are doing it. Like leadership says: nothing can stop the truth!"

According to Exodus 23:16 all males must keep the Feast of First Fruits, and Nehemiah 8:8 reminds us that keeping the laws joyfully make us strong. needless, to say I was impressed and inspired by the resolved spirit of joyfulness these two young prophets have. No matter where we are, or how we are let's keep the feasts with that same joy!



House of Officer  
Neriyel (20)

Yechiyel Benjamin Ben  
Israel (10 yrs, on left)

Adoniyah Joshua Ben  
Israel (8 Yrs on right)

# Coping with COVID-19 the RIGHTeous Way!

What makes your High Holy Days memorable? Draw a picture of your High Holy day fun!

We danced after we ate like we used to at the school.



How did you keep FOFF during this COVID-19 pandemic?

I gave a gift to some of sisters from the school.



Have you learned any new skills since the COVID-19 quarantine? Write about your new skill and don't forget to share it with others.

I learned how to paint rocks. I showed my brothers how to do it too!



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