



Marital Meditations for the Day of Atonement

1 Corinthians 1:10 tells us that we are to be “perfectly joined together”. That is no easy task. If you are married, you now must combine attempting to adhere to that and many other commandments along with becoming “one flesh” (Matthew 19:6). Are you prepared for a long and often bumpy ride?!

Repented couples endure their personal trials along side of one another. That means there will be tons of opportunities for personal growth AND tons of opportunities to be offended. Christ himself told us that there will indeed be “trouble in the flesh” (1Corinthians 7:28) between a man and his wife. That trouble will no doubt include the roles of being an offender and the offended. Now that we have acknowledged the facts in one aspect of marriage..... Let us give praises and thank our God for the annual high holy day that will allow you both (the husband and the wife) to basically wipe the slate clean! Through the bible, The Most High has provided us with several ways to fix any issues we may have with one another. The one we are highlighting today is the Day of Atonement, which is detailed in the book of Leviticus.

The Day of Atonement is your personal day to repent of any sins you have committed and ask forgiveness of The Most High. It is also your time to forgive others of any wrong doings you believe have been done to you. Like life, marriage is ever evolving. The journey can be considered on the job training so to speak. Both the man and the woman are figuring their roles out as they go along from day to day. There may be times that things once agreed on are no longer so. Preferences change. Likes & dislikes change. People grow, and we all know that growing pains are associated with that. 1 Peter 3:7 says that your union of marriage will allow you both to be heirs together in the kingdom to come. Make sure you are using the tools placed here by The Most High to your advantage. How can you and your lord be together in the kingdom of heaven if you are holding a grudge or some type of animosity against him? Here are a few scriptures to meditate on in reference to your spouse while you are fasting and praying this DOA.

And when ye stand praying, forgive, if ye have aught against any; that your Father also which is in heaven may forgive you your trespasses. But if ye do not forgive, neither will your Father which is in heaven forgive your trespasses. Mark 11:25-26 KJVA

Then came Peter to him, and said, Lord, how oft shall my brother sin against me, and I forgive him? till seven times? Jesus saith unto him, I say not unto thee, Until seven times: but, Until seventy times seven. Matthew 18:21-22 KJVA

My son, hast thou sinned? do so no more, but ask pardon for thy former sins. Ecclesiasticus 21:1 KJVA

Put on therefore, as the elect of God, holy and beloved, bowels of mercies, kindness, humbleness of mind, meekness, long-suffering; forbearing one another, and forgiving one another, if any man have a quarrel against any: even as Christ forgave you, so also do ye. Colossians 3:12-13 KJVA



I acknowledged my sin unto thee, and mine iniquity have I not hid. I said, I will confess my transgressions unto the Lord ; and thou forgavest the iniquity of my sin. Selah. Psalm 32:5 KJVA

Therefore if any man be in Christ, he is a new creature: old things are passed away; behold, all things are become new. 2 Corinthians 5:17 KJVA

In three things I was beautified, and stood up beautiful both before God and men: the unity of brethren, the love of neighbors, a man and a wife that agree together. Ecclesiasticus 25:1 KJVA