

*Class: Sisters in Unity  
Teacher: Mama Naamah  
Date: April 1, 2020  
Start: 8:47 pm EST*

*Topic: Israel Sin in the Wilderness  
(Spiritual Amnesia)*

Exodus 14:30 Thus the LORD saved Israel that day out of the hand of the Egyptians; and Israel saw the Egyptians dead upon the seashore. The Egyptians started following the Israelites after God departed the sea and they died.

Exodus 14:31 And Israel saw that great work which the LORD did upon the Egyptians: and the people feared the LORD, and believed the LORD, and his servant Moses.

Exodus 15:1 Then sang Moses and the children of Israel this song unto the LORD, and spake, saying, I will sing unto the LORD, for he hath triumphed gloriously: the horse and his rider hath he thrown into the sea.

Israelites are free after a long time. Lord took care of us

Exodus 15:2 The LORD is my strength and song, and he is become my salvation: he is my God, and I will prepare him an habitation; my father's God, and I will exalt him.

Israel still singing praises to the Most High  
they excited

Exodus 15:24 And the people murmured against Moses, saying, What shall we drink?

Israel started to get thirsty and murmured

**Define Murmured**- say something in a low, soft, or indistinct voice.  
Symptoms: whisper, mumble, discontent

Exodus 15:25 And he cried unto the LORD; and the LORD shewed him a tree, which when he had cast into the waters, the waters were made sweet: there he made for them a statute and an ordinance, and there he proved them,

Most High was proving us to see if we will complain. He Bless us with water

Exodus 15:26 And said, If thou wilt diligently hearken to the voice of the LORD thy God, and wilt do that which is right in his sight, and wilt give ear to his commandments, and keep all his statutes, I will put none of these diseases upon thee, which I have brought upon the Egyptians: for I am the LORD that healeth thee.

Lord told Moses if we keep the commandments All the commandments, I will put none of these diseases on you all.

We keep the commandments nothing will bother us if we break them diseases will come

Exodus 16:2 And the whole congregation of the children of Israel murmured against Moses and Aaron in the wilderness:

Israel complaining again

Exodus 16:3 And the children of Israel said unto them, Would to God we had died by the hand of the LORD in the land of Egypt, when we sat by the flesh pots, and when we did eat bread to the full; for ye have brought us forth into this wilderness, to kill this whole assembly with hunger.

Israel told Moses they wish they had died in Egypt in bondage then being in the wilderness. They were complaining, murmuring and talking under they breath. They got upset and said they remembered when they ate out the flesh pot - (meat) than being in the wilderness with no fill. They remembered when they were full and like look at us now. Israel is ungrateful

Exodus 16:4 Then said the LORD unto Moses, Behold, I will rain bread from heaven for you; and the people shall go out and gather a certain rate every day, that I may prove them, whether they will walk in my law, or no.

Lord said I am going to give them the food and prove them whether they will keep my law or not.

Prove means to test them and wait for the results from the test. Prove a friend and test her.

Exodus 17:1 And all the congregation of the children of Israel journeyed from the wilderness of Sin, after their journeys, according to the commandment of the LORD, and pitched in Rephidim: and there was no water for the people to drink. The Most High didn't give us water yet.

Exodus 17:2 Wherefore the people did chide with Moses, and said, Give us water that we may drink. And Moses said unto them, Why chide ye with me? wherefore do ye tempt the LORD?

**Define Chide-** arguing with Moses

Moses said why you are arguing with me with water you are testing God. All they had to do is pray to the Most High.

Exodus 17:3 And the people thirsted there for water; and the people murmured against Moses, and said, Wherefore is this that thou hast brought us up out of Egypt, to kill us and our children and our cattle with thirst?

Israel murmured that our God brought us here to kill us. They think that way after God brought us through all these plagues. They lacked faith.

Picture how the Most High open the sea on both the sides for Israel to come through and then killed Egyptians. Don't forget when things get bad for you and you forget all the blessings God has done some for you.

Exodus 17:4 And Moses cried unto the LORD, saying, What shall I do unto this people? they be almost ready to stone me.

Moses like Lord these people want to stone me because there's no water. After Moses just led us out of captivity with Pharaoh.

Exodus 20:1 And God spake all these words, saying, These are the commandments God gave Moses for Israelites

Exodus 20:2 I am the LORD thy God, which have brought thee out of the land of Egypt, out of the house of bondage.

God said don't put nothing before me. You can't love your husband, children or nothing before God. We must keep the commandments and allow no one lead us to go against God.

Exodus 20:3 Thou shalt have no other gods before me.

Exodus 20:4 Thou shalt not make unto thee any graven image, or any likeness of anything that is in heaven above, or that is in the earth beneath, or that is in the water under the earth:

Don't have graven images.

Exodus 20:5 Thou shalt not bow down thyself to them, nor serve them: for I the LORD thy God am a jealous God, visiting the iniquity of the fathers upon the children unto the third and fourth generation of them that hate me;

God is a jealous God. If you love anything before him, he's jealous. We must keep God first in our life. We must do what's pleasing to God daily. Your actions will tell it all.

### **Bishop Quote- S.P.A**

We must Study, Pray and Apply to believe in God

Exodus 20:6 And shewing mercy unto thousands of them that love me, and keep my commandments.

Lord said he will show mercy to those who love him.

What is Love? 1 John 5:3

He will love those who fixing themselves with

actions

Exodus 20:7 Thou shalt not take the name of the LORD thy God in vain; for the LORD will not hold him guiltless that taketh his name in vain.

Lord said you better not lie on me. In vain - your acting like you serve God and keeping the commandments, but you are not.

Exodus 20:8 Remember the sabbath day, to keep it holy.

Exodus 20:9 Six days shalt thou labour, and do all thy work:

Exodus 20:10 But the seventh day is the sabbath of the LORD thy God: in it thou shalt not do any work, thou, nor thy son, nor thy daughter, thy manservant, nor thy maidservant, nor thy cattle, nor thy stranger that is within thy gates:

The Lord said while we are in the wilderness there is to be no work for us, for our children or our servants or cattle's there is to be no work.

Exodus 20:11 For in six days the LORD made heaven and earth, the sea, and all that in them is, and rested the seventh day: wherefore the LORD blessed the sabbath day, and hallowed it.

Exodus 20:12 Honour thy father and thy mother: that thy days may be long upon the land which the LORD thy God giveth thee.

We had to learn the commandments and children had to honor they parents in the law not your worldly parents but spiritual parents for spiritual guidance because they have wisdom.

What it means to honor your parents- obey, hold them to high esteem

Exodus 20:13 Thou shalt not kill.

Don't kill any more - Example- someone May get on your nerves, say Lord help me.

Exodus 20:14 Thou shalt not commit adultery.

Don't lay with a man unless he's your husband. Before you get papers, you should go to your spiritual parents first for guidance. Obey your spiritual parents

Exodus 20:15 Thou shalt not steal. Don't steal from each other

Exodus 20:16 Thou shalt not bear false witness against thy neighbour.

Exodus 20:17 Thou shalt not covet thy neighbour's house, thou shalt not covet thy neighbour's wife, nor his manservant, nor his maidservant, nor his ox, nor his ass, nor any thing that is thy neighbour's.

Don't look at another person house and you thinking about it daily and you start to hate them and be jealous. Don't look at someone's else wife and want to lay with her. You may covet the clothes or cars sisters wear and drive. You may covet that a sister keeps the commandments and study more than you. We must be content in what we have start looking at other people's life. You want a husband like her pray for it. A sister may make a lot of money on the job and sisters can covet. Talents sisters covet over that. It's all petty and we must stop. Pray for whatever you want especially if it's spiritual.

1 Thessalonians 4:11 And that ye study to be quiet, and to do your own business, and to work with your own hands, as we commanded you;

A lot of sisters don't know how to be quiet. Shhhhhhhhh.  
A sister gets on your nerves. Shhhhhhh quiet  
You lose patience. Shhhhhhhhh be quiet

That's training mind your own business and do things you like to do. Find out what interest you. You like to sew, build, cook, swim, read or etc. just do it. Don't be jealous of other people talents. Find your talents and occupied yourself in that so you won't be caught up with others are doing. Once you find what you like to do you won't be caught up in other Sister business of what they are doing and not doing.

Exodus 32:1 And when the people saw that Moses delayed to come down out of the mount, the people gathered themselves together unto Aaron, and said unto him, Up, make us gods, which shall go before us; for as for this Moses, the man that brought us up out of the land of Egypt, we wot not what is become of him.

Moses went up to the mountain to get the commandments. Moses went back to talk to God of Israel. Israel tells Aaron we want you to make us a god. That got that from Egypt. Moses gone with God and they impatient and want another god. They are going against what God said, no graven images.

Exodus 32:2 And Aaron said unto them, Break off the golden earrings, which are in the ears of your wives, of your sons, and of your daughters, and bring them unto me. Aaron said bring me all your jewelry and I'll make you a god.

Exodus 32:3 And all the people brake off the golden earrings which were in their ears, and brought them unto Aaron. Israel brought Aaron the jewelry

Exodus 32:4 And he received them at their hand, and fashioned it with a graving tool, after he had made it a molten calf: and they said, These be thy gods, O Israel, which brought thee up out of the land of Egypt. Aaron made it a calf of another god. Now they given credit to this calf as a god who brought them out of Egypt.  
While Moses was there, they kept the commandments, when Moses left, they were breaking the commandments.

Look at us we all in our houses what are you like that we are not fellowshiping together. What are you like when you alone will you make other idols? God proving us with integrity - what are you doing when no one is looking?

Exodus 32:5 And when Aaron saw it, he built an altar before it; and Aaron made proclamation, and said, Tomorrow is a feast to the LORD.

Exodus 32:6 And they rose up early on the morrow, and offered burnt offerings, and brought peace offerings; and the people sat down to eat and to drink, and rose up to play.

Exodus 32:7 And the LORD said unto Moses, Go, get thee down; for thy people, which thou broughtest out of the land of Egypt, have corrupted themselves:

Imagine in mountain with God. You not going to believe this Moses they are making another god to worship. Imagine if God treated us like we treat him. That's evil

Exodus 32:8 They have turned aside quickly out of the way which I commanded them: they have made them a molten calf, and have worshipped it, and have sacrificed thereunto, and said, These be thy gods, O Israel, which have brought thee up out of the land of Egypt.

These people turned quickly from me. Same thing as today in our houses what are we going to do. Will we create Secret sins?

Exodus 32:9 And the LORD said unto Moses, I have seen this people, and, behold, it is a stiffnecked people:

Stiffnecked - when you wake up and can't move your neck this how Israel was you can't tell them nothing. they do the same sin over and over non-stop. Today is my last day being a smoker, jealous, covet, backbiting, murmuring, discontent, ungrateful, and lack of faith.

Exodus 32:10 Now therefore let me alone, that my wrath may wax hot against them, and that I may consume them: and I will make of thee a great nation.

The Lord said let me kill these Israelites because they don't listen. They cried unto me and that's why he sent Moses. They disrespected God

Exodus 32:11 And Moses besought the LORD his God, and said, LORD, why doth thy wrath wax hot against thy people, which thou hast brought forth out of the land of Egypt with great power, and with a mighty hand?

Exodus 32:12 Wherefore should the Egyptians speak, and say, For mischief did he bring them out, to slay them in the mountains, and to consume them from the face of the earth? Turn from thy fierce wrath, and repent of this evil against thy people. Moses like your reputation will be like you brought them out and then killed them. Moses asking for mercy from the Most High not to kill us

Exodus 32:19 And it came to pass, as soon as he came nigh unto the camp, that he saw the calf, and the dancing: and Moses' anger waxed hot, and he cast the tables out of his hands, and brake them beneath the mount.

Moses just came back from God and saw the gold calf. Moses was angry and broke the stones.

Whether we together or apart we must continue to keep these commandments to the best of our ability.

Exodus 32:20 And he took the calf which they had made, and burnt it in the fire, and ground it to powder, and strawed it upon the water, and made the children of Israel drink of it.

God sent Moses and Moses angry and burned the calf. We should not be praying to know object in our houses

Exodus 34:14 For thou shalt worship no other god: for the LORD, whose name is Jealous, is a jealous God. God said don't worship no other god before me my name is jealous so you bet not make me jealous. He sent us a prophet Moses to give us commandments and not make him jealous. Don't break the Sabbath. No one looking you shopping or cooking when sun is down when no one is around. God sees everything

Exodus 20:3 Thou shalt have no other gods before me.

Exodus 20:4 Thou shalt not make unto thee any graven image, or any likeness of any thing that is in heaven above, or that is in the earth beneath, or that is in the water under the earth:

Exodus 20:5 Thou shalt not bow down thyself to them, nor serve them: for I the LORD thy God am a jealous God, visiting the iniquity of the fathers upon the children unto the third and fourth generation of them that hate me;

The Lord said again don't make nothing your god. Egyptians did that. Christians friends may come around and be like you still doing that Israelite thing. The devil is waiting and will keep lurking to see who he may devour

Numbers 11:1 And when the people complained, it displeased the LORD: and the LORD heard it; and his anger was kindled; and the fire of the LORD burnt among them, and consumed them that were in the uttermost parts of the camp.

When we complaining God is irritated it displeases him. Did they say it to God no, however he is listening? Stop running your mouth in your houses and God House. It is like no matter what He does we are not grateful. Be grateful TMH woke us up.

Be grateful we don't have Coronavirus or that we have not been killed. Be grateful you have food and you can walk and that you have a spiritual family. We always want more, more and more instead of being content what we have. What if you wake up tomorrow and you could not see? Stop being ungrateful and say thank you to the Heavenly Father for whatever you have, live

gratefully.

### **Spiritual Amnesia**

Be grateful

Grateful you have a godly family and not around drama

Grateful no Verbal abuse relationships

Grateful no Physical abuse relationship

Grateful no Alcoholism

Grateful no Sickness and some have sickness when they take the medicine, they function better with God as well

Grateful when you have no job and God still provided with food and shelter instead of walking around like you miserable and unthankful.

Now another time comes around and you have forgotten what God did for you. Write your notes down and go back to your notes to remind you how good your God is to you.

Some people come to Sabbath and just complain, complain and complain more. Yes, we are all sick, so be thankful we are here together to be healed.

### **Homework - Write down everything you ask for and God delivered you?**

Everything - clothes, food, you delivered your children, you were born, good husband and friends.

Include how our Father is a so call Black man, he chose you out of 18 nations and 1/3 chosen etc...

**Ungrateful-** lack of faith, you may want a better house you have to pray and wait, sometimes he may be keeping it from us because we will lose our mind. So, when Satan comes to give you those evil thoughts to make you think and act negative you can say no my God delivered me from many things.

Go down your list for encouragements. Are we taking our prophets and elder sisters for granted who teach us thus saith the Lord?

### **Write down all the sins you did, and God didn't kill you? Wow**

Just because your husband is not 1000 percent in this truth be patience. The people were complaining, and God heard it. Sometimes we call other sisters and complain God hears it

Numbers 11:2 And the people cried unto Moses; and when Moses prayed unto the LORD, the fire was quenched.

Numbers 11:3 And he called the name of the place Taberah: because the fire of the LORD burnt among them.

While complaining God burned them up! Be grateful and thankful

Numbers 11:4 And the mixt multitude that was among them fell a lusting: and the children of Israel also wept again, and said, Who shall give us flesh to eat? Israel complaining again why we can't have more meat for dinner



Numbers 11:5 We remember the fish, which we did eat in Egypt freely; the cucumbers, and the melons, and the leeks, and the onions, and the garlic. They in the zone reminiscing on what they had in Egypt compared to now. Look how ungrateful. If we fake here, ungrateful here, can't get along here how you going to act in the wilderness? Even when sisters are evil towards you if you can help do Gods work and keep it moving. What's your resume like with a God. We here for God not man. Help and move regardless of the other persons. We here for the Lord not others

Colossians 3:23

We must stop the pettiness. Oh, look what she has on, look at her head wrap, look at her shoes- stop the pettiness and jealously.

Hebrews 13:5 Let your conversation be without covetousness; and be content with such things as ye have: for he hath said, I will never leave thee, nor forsake thee. Even our conversation should be without covetousness. Be content what you have. Be happy what you have because what if he take it away.

**Define content** -in a state of peaceful happiness - Synonym: satisfy

Philippians 4:11 Not that I speak in respect of want: for I have learned, in whatsoever state I am, therewith to be content.

So whatsoever state I am in I will be content. If you only have a little money, be content, little food be content, no husband be content, no children be content. Be good what you got and stop eye balling what others have.

Romans 5:3 And not only so, but we glory in tribulations also: knowing that tribulation worketh patience;

Romans 5:4 And patience, experience; and experience, hope:

Teach us to have patience in tribulation and patience. When things good I love God and things go bad you curse him. That's evil

1 Timothy 6:6 But godliness with contentment is great gain.

The Lord said if you godly and you content that's a great thing and that's a great gain you will get the kingdom later. Train self to be content. Watch videos, read scriptures, get counsel on content if you are battling in this area. Whatever area you are struggling in you can become better because someone in Israel has it perfected.

Numbers 14:1 And all the congregation lifted up their voice, and cried; and the people wept that night.

Numbers 14:2 And all the children of Israel murmured against Moses and against Aaron: and the whole congregation said unto them,

Would God that we had died in the land of Egypt! or would God we had died in this wilderness! Murmuring spirit in Israel is very strong. Watch what you say in the Lords house. Keep your mouth shut. Israel said we wish we had died in Egypt vs the wilderness.

Numbers 14:3 And wherefore hath the LORD brought us unto this land, to fall by the sword, that our wives and our children should be a prey? were it not better for us to return into Egypt?

Numbers 14:4 And they said one to another, Let us make a captain, and let us return into Egypt. Let's make our own captain and return to Egypt.

Numbers 14:5 Then Moses and Aaron fell on their faces before all the assembly of the congregation of the children of Israel.

They fell on their faces because they knew God will kill them .

Numbers 14:11 And the LORD said unto Moses, How long will this people provoke me? And how long will it be ere they believe me, for all the signs which I have shewed among them?

That's why we must write down everything we did towards God and he didn't kill us

Numbers 14:12 I will smite them with the pestilence, and disinherit them, and will make of thee a greater nation and mightier than they.

God said I will put a pestilence if disease into them. Be careful what you say in your houses Lord said I will kill them all and make a greater nation

Numbers 14:22 Because all those men which have seen my glory, and my miracles, which I did in Egypt and in the wilderness, and have tempted me now these ten times, and have not hearkened to my voice;

These people not listening to my commandments and tempting me ten times. They always got saying to say

Numbers 14:23 Surely they shall not see the land which I sware unto their fathers, neither shall any of them that provoked me see it:

God said for them murmuring and no faith they not going into the promise land. All those plagues pass us, and we can't even make it to the promise land. That's evil

Numbers 14:24 But my servant Caleb, because he had another spirit with him, and hath followed me fully, him will I bring into the land whereunto he went; and his seed shall possess it.

Who made it to the promise land? Joshua and Caleb. Caleb is different he has a different spirit. He followed me fully. He was not ungrateful. Are we going to teach our children? Are we going to help his house? Are we going to study to be quiet?

### Am I applying?

You can be praying, memorizing, and parakiting but who's applying.

1 Thessalonians 5:17 Pray without ceasing.

1 Thessalonians 5:18 In everything give thanks: for this is the will of God in Christ Jesus concerning you.

Lord said give thanks in everything be thankful

Ephesians 5:20 Giving thanks always for all things unto God and the Father in the name of our Lord Jesus Christ;

Give thanks always

1 Chronicles 16:34 O give thanks unto the LORD; for he is good; for his mercy endureth for ever.

God sent Christ to die for us

Philippians 2:14 Do all things without murmurings and disputings:

Do all things without murmurings. Someone gets on your nerve pray for them and let it roll off

Philippians 2:15 That ye may be blameless and harmless, the sons of God, without rebuke, in the midst of a crooked and perverse nation, among whom ye shine as lights in the world;

So, you can be blameless

Judith 8:24 Now therefore, O brethren, let us shew an example to our brethren, because their hearts depend upon us, and the sanctuary, and the house, and the altar, rest upon us. Everyone could not make it to this class, so you did examine yourselves and set the examples.

Sisters need an example (s) too not murmur, not to complain and be evil. In the sanctuary be thankful and set the example. Don't murmured, no matter where you are.

Judith 8:25 Moreover let us give thanks to the Lord our God, which trieth us, even as he did our fathers.

How about we set the example and stop lacking faith. Give thanks in this time. And they had no water. In the affliction can you still give thanks. Judith said he's trying us like our fathers. In the wilderness and now again.

**Question:** I hate the old woman when I wake up with her. How you deal with that?  
Say you get angry a lot- watch videos on anger. Not watch classes on stealing or Christ is Black.

Write down the things that makes you angry and challenge yourself  
Be around people who know how to control they spirit under pressure and stress  
You know when you are getting better then move on to the next one. Be honest with yourself.

Most High and Christ Bless you all

Notes taken by Sister Zaylia  
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