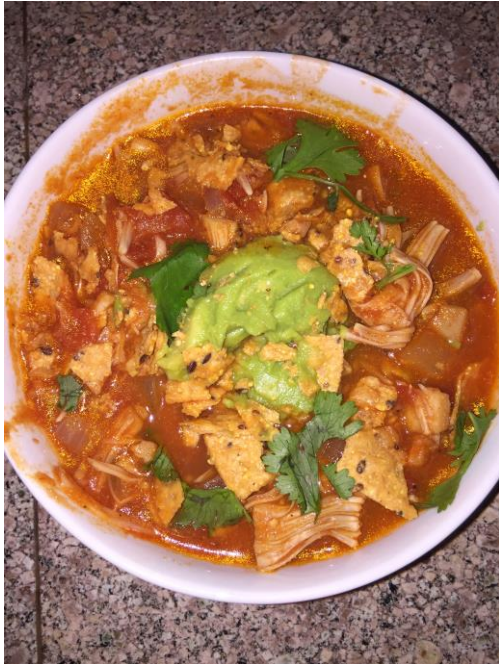


## ***Jackfruit Tortilla Soup***



### **Ingredients:**

- 1 Tbsp Oil
- 2-3 Cloves minced Garlic
- 1 can of organic jackfruit (in water or brine)
- 2 cubes of vegan “chicken” Bouillon
- 1 onion (diced or chopped)
- 1 small can diced chili’s
- 1 12oz can of tomato sauce
- 4 cups of water
- Taco seasoning (to taste)
- Cilantro (topping)
- Vegan sour cream (topping)
- Guacamole (topping)
- Tortilla strips (topping)

### **Directions :**

1. Drain and rinse jackfruit, remove seed pods
2. Put oil, garlic, onion and jackfruit in skillet on medium heat
3. Cook until onions and jackfruit are tender
4. Add the rest of the ingredients except the toppings
5. Cook until it becomes a light boil
6. Put in a bowl with the toppings of your choice