

## LEADERSHIP WIVES CONFERENCE

### “THE BALANCING ACT”

November 25, 2018

*Hosted by: Mother Shamara - House of Bishop Nathanyel*

#### **Order**

- **Deuteronomy 1:15:** So I took the chief of your tribes, wise men and known, and made them heads over you, captains over thousands, and captains over hundreds, and captains over tens and officers among your tribes
- **Exodus 18:25:** And Moses chose able men out of all Israel, and made them heads over the people, rulers of thousands, rulers of hundreds, rulers of fifties, and rulers of tens.

#### **Social Structure of the Wolf Pack**

1. Upper level does not change very often
2. Lower level changes often
3. Important to know your role in your group

#### **If the Most High has already created structure, why can we not follow the order and structure?**

- **1 Timothy 5:1-2;** 1. Rebuke not an Elder, but entreat him as a father, and the younger men as brethren: 2. The elder women as mothers, they younger as sisters with all purity.

#### **Maintain Hierarchy as the truth grows. Nature has order, no fighting is necessary.**

- **Ephesians 4:1-2;** 1. I therefore, the prisoner of the Lord, beseech you that ye walk worthy of the vocation wherewith ye are called, 2. With all lowliness and meekness, with longsuffering, forbearing one another in love;

*\*\*\*Note: Model the behavior that is acceptable to the sisters coming in after you.*

*Presenter: Mother Azarayah – House of Deacon Abbayael*

*Word: Vanity*

*Define:* 1. inflated pride in oneself or one's appearance: [conceit](#) 2. Something that is vain, empty, or valueless

- **Proverbs 16:18:** Pride *goeth* before destruction, and an haughty spirit before a fall.

### Basic Human Needs:

#### 1. Food

- **1 Timothy 6:8-10:** [8](#) And having food and raiment let us be therewith content. [9](#) But they that will be rich fall into temptation and a snare, and *into* many foolish and hurtful lusts, which drown men in destruction and perdition. [10](#) For the love of money is the root of all evil: which while some coveted after, they have erred from the faith, and pierced themselves through with many sorrows.

#### 2. Water

#### 3. Shelter

#### 4. Sleep

- **Ecclesiasticus 29:21:** The chief thing for life is water and bread, and clothing, and an house to cover shame.

#### 5. Affection (Needing to feel special)

\*\*\**Note: Exhort one another*

- **Hebrews 3:13-14:** [13](#) But exhort one another daily, while it is called today, lest any of you be hardened through the deceitfulness of sin. [14](#) For we are made partakers of Christ, if we hold the beginning of our confidence steadfast unto the end.

*Word:* Novelty (Need to learn something new)

*Define:* 1: something new or unusual

- **Matthew 4:4** But he answered, and said, It is written, Man shall not live by bread alone, but by every word that proceedeth out of the mouth of God.
- **1 Timothy 6:7** For we brought nothing into this world and it is certain we can carry nothing out.

### Balancing

Video: Quality of Life vs. Standard of Living

<https://www.youtube.com/watch?v=u9yJG-tabOs>

\*\*\**Note:* Quality of Life = Well-being

### Social Comparison Theory

- **Galatians 5:20** Idolatry, witchcraft, hatred, variance, emulations, wrath, strife, seditions, heresies,

- **Sirach 26:6** But a grief of heart and sorrow, is a woman that is jealous over another woman, and a scourge of the tongue which communicateth with all.

### Signs of Vanity

- **2 Corinthians 10:12-16** [12](#) For we dare not make ourselves of the number, or compare ourselves with some that commend themselves: but they measuring themselves by themselves, and comparing themselves amongst themselves, are not wise. [13](#) But we will not boast of things without our measure, but according to the measure of the rule, which God hath distributed to us, a measure to reach even unto you. [14](#) For we stretch not ourselves beyond our measure as though we reached not unto you, for we are come as far as to you also, in preaching the Gospel of Christ. [15](#) Not boasting of things without our measure, that is, of other men's labors, but having hope, when your faith is increased, that we shall be enlarged by you, according to our rule abundantly. [16](#) To preach the Gospel in the regions beyond you, and not to boast in another man's line of things made ready to our hand.
- **Job 15:2** Should a wise man utter vain knowledge, and fill his belly with the East wind?
- **Sirach 7: 4-5** [4](#) Seek not of the Lord preeminence, neither of the King the seat of honor. [5](#) Justify not thyself before the Lord, and boast not of thy wisdom before the king.
- **Wisdom of Solomon 13:1** Surely vain are all men by nature, who are ignorant of God, and could not out of the good things that are seen, know him that is: neither by considering the works, did they acknowledge the work-master;

### Are You Argumentative?

- **1 Timothy 6:4-6** [4](#) He is proud, knowing nothing, but doting about questions, and strife's of words, whereof commeth envy, strife, railings, evil surmising's, [5](#) Perverse disputing's of men of corrupt minds, and destitute of the truth, supposing that gain is godliness: From such withdraw thyself. [6](#) But godliness with contentment is great gain.

### Be Content

- **Philippians 4:11** Not that I speak in respect of want: for I have learned in whatsoever state I am, therewith to be content.

### Coping

- **2 Corinthians 4:18** While we look not at the things which are seen, but at things which are not seen: for the things which are seen, are temporal, but the things which are not seen, are eternal.
- **Sirach 30:23-24;** [23](#) Love thine own soul, and comfort thy heart, remove sorrow far from thee: for sorrow hath killed many, and there is no profit therein. [24](#) Envy and wrath shorten the life, and carefulness bringeth age before the time.

### Coping Skills

1. Pray and Meditate

2. List blessings and not those things that are wrong
3. Read the Bible
4. Talk to your counselor
5. Exercise (Running, Walking, etc.)
6. Write
7. Be with other people
8. Pamper yourself
9. Sing
10. Punch a punching bag
11. Cover yourself with Band-Aids wherever you want to cut
12. Cry
13. Take a nap
14. Shower or Bathe
15. Go shopping
16. Clean something
17. Read a good book
18. Listen to music
19. Try Aromatherapy
20. Paint, draw, build, sew or knit
21. Go for a nice long walk
22. Complete something you put off
23. Hug a pillow, family or friend
24. Take up a new hobby
25. Sort through your pictures
26. Write yourself "I Love You" letters
27. Make a list of goals, (ie: 5 year plan)
28. Perform a random act of kindness

\*\*\*\*\***EXAMINE YOURSELF**\*\*\*\*\*

**GOAL:** Endeavoring to keep the Unity

Video: Super Woman by Alicia Keys

<https://www.youtube.com/watch?v=-AphKUK8twg>

*Presenter: Mother Paryah - House of Bishop Kani*

## **The Balancing Act: Life, School, Work and the Unexpected With Wisdom Cometh Knowledge**

- **Isaiah 33:6** And wisdom and knowledge shall be the stability of thy times, and strength of salutation: the fear of the Lord is his treasure.

## **Make Sure You and Your Lord Are on the Same Page**

### **Things to remember:**

1. Your Lord is the CEO
  2. You are the Manager
  3. Do what He needs of You to make your job a peaceful home
- **Genesis 3:16** Unto the woman he said, I will greatly multiply thy sorrow and thy conception. In sorrow thou shalt bring forth children: and thy desire shall be to thy husband, and he shall rule over thee.
  - **Sirach 25:1** In three things I was beautified, and stood up beautiful, both before God and men: the unity of brethren, the love of neighbors, a man and a wife that agree together.

## **Have a System That Works for Your Family**

### **Helpful Tips:**

1. What time do you get your day started?
  2. What does your schedule look like today?
  3. Did you write out your tasks for today?
  4. Did you prioritize your tasks?
  5. Did you complete your tasks? If not, move them over to the next day.
  6. Did you put off social media time for the end of the day?
- **Sirach 26:16** As the Sun when it ariseth in the high heaven: so is the beauty of a good wife in the ordering of her house.
  - **1 Corinthians 14:40** Let all things be done decently, and in order.
  - **Proverbs 31:27** She looketh well to the ways of her household, and eateth not the bread of idleness

## **Whoever Said Juggling Responsibilities Would Be Easy?**

- **Micah 2:10** Arise ye and depart, for this is not your rest: because it is polluted, it shall destroy you even with a sore destruction.
- **2 Esdras 14:14-15; 14** Let go from thee mortal thoughts, cast away the burdens of man, put off now the weak nature, **15** And set aside the thoughts that are most heavy unto thee, and haste thee to flee from these times.

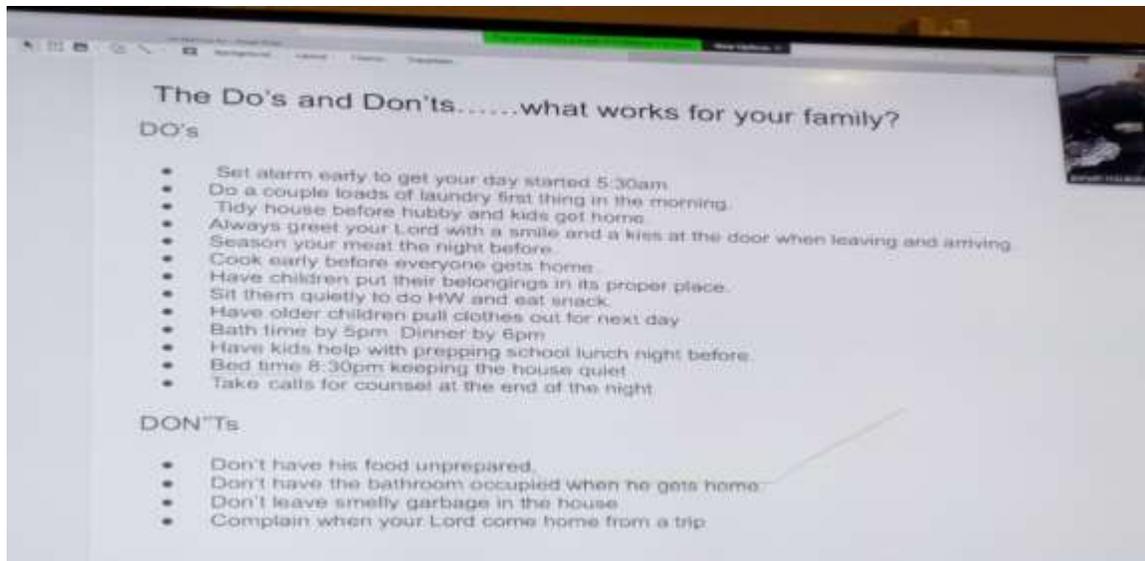
## **Be Brothers/Sisters Keepers**

- **James 2:15-17; 15** If a brother or sister be naked, and destitute of daily food, **16** And one of you say unto them, Depart in peace, be ye warmed & filled: notwithstanding ye give them not those things which are needful to the body: what doth it profit? **17** Even so faith, if it hath not works, is dead being alone.
- **Philippians 2:4** Look not every man on his own things, but every man also on the things of others.

### Know That You're Not Crazy...LOL

- **1 Corinthians 10:13** There hath no temptation taken you, but such as is common to man: but God is faithful, who will not suffer you to be tempted above that you are able: but will with the temptation also make a way to escape, that ye may be able to bear it.

### How to Cope With Stress



- **Sirach 30:21** Give not over thy mind to heaviness, and afflict not thyself in thine own counsel.
- **Matthew 11:29** Take my yoke upon you, and learn of me, for I am meek and lowly in heart: and ye shall find rest unto your souls.

### Value Your Self-Worth...You Are Priceless.

- **Proverbs 31:10** Who can find a virtuous woman? For her price is far above Rubies.
- **Proverbs 18:22** Who so findeth a wife, findeth a good thing, and obtaineth favor of the Lord.

Video: Leader-Motivational Video

*Presenter: Naamah - House of Deacon Asaph*

- **Hebrews 12:14-15; 14** Follow peace with all men, and holiness, without which no man shall see the Lord: **15** Looking diligently, lest any man fail of the grace of God, lest any root of bitterness springing up, trouble you, and thereby many be defiled:
- **1 Peter 3:8** Finally be ye all of one mind, having compassion one of another, love as brethren, be pitiful, be courteous,
- **Romans 12:10** Be kindly affectionate one to another with brotherly love, in honor preferring one another.
- **Proverbs 31:26** She openeth her mouth with wisdom; and in her tongue is the law of kindness
- **James 4:1** From whence come wars and fighting's among you? Come they not hence, even of your lusts, that war in your members?

*Presenter: Mother Shamara – House of Bishop Nathanyel*

Video: Everyday Life of a Slave

<https://www.youtube.com/watch?v=EhjBsJF4C20>

### **What Does Your Day Look Like?**

- **Genesis 2:18** And the LORD God said, It is not good that the man should be alone: I will make him an help meet for him.
- **Sirach 36:24** He that getteth a wife, beginneth a possession, a help like unto himself, and a pillar of rest.
- **Proverbs 31:25-31; 25** Strength and honor are her clothing; and she shall rejoice in time to come. **26** She openeth her mouth with wisdom; and in her tongue is the law of kindness. **27** She looketh well to the ways of her household, and eateth not the bread of idleness. **28** Her children arise up, and call her blessed; her husband also, and he praiseth her. **29** Many daughters have done virtuously, but thou excellest them all. **30** Favor is deceitful, and beauty is vain: but a woman that feareth the Lord, she shall be praised. **31** Give her of the fruit of her hands, and let her own works praise her in the gates.
- **1 Corinthians 11:8-10; 8** For the man is not of the woman: but the woman of the man. **9** Neither was the man created for the woman: but the woman for the man. **10** For this cause ought the woman to have power on her head, because of the Angels.

### **Are you Mary? Or Martha? (Ask yourself; are you an example to Sisters in the body?)**

- **Luke 10:38-42 38** Now it came to pass, as they went, that he entered into a certain village: and a certain woman named Martha, received him into her house. **39** And she had a sister called Mary, which also sate at Jesus feet, and heard his word: **40** But Martha was cumbered about much serving, and came to him, and said, Lord, doest thou not care that my sister hath left me to serve alone? Bid her therefore that she help me. **41** And Jesus answered, and said unto her, Martha, Martha, thou art careful, and troubled about

many things: [42](#) But one thing is needful, and Mary hath chosen that good part, which shall not be taken away from her.

- **Matthew 6:33-34;** [33](#) But seek ye first the kingdom of God, and his righteousness, and all these things shall be added unto you. [34](#) Take therefore no thought for the morrow: for the morrow shall take thought for the things of itself: sufficient unto the day is the evil thereof.
- **Colossians 3:17** And whatsoever ye do in word or deed, do all in the Name of the Lord Jesus, giving thanks to God and the Father, by him.
- **Psalms 118:24** This is the day which the Lord hath made: we will rejoice, and be glad in it.

### **Eisenhower Box- Urgent vs. Non-Urgent**

1. Decide what needs to be *done*
2. Schedule time to *do* it
3. *Delegate*
4. *Delete* (Non-Urgent things)

### **Social Media Detox**

#### **Checking Emails (Adjust Notifications)**

- **1 Corinthians 6:12** All things are lawful unto me, but all things are not expedient: all things are lawful for me, but I will not be brought under the power of any.

### **Trying To Be Perfect**

Book: “Don’t Sweat the Small Stuff”

- **Galatians 1: 10** For do I now persuade men, or God? Or do I seek to please men? For if I yet pleased men, I should not be the servant of Christ.

\*\*\*Note: *Do not please me...Be a servant of God.*

### **Avoid Time Wasting Activities and Relationships**

#### **Time Waster:**

1. Being disorganized
2. Lack of self-discipline
3. Poor/Bad organizing
4. Confused responsibility or authority
5. Socializing

Closing:

Video: Born To Be a Leader

<https://youtu.be/GsnHBPKRoVw>



