

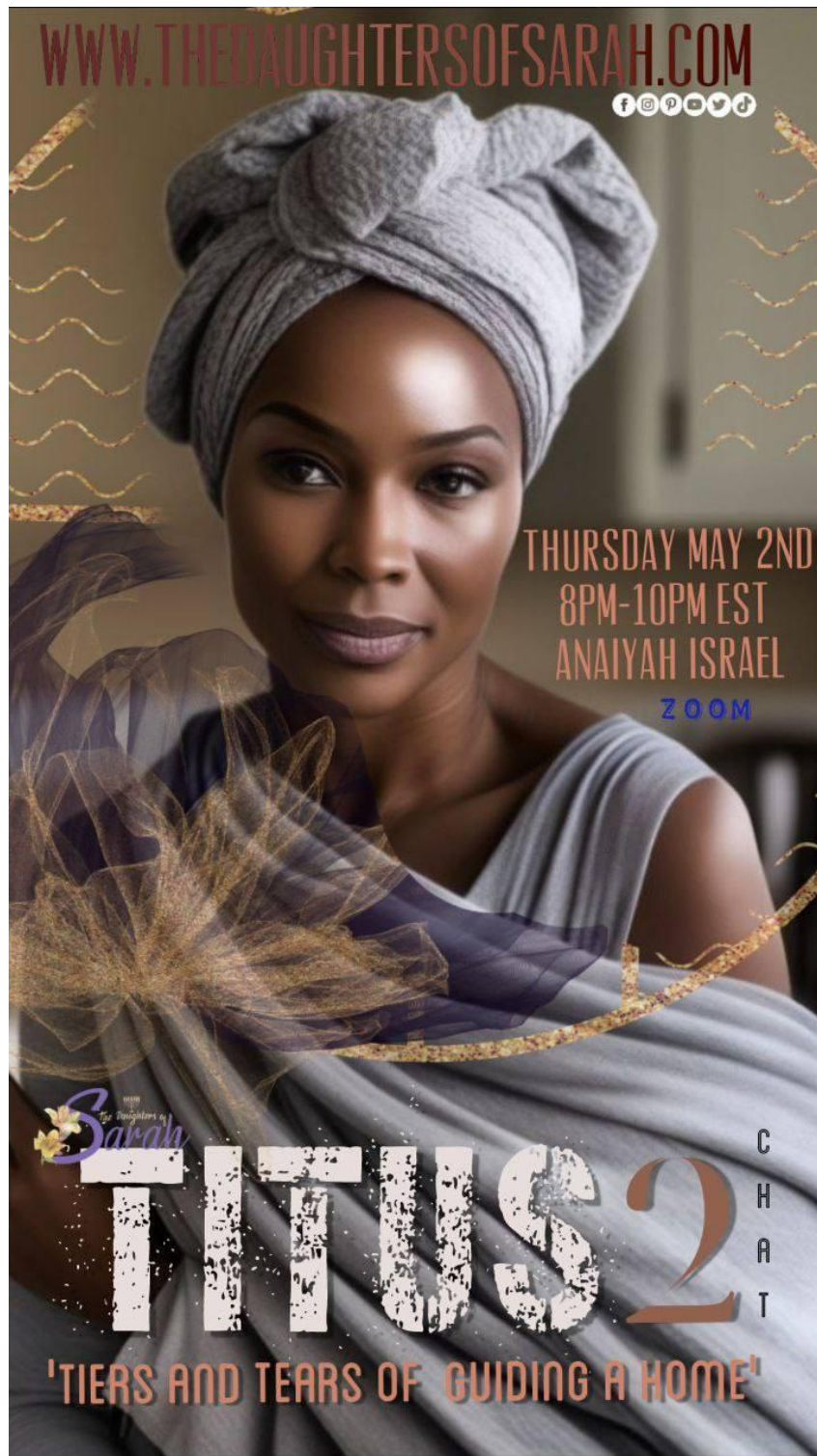


Events: Titus 2

Title: Tiers and Tears of Guiding a Home

Host: Anaiyah Israel

Date: May 02, 2024





SISTER ANAIYAH

1 Timothy 5:14 (KJV) I will therefore that the younger women marry, bear children, guide the house, give none occasion to the adversary to speak reproachfully.

This scripture has me meditating physically and spiritually.

- Each stage of life comes with being a daughter, a sister, a wife, a mother, and a friend.
- We have to take care of ourselves first and make sure we are good so we can take care our lord's home and single sisters take care of their homes.

1 Corinthians 6:19-20 (KJV) What? know ye not that your body is the temple of the Holy Ghost which is in you, which ye have of God, and ye are not your own? [20] For ye are bought with a price: therefore glorify God in your body, and in your spirit, which are God's.

- We have to really take care our bodies and take it seriously.
- We are learning new ways to take care ourselves.
 - It will assist us in everything we need when we order our houses aright.

1 Timothy 5:14 (KJV) I will therefore that the younger women marry, bear children, guide the house, give none occasion to the adversary to speak reproachfully.

- That's the goal for us to marry, have children and guide the house.

Titus 2:5 (Apocrypha) To be discreet, chaste, keepers at home, good, obedient to their own husbands, that the word of God be not blasphemed.

- We are commanded to live wisely, be pure, work in our homes, do good, be submissive and supportive to our husbands.
- We do not want bring shame to the word of God.
- We follow the path that was created for us to grow.
- Each phase brings new things we are learning.

The Aging Phase

Ecclesiastes 3:1 (KJV) To every thing there is a season, and a time to every purpose under the heaven:

- There is a season for everything.
- We look in the mirror and it feels like we are not getting older.

1 Timothy 5:14 (KJV) I will therefore that the younger women marry, bear children, guide the house, give none occasion to the adversary to speak reproachfully.

- It is a beautiful thing to fulfil this scripture.
- This scripture is full of love, joy, fulfilment, and tears.



- Sisters are emotional, we be giving fake tears.
- We have real tears and happy tears.

Tiers and Tears

The first time I heard the truth, I learned that Christ is Black, and we are the Israelites.

Revelation 1:14 (KJV) His head and his hairs were white like wool, as white as snow; and his eyes were as a flame of fire; [15] And his feet like unto fine brass, as if they burned in a furnace; and his voice as the sound of many waters.

I am from the tribe of Judah like Christ. I was overcome with joy and wanted to learn more.

- I had a similar feeling when becoming a be mom.
- It does not matter how many children you have, it's the same excitement.

Joshua 24:14 (KJV) Now therefore fear the LORD, and serve him in sincerity and in truth: and put away the gods which your fathers served on the other side of the flood, and in Egypt; and serve ye the LORD.

How marvellous when we repent and enter the truth in sincerity.

- We have to aim to be the best we can be and do the work of the Lord.

Pre-menopause

My body was feeling like it was fire everywhere.

Video #1: Drew Barrymore video - Menopause Hormonal Health
<https://www.facebook.com/share/v/CP9ZfkmusgcRr1gz/?>

1 Timothy 5:14 (KJV) I will therefore that the younger women marry, bear children, guide the house, give none occasion to the adversary to speak reproachfully.

The commandments are for us to grow nation.

- Once you hit menopause and you don't see your menstruation for 12 months straight, you *can* end up pregnant.

Video #1: continued timestamp 10:28-11:02 minutes

- Many of us believe that menopause affects only older women, not middle-aged women.

Video #1: continued timestamp 17:57-18:38 minutes

Many younger women never heard of or talk about menopause.

- When the unrepentant see us, they ask us if we are going to have more children?
- Children are a blessing.



Psalms 127:3-5 (KJV) Lo, children are an heritage of the LORD: and the fruit of the womb is his reward. [4] As arrows are in the hand of a mighty man; so are children of the youth. [5] Happy is the man that hath his quiver full of them: they shall not be ashamed, but they shall speak with the enemies in the gate.

It is a blessing to bring forth children.

- Though, it is not easy with you going through menopause.
- You have to learn yourself all over again.

One day I woke up hot. Another day, I was feeling sad. I did not know what was happening to me.

- I felt weird and I needed to go to the doctor.
- I started breaking out.
- I was binge eating and did not feel working out.

Children are active and we have to keep up with them and our lord's needs.

Video #2: learnwithchelsea

https://www.instagram.com/reel/C4qVcCWLeEZ/?utm_source=ig_web_button_share_sheet

- This video depicts us.
- When we are going through something, our children will snap us out of it.
- We have to show up every day for them.
- We have to keep the commandments.

Video #3: mamazenapp parenting

<https://www.instagram.com/reel/C3fjv4mM7sv/?igsh=dmpxdGcwcXF6dGVy>

Through storm and moving river, challenging and turbulence, your family still needs you and need your work in the body.

- Life don't stop because what you are going through.
- We must be mindful of our own emotions.

Bonus Video: Homeschool Humor

<https://www.instagram.com/reel/C38Pp4fuC3M/?igsh=MTM1bW92ZzRhc2tydq==>

I was getting overwhelmed with homeschooling my children.

- It's challenging.
- I go through a lot of emotions.
- Bishop said he tips his hat to the mothers that homeschool.

We should never call our children outside of their names.

We never know what sticks with them when they become adults.

When you love someone, you don't want to hurt them.

The scriptures tell us to spare the rod not to hurt them, we must apply the scriptures.



Video #4: metaversemom

<https://www.instagram.com/reel/C4BIZ-VuWgM/?igsh=MWR3OXR3ZWI4eW5rbQ==>

- When it's time to discipline the children, they make you feel like you are wrong.
- It takes me to yell or get upset for the kids to listen.
- My children want my undivided attention.
- But I have other duties to do.
- When training our children up we have to learn how to apply the scriptures and run our lord's house smoothly.

When I went to see the doctor, she said I am beginning menopause.

- I was told that this medication manages emotions.
- I researched the medicine.
- I spoke to my lord and shared with him how I was not feeling well.
- He said if you are not feeling in the spirit tomorrow, throw it away...my lord husband is so supportive.
- I threw it away.

At the school, the sisters were sharing information on menopause.

- They shared natural things you can take.
- Maca root herb was suggested
- Many have been taking vitamins and herbs and feeling good.

Our emotions are up and down. Multiply that by 5 when you are pregnant.

The Most High answered my prayers.

Video #5: https://www.instagram.com/reel/C5IGRc-JaT_/?igsh=bGJlb3I1NDFmaHN1

This is a message for us as sisters - have patience and be kind.

- We are commanded to be kind.
- Be mindful when our sisters have small children.

Video #6: SpringHill

<https://www.instagram.com/reel/C5mCyxrnmS/?igsh=Y3JrbmFyMXIzbjlp>

First video: be kind to new sisters being a mom.

Second video: showed how to be kind.

- It's easy to make judgment.
- Sometimes we need encouragement.
- We must be kind and gentle. We never know what a sister is going through.

Colossians 4:6 (KJV) Let your speech be always with grace, seasoned with salt, that ye may know how ye ought to answer every man.

We should take in consideration what we say and how we say things.

- Let's all be mindful on how we approach one another.
- We must hold our integrity to stay on track and in the spirit.



Job 27:6 (KJV) My righteousness I hold fast, and will not let it go: my heart shall not reproach me so long as I live.

We must hold fast to our integrity.

Proverbs 11:16 (KJV) A gracious woman retaineth honour: and strong men retain riches.

When we keep our integrity in check, we won't allow our circumstances to affect us as wives, as mothers, and as sisters.

Gracious definition: marked by kindness and courtesy

We should be always striving to be kind and courtesy to one another.

2 Timothy 1:5 (KJV) When I call to remembrance the unfeigned faith that is in thee, which dwelt first in thy grandmother Lois, and thy mother Eunice; and I am persuaded that in thee also.

We should be aiming and striving for this and daily.

- We should want to be remembered as having our integrity intact and be a great sister.
- Our name matters.

Ecclesiasticus 26:17-18 (Apocrypha) As the clear light is upon the holy candlestick; so is the beauty of the face in ripe age. [18] As the golden pillars are upon the sockets of silver; so are the fair feet with a constant heart.

How by through everything I shared, I didn't feel good or I was not good yet everyone else was telling me I looked good
My skin was breaking out yet everyone was saying I was looking good
Maybe it was as in my head
I been meditating on these scriptures with praying and fasting
Having people to talk to it helps
Skin regime must be on point

Video #7: @TheDrewBarrymoreShow with Gabrielle Union
<https://youtube.com/shorts/EPveUUK2dHc?si=kjB8LwBwzOJjvGIR>

We must have gratitude and be thankful.

- Have compassion for one another.
- We all go through things at different times in our lives.
- Meditating on the scriptures will help you.

These feelings are real. You can become a different person.
It is good to catch it (menopause) early on.



Ecclesiasticus 26:22-26 (Apocrypha) An harlot shall be accounted as spittle; but a married woman is a tower against death to her husband. [23] A wicked woman is given as a portion to a wicked man: but a godly woman is given to him that feareth the Lord. [24] A dishonest woman contemneth shame: but an honest woman will reverence her husband. [25] A shameless woman shall be counted as a dog; but she that is shamefaced will fear the Lord. [26] A woman that honoureth her husband shall be judged wise of all; but she that dishonoureth him in her pride shall be counted ungodly of all.

We are supposed to be a tower to our husband.

- No matter what's going on, we have to show up for our husband and be everything they need us to be and do.
- We must fulfil our role.
- We want to be as godly women, that's our whole objective.

A strong tower is a place in ancient times where people run too when in danger.

- We play a vital role to the men we married to, they need us to show up and to be our best selves.
- Our men go through go through things too and we must be there to help them.
- Being a tower for our lords helps our mind, body, and spirit.

Philippians 4:13 (KJV) I can do all things through Christ which strengtheneth me.

Meditate on the scriptures. They help us regardless of what we go through.

Video #8: When kids get too quiet

<https://www.instagram.com/reel/C3f8ZHyR86I/?igsh=YXo5MXgwMWRhbjdq>

When children are quiet, they are up to something.

- Right before the class started, my son had cereal stuck up his nose. They always doing something.
- We must stay prayed up and press toward the mark.

It's never too late to reinvent yourself.

- I am doing that and embracing myself.
- I am grateful and thankful.
- Focus on the positive.

Reinvent through the Most High God. He created us for a purpose.

- Transform into the woman he called you to be.
- If we got off the path due to poor choices, a new beginning is possible.
- As long as we have breath, we can get it done.

Reinvent definition: change (something) so much that it appears to be entirely new.

Get started on your journey to your new beginning

- Not clinging onto the events of the past.
- Watch for new things that the Most High will do.
- Have faith and believe.



Philippians 3:13-14 (KJV) Brethren, I count not myself to have apprehended: but this one thing I do, forgetting those things which are behind, and reaching forth unto those things which are before, [14] I press toward the mark for the prize of the high calling of God in Christ Jesus.

We can use this scripture when we are reinventing ourselves.

3 Steps to reinventing yourself

Step 1: Take time to discover what makes you think.

- Take as much time you need to discover yourself.
- It will be the best investment you can make.
- When you are good, everything around you will be good.
- You can show up and be your best.

2 Corinthians 13:5 (KJV) Examine yourselves, whether ye be in the faith; prove your own selves. Know ye not your own selves, how that Jesus Christ is in you, except ye be reprobates?

Examine yourself to discover strengths, weakness, likes, dislikes, regrets in life, and what you have done.

- Learn why you do what you do.
- Discover your temperament and your triggers.
- You can begin the process of taking the necessary steps toward change.

If we are unable to examine ourselves, then we become a reprobate.

Step 2: You can't continue to move forward in the same mindset and expect things different to happen.

- To change the course of your life, there are areas you need to develop and bring in to focus.
- Core values for example: what's more important to you?
- Are you doing what it takes to make it into the kingdom?

Philippians 3:14 (KJV) I press toward the mark for the prize of the high calling of God in Christ Jesus.

There will be trials.

- How we choose to handle the trials is key.
- We will only go as far as our mind allow us to go.
- Don't dwell on negative thoughts.
- You have to renew our mind and build your faith.

Ephesians 4:23 (KJV) And be renewed in the spirit of your mind;



We must renew our minds.

Romans 10:17 (KJV) So then faith cometh by hearing, and hearing by the word of God.

We must stay in the scriptures, watch classes, read our 4 chapters, and stay in the word.

- We must do everything we can to build up our faith to renew our minds.
- It is not going to be easy.
- That's why we have weekly Titus 2 and classes 7 days a week.
- These are the tools to build our strength and faith.

Step 3: Design a plan to get you there.

- Now it's time to put the peddle to the meddle and design and plan to get you there.
- In this design phase you need to set up your support system to hold you accountable and help you in unfamiliar areas.

Luke 14:28 (KJV) For which of you, intending to build a tower, sitteth not down first, and counteth the cost, whether he have sufficient to finish it.

We know change is a process.

- When we have goals and set a plan in place, we must make sure we pulling the resources and everything we need to get us to the goal of reinventing ourselves.

Ecclesiasticus 6:36 (Apocrypha) And if thou seest a man of understanding, get thee betimes unto him, and let thy foot wear the steps of his door.

Counting the cost and doing what needed.

- Whatever state you are in, leadership has designated sufficient sisters to assist you in this walk.
- It's our job to reach out to you and to show ourselves friendly.
- You can learn from them.
- This is the process to overcome and propel you forward in this walk.

Start on your journey and new beginnings by taking these 3 steps.

You will see a brighter future.

The process of building your house and ordering your house aright.

- As you become more confident and setting boundaries with different people, you will begin to see your life with more peace.
- Regardless of the situations or people you encounter, you will begin to navigate better.
- You'll see things flower and grow more in the spirit.
- It's like a cheat sheet to detoxify your life.

Who we choose to spend our lives around is important.

- We know that evil communication corrupt good manners.
- We must be mindful.



Video #9: Deacon Yoshua (For a Mac: double click on the image to play)



Follow what is right.

- We must have faith we can do this and get it done.
- Look forward.
- When things are not lining up with the Bible, we must be mindful.
- Spirits jumps and can be detrimental to our walk and growth.

Video #10 Alex Elle

<https://www.instagram.com/reel/C4BiPu-vees/?igsh=MW5nZGVzMXhieXBiYg==>

We cannot be uncertain anymore.

- The Most High is not the author of confusion.
- We must value and love ourselves.
- We need to know when enough is enough and take the necessary precautions to make our homelife better.

Reciprocal definition: what you put out is what you get back in

- In marriage, we go above and beyond for our lords who put their lives on the line.
- This should be light work for us after all they do for us.

Matthew 7:12 (KJV) Therefore all things whatsoever ye would that men should do to you, do ye even so to them: for this is the law and the prophets.

Luke 6:31 (KJV) And as ye would that men should do to you, do ye also to them likewise.

Treat others how you want to be treated.

- If you are being mean, rude and unkind, you should expect that if you don't want that shown to you, don't show it to others.
- We have the blueprint we must follow, the Bible.
- We have to reinvent the positive.
- If we believe, we will consider all scripture.

Mistakes will happen.

- Overcome the toxic thoughts.
- Take inventory of your thoughts and fight with scriptures to overtake them.



Romans 12:2 (KJV) And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God.

Tips and tools we can use to reinvent ourselves.

Jeremiah 17:9 (KJV) The heart is deceitful above all things, and desperately wicked: who can know it?

Our mind is desperately wicked.

- We can't trust the mind.

Bishop Kani Quote: I don't trust my mind.

When things start popping in our minds out the blue, we must filter those thoughts through the scriptures.

Video #11:

<https://www.instagram.com/reel/C0Dj2iPO6rJ/?igsh=MWI3aWN1NGZ6YTdiMQ==>

As sisters we often overthink, and we have to stop.

2 Corinthians 5:17 (KJV) Therefore if any man be in Christ, he is a new creature: old things are passed away; behold, all things are become new.

The we all new creatures in Christ.

- Today is a new day, a gift for us.
- When you have a positive thought, it puts you on a good path.
- There is no profit in negative thinking. We already have the curses on us, let's not add to it.

Ephesians 4:22-24 (KJV) That ye put off concerning the former conversation the old man, which is corrupt according to the deceitful lusts; [23] And be renewed in the spirit of your mind; [24] And that ye put on the new man, which after God is created in righteousness and true holiness.

We all should want to become a new creature in Christ.

- Changing our lives by becoming a new version of ourselves.
- As long as we have breath, we have a chance to correct ourselves.

Video #12: Bishop Yawasap

<https://www.instagram.com/reel/CzmSvUhJFlo/?igsh=NHdvN3BubjltZnY5>

Most High and Christ Bless