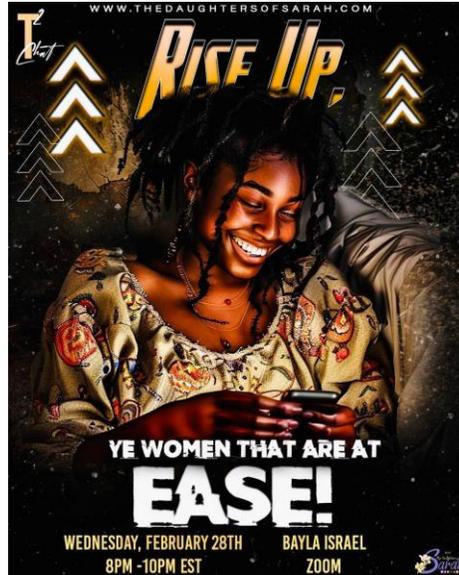


Event: Titus 2 Chat
Topic: Rise Up, Ye Women That Are at Ease!
Hostess: Bayla Israel (H/O Captain Gedaliah)
Date: February 28, 2024



The acts of the apostles are continuing...

The men of the Most High are really putting their life on the line.

One thing with us women, we get very emotional, and we must be able to combat that with the scriptures. So whatever trials we are going through, let us make sure we are taking heed to what the scriptures say.

I want to touch on this topic because here in Babylon we are extremely comfortable. We, as a people, may not be in physical chains but we certainly are in mental chains. We must be sure that we are studying and getting ourselves built up. This way, we can manage whatever is to come.

This is not our rest! So, how is a repentant Daughter of Sarah supposed to look like? How is she supposed to treat the men of the Lord, her children and herself?

1 Kings 8:47 (KJV) Yet if they shall bethink themselves in the land whither, they were carried captives, and repent, and make supplication unto thee in the land of them that carried them captives, saying, We have sinned, and have done perversely, we have committed wickedness;

- We must understand we have to repent our thoughts; we must be able to confess it.
- The prophets are working like hell to get out of here, so what are we doing?
 - It is so much work to be done.
 - We really need to put our hand to the plow.



Deuteronomy 28:68 (KJV) And the LORD shall bring thee into Egypt again with ships, whereof I spake unto thee, Thou shalt see it no more again: and there ye shall be sold unto your enemies for bondmen and bondwomen, and no man shall buy you.

- It is important that we understand we are still in captivity.

Video: [Satan's Desire To Destroy Your Marriage: Are You The Problem?](#)

(Time Stamp: 2:03:01 End 2:04)

“The Israelite man is the best.”

The enemy is trying to create that division between us...

- We cannot be at ease and be comfortable knowing there is spiritual wickedness in high places.
- Take spiritual inventory of yourself to see what you can do better.
- We must be different than the woman in the world so when people see us, they notice something is different about those Israelite women.

We must ask ourselves:

- What are we doing? Are we playing a role or are we living up to our full potential?
- Take notes, take heed.

The Willie Lynch letter:

- The enemy used fear, distress, and envy against their slaves. This method is still working to this day.
- We must always be ready to self-examine to make sure we do not fall into this mind trap.

When we get comfortable, there is no room to grow...

- The scriptures let us know to strive for the truth unto death.
- So, we must understand the scriptures and take heed.

“What does your fruit say about you?”

Matthew 7:16-20 (KJV)

vs 16 Ye shall know them by their fruits. Do men gather grapes of thorns, or figs of thistles?

vs 17 Even so every good tree bringeth forth good fruit; but a corrupt tree bringeth forth evil fruit.

vs 18 A good tree cannot bring forth evil fruit, neither can a corrupt tree bring forth good fruit.

vs 19 Every tree that bringeth not forth good fruit is hewn down and cast into the fire.

vs 20 Wherefore by their fruits ye shall know them.

- We know that we have been indoctrinated by America and it caused us to be in opposition with our Lord. Now we know the truth and we can read now.
- If we want to reach higher levels, we must sit back and see what we need to work on



Being at ease...

1 Peter 2:9 (KJV) But ye are a chosen generation, a royal priesthood, an holy nation, a peculiar people; that ye should shew forth the praises of him who hath called you out of darkness into his marvellous light:

- We were pulled out of darkness; we must get up and refocus. Understand as a repentant Israelite woman we have a higher standard.

“Let’s make sure we are showing forth those good fruits.”

Judith 11:21 (Apocrypha) There is not such a woman from one end of the earth to the other, both for beauty of face, and wisdom of words.

- Judith was not only beautiful, but she displayed wisdom.

Ecclesiasticus 36:24 (Apocrypha) He that getteth a wife beginneth a possession, a help like unto himself, and a pillar of rest.

- Being someone, he can lean on, know your purpose and do it.

Trials will come:

- You can look back and say we go through some things but know we will make it through.

We must really think about our former mothers of old...

- How Anna took on woman’s work through her lord’s trial
- How Abigail had a wicked lord and still tried to save his life

“Your lord wanting to travel: Come up with a budget, which is being revolutionary.”

Isaiah 32:9 (KJV) Rise up, ye women that are at ease; hear my voice, ye careless daughters; give ear unto my speech.

Ease definition: the state of being comfortable.

- If you are at ease, that means you are relaxed.

Being at ease is a danger zone...

- It is where dreams often die because you are not trying to strive to do better.
- You do not have goals for yourself anymore.



- You are less likely to push yourself, challenge yourself to step out of your comfort zone for your nation.

1. Spiritual

You have a lack of studying, fasting, counseling, you do not congregate.

Ask yourself and examine:

- Do you love it here?
- Do you want to be around those who feed your demon?

2 Timothy 2:15 (KJV) Study to shew thyself approved unto God, a workman that needeth not to be ashamed, rightly dividing the word of truth.

- I must make sure I am building myself up.
- Make sure you take the time to study.
- If you are not studying, that means you are comfortable.
- The prophets are going hard, and we do not even open a Bible's to study.
- We should be well-studied in the Bible and make sure our foundation is built on Christ.
- We would not fall into foolishness because we would know how to conduct ourselves as a daughter of Sarah.

2 Timothy 3:16 (KJV) All scripture is given by inspiration of God, and is profitable for doctrine, for reproof, for correction, for instruction in righteousness:

- Know that it is all profitable

“Make sure you’re participating in the voluntary fasting.”

Proverbs 12:15 (KJV) The way of a fool is right in his own eyes: but he that hearkeneth unto counsel is wise.

- We have counselors in this truth.
- If you are listening to counsel, that makes you wise.

2. Physical

- We are comfortable physically.

Ecclesiasticus 30:15 (Apocrypha) Health and good estate of body are above all gold, and a strong body above infinite wealth.

Video: [Getting Bad while on a diet](#)

Video: [You are Big](#)



Thoughts from the clip:

- We cannot huff and puff when it is time to move on foot.
- We got to get ourselves together, meaning exercise. Cut back on some of the things you are eating if you need to

3. Parental

- You should want your kids to learn new things. We must make sure we are diligently instructing our kids and homeschooling. Make sure you have a routine and stick to it.
- Reach out to other moms and ask questions. We must make sure we are teaching them to properly read.
- Take the time out to know you are a child.

“We are raising the next generation of prophets and princesses.”

Job 39:15-17 (KJV)

vs 15 And forgetteth that the foot may crush them, or that the wild beast may break them.

vs 16 She is hardened against her young ones, as though they were not hers: her labour is in vain without fear.

vs 17 Because God hath deprived her of wisdom, neither hath he imparted to her understanding.

- Do not have pride.
- We can have ostrich syndrome.
 - Do not be an ostrich.
- We know how to properly instruct our children because we have the Bible.

Remember, you are the light of the world...

- When we understand the oppression, our children face in the school system ex. standardized test; we should be going ten times harder.
- Let us really make sure we have everything laid out for them. Make sure they understand everything that is going on.

One day they are going to have to be functioning adults...

- Knowing how to read, write, and know basic math; so, when it comes to homeschooling, we must do a better job at it.
- There's always room for improvement.

Ecclesiasticus 30:8 (Apocrypha) An horse not broken becometh headstrong: and a child left to himself will be wilful.

Psalms 119:71 (KJV) It is good for me that I have been afflicted; that I might learn thy statutes.



4. Discipline

- Starts at home. We cannot fuss at our children if we never taught them how to do certain things. We must train our kids up.
- Make sure we teach them the scriptures, teaching them how to sit down and how to wash hands etc.

Mama Naamah -

- Loving your husband must be taken seriously.

Proverbs 31:10 (KJV) Who can find a virtuous woman? for her price is far above rubies.

- We should have the morals of our foremothers.

Proverbs 31:11 (KJV) The heart of her husband doth safely trust in her, so that he shall have no need of spoil.

- His mind should be able to safely trust in you.
- The men really have it hard in this world so they need a place where they can come and relax.
 - Not come home to arguments
 - They need to come home to the things about which we are reading.

Esther 2:12 (Apocrypha) Now when every maid's turn was come to go in to king Ahasuerus, after that she had been twelve months, according to the manner of the women, (for so were the days of their purifications accomplished, to wit, six months with oil of myrrh, and six months with sweet odours, and with other things for the purifying of the women;)

- It is not a game; you need to be careful.
- Your skin should be marinating in these oils.
- Bathing in oils as our foremother Esther did.
- If you want to keep your man happy, you must put in an effort.
- He cannot come into the house, and you smell like Windex or Clorox.

Working out...

Along with working out, make sure you are eating properly. Get your greens in. If you want to look different, you must take the steps.

- Face routine, keeping it tight all over.
- Have a sweet voice, be loving, be kind.
- Light candles and have jazz music going.
- There are some sisters that do not want to do it, but there are some sisters that stopped their day to make sure she is right for her lord when he comes home.



**“We have to care enough to make sure things are being done correctly.”
Mama Shamarah**

Judith 10

When Judith was sent out on her mission, she washed herself and she then went through the camp. Judith was bad to the bone. You can imagine everyone in awe. You can imagine the number of men that accompanied her? Waiting for her to come through.

Judith 10:19 (Apocrypha) And they wondered at her beauty, and admired the children of Israel because of her, and every one said to his neighbour, Who would despise this people, that have among them such women? surely it is not good that one man of them be left who being let go might deceive the whole earth.

- They recognized that it was not just Judith that was bad to the bone. That meant all the woman was bad to the bone.
- We have an obligation to set the stage.

“Be the biggest flex that your lord has.”

Esther 14:13 (Apocrypha) “Give me eloquent speech in my mouth before the lion: turn his heart to hate him that fighteth against us, that there may be an end of him, and of all that are likeminded to him:”

- Our foremother Esther had eloquent speech.
- Define eloquent: persuasive in speaking, it is meaningful, sensitive.

When you speak to your lord...

- You should be making eye contact. Make sure you are not aggressive in your eyes. It should be gentle, peaceful, and kind. All the things that the scripture says we are supposed to be.
- Speaking to your lord, he should not feel like he is your son, or you are speaking to him as a child, even when you are frustrated or angry. It is very offensive.

Make sure you are delicate and very lady like...

- Be sure to practice it in the mirror.
- Seeing what faces are calmer to you, a more inviting and loving voice is the best.

It is an honor having your husband head over the house...

- That is something that you really need to take into consideration.
- When your husband comes to the door, be the best wife you can be, so whatever problem you have gets put on hold until it can be addressed later.
- This takes practice over the years.



Do not be selfish, it is not always about you...

- This world is hard for our black men. They are struggling and fighting for their nation every day. The last thing he wants to do is come home and fight with his wife.
- They need to have a place of quiet and peace. Nobody wants to come home and see that knowing you are the only woman he can be with for the rest of his life.

The cooking and the bathing should be done before he comes home...

- Not when he comes through the door, you start taking out frozen meat.
- That is evil and it is not for him to tell you or ask you.

Ecclesiasticus 36:23 (Apocrypha) If there be kindness, meekness, and comfort, in her tongue, then is not her husband like other men.

- Most men's wives are mean and disrespectful, speaking in a condescending way. How dare you do that after this man chose you.
- Some days, he may come home mad. This world is already hard, you must be merciful toward your husband. He is going to make mistakes.

Being looks like...

- Would you like me to pour your glass of wine?
- Would you like me to help you with your clothes or run your bath?
- Would you like your dinner?

“Be very kind when he comes to the door.”

Exhort him through his classes...

- Let him know what his great points were.
- Let him know how he did amazing.
- If you are not available to watch your lord's class, that speaks volumes.
- You are supposed to be his number one cheerleader, in the words of Mama Shamarah.

No one should know how to comfort your lord more than you...

- If your Lord losses his job, let him know, “don't worry, my lord, the Most High will definitely bless you.”
- Help send up prayers, you are there to help.

“We're in this together.”



Judith 10:3 (Apocrypha) And pulled off the sackcloth which she had on, and put off the garments of her widowhood, and washed her body all over with water, and anointed herself with precious ointment, and braided the hair of her head, and put on a tire upon it, and put on her garments of gladness, wherewith she was clad during the life of Manasses her husband.

- She pulled off her sackcloth cloth. This is what she prayed to the Most High in
- She knows how to present herself in front of a man.
- She did her hair, she put care into it.
- Judith had a selection of clothes she wore for her husband that brought him gladness.

Do not be a perfect victim for the clean-up woman...

- While you are sitting there relaxed, the clean-up woman is on her game.

Ecclesiasticus 26:1 (Apocrypha) Blessed is the man that hath a virtuous wife, for the number of his days shall be double.

- It says, “if you have this kind of wife, your husband will live twice as long. This is not an arguing woman, a stressful woman.

Ecclesiasticus 26:2 (Apocrypha) A virtuous woman rejoiceth her husband, and he shall fulfil the years of his life in peace.

- Rejoice means happy.
- Whatever food your lord likes, learn it.
- Whatever color your lord likes to see you in, wear it.
 - Even when your body is not where you want it to be you can begin to work at it.

Do not have him looking elsewhere...

- No husband should feel inadequate with their wife because she is not getting him where he needs.
- If you have your hair, look like a fuzzball, not smelling good, not keeping your skin moisturized, not studying, not learning the foods he likes; you must do better.
- You must learn everything about this man and become everything he likes.

Give that man all the loving in the world...

- Appreciate the man the Most has given you. Pray for your lord.
- Have your husband to know “my wife loves me without a doubt.”
- He wants to know his wife loves him to her soul.
- Now it is time to be about action.