

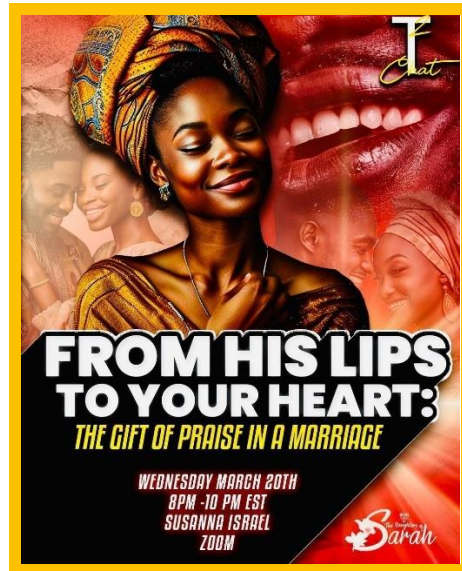


**Event: Titus 2**

**Topic: From His Lips to your Heart: The Gift of Praises in a Marriage**

**Hostess: Sis Susanna (H/O Captain Mattathias)**

**Date: March 20, 2024**



**You should die multiple times in this truth...**

Certain phases may make you feel like you're starting over; and when this happens, build yourself back up and grow, grow, and grow.

**Growth and Grace**

**2 Peter 3:17 (KJV)** Ye therefore, beloved, seeing ye know these things before, beware lest ye also, being led away with the error of the wicked, fall from your own steadfastness.

- Steadfastness is when you're being consistent, you're devoted, you're doing everything at a 100%
- Beware and don't let anything interrupt you from your steadfastness
- We should be getting better and better
- You shouldn't be falling, still working on the same thing's years later
  - Excuses should start to dwindle

**2 Peter 3:18 (KJV)** But grow in grace, and in the knowledge of our Lord and Saviour Jesus Christ. To him be glory both now and forever. Amen.

- Grace is our chance to get it right

**Titus 2:11-12 (KJV)**

**vs 11** For the grace of God that bringeth salvation hath appeared to all men,

**vs 12** Teaching us that, denying ungodliness and worldly lusts, we should live soberly, righteously, and godly, in this present world;

- We all have an opportunity at grace
- Understanding that you aren't perfect but the Most High has given you the opportunity to get there
- Grace is about teaching us to deny those ungodly lust and that we can live a righteous life



- It's okay to build yourself back up though it may not feel good

### **Be mindful where you are in this truth...**

Are you rooted in this, and do you believe in grace? It's not the end when you fall.

### **Move in silence**

- You don't hear a tree grow
- In today's time, with social media, a lot of people have a desire to want to be seen and show their lives
  - If you look at the bishop's and Deacons wives, they not on social media like that

### **Want to be a better...**

When you're thinking about personal growth do you do it for show? It's easy to get caught up in the affairs of the world and what we think growth should look like.

### **Titus 2:1-5 (KJV)**

**vs 1** But speak thou the things which become sound doctrine:

**vs 2** That the aged men be sober, grave, temperate, sound in faith, in charity, in patience.

**vs 3** The aged women likewise, that they be in behaviour as becometh holiness, not false accusers, not given to much wine, teachers of good things;

**vs 4** That they may teach the young women to be sober, to love their husbands, to love their children,

**vs 5** To be discreet, chaste, keepers at home, good, obedient to their own husbands, that the word of God be not blasphemed.

- These are our instructions for us when it comes to growth
- Ask your lord, what are some areas that need working on
  - He knows the real you
  - If you know that you kind of battle with honest constructive criticism, just send a text to ask
  - Asking, "What can I work on better in Titus 2?"

### **I am committed to growing...**

- The elder woman teaching the younger
  - This isn't to say, it's solely their responsibility to set the example
  - you must give somebody something to look up to
  - We must help
- At the end of the day, you should be growing for your salvation

### **Growth means you need to fast...**

- Some demons will not go away but by fasting and praying
- It's going to help you and take you to the next level
- Pray out loud the things you need to purge

**Proverbs 8:4 (KJV)** Unto you, O men, I call; and my voice is to the sons of man.

- One thing that will help you get to the next level is realizing that you are not the star of the show
  - You have to fall into your role
- Live the soft wife life

**Ezekiel 34:31 (KJV)** And ye my flock, the flock of my pasture, are men, and I am your God, saith the Lord GOD.

- The Most High is dealing with the men so just play your role

**Number 27:16 (KJV)** Let the LORD, the God of the spirits of all flesh, set a man over the congregation,

- Set a man over the congregation
  - It was never going to be us leading the congregation
- Understanding your role and where we are suppose to be
- The men are in charge
- There is order and structure set up



**Make sure that we stay in our divine order...**

- This is just us following the example

**Ephesians 4:22 (KJV)** That ye put off concerning the former conversation the old man, which is corrupt according to the deceitful lusts;

- Really search these scriptures out and see what our foremothers were doing
  - Who are you aligning yourself up with when you look at the scriptures
- If you that new man it says that you put off that former conversation

**1 Corinthians 11:9 (KJV)** Neither was the man created for the woman; but the woman for the man.

- "You the help"
- "I'm the help", write that down
  - I'm here to make this man better, I'm here to help make him stronger
- It's okay to be the help
- You're that person that know how everything operates and it's something they value

**"These classes are all about helping us avoiding falling into those pitfalls"**

**Communicate: It's good to have a real talk with your husband...**

- Have a good conversation, a one on one all planned out
- Have those moments because it's going to help you grow
- Newlyweds: Overtime it won't always be this hard
- After years of being married you will be able to read his thoughts at times
  - You'll know how and what exactly what he wants

**"Growing pains will come"**

**Ask the questions and don't give up...**

**Ask your husband:** Is it a different way you want me to do this or that?

**Single sisters:** The skills that you learned previously can translate into your current role so volunteer different task, help with the kids

- Practice these things, so when you do get into this new role you have already been actively doing it

**You're not going to get fired sis...**

- It's not going to be the end of the world
- Your lord told you one thing and now you just falling a part
  - You don't want to get to the point to where you're unteachable
- He's telling me this because this is my role
- Sleepless nights and getting upset is not going to change anything
  - Admit your mistakes and move on

**1 Corinthians 13:4-8 (KJV)**

**vs 4** Charity suffereth long, and is kind; charity envieth not; charity vaunteth not itself, is not puffed up,

**vs 5** Doth not behave itself unseemly, seeketh not her own, is not easily provoked, thinketh no evil;

**vs 6** Rejoiceth not in iniquity, but rejoiceth in the truth;

**vs 7** Beareth all things, believeth all things, hopeth all things, endureth all things.

**vs 8** Charity never faileth: but whether there be prophecies, they shall fail; whether there be tongues, they shall cease; whether there be knowledge, it shall vanish away.

- It's not always going to be easy to be a help
  - But that doesn't take away from your role



- Find the comfort and love in the scriptures
- Don't be boastful when it comes to being in your role
- Charity says you should be able to bear all things
  - ex. The kids ain't always going to be small, they are going to get grown and gone one day
- Acting out can really boil down to not having faith
  - If you believe, your actions will show that you believe

**1 Thessalonians 5:14 (KJV)** Now we exhort you, brethren, warn them that are unruly, comfort the feebleminded, support the weak, be patient toward all men.

- We must have patience with our husbands

### **Genesis 3**

- The Most High looked down and he saw Adam and he was like, it is not good that men be alone, he needs a help
- He's playing his role you play yours
- You're the assistant and it's an honor
  - You have the benefits of being the help

**"You can be who you want to be in this truth, you can really step out and reinvent yourself"**

Drop that circle that's not edifying you. If you're not growing and you're stagnant, just go to another circle

**"What do your actions say about you?"**

### **Psalms 51:10-12 (KJV)**

**vs 10** Create in me a clean heart, O God; and renew a right spirit within me.

**vs 11** Cast me not away from thy presence; and take not thy holy spirit from me.

**vs 12** Restore unto me the joy of thy salvation; and uphold me with thy free spirit.

### **Ask the Most High to restore that joy...**

Ask the Most High how to help you endure your trials

Understanding that being a servant, you're never going to be greater than your lord

**John 13:16 (KJV)** Verily, verily, I say unto you, The servant is not greater than his lord; neither he that is sent greater than he that sent him.

- Aligning yourself with your lord's mission

### **"How do you learn how to become a servant? You have to gather information."**

Gathering information is what's going to spark your inspiration of being a servant.

You have to be actively seeing servitude and listening to stories about women serving their lord's.

### **How to gather information on servitude**

Search out:

- Scriptures
- Social media (Instagram, Youtube)
  - You can use for good
- Listen to different podcasts
- Reels (short videos)
- Search for Articles
- Talk & visit/go-out with sisters you admire
- Join committees

**"Take notes on the people you admire. Start building that relationship"**



#### **What to gather information on**

- Recipes ideas
- Date night ideas
- Parenting tips
- Ways on speaking life into your husband
- Gifts ideas

**“This is how to keep your mind meditating on the things that are honest and good for your spirit”**

#### **After gathering information, you want to take immediate action**

Many people are not where they want to be because they have not put into action they need to be putting in

**Psalms 119:60 (KJV)** I made haste, and delayed not to keep thy commandments.

- After you have gathered this information, make sure to tailor it to your man's need and make haste
- One of the biggest turn offs in men, is to see you not trying
- Trying to fix these things, show's you're being discipline and you mean business
- If he told you you need to work on certain things, tailor it to fit
  - Whether it's being more feminine, cooking better, dressing better, losing weight, organizing better, keeping up w/ housekeeping duties, having softer speech, intimacy, timeliness, and stop procrastination

#### **Matthew 4:17-20 (KJV)**

**vs 17** From that time Jesus began to preach, and to say, Repent: for the kingdom of heaven is at hand.

**vs 18** And Jesus, walking by the sea of Galilee, saw two brethren, Simon called Peter, and Andrew his brother, casting a net into the sea: for they were fishers.

**vs 19** And he saith unto them, Follow me, and I will make you fishers of men.

**vs 20** And they straightway left their nets, and followed him.

- The scripture says “the Most High is a man of knowledge and by him actions are weighed”
- Don't make accuses
- Don't be the sister saying “I'm working on this and you're working on the same thing 6 months from now
- Don't be the person of lip service

#### **Being that proper servant...**

If you feel like your lord is disgruntle, have you really applied what he said. Have you made haste to change and check to see how you are doing?

#### **SMART Goals**

**Specific:** Be specific about what you need to do. This will give you direction and a goal. Ex. I dress frumpy, I need to dress more appealing.

**Measurable:** Measure your actions. Did I actively work toward this goal, and do I have something to show for it? Ex. Did I go from wearing holey dresses to wearing nice Kaftans?

**Achievable:** If your goal is to dress better, you should be mindful of if it can be obtainable. Can I really do this? Do I have the budget for it or, is it clothes that I can patch up and make fashionable. Really consider these things.

**Relevant:** Align your goals with the overall objective of your lord.

**Time:** Give yourself a deadline/Time. Have a sense of urgency and write it down.

**“Identify the things that keep you from reaching your goals”**

#### **You have a choice of fighting or disengaging**

You can really fight the stressors and come at it hard. Don't be negative, just go straight for your goals.



Embrace the change and do something to deal with it. Don't find safety in disengagement, and not do anything at all. Are you just coasting or fighting to please your man?

#### **Taking flight when it gets hard**

When some of us are faced with challenges, we take flight. Some women leave their marriage, but the scripture let us know, there will be trouble in the flesh. You want to be able to fight to get the kingdom and stay in the marriage. You don't want to give up.

#### **The F it response**

The most dangerous of all, you never want to get to this point. Not even wanting to improve the situation and not even try. When our lord wants to see you do something you are ready have in our mind to not do it. That's not right

**"Fight for your marriage and don't give up"**

#### **Proverbs 31:25-31 (KJV)**

**vs 25** Strength and honour are her clothing; and she shall rejoice in time to come.

**vs 26** She openeth her mouth with wisdom; and in her tongue is the law of kindness.

**vs 27** She looketh well to the ways of her household, and eateth not the bread of idleness.

**vs 28** Her children arise up, and call her blessed; her husband also, and he praiseth her.

**vs 29** Many daughters have done virtuously, but thou excellest them all.

**vs 30** Favour is deceitful, and beauty is vain: but a woman that feareth the LORD, she shall be praised.

**vs 31** Give her of the fruit of her hands; and let her own works praise her in the gates.

**"When you have a man of substance and who goes hard, a man about business, you don't want to let him down. You must always be evolving and growing."**

#### **If your kids and husband are praising you, that means you doing the thing...**

It does matter if a sister is saying, "You a good sister or this sister really puts in works for the body. It doesn't really matter. That true praises, when you know you're doing it, it's going to come from your husband.

**Matthew 26:13 (KJV)** Verily I say unto you, Wheresoever this gospel shall be preached in the whole world, there shall also this, that this woman hath done, be told for a memorial of her.

- "Your memorial as a sister in this truth is different than a man's and once you understand that you can get your name written in this book."