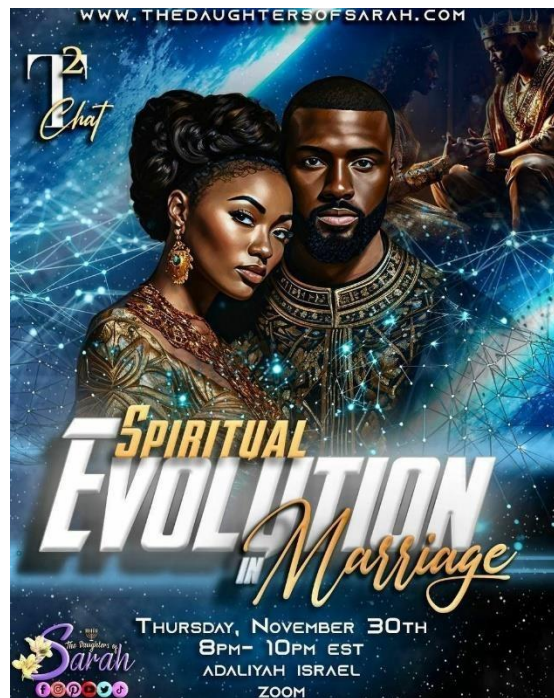


Event: Titus 2

Topic: Spiritual Evolution in Marriage

Hostess: Sister Adaliyah

Date: November 30, 2023



Spiritual Evolution in Marriage: Sister Adaliyah

Intro Video

<https://www.instagram.com/reel/C0KLUC2MACH/>

Are you ready? All of us have to be prepared in marriage for our man to be gone, a revolutionary mindset, a spiritual evolution. If you are single, a younger sister, a woman up in age, married before the truth, or married in the truth, this class is for you.

Quote

You are a spirit in a body. Not a body with a spirit. So making the body beautiful is fun but making the spirit beautiful is the main goal of this life... read that again

- The outward adorning is good but are you making your spirit your spirit beautiful for yourself, your lord, and for the Most High.

Proverbs 24:3-4 (KJV)

3Through wisdom is an house builded, and by understanding it is established.

4And by knowledge shall the chambers be filled with all precious and pleasant riches.

- Are you doing your part to solidify and help the establishment of your lords' house
- Are you dwelling with wisdom and understanding?

Quote: Love is the measure of Spiritual Maturity How do you measure up?

Ephesians 5:22-24 (KJV)

Wives, submit yourselves unto your own husbands, as unto the Lord.

23 For the husband is the head of the wife, even as Christ is the head of the Church: and he is the savior of the body.

24 Therefore as the Church is subject unto Christ, so let the wives be to their own husbands in everything.

- Marriage is a representation of Christ and the church
- Adam and Eve was the first marriage

▶ Watch this

reel <https://www.facebook.com/reel/1995528374148407?fs=e&s=TleQ9V&mibextid=GBT002>

- Self-made is never self made, we need help to stop pushing the help away
- We need to make sure we are taking heed to the help the Most High provides for us.

Stages of Growth in Marriage

1. Romance Stage

- You are communicating effortlessly.
- You are putting your best face forward
- You are thinking we instead of I

Song of Solomon 4:7 (KJV)

Thou art all faire, my love, there is no spot in thee.

2. Realization Stage

- You see the good and the bad
- You express your wants and needs
-

Romans 11:36 (KJV)

36For of him, and through him, and to him are all things: to whom be glory for euer. Amen.

- You cant hide everything forever the Most High knows all

3. Rebellion and power struggle

- Bumping heads
- Not living up to each other's expectations
- Pointing fingers
- complaining

1Samuel 15:23 (KJV)

23For rebellion is as the sin of witchcraft, and stubbornness is as iniquity and idolatry: because thou hast rejected the word of the Lord, he hath also rejected thee from being king.

The root of this scripture is rebellion is as witchcraft

Quote: complaints are prayers to the devil

- With this stage comes trials, how will you deal with it?

4. Reconciliation and Beginning again

- True communication
- Growth
- Honesty
- Trusting

- You understand each other better
- You want to fight for what you have
- Your mindset is win, win

1 Peter 3:8-9 (KJV)

8Finally be ye all of one mind, having compassion one of another, love as brethren, be pitiful, be courteous,

9Not rendering evil for evil, or railing for railing: but contrarywise blessing, knowing that ye are thereunto called, that ye should inherit a blessing.

- Marriage in these times is a blessing, in these times to have a lord to be a hedge for what we will be facing soon.
- **How do you manage to you're your spiritual growth while going through these stages**

Video

<https://www.instagram.com/reel/CzG3twhgrDZ/?igshid=MTc4MmM1Yml2Ng==>

- If your lord hurt your feelings four years ago, and he says something that makes you think about it again, Stop picking the scabs
- If you pick a scab too soon it will not heal properly
- You have to leave it alone, Look at Day of Atonement as the good oil to heal the wound
- Seasons will come and go, but how are you maintaining, thriving and growing?

Psalms 103:13-14 (KJV)

13Like as a father pitieth his children: so the Lord pitieth them that fear him.

14For he knoweth our frame: he remembreth that we are dust.

- We are nothing compared to the greatness that the Most High has for us, but we are there yet.
- This is grace, these are the trials, and bumps along the way that are going to get where we are supposed to be.
- We are supposed to fight righteously and make it through, we are being made into pure gold.

Ecclesiasticus 32:14 (Apocrypha)

Who so feareth the Lord, will receive his discipline, and they that seek him early, shall find favor.

- Fear is going to bring you the discipline you need to make it through
- The scriptures are the medicine and comfort we need to heal the wounds
- There are women in the Bible that we can learn from good and bad
- But we all strive to be the Proverbs 31 woman
- Proverbs 31 is a Journey

Genesis 2:18 (KJV)

18And the LORD God said, It is not good that the man should be alone: I will make him an help meet for him.

- Meeting means agreeable and worthy.
- Are you agreeable and worthy of your lord the prize!

Proverbs 31:10-12 (KJV)

10Who can find a virtuous woman? for her price is far above Rubies.

11The heart of her husband doeth safely trust in her, so that he shall have no need of spoil.

12She will doe him good, and not evil, all the days of her life.

○ **These scriptures speak to her character**

Proverbs 31:13-19 (KJV)

13She seeketh wool and flax, and worketh willingly with her hands.

14She is like the merchants' ships, she bringeth her food from afar.

15She riseth also while it is yet night, and giueth meat to her household, and a portion to her maidens.

16She considereth a field, and buyeth it: with the fruit of her hands she planteth a Vineyard.

17She girdeth her loins with strength, and strengtheneth her arms.

18She perceiueth that her merchandise is good; her candle goeth not out by night.

19She layeth her hands to the spindle, and her hands held the distaff.

- She is getting her life together
- She is understanding what her lord and family needs from her
- She is fully accepting and living up to her role as the executive administrative assistant, our women's work.

Proverbs 31:20-23 (KJV)

20She stretcheth out her hand to the poor, yea she reacheth forth her hands to the needy.

21She is not afraid of the snow for her household: for all her household are clothed with scarlet.

22She maketh herself coverings of tapestry; her clothing is silk and purple.

23Her husband is known in the gates, when he sitteth among the Elders of the land.

- This is the next level of getting it together, You have you lords house in order, and you can genuinely add value to the body
- You are matching your lord's fly literally and spiritually

Proverbs 31:24-28 (KJV)

24She maketh fine linen, and selleth it, and delivereth girdles unto the merchant.

25Strength and honor are her clothing; and she shall rejoice in time to come.

26She openeth her mouth with wisdom; and in her tongue is the law of kindness.

27She looketh well to the ways of her household, and eateth not the bread of idleness.

28Her children arise up, and call her blessed; her husband also, and he praiseth her.

- This the next tier, Titus 2 loading
- Your lord and children notice the change
- You are being a light

Proverbs 31:29-31 (KJV)

29Many daughters have done virtuously, but thou excellest them all.

30Fauour is deceitful, and beauty is vain: but a woman that feareth the Lord, she shall be praised.

31Giue her of the fruit of her hands, and let her own works praise her in the gates.

- This is the complete and whole revolutionary woman
- You are spiritually ready and girded up
- Repented confident, pure gold

What does it look like when you are trying?

TikTok · Happily Ever Alphin

<https://www.tiktok.com/t/ZT8P2vnD1>

- We must have some accountability and be intentional
- You cant do any extra talking when your lord speaks apologize
- Our foremother Miriam got out of pocket and was judged by the most High we should learn from her mistake
- Miriam was great prophetess but when she was struck with leprosy, We did not hear about Mirium again until she died
- We must be mindful in how we deal with our lords, The most does not allow anyone to disrespect his prophets.

Ecclesiasticus 28:14-18 (Apocrypha)

14A backbiting tongue hath disquieted many, and driven them from nation to nation, strong cities hath it pulled down, and overthrown the houses of great men.

15A backbiting tongue hath cast out virtuous women, and deprived them of their labors.

16Who so hearkeneth unto it, shall never find rest, and never dwell quietly.

17The stroke of the whip maketh marks in the flesh, but the stroke of the tongue breaketh the bones.

18 Many have fallen by the edge of the sword: but not so many as have fallen by the tongue.

- Verse 15 states that a backbiting tongue has caste out virtuous women, this is what happened to Miriam, she could not keep her mouth closed.

Titus 1:15 (KJV)

15 Unto the pure all things are pure, but unto them that are defiled, and unbelieving, is nothing pure: but even their mind and conscience is defiled.

- Is your mind and conscious defiled? Don't look for little things to nit pick about instead of winking at ignorance.

Proverbs 11:29 (KJV)

29 He that troubleth his own house, shall inherit the wind: and the fool shall be servant to the wise of heart.

- You can trouble your own house, speaking evil about your lord, when you are the reason, he is acting the way he is, because of your actions
- Don't forget the order, God, Christ, Man, Woman your lord rules over you

Genesis 3:16 (KJV)

16 Unto the women he said I will greatly multiply your sorrow

- You might not like it and it may not be fair to you, but we must remember that the Most High pitied those who fear him.

- Where do you see yourself in the scriptures, we have to visualize the scriptures as real life
- We need to realize that we can rehearse the righteous acts and do what we can to make it
- What do you need to work on? Set goals for yourself

Intro Video

<https://www.instagram.com/reel/C0KLUC2MACH/>

- This Sister is watching her man say that he is ready to die for his people, he know he's not going to die any kind of way, he was prepared.
- When you truly recognize what it means to be a wife of a prophet, a mother of the children of a prophet, to know what it really means to be a part of a nation that knows thus sayeth the lord, and all the things we are going to go through to make it.
- We have to prepare ourselves; you can be left behind if you do not get yourself together
- How do you continue to evolve? You have to make a conscious decision

Four Steps to Spiritual Evolution or Devolution

1. You are going to be rooted in Christ or rooted in blissful ignorance
2. You are going to be growing in grace or being hateful and unforgiving
3. Flourishing in his will or succumbing to covetousness
4. Enduring through all the storms or stuck with a fixed mindset thinking nothing will change

TikTok · Knot Easily Broken

<https://www.tiktok.com/t/ZT8Pj8nQj>

- You have to be committed you have to hold on
- Don't let yourself get swept away when trials come

Ephesians 4:14 (KJV)

14 That we henceforth be no more children, tossed to and fro, and carried about with every wind of doctrine, by the sleight of men, and cunning craftiness, whereby they lie in wait to deceive:

- Don't go against counsel
- Don't take advice from wicked family members who don't know scriptures ○
Don't give up your children to evils of this world

Ecclesiasticus 29:23 (Apocrypha)

23 Be it little or much, hold thee contented, that thou hear not the reproach of thy house.

- Be content it's bad out here
- We need to take counsel, adhere to counsel and be patient and know that things don't happen when we want them to.
- We need to keep each other in prayer, sometimes people don't even pray for themselves, our prayers for others matter.

How are you using your Journey? Are you learning? Or just going through the motions? Video

https://www.instagram.com/reel/CxM_spGoLE5/?igshid=MTc4MmM1Yml2Ng==

How are you using your journey?

- When trial come in the marriage, how are you making sure you are dealing with your lord righteously
- The most high has to test us to make sure we are learning what we are being taught

5 Tips to implement daily and weekly to improve your marriage

1. A weekly date night, you don't have to out, just no kids, quality time together
2. Daily communication, check in with your lord ask how he is doing, check in on goals
3. Emotional and physical connection, you should be able to look at your lord and know what he needs
4. Look for ways to serve, what things can you do to lighten his load and make his life easier.
5. Give sincere compliments

Ecclesiastes 4:9-10 (KJV)

9Two are better then one; because they have a good reward for their labor.

10For if they fall, the one will lift up his fellow; but woe to him that is alone, when he falleth: for he hath not another to help him up.

- You want to build a happy life together
- You should not want to go through the refining of your spirit with anyone else
- The truest test will always come from your spouse, it has been that way from the beginning.

An Ice breaker

Answer each question Score you answer to the question on a scale from 1-9, one being the lowest the highest is the 9. Add up your answers and divide it by five to get your score. This is just for fun!

Intimacy questions

1. I share deeply personal information about me with my spouse
2. I receive considerable emotional support from my spouse
3. I communicate well with my spouse

4. I feel like I can really trust m spouse
5. I feel like my spouse really understands me

Passion questions

1. I find myself thinking bout my spouse during the day
2. My relationship with my spouse is very romantic
3. I can not imagine another person making as happy as my spouse does
4. My relationship with my spouse is very passionate.
5. I would rather be with my spouse that anyone else.

Commitment questions

1. Because of my commitment to my spouse I will not let anyone come
2. I expect my love for my spouse to last for the rest of my life
3. I will always feel a strong responsibility for my spouse
4. I plan to fight for my marriage with my spouse
5. I have confidence of the stability in the marriage with my spouse

Video

<https://www.instagram.com/reel/C0KLUC2MACH/>

Matthew 24:14 (KJV)

And this Gospel of the kingdom shall be preached in all the world, for a witness unto al nations, and then shall the end come.

- We have work to do to get ready, stay ready so you don't have to get ready ○ Our lords are the ultimate prize, as he evolves, we must do the same
- This class was meant to be lighthearted but heavy at the same time. It was meant to make ourselves examine ourselves, and pay attention to the things we need to work on.

- Have a different view of proverbs 31, we may think is impossible to attain, but it is possible for us to change, but we have to want to change.
- We must do thus sayeth the lord for our lords
- For those of us who are married tell your lords that you love him, that you need him, and everything is going to be all right.

Lauryn Hill - Tell Him (Lyrics)

<https://youtu.be/H4DFx8ZCKSw?si=RG7itJivKnaSDbsw>

Shalom Most High and Christ Bless, Goodnight!