



Titus 2

Topic: Sound Mind

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Introduction: Our goal should be to portray a positive image of the Israelite women today.

Definition:

Sound Mind: One's sufficient mental capacity to understand their actions.

Proverbs 10:16 (KJV):

The labour of the righteous tendeth to life: the fruit of the wicked to sin.

- If we keep the laws of The Most High, then we are living righteously and that gives us life.
- If we live in wickedness, that brings sin and sin brings death.

2 Timothy 3:16 (KJV):

All scripture is given by inspiration of God, and is profitable for doctrine, for reproof, for correction, for instruction in righteousness.

- This scripture gives us everything we need to grow in wisdom, truth, and a sound mind.

Jeremiah 17:9 (KJV):

The heart is deceitful above all things, and desperately wicked: who can know it?

- We must have a strong heart (mind).
- We cannot be afraid to do the work to get a sound mind.
- Our walk is a constant battle and takes a lot of work and discipline.
- We cannot give up, The Most High has deposited what we need to get it done.
- We all have a part to play.
- It takes discipline to not be lazy.
- We must have strength to be a good wife, sister, and mother.
- We are living in times where anything can happen. The prophecies are being fulfilled daily and time is short for us to get our minds right.
- Move clearly – not just making it.

2 Corinthians 4:16, 18 (KJV):

16 For which cause we faint not; but though our outward man perish, yet the inward man is renewed day by day.

18 While we look not at the things which are seen, but at the things which are not seen: for the things which are seen are temporal; but the things which are not seen are eternal.

- Draw your strength from the Lord
- Be realistic and do not have your head in the clouds.

Video Clip #1: Avatar: The Way of The Water, A Mother's Strength

<https://youtu.be/zma0vfTyTLs?si=0rXeo-mjLM53I-5v>

- Reason kicked in and he gave her the strength in the moment of weakness.
- We have a role to play supporting our Leadership, our lords, and raising our children.
- Our men build us up and give us strength.

Sirach (Ecclesiasticus) 7:26 (Apocrypha):

Hast thou a wife after thy mind? Forsake her not: but give not thyself over to a light woman.

- Do not be an airhead

Hebrews 12:8 (KJV):

But if ye be without chastisement, whereof all are partakers, then are ye bastards, and not sons.

- Be prepared and know that The Most High is dealing with us because we are his children even if it is not how we planned it to be.
- We must continue in this fight, whether we lose someone, spiritually or physically.
- Keep your eyes on the mission.

Isaiah 55:8 (KJV):

For my thoughts are not your thoughts, neither are your ways my ways, saith the Lord.

- We must allow the men to build us up and shape us.
- Everybody has a different walk, but we must fight through ours.
- It is not a physical battle; it is a spiritual battle.
- We are raising the next generation so we must be strong and continue.
- We must have our Leadership's and lord's back.

Video Clip #2: Just Trying To Keep My Head Above Water

<https://www.instagram.com/reel/CviQkjSOTUg/?igshid=MDI3ODU5M2RlNw==>

- We can sometimes feel overwhelmed, but we must keep going.
- Our lords do a lot of work without complaining.

Video Clip #3: Love begins with Passion and end with Compassion

<https://www.instagram.com/reel/CxdJiiUu86c/?igshid=MDI3ODU5M2RlNw==>

- We must work on ourselves
- Ask yourself – Are you ready for Marriage?
- Do you understand what it takes to be a wife?

Matthew 7:12 (KJV)

Therefore, all things whatsoever ye would that men should do to you, do ye even so to them: for this is the law and the prophets.

- Do unto others as you would have them do unto to you.
- Think about what you say or do to someone and ask yourself if you would like it if that was said or done to you.

Definition:

Relinquish: voluntarily cease, give up

Video Clip #4: Gentle Parenting

<https://www.instagram.com/reel/CygUDhqrHZv/?igshid=MDI3ODU5M2RlNw==>

- Some days are better than others when it comes to raising our children.
- Do not give up raising strong, healthy children.

Video Clip #5: Mom Comes Home Yelling About the House Not Being Cleaned

<https://www.instagram.com/reel/Cyg08SCurE9/?igshid=MDI3ODU5M2RlNw==>

- It is not healthy for us or our children to live in a rageful state.
- We must be mindful of our emotions which takes discipline and time.
- We do not want to break our children's spirit.
- Learn to turn away from what society deems normal.
- Strive to do all things different from the past or from our childhood.

Proverbs 31:26 (KJV):

She openeth her mouth with wisdom; and in her tongue is the law of kindness.

- We must work on our speech.
- We cannot have a selfish spirit.
- It is easy to lose our cool, but it takes strength and discipline to be calm in upsetting situations.
- Learn to master speaking with gentle and kind words.
- Leave the screwed up looking face alone.
- Do not have to be rude, mean spirited, or nasty to be firm.

Philippians 2:4 (KJV):

Look not every man on his own things, but every man also on the things of others.

Video Clip #6: What Kind of Heart (Mind) Do You Have?

<https://www.instagram.com/reel/CywnEkGPO94/?igshid=MDI3ODU5M2RlNw==>

- A harsh tongue begets an angry heart
- A negative tongue begets a fearful heart
- An over reactive tongue begets an unsettled heart
- A boasting tongue begets an insecure heart
- A filthy tongue begets an impure heart
- A critical all the time tongue begets a bitter heart

But on the flip side of those negative aspects, we have:

- An always encouraging tongue begets a graceful heart

- A tongue that speaks gently begets a loving heart
- A tongue that speaks fruitfully begets an honest heart

WHAT KIND OF HEART DO YOU HAVE?

- We know that the heart refers to the mind and we must renew our hearts daily.
- Be gentle with yourself and then you can be gentle with others.
- Do not have negative thoughts.
- Let us turn the negative image about us women around.
- We are trying to right a wrong.

Romans 12:2 (KJV):

And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God.

- We must be renewed to do something different than what we have been doing.
- Cannot be playing around with the truth.
- Must prove we are not like the women of the world.

Ephesians 4:23-24 (KJV):

23 And be renewed in the spirit of your mind.

24 And that ye put on the new man, which after God is created in righteousness and true holiness.

- We have the tools to change; but are we willing to use them?

Joshua 24:14 (KJV):

Now therefore fear the LORD and serve him in sincerity and in truth: and put away the gods which your fathers served on the other side of the flood, and in Egypt; and serve ye the LORD.

- This is what is required of us to prove we are wise women walking in wisdom.
- We must stop getting in our own way.

2 Corinthians 5:17 (KJV):

Therefore, if any man be in Christ, he is a new creature: old things are passed away; behold, all things are become new.

- It will take time, but we cannot make excuses
- Take accountability for what we say, do, and think.
- Do what is required of you as a daughter of The Most High.
- Stop allowing our emotions to rule us.
- Stop complaining, in words or thoughts.
- Everything must be under subjection.
- Find the solution instead of complaining about the situation.
- Rule over your thoughts – Christ can hear them.

- Study, Pray, and Apply BECAUSE:
- Giving Up Is Not An Option!!!!

Ephesians 5:26 (KJV):

That he might sanctify and cleanse it with the washing of water by the word,

1 Timothy 4:13 (KJV):

Till I come, give attendance to reading, to exhortation, to doctrine.

- If you stay in the word, you will not lose your understanding.

Revelation 1:3 (KJV):

Blessed is he that readeth, and they that hear the words of this prophecy, and keep those things which are written therein: for the time is at hand.

- Must rid our spirit of anything that is contrary to the law.
- What are our actions showing The Most High and those around us?
- Only we can work out our own soul salvation.
- We must play our position and manage the roles that The Most High has put us in.

The pain wasn't your fault, but the healing is your responsibility. ❤️



- We must understand what is required of us to be a wife.
- Be the best version of yourself.
- We can overcome ourselves.
- Do not allow yourself to block your next level of growth.


Psalms 1: 1-3 (KJV):

1 Blessed is the man that walketh not in the counsel of the ungodly, nor standeth in the way of sinners, nor sitteth in the seat of the scornful.

2 But his delight is in the law of the Lord; and in his law doth he meditate day and night.
3 And he shall be like a tree planted by the rivers or water, that bringeth forth his fruit in his season; his leaf also shall not wither; and whatsoever he doeth shall prosper.

- Our goal is to be rooted in this truth and unshaken like a tree.

Let's Make a Slave



Continually, though the breaking of uncivilized savage niggers, by throwing the nigger female savage into a frozen psychological state of independency, by killing the protective male image by creating a submissive dependent mind of the nigger male savage, we have created an orbiting cycle that turns on its own axis forever, unless a phenomenon occurs and reshifts the positions of the female savages. We show what we mean by example. Take the case of two economic slave units and examine them closely.

Isaiah 26:3 (KJV):

Thou wilt keep him in perfect peace, whose mind is stayed on thee: because he trusteth in thee.

- We do not want to be looked at in that way anymore
- We want to be that new thing upon the earth.

Wisdom of Solomon 1:5-7 (Apocrypha):

5 For the holy spirit of discipline will flee deceit, and remove from thoughts that are without understanding, and will not abide when unrighteousness cometh in.

6 For wisdom is a loving spirit; and will not acquit a blasphemer of his words: for God is witness of his reins, and a true beholder of his heart, and a hearer of his tongue.

7 For the Spirit of the Lord filleth the world: and that which containeth all things hath knowledge of the voice.

- Do this walk, in truth and sincerity.

