



Host: Sis Anaiyah Israel HOC Gideon

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Thank You to all the mothers that have paved the way and are teaching us by example you truly are appreciated

- Preparing for the Day of Atonement, to bring this day to the forefront
 - I understand if "life is life'ing!" Whether we are married, single or have children.
 - There is a lot going on in the lives of Israelite women.
 - Be mindful. Be Grateful
- The Most High loves us so much to create this day to repent, forgive, fast, to reset.

Leviticus 23:27-32 (KJV)

Also on the tenth day of this seventh month there shall be a day of atonement: it shall be an holy convocation unto you; and ye shall afflict your souls, and offer an offering made by fire unto the LORD.²⁸ And ye shall do no work in that same day: for it is a day of atonement, to make an atonement for you before the LORD your God. ²⁹ For whatsoever soul it be that shall not be afflicted in that same day, he shall be cut off from among his people. ³⁰ And whatsoever soul it



be that doeth any work in that same day, the same soul will I destroy from among his people. 31 Ye shall do no manner of work: it shall be a statute for ever throughout your generations in all your dwellings. 32 It shall be unto you a sabbath of rest, and ye shall afflict your souls: in the ninth day of the month at even, from even unto even, shall ye celebrate your sabbath.

- This scripture is what is required of us on the Day of Atonement.
- We know what our lords are involved in and what we are connected to.
- S.P.A(Study, Pray and Apply) always, with the ultimate goal to make it into the Kingdom with God.
 - Many of us came from a world of sin. It was a matter of life and death.
 - The scriptures teach us it is nothing but death in the world.
 - If we don't repent and do what it takes to make it, what was all of this for?
 - Understand and recognize this is not a game.
 - All Praises, He gave us this day to get our minds right, to refocus and reset.

Definition of Atonement- Reparation from wrong or injury; Pay Back.

- What is required for us to pay back? Or show him we repent and are sorrowful for things we have done wrong.
- If someone wronged us, we must forgive them.
- Acknowledging our own sins, asking for forgiveness and letting it go.

Sirach 21:1 (APOCRYPHA)

My son, hast thou sinned? do so no more, but ask pardon for thy former sins.2 Flee from sin as from the face of a serpent: for if thou comest too near it, it will bite thee: the teeth thereof are as the teeth of a lion, slaying the souls of men.

- We know the bible goes for men and women; we are trying to pattern after Christ.
- If we do fall, we must recognize it and change.
- We can't think we are right and have it perfectly together.
- We wouldn't have the written word of God, teachers, leadership to teach us.
- Our leadership are putting their lives on the line for us.
- We should be grateful for the Most High blessing us with our leadership.
- Flee from sin as the face of a serpent
- SIN is nothing to play around with.
- Being honest with ourselves; being ACCOUNTABLE.

Mother Shamarah H.O.Bishop Nathanyel

- Day of Atonement is my favorite High Holy Day.
- "Your girl got some things she needs to work out".



- Every year I have gotten to a new peak or level.
- Then TMH shines the light on me in my sleep, interactions with lord, my children, and work.
- Forgiveness is a gift you give yourself.
 - Thinking that holding onto a grudge somehow is going to make you feel better. You are poisoning yourself.
- Grudging and not forgiving, it does nothing. There is no self-gratification or purpose, it is a level of self-torture, when you continue to ruminate those thoughts.
- "It is my 32nd D.O.A, I have been doing this for a while and not something to take lightly. No matter how often you have done it"
- Women who do not fast on a regular basis, this is an opportunity to become one with TMH.
- In the world you look forward to celebrating your birthday, Thanksgiving, Easter, and Christmas.
- DOA is like a blank package you aren't aware of what's in it. You open it. It's a blanket of sin.
- The man in John 5 trying to get in the pool. Making excuses how he could not get in. TMH troubled the water.
- Heal me for all the hatred, malice, bitterness in my spirit

Romans 12:2 (KJV)

And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God.

- Many of you may be new to fasting, but we must remove malice, hatred, grudging.
 - What helped me is knowing we are not going to get into the kingdom, If we still maintain that spirit of grudging, hatred, bitterness and anger.
- Forgiveness of self is the hardest part. We have all done and said things. We tend to beat ourselves up. With the "should have, could have, would have." Some of the saddest words in the English language.

2 Esdras 16:73 (APOCRYPHA)

Then shall they be known, who are my chosen; and they shall be tried as the gold in the fire.

- Do not let your own sins weigh you down.

Anaiyah H.O. Captain Gideon

"Forgive ourselves and confess".



1 John 1:9 (KJV)

If we confess our sins, he is faithful and just to forgive us our sins, and to cleanse us from all unrighteousness.

- We have to have faith and believe TMH will do all things according to his will
- We must forgive ourselves and others who have trespassed against us (Matthew 6).
- We should not wait until DOA to recognize anything within us.
- Don't send a text, call, or email right before that day approaches. Leadership teaches us all the time, that is not the spirit we should be rolling in.

Sirach 4:26 (APOCRYPHA)

Be not ashamed to confess thy sins; and force not the course of the river.

- We should be taking steps to healing.
- Don't let pride get in the way. If you are being honest with yourself, this is for your soul why would you allow someone to hinder your walk?
- Every year you think you are getting better. Are you?
- We keep praying, fasting, fighting to overcome all obstacles that are a thorn in the flesh. It is not easy, yet it can be done.
- Confess, ask and follow steps we are learning.

Psalms 51:10 (KJV) Create in me a clean heart, O God; and renew a right spirit within me.

- That is a prayer we can earnestly cry out to him.
- Our heart is our mind.
- We need to pray to have a new mindset and to see, do and be better.

Sis Elora H.O. Captain Joel

1 Corinthians 15:31 (KJV)

I protest by your rejoicing which I have in Christ Jesus our Lord, I die daily.

• When you think of the Day of Atonement, Atoning daily, going through things continually. Refining and building us up, every day you should be examining yourself.

- This day is clean slate from all the wrongs. You say sorry.
- Same as TMH he wants sincerity and truth.

1 Thessalonians 4:11 (KJV)

And that ye study to be quiet, and to do your own business, and to work with your own hands, as we commanded you;

- Who you are. That is who you have to face.
- When you are atoning you have nothing, but you and you have to deal with you!



- Fast often because it is afflicting.
- You have to look deep and be real. Strip all the way down and get to the root.
- You should desire to fast more. Rid those impurities.
- Confess your faults and be real with yourself

Joshua 24:14 (KJV)

Now therefore fear the LORD, and serve him in sincerity and in truth: and put away the gods which your fathers served on the other side of the flood, and in Egypt; and serve ye the LORD.

- Conclusion of the matter is to fear The Most High God.
- We must forgive ourselves.
- Marriage trials come from not forgiving and envying.
- These are things we have to be real with, It is good to confess so we can heal.
- Now you can bear forth the fruit of the spirit.
- Deal right and not hate one another.
- The Day of Atonement is for us to flourish in the spirit.
- After fasting, (Some of us go indulge in a huge meal) why did I go through all that and do something gluttonous? Very little is sufficient, take care of your meat and diet.

Mother Shamarah H.O. Bishop Nathanyel

- Renew and Reset, you don't understand it yourself if you can't explain it to a 6-year-old.
- The Letter of the evening is R
 - Refresh, Reconciliate, Reset, Restoring, Renewing, Refining, and Reconnection.
- Stop resisting and be at peace, it's a rest day from eating.
- All of your cares should be rested on him.
- Make sure Matthew 18 applied correctly. Not waiting an hour to have difficult conversations with people.
- You aren't applying the laws of God; You're being a hypocrite on the Lord's day.
- Day of Atonement is my favorite for all those reasons
- If you can't complete one voluntary fast, you can't properly rule your spirit. DOA shouldn't be the only day you fast. Fast on a regular basis. Especially if we want to be free from our enemies.
- Break it down into hours if you're just starting out.
- It's not only a physical endeavor, but also a spiritual one as well.
- *This class is a notice to prepare for days to come.*
- Do a couple of hours, Next day move up to more hours.
- If we really think about it, you put your mind to something you can do it.
- When He knows you are sincere, whatever you want He will give it to you. Put Him first; He will give you the desires of your heart.



- We have to prepare, if you regularly train your body, you'll be able to fast.
- You have done the mental and physical work. The Spiritual battle is overrun by your mental strength.
- The last hour, you thirsty Satan is like take a sip. Then after it is over are you hungry and thirsty? It passes: the power of the mind that TMH granted that to us.
- We have to stop thinking we can't and say we can.

Anaiyah H.O. Captain Gideon

- I Instill these values in my daughter while she is younger, so she tries before she just gives up.
- TMH created us and know what he has deposited in each of us.
- We can do it if we put our mind to it.
- My lord has mustard seeds everywhere, all around the house.
- Do it until you succeed.
- My mom used to teach me, "if at first you don't succeed try again." This is a fight...we are all in a fight!

Sister Bayla H.O. Captain Gedaliah

- I see so many posts about Tabernacles, Yet, I love how Mother Shamarah mentioned. DOA being her favorite High Holy Day.
- It is really within yourself, know you not your own self.
- Be thorough with yourself. You know the type of spirits you deal with.
- Rebellious, gossiping, not directing your friendships aright.
- If they are afraid to correct you; check your circle.
- Knocking these sins off; trying to purge, becoming a new creature.
- Sit down and go over scriptures. Be honest when getting counsel.
- Prayer and fasting work when you are really trying to be better.
- A revolutionary woman fasts.
- Turn from your evil ways.
- Be about this truth.
- Bishop has been telling us: prepare for the famine. We should be fasting.
- Romans 15:4
- There are going to be days when we are going to push the plate away. It's not gone be no food.
- The biggest flex a prophet can have is his wife.
- Looking & spiritually looking the part...YOU KNOW YOU.
- You may get tried: family, work, home (kids).



- It's important to understand things we deal with. Everyday let me turn from it pray and fast.
- **Lamentation 3:40 KJV** Let us search and try our ways, and turn again to the LORD.
- "I can have a controlling spirit. Let me pipe down go over the scriptures. Let me really examine myself".
- Am I getting better at growing?
- When you fall back in sin; correct and examine self.

Sirach 33:25 (Apocrypha)

If thou set thy servant to labour, thou shalt find rest: but if thou let him go idle, he shall seek liberty.

- The Day of Atonement is over...you get in certain situations, and you forget; don't go back into that.

Mother Shamarah H.O. Bishop Nathanyel

- This is my favorite time of year DOA first and then going into FOT! People forget, this is a spiritual act.
- TMH holy day is spiritual. Represent us beginning in the wilderness. These scriptures need to be in remembrance.
- This is not a party it is not to be taken lightly.

Bayla H.O. Captain Gedaliah

- What are you doing here? Are we serious about what TMH has commanded?
- Are you serious about your eternal soul?
- Many offenses will come, yet we have the scriptures to lean on. That is the solution. We have to learn to apply
- SPA: It is ACTION within that. We got to BE ABOUT IT!

Eliora H.O. Captain Joel

- Every day we must seek out scripture and change

Bayla H.O. Captain Gedaliah



- Let PRIDE go: be real with yourself "I need to work on this".
- Why don't you reach out, yet you don't want to do that. That is rebelliousness

Eliora H.O. Captain Joel

Question: 1) How do I make peace with no longer being in control? What does a successful marriage look like?

- In our marriages we have to forgive, & not hold onto things.
- Find comfort in scriptures; don't muse upon your own mind.
- You must have the fruit of the spirit and of forgiveness on you and forgive 70x7.
- Things will happen that can hurt, mistakes will be made, we have to forgive.
- You can't harp on something so insignificant; let things go.
- The biggest trial ever has always been marriage, forgiveness until the chariots come.
- They're going to get on your last nerves just correct and perfect until kingdom come.
- A Lot of times we don't want to recognize our faults and the insecurities we have within our own selves.
- It is a self-reckoning we need to come with.
- Can't have a successful marriage unless it has the spirit of forgiveness.
- You have to put it in the Lord's hands and let TMH handle that.
- You have to RELEASE ALL CONTROL.
- The only reason it's not going to be peaceful is when women are not in their place.
- Maintain our role

2 Corinthians 11:3 (KJV)

But I want you to realize that the head of every man is Christ, and the head of the woman is man, and the head of Christ is God.

Mother Shamara H.O. Bishop Nathanyel

- Takes a very strong woman to acknowledge the scriptures.
- With all thy getting... get understanding.
- To have peace you have to have forgiveness
- Women Feel we are right & want control of the situation.
 - Why not now? I want to see him get judged now
 - That is you trying to maintain control.
- You can't change or correct that man; The lord will bring it out. Stay in your lane.
- If you like peace, you will do whatever that man of God says.



- The longer the resistance, the longer it takes to settle.
- When things are flowing, he is in a better headset. Takes unity for things to flow.
- He can do the work; we cannot afford to get in front of him; it is no profit.

Jahira H.O. Deacon Yoshua

- We take it for granted; until we acknowledge and pinpoint what we need to work on we will never get it done.
- Sisters have been dealing with the same situations for years and years.
- There are no magic scriptures; keep that in mind.
- Work on identifying that spirit every Day of Atonement.
- F.O.T is my favorite High Holy day.
- We are together for a week, and we see what we are all about.
- Watch 'Emotional Intelligence' by my lord Deacon Yoshua.
- We cannot control our emotions and forget the laws.
- Prayer of Manasseh will get us in the frame of mind on Atoning.

Question:

What are the small steps you took to make big steps in your walk and your marriage?

Mother Shamara H.O. Bishop Nathanyel

- Story time: I was battling so I told the Bishop "I'm fasting, I'm trying and it's not working, " he said, "Have you tried doing the things you are praying about?"
- We always pray for a good marriage; I want to be wise.
- The Lord is a man that measures actions
- SPA: You have to apply the things you have been taught!
 - Are you applying what you have been taught?
 - There should be a change in your walk. You've got to level up.

My expectation is not to be a super Israelite; you might front...have a long skirt on, your headwrap is two tiers. You have to go home and look at self, come to facts with self. Is this really who I am?

- Renewing your mind according to scriptures.
- LAW was made for those like us.
- We are FILLED WITH SIN. We Need to REPENT.
- Brings us right back to DOA.
 - Refining and clarifying
 - Leveling up in this spiritual walk.



- Ask your lord? I had some serious questions-
 - My report card was an F. He said "You are failing"
 - Every year your professor is saying you're a failure
 - You have a tutor, get yourself in the Book to apply.

When you test, retest and your professor throws a surprise exam...are you prepared?

Question:

What's it like to marry a prophet?

You constantly and consistently tested.

You will not be prepared if you don't SPA

It's an open book test. The best professors give us answers every day of the week.

If you don't apply it's on you.

- I am saying this from a place of love and sincerity.
- I have been through it; I have to tell you the truth. That is my responsibility

Anaiyah H.O. Captain Gideon

- Wear the footsteps of the aged women.
- The women that progress and grow take the invitation seriously.

Eliora H.O. Captain Joel

- Speak the truth. Who wants to fall into the same thing over and over?
- I want my daughters to be top tier.
- The Lord wants us to be better and better. Be perfect until the kingdom come.

Jahira H.O. Deacon Yoshua

- My lord says there is no such thing as trying to do it or not.
- It's an excuse because we don't apply.

Anaiyah H.O. Captain Gideon



- If you do something wrong say sorry, do not just brush it off and take it lightly.
- We are family. Many of us are not perfect.
- You're going through things, Hurting, Disrespecting, Offending.
- You are not taking it seriously, that is not Godly sorrow
- You're just saying it, not really considering what you did. Recognize and strive to change. If you love someone.
- Try within your power to never do it again.
- Have that same mindset when dealing with one another.
- Really do better when it all comes down to it.
- You're supposed to be a reflection of your Lord's home and leadership.

Elora H.O. Captain Joel

- When sisters see you, they should see your lord
- Take off pride and stay in your lane.

Bayla H.O. Captain Gedaliah

Sirach 6:36 (APOCRYPHA)

And if thou seest a man of understanding, get thee betimes unto him, and let thy foot wear the steps of his door.

- Cleave to the elders.
- You see your lord, studying traveling reaching out those senior men.
- Trying to grow? We don't want to grow; we have pride and hatred.
- Searching our ways, seeking counsel is vital in this truth.
- The Mothers on tonight wouldn't be able to teach you, If we did not seek and get counsel. Who will teach the sisters?
- Examine yourself, get built up in scripts, pray and fast.
- Christ got tempted and He fasted 40 days.
- He came back with scriptures; He was built up.
- How are you building yourself up? Are you applying what you learn?
- Deacon Labaa mentioned people put out and leave the truth.
- That was my counselor; what am I supposed to do? Things happen, you have to move on, it is what it is.
- You can't allow that to be a hindrance to your walk.
- LEVELING UP: in a multitude of counselors.



- Between the Mothers, and elder sisters, you have a plethora of wisdom.
- We watch their lords travel and visit different schools. If it were not for him I would not have seen or be around or have experienced what I have to help me on this walk to do my part when it is time.
- I am going to be proactive, If he says ok, I will be ready.
- That comes by experience and getting wisdom from a multitude of counselors.

How do you get a counselor?

- The Titus 2 Chats and counselors came about based on need.
- I would get emails DM's can you be my counselor of 1000.
- I am proud of the women on this panel who have grown in the spirit. They have the ability and skill set to be able to counsel.
- Reach out to women senior aged respected in your congregation state and country, approved through leadership.
- They can guide you based on the issue. The issue may have to be elevated up the chain.
- All leadership wives, soldier wives and up can handle basic marriage questions.
- Are they studying? Do they have a counselor? In case they don't have the answer.
- If I don't have an answer, I won't make it up. Let me get back to you. I'm not a miss know it all.

How to go about getting a counselor of 1000?

- Speak to the leadership and they will steer you in the right direction.
- A sister might be overwhelmed, might have so much, can't take another counsel job.

Mother Shamarah H.O. Bishop Nathanyel

- There is a hierarchy. I won't jump to Bishop.
- As a soldier's wife you are responsible; being a reflection of your lord.
- A lot of leadership wives are MIA where y'all at!?
 - I don't want to hear this sister not on any committees or perform any events. What kind of flex is that for him?
- That is a problem and out of order, that's a whole another conversation
- A lot of you are there by default. Your lord has leadership capacity. You have not earned respect; if you want respect, you get respect. To gain respect you have to have the love of the congregation. You have to do your part sis.

Eliora H.O. Captain Joel

- Growth is about action



Jahira H.O. Deacon Yoshua

- Seek local counsel
- Circumstances
 - Kitchen duties
 - Daycare ask those questions
 - Get in the habit now asking local leadership wives so they can counsel you, they

know you best.

- They see you don't fast.
- I am not able to see that
- When it comes to things like that, a lot of sisters want to seek council with elder sisters not in their camp.

Elora H.O. Captain Joel

- If you try to hide something, that would be hatred.
- You won't see growth, benefit, or flourish.
- Be seen you need to work on this/ that.

Bayla H.O. Captain Gedaliah

- There is order, it's proven in the scriptures, and it works.
- Correction gone be seasoned with salt unless it need to be otherwise
- Are you really trying to get things together?
- They see you; we don't see you. Whether you have an evil eye, hatred etc.
- How are you trying to be joint heirs when you the bag lady?
- How have you been here 4-5 years and still dont have a counselor? How are you growing?

Anaiyah H.O. Captain Gideon

- Leadership wives are married and do nothing without counsel.
- There is nothing that I do or decide without running past my lord first.
- Exemption: In counsel something private does not need to be shared. Yet, something concerning the body or state of flock.
- No way we're not on one accord if I'm not asking for council in everything I do.
- We must stay safe and walk to stay blameless.
- He will already know if something grows from this.
- Leadership talks to us, if they call us at the table, Inquiring, why is this sister not here?
- Leadership depends on us.



- At the end of the day sisters may feel a certain way. Yet, it comes from my lord and/or from leadership.
- They have us and trust us.
- My lord does not play, he's a royal priesthood from the tribe of Levi. He's straight to the point, Levites have a certain spirit. I understand this about my lord. I know not to ruffle his feathers; I don't want no smoke.

Mother Shamarah H.O. Bishop Nathanyel

- When Mama Azariyah H.O. Deacon Abbayael mentioned "when sisters question her feedback", What she is saying, is because she has been given direction from leadership or her lord, she is not back there trying to pull rank, though she has paid her dues.
- Miriam, Phoebe, those names are not in the Book by accident. TMH put them as an example for us. How we should act and speak as wise women.
- These are righteous counselors who follow the lead of the men. In decency and order

Question:

1)How does a sister not envy other sisters that are proving? How does a sister not lose hope in the waiting process to prove?

2)How do I not envy other sisters proving? How do I not lose hope?

- You want to get help, you did not commit with confidence, "I am dealing with this; is the first step in growing."
- Are you wanting to repent and atone?
- It is bigger than how do I get a husband?
- There are somethings you have to acknowledge.

Mother Shamarah H.O. Bishop Nathanyel

- "Sis really has an evil eye to people proving; it goes back to self-examination"
- Young woman at a provable age, when you are not looking, he will find you. He who gets a wife find a good thing.
- The man is looking for a good thing. You have to be that good thing he finds.
- If you are too busy looking at what 'she' got: envying and jealousy, you won't be found.
- Sisters that have that spirit of jealousy, when will it be there time. It is all in the Lord's.
- Ecclesiastes 3, wait on TMH.
- If you are impatient, you don't trust God.
- Have to get ready to be found.
- Do the things to prepare you to be a good: Wife, Servant & Mother.
- There is a spirit you are oozing all of those fruits of flesh, because of that you are not showing right attributes.
- Work on yourself. Read and play scriptures.
Building your faith and your works.
- Be a good helper to the aged women. You see that sister do a lot; she is always helping.



- She might be a good helpmate.
- TMH is not going to answer your prayers because you ask amiss

James 4:3 (KJV)

Ye ask, and receive not, because ye ask amiss, that ye may consume it upon your lusts.

- Ask yourself:
 - Do you want to be a good wife?
 - Are you mad at your sister who got chosen and you didn't?
 - Are you battling lust? (You are not prepared to be a good wife.)
 - Why are you even envious?
- Get to the root of the problem.

Eliora H.O. Captain Joel

Start with reflection. Look at scriptures and what/who we need to be.

- Do I have that spirit in me? One day of fasting is not going to fix you.
- You should be fasting now.
- When DOA comes you should be able to complete the day.

Mother Shanarah H.O. Bishop Nathanyel

Mark 11:24 (KJV)

Therefore I say unto you, What things soever ye desire, when ye pray, believe that ye receive them, and ye shall have them. 25 And when ye stand praying, forgive, if ye have ought against any: that your Father also which is in heaven may forgive you your trespasses.

- This may be a reason why your prayers are not being answered.
- Here we are a full circle moment around Day of Atonement.
- When we go into DOA if we are in

ought, bitterness, hatred, envy, or jealousy, the Lord will not hear your prayers and your offering will be in vain might as well have just eaten.

- Take DOA most seriously: a day you want your trespasses to be forgiven.

Galatians 4:16 (KJV)

Am I therefore become your enemy because I tell you the truth?

- In this truth we are supposed to keep the laws, statutes and commandments.
- When the truth comes out you shouldn't take it as an attack.
- Examine yourself; it should not be the same thing you are working on year by year
- Recognize a Godly marriage and correct mistakes.

~SHALOM, MOST HIGH AND CHRIST BLESS YOU ALL! ~