Event: Titus 2

Topic: The Greatest Role You'll Ever Have: How's Rehearsal?

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## Sister Jehudijah

<u>Genesis 2:18 (KJV)</u> And the LORD God said, It is not good that the man should be alone; I will make him an help meet for him.

❖ A lot of us address ourselves as our husband's rib, a help meet, women, wives, and mothers; these are also roles we take on.

❖ Embrace and embody these roles because there are levels to them. When you first become a wife, it is a new experience for you.

<u>Judges 5:11 (KJV)</u> They that are delivered from the noise of archers in the places of drawing water, there shall they rehearse the righteous acts of the LORD, even the righteous acts toward the inhabitants of his villages in Israel: then shall the people of the LORD go down to the gates.

\* We are here to rehearse the righteous acts.



- ❖ We have to make sure we are handling our business and are maintaining our righteousness while in captivity.
- ❖ But before we make it to rehearsals we have to audition:



❖ We have to make sure we are diligent in the way in which we conduct ourselves here in this life so when it's time for the chariots we can be saved.

❖ To be saved, there is a certain criterion we have to meet.

<u>Job 8:8 (KJV)</u> For enquire, I pray thee, of the former age, and prepare thyself to the search of their fathers:

❖ This bible is for us to learn from our forefathers and foremothers; how to move when we were met with hardships.

<u>Proverbs 22:17 (KJV)</u> Bow down thine ear, and hear the words of the wise, and apply thine heart unto my knowledge.

- ❖ When you bow down, you relinquish your control.
  - > It is hard for us to do.
  - We say we'll do it for God and Christ, but you won't if you won't bow for your lord.
- ❖ We are rehearsing but we all know what we need to work on.

Ask yourself if you are present in this truth or not.

Line: The words that the actors speak during a performance. Also, during rehearsals, the term actors use to let the stage manager know they don't remember what to say next and that they need to be prompted – short for "I don't remember my next line – please prompt me".

\* We have to make sure we are proactive.

Video: <a href="https://youtu.be/xrl2kR2UdHM">https://youtu.be/xrl2kR2UdHM</a> What if Practice is the Performance: Falling in Love with Practice

- ❖ Performance *is* practicing on display.
- ❖ Don't let the little voice in your head tell you that you cannot improve.
  - ➤ No one will be able to improve once Christ returns.
  - You will have to know the laws, what your role is and how to be a righteous woman.
- ❖ Deliberate practice means to think about and discuss issues carefully.
- ❖ When we are deliberately rehearsing that means we meditate on what we need to improve on.
  - We should be brutally honest with ourselves.

<u>Joshua 1:8 (KJV)</u> This book of the law shall not depart out of thy mouth; but thou shalt meditate therein day and night, that thou mayest observe to do according to all that is written therein: for then thou shalt make thy way prosperous, and then thou shalt have good success.

❖ We all want good success in being a wife, having a happy marriage, and being an attentive mother. and making sure the family is eating properly or doing things slothfully.

- We want to make sure that the family is eating properly and that we aren't slothful when it comes to our lord's homes.
- ❖ We should all strive to be dependable and have a good name.
  - ➤ We should meditate and examine yourself daily; we will get better if we are intentional with our choices.
- Our role as a revolutionary women should increase.

Galatians 5:25 (KJV) If we live in the Spirit, let us also walk in the Spirit.

**.** Every day we should live by this.

<u>Joshua 1:9 (KJV)</u> Have not I commanded thee? Be strong and of a good courage; be not afraid, neither be thou dismayed: for the LORD thy God is with thee whithersoever thou goest.

- ❖ When we are rehearsing, there is a level of confidence and courage we must have.
- ❖ We can get stage fright and sometimes it's intimidating to be the women we are trying to become.



- \* Every day we are rehearsing the righteous acts and striving to be a better mother and sister.
  - Like being kinder and more charitable; these are the righteous acts that goes a long way.

<u>Job 2:10 (KJV)</u> But he said unto her, Thou speakest as one of the foolish women speaketh. What? shall we receive good at the hand of God, and shall we not receive evil? In all this did not Job sin with his lips.

- ❖ There are times when we have a bad day or bad rehearsals.
  - Regroup and do better the next day.
  - ➤ You got upset over a sister correcting you, but you fasted and fixed yourself; therefore, you learned to have temperance.
  - ➤ We do not change overnight.

<u>1 John 5:3 (KJV)</u> For this is the love of God, that we keep his commandments: and his commandments are not grievous.

- Some of us don't like to rehearse. These are the people that find the commandments grievous.
- ❖ We have to diligently practice the righteous acts.

Ecclesiastes 9:10 (KJV) Whatsoever thy hand findeth to do, do it with thy might; for there is no work, nor device, nor knowledge, nor wisdom, in the grave, whither thou goest.

- ❖ We are here to make this the best rehearsal of all time. Why not give it your all and go hard.
- ❖ If we don't go hard, we will not make it to the kingdom.
- Let's not slack, do everything with all might.
- ❖ We are to get counsel.
  - ➤ In rehearsing, it is wise to seek counsel.



<u>Sirach 14:20 (Apocrypha)</u> Blessed is the man that doeth meditate good things in wisdom, and that reasoneth of holy things by his understanding.

- ❖ When you're speaking with someone who has been in this truth for a while there and experience, that's who you should be counseling with.
- \* Rehearing is knowing what is pleasing unto God and what is acceptable unto him.

Sirach 2:1-5 (Apocrypha) My son, if thou come to serve the Lord, prepare thy soul for temptation. [2] Set thy heart aright, and constantly endure, and make not haste in time of trouble. [3] Cleave unto him, and depart not away, that thou mayest be increased at thy last end. [4] Whatsoever is brought upon thee, take cheerfully, and be patient when thou art changed to a low estate. [5] For gold is tried in the fire, and acceptable men in the furnace of adversity.

Some of us hold out on our husbands (due benevolence) and don't want to be in the marriage chamber. That is not right, you have to rehearse.

Romans 12:2 (KJV) And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, that acceptable and perfect will of God.

- \* Every time we rehearse, we are rewiring our brain.
- ❖ We have been broken and everything has been taken from us; our dignity, our confidence, and our heritage.
- We are coming back to claim what belonged to us and who we rightfully are.

❖ We are not just rehearsing the righteous acts for ourselves but for our children and for the generations that come after us.

## Rehearse Your Presentation

## 2. Practice: Rehearsing with your slideshow

Rehearsal is essential to giving an effective presentation. Rehearsing increases your confidence, ensures you are familiar with your material and allows you to polish your presentation skills. It is important to not only practice delivering your talk, but to practice using your visual aids.

<u>Judith 5:20 (Apocrypha)</u> Now therefore, my lord and governor, if there be any error in this people, and they sin against their God, let us consider that this shall be their ruin, and let us go up, and we shall overcome them.

I owe it to myself to be consistent. I owe it to myself to be disciplined. I owe it to myself to stay focused.

- ❖ We have to stay focus. When we're focused, we're present.
- ❖ Being consistent means we're going to show up to the rehearsal.
- To show up every day means that we're being disciplined.

**Proverbs 31:17 (KJV)** She girdeth her loins with strength, and strengtheneth her arms.

- ❖ We must embody the strength to keep ourselves girded up.
- \* Rehearsals are not easy; the first year in the truth are baby steps, the real trials have not started yet.

**Ephesians 6:14 (KJV)** Stand therefore, having your loins girt about with truth, and having on the breastplate of righteousness;

❖ We have to gird ourselves with truth and have that righteousness on us.

**Video:** <a href="https://www.youtube.com/watch?v=0f4wtD8eXNk">https://www.youtube.com/watch?v=0f4wtD8eXNk</a> Revelations from a Lifetime of dance | Judith Jamison and the Alvin Ailey American Dance Theater

- \* Rehearsal space is a sacred space.
  - We are holy people.
  - ➤ He gave us this word and this position to us; to be a help meet to his sons that are compelling our people to repent.

<u>Deuteronomy 20:6 (KJV)</u> And what man is he that hath planted a vineyard, and hath not yet eaten of it? let him also go and return unto his house, lest he die in the battle, and another man eat of it.

- ❖ We need the basic scriptures because that is what will lift us up.
- ❖ Imagine how much endurance matters.
  - ➤ If we're trying to endure something but are not properly trained, we are going to mess up.

<u>James 1:12 (KJV)</u> Blessed is the man that endureth temptation: for when he is tried, he shall receive the crown of life, which the Lord hath promised to them that love him.

• Enduring temptation means a just man falls but rises up again; it is muscle memory.

Video: <a href="https://www.youtube.com/watch?v=bnO">https://www.youtube.com/watch?v=bnO</a> AoAWPV8 Power Hour Plus:

Shameless Impudent Women and Virtuous Redemption

- \* Rehearsals are so important. When you have that solo act that's all you.
  - ➤ We have to do our best to guide our children because they'll grow to have their own solo performance.

Touching on our foremothers:

ANNA AND JOB'S WIFE

<u>Job 2:9-10 (KJV)</u> Then said his wife unto him, Dost thou still retain thine integrity? curse God, and die. [10] But he said unto her, Thou speakest as one of the foolish women speaketh. What? shall we receive good at the hand of God, and shall we not receive evil? In all this did not Job sin with his lips.

- ❖ We see how she is responding to Job and his trials.
  - > She is being rebellious and showing a lack of faith and that she no longer believes.

<u>Galatians 6:9 (KJV)</u> And let us not be weary in well doing: for in due season we shall reap, if we faint not.

- ❖ We cannot be weary.
- There are things that are going to happen to us, but if we get weary, we will respond just like Job's wife.

Tobit 2:11-14 (Apocrypha) And my wife Anna did take women's works to do. [12] And when she had sent them home to the owners, they paid her wages, and gave her also besides a kid. [13] And when it was in my house, and began to cry, I said unto her, From whence is this kid? is it not stolen? render it to the owners; for it is not lawful to eat any thing that is stolen. [14] But she replied upon me, It was given for a gift more than the wages. Howbeit I did not believe her, but bade her render it to the owners: and I was abashed at her. But she replied upon me, Where are thine alms and thy righteous deeds? behold, thou and all thy works are known.

- ❖ Tobit accused his wife of stealing.
  - > She took on women's work to support her husband only to be called a thief.
  - > But she knew how to respond with a soft answer and to exhort her husband.
  - > She responded as a wise woman.

<u>Luke 14:28 (KJV)</u> For which of you, intending to build a tower, sitteth not down first, and counteth the cost, whether he have sufficient to finish it?

- ❖ When we have not built endurance or rehearsing the righteous acts properly, we're not going to be able to continue building the nation.
- ❖ A lot of the time we just want to rush into things.
  - For example when new people come in and want to take communion, they have to make sure they are ready for this.
  - > These rehearsals are serious.
- ❖ We have to examine ourselves and purge out things within us.

<u>I Kings 17:11-15 (KJV)</u> And as she was going to fetch it, he called to her, and said, Bring me, I pray thee, a morsel of bread in thine hand. [12] And she said, As the LORD thy God liveth, I have not a cake, but an handful of meal in a barrel, and a little oil in a cruse: and, behold, I am gathering two sticks, that I may go in and dress it for me and my son, that we may eat it, and die. [13] And Elijah said unto her, Fear not; go and do as thou hast said: but make me thereof a little cake first, and bring it unto me, and after make for thee and for thy son. [14] For thus saith the LORD God of Israel, The barrel of meal shall not waste, neither shall the cruse of oil fail, until the day that the LORD sendeth rain upon the earth. [15] And she went and did according to the saying of Elijah: and she, and he, and her house, did eat many days.

- Single sisters, it is always important to rehearse the righteous acts of being submissive in serving leadership and being in order.
- \* This is an example of a sister showing her faith and that she believed.

Most High in Christ Bless You All

## **Video Timestamps:**

YouTube Video: What if practice is the performance? <a href="https://youtu.be/xrl2kR2UdHM">https://youtu.be/xrl2kR2UdHM</a> Timestamps 20sec 2:24, 2:55-3:10, 4:39-6:01

YouTube Video: Revelations from a Lifetime of dance. <a href="https://youtu.be/0f4wtD8eXNk">https://youtu.be/0f4wtD8eXNk</a>

Timestamps 10:30-10:44, 10:58-11:09

YouTube Video: The Power Hour Plus: Shameless, Impudent Women and Virtuous Redemption

https://www.youtube.com/live/5-v8X4EVygo?feature=share

Timestamps 59:36-1:02:19

Closing Video (poetry): Rehearsals by Edna