

FOREMOTHER DEBORAH

This activity is designed for our young daughters to learn about the strong faith and joyfulness of our foremother Deborah.

Lesson Objectives:

At the end of the lesson, our young daughters will be able to answer the following questions about our foremother Deborah:

1. Who was Deborah?
2. How did she show strong faith?
3. How did she show joyfulness?
4. What did they learn about Deborah that they can apply in their lives today?

Teach:

Deborah was a married Israelite woman who lived during the Canaanite captivity. We were carried away captive for 20 years.

Judges 4:1 - 3

[1] And the children of Israel again did evil in the sight of the LORD, when Ehud was dead.

[2] And the LORD sold them into the hand of Jabin king of Canaan, that reigned in Hazor; the captain of

whose host was Sisera, which dwelt in Harosheth of the Gentiles.

[3] And the children of Israel cried unto the LORD: for he had nine hundred chariots of iron; and twenty years he mightily oppressed the children of Israel.

Question: What is the main reason for us going into many different captivities?

Activity: Find the book and chapter that has these key statements in it.

‘If thou wilt not hearken’

‘Cursed shalt thou be in the city’

‘Yoke of iron upon thy neck’

‘Egypt again with ships’

Judges 5:1 - 5

[1] Then sang Deborah and Barak the son of Abinoam on that day, saying,

[2] Praise ye the LORD for the avenging of Israel, when the people willingly offered themselves.

[3] Hear, O ye kings; give ear, O ye princes; I, even I, will sing unto the LORD; I will sing praise to the LORD God of Israel.

[4] LORD, when thou wentest out of Seir, when thou marchedst out of the field of Edom, the earth trembled, and the heavens dropped, the clouds also

dropped water.

[5] The mountains melted from before the LORD, even that Sinai from before the LORD God of Israel.

Deborah praised the LORD greatly and showed much joyfulness in his wonderful works that he did for the nation. She also praised the men for their great works also

Question: which scripture in the Bible speaks about Joyfulness being the fruit of the spirit.

Galatians 5:22 - 23

[22] But the fruit of the Spirit is love, joy, peace, longsuffering, gentleness, goodness, faith,

[23] Meekness, temperance: against such there is no law.

Question:

1. Can you share a time where you was joyful in the LORD?
2. What are the some way we show joyfulness and praise to the LORD?
3. Can you share a time where you was not joyful and why?

Psalm 100:1 - 4

[1] (A Psalm of praise.) Make a joyful noise unto the LORD, all ye land s.

[2] Serve the LORD with gladness: come before his presence with singing.

[3] Know ye that the LORD he is God: it is he that hath made us, and not we ourselves; we are his people, and the sheep of his pasture.

[4] Enter into his gates with thanksgiving, and into his courts with praise: be thankful unto him, and bless his name.

As we can see this is a psalm of Praise, our forefather David sang praises to the LORD and urged us all to do so.

Question: What is another reason why we went into captivity as shown here in one of the verses? (answer: we did not serve the LORD in joyfulness and gladness)

Deuteronomy 28:47

[47] Because thou servedst not the LORD thy God with joyfulness, and with gladness of heart, for the abundance of all things;

We did serve the LORD but it was not in joyfulness and gladness.

Closing and Review:

1. Who was Deborah?
2. How did she show strong faith?
3. How did she show joyfulness?
4. What did they learn about Deborah that they can apply in their lives today?

End of the class.