



Everyone could use a P.A.S.

We as Daughter's of Sarah call our helpers P.A.S., but it can be called many things: charity, kindness, unity, alms, or support. PAS is simply a concept. P.A.S. stands for ***personal assistance sister***, and we do exactly that, assist.

The concept was founded upon the idea that if we all assisted each other just a little, we all would fare much better. The assistance received can vary based on the needs of the sister/ home as well as the skills and willingness of the sisters involved. Most of the time, assistance is centered around house care, childcare, errands, and miscellaneous tasks.

The system can be set up as a committee or executed amongst proven friends.

HOW DO YOU SET UP THE PAS SYSTEM?

Select the group of individuals that will be working together. It typically works best with a group large enough to spread the workload to avoid burnout but small enough where it's easy to manage.

With services requiring visits to one another's home, it is prudent to select sisters within a limited distance.

Once the group is set, establish a schedule. In most cases the schedule is on a weekly basis with 1-2 sisters receiving assistance each week.

The receiving sisters will post their list of desired assistance and availability in advance of their assigned week. The other sisters on the assistance committee will respond with what tasks they are capable of assisting with & which day & time they'll be assisting.

Again, to avoid burnout of consistently assisting sisters, it is required for each member to assist another sister at least once within a 4-week period to also receive assistance themselves.

You do not have to assist someone weekly, but as reasonably often as possible.

OUTCOME

After a visit from one or more sisters, recipients are able to accomplish tasks that require multiple individuals, that they are less skilled at, or simply prefer not to do.

This system has been practiced amongst proven Atlanta sisters & so far, we have packed & moved families to new residences, laundry, sewing/fringing, store runs, childcare, Passover prep, general deep cleaning, & much more.

RESOURCE OPTIONS

To help manage forms of communication:

- Group Texts
- Telegram

To Help manage/prioritize schedules:

- Text availability
- Telegram Poll
- Calendly website
- Doodle website

To Help manage Tasks:

- Add to doodle sign up
- In person checklist - paper, board, etc.
- Text - reply to sign up

MOTIVATIONAL SCRIPTURES

Proverbs 3:27

Withhold not good from them to whom it is due, when it is in the power of thine hand to do it.

Matthew 6:1

Take heed that ye do not your alms before men, to be seen of them: otherwise ye have no reward of your Father which is in heaven.

Tobit 4:10

Because that alms do deliver from death, and suffereth not to come into darkness.

Tobit 4:11

For alms is a good gift unto all that give it in the sight of the Most High.

Tobit 12:8

Prayer is good with fasting and alms and righteousness. A little with righteousness is better than much with unrighteousness. It is better to give alms than to lay up gold:

Tobit 12:9

For alms doth deliver from death and shall purge away all sin. Those that exercise alms and righteousness shall be filled with life:

1 Corinthians 13:1

Though I speak with the tongues of men and of angels, and have not charity, I am become as sounding brass, or a tinkling cymbal.

1 Corinthians 13:2

And though I have the gift of prophecy, and understand all mysteries, and all knowledge; and though I have all faith, so that I could remove mountains, and have not charity, I am nothing.

Colossians 3:14

And above all these things put on charity, which is the bond of perfectness.

Ecclesiasticus 26:16

As the sun when it ariseth in the high heaven; so is the beauty of a good wife in the ordering of her house.

1 Timothy 5:14

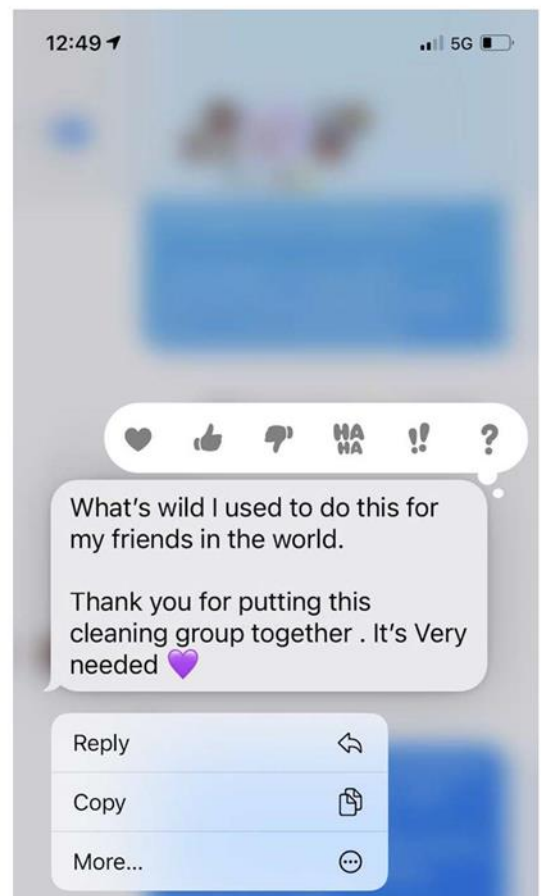
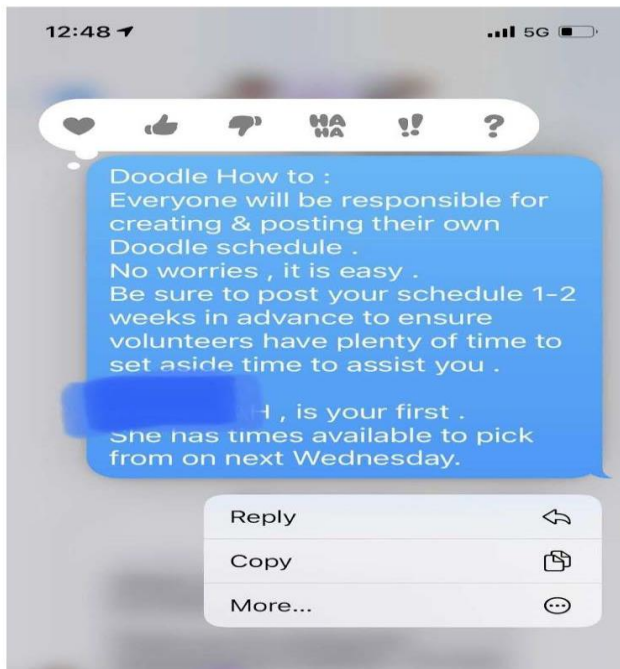
I will therefore that the younger women marry, bear children, guide the house, give none occasion to the adversary to speak reproachfully.

Personal Assistant **Sister**

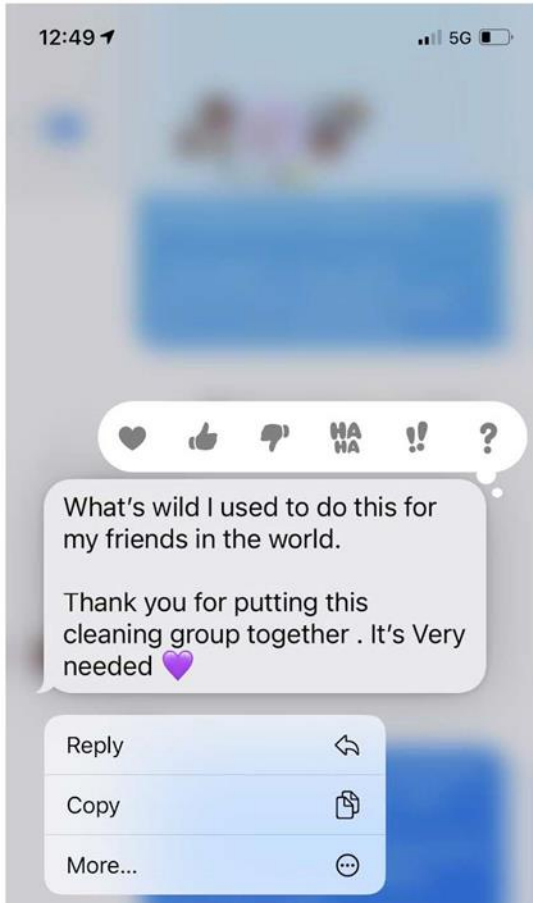


INSPIRATION

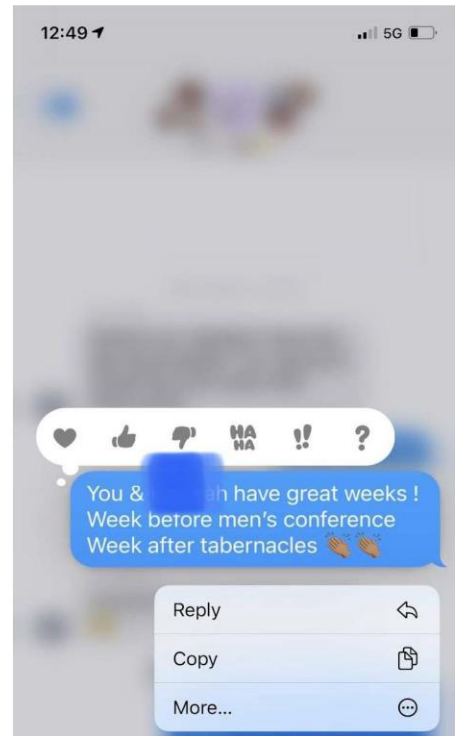
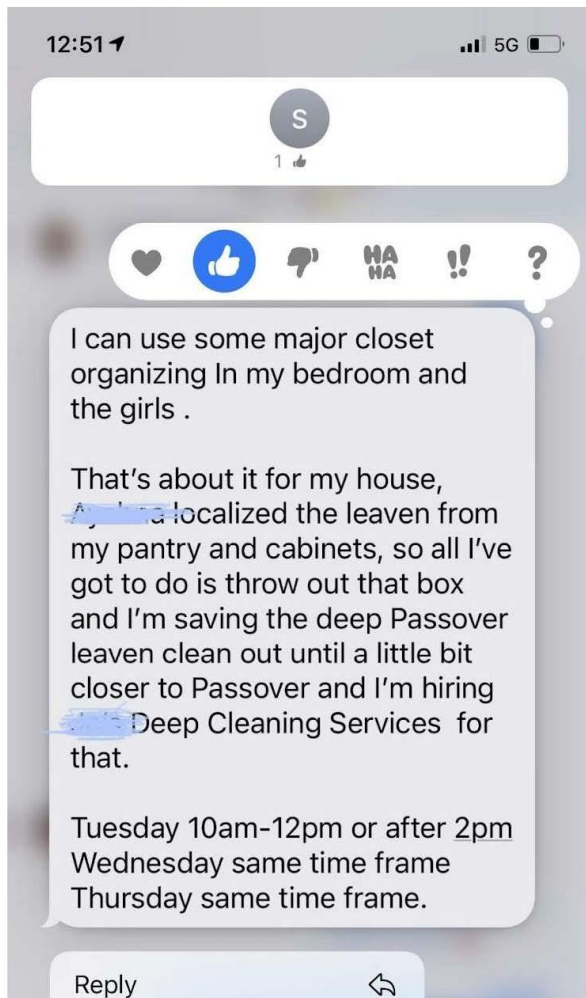
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INSPIRATION CHAT



INSPIRATION CHAT





Group Chat Request

Availability

Yes mam if y'all available to help !

📅 a PAS Schedule 🧹
Passover edition 📅

📅
Sunday 3/13 : Anytime
Monday 3/14 : 11am-until
Tuesday 3/15 : 11am-until
Wednesday 3/16 : 11am-until
Thursday 3/17 : 11am-until
Friday 3/18 : Anytime until 6pm

Attention Areas 📍

1. Leaven Box 📦
2. Vacuum boys room 🛏
3. Sweep / Mop downstairs 🧹
4. Probably some laundry 🧺
5. Organize / vacuum office room 🗑
6. An area you see could use attention 🧑🏻

Shalom so my Lord's house getting ready to move.
I need help with packing.....

- 1.The kitchen
- 2.Boys rm
- 3.Hallway closet upstairs

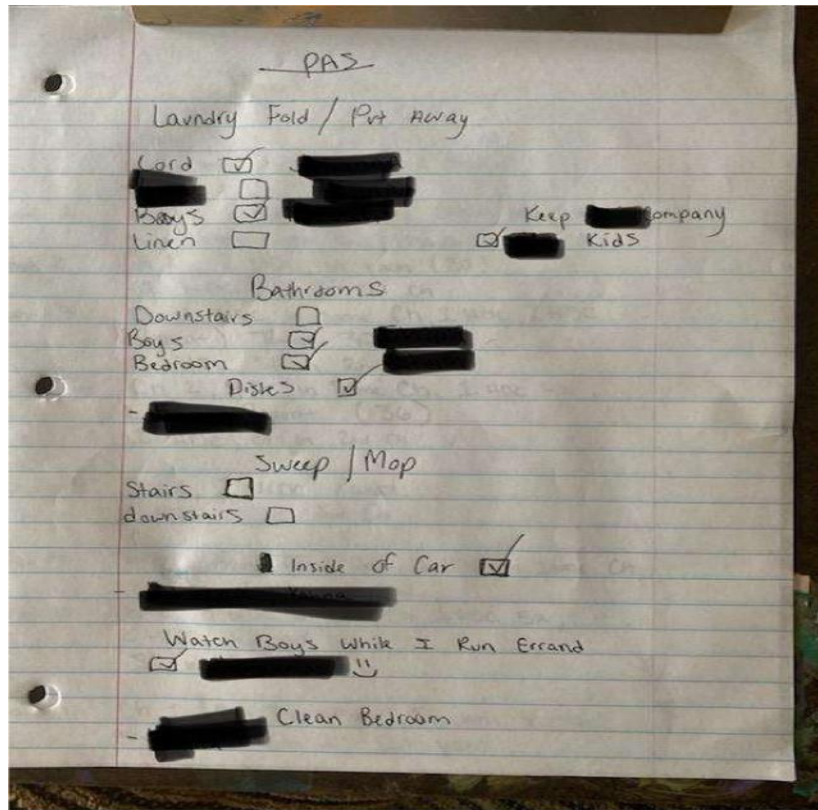
Hours of Operations
Monday: anytime
Tuesday: anytime
Wednesday: anytime
Thursday: anytime



Pantry Organization



Cabinet Organization



Personal Assistant Sister

