



Mango Smoothie Bowl Recipe

- o 1 1/2 cup frozen mango chunks
- o 1/2 cup frozen pineapple chunks
- o 1/2 banana
- o 1 cup pineapple coconut water

TOPPINGS

- o 1/4 cup mango chunks
- o 1/4 cup pineapple chunks
- o 1/4 cup blueberries
- o 2 tbsp coconut flakes
- o 2 tbsp cinnamon granola

INSTRUCTIONS

- Add the coconut water, then fruit into a high-powered blender. Blend on high for one minute, until thick and creamy consistency.
- Pour into a bowl and add your toppings.