

PECULIAR PEOPLE MAGAZINE

PASSOVER

DELIVERANCE. REPENTANCE. SALVATION.

Change
happens
now

SPIRITUAL AND PHYSICAL
CLEANSING

UNLEAVENED
BREAD
RECIPES

YOUNG
DAUGHTERS OF
SARAH

GET READY FOR
PASSOVER!



WELCOME

Publishing Statement

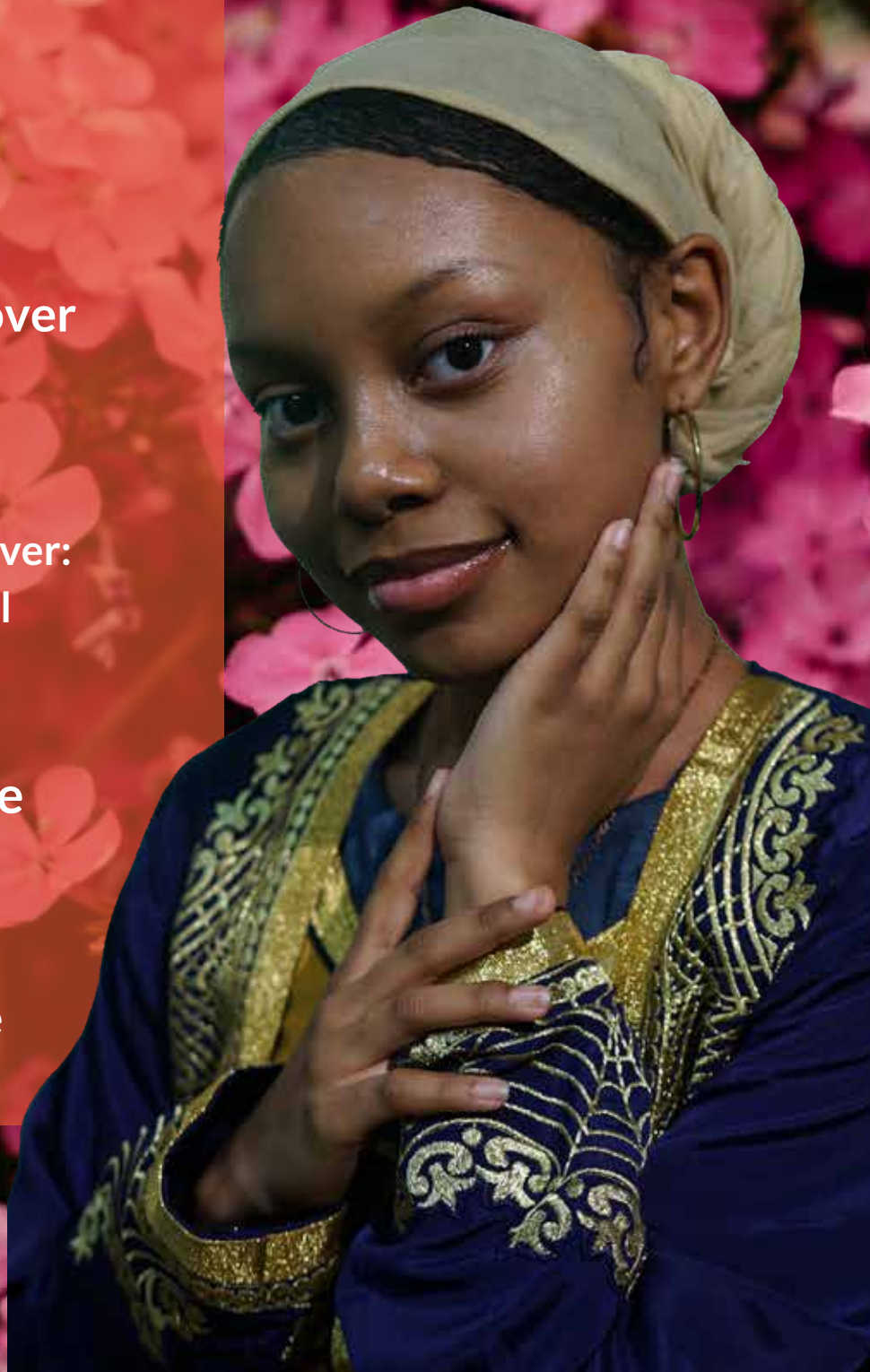
This magazine is to provide a way to further unite our sisters and help put us in one accord, offering updates and news, advice, entertainment, and peculiar ways to live as a peculiar people. The goal is to reach out to sisters, giving them strength and reassurance. This is our magazine, this is our business, and this is our nation we are building, brick by brick.

- PECULIAR PEOPLE
CREATIVE TEAM



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HELLO THERE, READER!

Step 1: What is leaven? Leaven is a rising agent that makes food items enlarge or change in structure, or as Merriam-Webster dictionary states “a material, such as baking powder, used to produce a gas that lightens dough or batter.” *Source:* <https://www.merriam-webster.com/dictionary/leaven>
See the list below, leaven comes in many names!



YOURS TRULY,

ESTHER ISRAEL
DALLAS CAMP

How To Identify & Discard Leaven



Step 2: Where is leaven located? Leaven is located in common food items like pastries, breads, crackers, cereal, spices, pastas, cake mixes, and pancake mixes. However, there are many more places where leaven may appear. Check all nutritional labels and ensure your food products are leaven-free. TIP: Check your vitamins too!

Step 3: Why discard all food items with leaven? As stated in Exodus Chapter 12, the Feast of Unleavened Bread must be observed and kept for 7 days. Additionally do not give items to worldly friends or family members, **throw the items in the trash** if not consumed before the Passover or Feast of Unleavened Bread.



Exo 12 “And ye shall observe the feast of unleavened bread; for in this selfsame day have I brought your armies out of the land of Egypt: therefore shall ye observe this day in your generations by an ordinance for ever. V. 18 In the first month, on the fourteenth day of the month at even, ye shall eat unleavened bread, until the one and twentieth day of the month at even. **V. 19 Seven days shall there be no leaven found in your houses: for whosoever eateth that which is leavened, even that soul shall be cut off from the congregation of Israel, whether he be a stranger, or born in the land. V. 20 Ye shall eat nothing leavened; in all your habitations shall ye eat unleavened bread.**

**PASSOVER INGREDIENTS
DO'S & DON'TS**

AUTOLYZED YEAST
YEAST THAT HAS “SELF-DISTRICTED”, AND IS STERILE. INCAPABLE OF LEAVENING.

BREWERS YEAST
A DEAD FORM OF YEAST THAT CANNOT LEAVEN BREAD: - “NUTRITIONAL” YEAST.

TORULA YEAST
A DEAD YEAST THAT CANNOT LEAVEN BREAD. CONSIDERED A “NUTRITIONAL” YEAST. ALSO HICKORY SMOKED TORULA YEAST. USED AS A SAVORY SEASONING THAT IMPARTS SMOKY AROMA TO FOODS

CREAM OF TARTAR
TACTIC ACID- POTASSIUM BITARTRATE OR POTASSIUM HYDROGEN TARTRATE. THIS IS AN ACID USED TO COMBINE WITH BAKING SODA. BY ITSELF, THIS IS NOT LEAVENING.

YEAST EXTRACT(S)
DERIVATIVES OF YEAST, WHICH ARE STERILE AND CANNOT LEAVEN

BAKING SODA
A CRYSTALLINE ALKALINE SALT THAT GIVES OFF GAS WHEN AN ACID IS ADDED. THE FOLLOWING ARE DIFFERENT TYPES OF BAKING SODA:

SODIUM BICARBONATE
ALSO KNOWN AS SALERATUS

POTASSIUM BICARBONATE
ALSO KNOWN AS “POTASH”

AMMONIUM CARBONATE
ALSO KNOWN AS “BAKERS AMMONIA”

AMMONIUM BICARBONATE
ALSO KNOWN AS “HARTSHORN”.

BAKING POWDER
BAKING SODA + ACID FORMING INGREDIENTS + STARCH FILLER

SOURDOUGH STARTER
A WILD YEAST COLONY THAT MAINTAINED WITH FLOUR AND MOISTURE

YEAST
A SINGLE-CELLED FUNGI, USED TO LEAVEN.

 WWW.THEDAUGHTERSOFSARAH.COM



PECULIAR
PEOPLE



Unleavened
Bread
Recipes



BUSS UP SHUT (TRINI ROTI)

INGREDIENTS

- **4 cups flour**
- **6 tablespoons ghee (Ghee is clarified butter) or 6 tablespoons butter (Ghee is clarified butter)**
- **2 tablespoons oil**
- **½ teaspoon salt**
- **1 ¾ cups water**

DIRECTIONS

- **SIFT AND MIX THE FLOUR, AND SALT. ADD ENOUGH OF WATER.**
- **KNEAD TO A SOFT DOUGH AND FORM FOUR LOYAS OR BALLS AND LEAVE TO "REST" FOR ABOUT 15 - 30 MINUTES.**
- **ROLL OUT THE DOUGH AFTER "RESTING".**
- **SPREAD BUTTER OR GHEE AND SPRINKLE WITH FLOUR.**
- **MAKE A CUT FROM THE CENTER OUT TO THE EDGE AND ROLL MAKING A CONE.**
- **PRESS THE PEAK AND FLATTEN THE CENTER OF THE CONE. LEAVE TO "REST" ABOUT 15 - 30MINUTES.**
- **AFTERWARD, ROLL OUT ON A FLOURED BOARD.**
- **USING THE FLAT SIDE OF A CUP OR OTHER UTENSIL, DIP INTO BUTTER OR GHEE AND COAT AN ALREADY HOT PAN.**
- **PLACE THE DOUGH ONTO THE PAN.**
- **SPREAD THE GHEE OR BUTTER ON ONE SIDE USING THE FLAT EDGE OF THE CUP, THEN TURN OVER ONTO THE OTHER SIDE TO COOK.**
- **SPREAD BUTTER OR GHEE ON THE OTHER SIDE THE SAME WAY.**
- **WHEN COOKED ON BOTH SIDES USE A DABLA (SPACULAR) TO BREAK UP THE ROTI TO GIVE THE RIPPED UP, FLAKY APPEARANCE.**
- **YOU CAN ALTERNATIVELY, WRAP THE ROTI IN A CLEAN CLOTH AND BEAT WITH YOUR HANDS.**
- **THE FINISHED BUSS UP SHUT READY TO BE SERVED.**

CHOCOLATE CHIP UNLEAVENED BREAD



INGREDIENTS

1 cup butter, softened
1 cup white sugar
1 cup packed brown sugar
2 eggs
1 teaspoon vanilla extract
1 teaspoon cake batter extract
1/2 teaspoon salt
3 cups all-purpose flour
2 cups semisweet chocolate chips
1 cup chopped walnuts
1-1/2 cup heath toffee bits

Makes 72 pieces (3 pans)

SUPPLIES USED

24 Cup Mini Muffin Pan
**Small cookie scooper (1
tablespoon)**
Large mixing bowl
Hand mixer

DIRECTIONS

ALLOW BUTTER AND EGGS TO ACHIEVE ROOM TEMPERATURE. (IF IN A HURRY, ZAP BUTTER FOR ABOUT 10 SECONDS IN THE MICROWAVE AND PUT EGGS IN WARM (NOT HOT) WATER.)

PREP: ABOUT 20 MINTUES

COOK: ABOUT 10 MINTUES

PREHEAT OVEN TO 350 DEGREES F (175 DEGREES C).

WITH THE FLAT BEATER, CREAM TOGETHER THE BUTTER, WHITE SUGAR, AND BROWN SUGAR UNTIL SMOOTH.

LET IT SIT FOR 10 MINUTES.

PREPARE MUFFIN PAN WITH BUTTER OR NONSTICK SPRAY.

BEAT IN THE EGGS ONE AT A TIME.

STIR IN THE VANILLA AND CAKE BATTER EXTRACT.

STIR IN 1 CUP OF FLOUR AND SALT.

WITH THE DOUGH HOOK, STIR IN THE REMAINING FLOUR WITH CHOCOLATE CHIPS AND NUTS.

DROP BY SPOONFUL WITH COOKIE SCOOPER INTO MINI MUFFIN PAN.

PLACE 1 TEASPOON OF HEATH TOFFEE BITS IN EACH CUP ON TOP OF THE DOUGH.

BAKE FOR ABOUT 8-10 MINUTES IN THE PREHEATED OVEN, OR UNTIL EDGES ARE NICELY BROWNED.

ENJOY!

NOTES

DOUGH CAN BE STORED IN THE REFRIGERATOR FOR ONE WEEK AND IN THE FREEZER FOR MONTHS. WHEN STORING IN THE FREEZER, DROP 1 TABLESPOON SIZED BALLS ON A COOKIE SHEET AND FREEZE FOR ABOUT 2 HOURS. THEN PLACE BALLS IN A FREEZER BAG. WHEN READY TO COOK, PLACE IN A MINI MUFFIN PAN AND BAKE FOR 10-12 MINUTES AT 350 DEGREES (DON'T NEED TO THAW).

IF COOKING PARTIAL PANS, PLACE 1 TABLESPOON OF WATER IN EACH EMPTY CUP. THIS HELPS THE OTHERS TO BAKE EVENLY.

HEATH BAR TOPPING AND/OR NUTS CAN BE OMITTED.

CAN USE DIFFERENT CHIPS, E.G., BUTTERSCOTCH, WHITE CHOCOLATE, REESE, ETC

CAN FLAVOR DOUGH WITH DIFFERENT EXTRACTS, E.G., ALMOND, COCONUT, BUTTER, ETC

CAN ADD COCONUT FLAKES INSTEAD OF HEATH TOPPING.

THIS RECIPE IS VERY VERSATILE AND CAN BE PRE-MADE WHEN TIME IS SHORT.

FOR MORE CHEWY PIECES, USE TWO CUPS OF FLOUR INSTEAD OF 3 CUPS.



ZUCCHINI BREAD

Ingredients:

- 2 cups approved flour, such as spelt or amaranth
- 1 teaspoon ground cloves
- 1/4 cup + 2 tablespoons grapeseed oil
- 1 ripe mashed burro banana
- 1 tablespoon date sugar
- 1/4 organic pear
- 1 1/4 cups grated zucchini
- 3/4 cup chopped walnuts

Instructions:

- 1) Preheat the oven to 325°F. Using a little bit of grapeseed oil, grease a glass loaf pan and set aside.
- 2) In a medium bowl, whisk together all the dry ingredients.
- 3) In a large bowl, whisk together all the wet ingredients.
- 4) Add dry ingredients to wet ingredients. Whisk until just incorporated, making sure no flour patches remain. Thoroughly fold in zucchini and walnuts, until zucchini is very well incorporated (about 30 seconds). The batter will be very, very thick—**do not** add additional liquids to thin out the batter.
- 5) Pour batter evenly into prepared pan. Using a spatula, smooth batter into an even layer, with a rise down the center—in the shape of a loaf.
- 6) Bake for 55-70 minutes. Insert a toothpick to check for doneness—once it comes out clean with just a few moist bits, it's done.
- 7) Allow to cool in the pan, placed on a cooling rack for about 25 minutes. Lift out of the pan, transferring loaf along with parchment paper directly onto the cooling rack. Allow finishing cooling for 2-3 hours before slicing. Slice loaf into 12-14 slices. Enjoy!



Pb/Choc/Oat Unleavened Muffins

- 1 1/3 cup flour
- 1 cup white sugar
- 1/3 brown sugar
- 1/3 cocoa powder
- 1/3 oats
- 1/3 cup oil
- 1 1/3 almond milk

Bake at 450° for 30 min.

PEANUTBUTTER CHOCOLATE OAT
UNLEAVENED MUFFINS

PECULIAR PEOPLE



Teen Series Passover Edition



By: Mariah Israel NY





Shalom young Daughters Of Sarah,

Let's celebrate Passover! Passover is such a beautiful and reflecting time of the year for us Israelites. We should not only prepare for Passover physically but also spiritually as well.



"Purge out, therefore, the old leaven, that ye may be a new lump, as ye are unleavened. For even Christ our Passover is sacrificed for us:" 1 Corinthians 5:7

The most high wants us to get rid of sin and that would be the old leaven. He also wants us to get rid of the leaven in our homes as well *"Seven days shall there be no leaven found in your houses: for whosoever eateth that which is leavened, even that soul shall be cut off from the congregation of Israel, whether he be a stranger, or born in the land". Exodus 12:19*

Now that we got that part of Passover and the Feast of Unleavened Bread covered let's talk about the role you can play as a young Daughter Of Sarah during this Passover and how you can make the most out of the high holy days.

Get involved -As repenting Israelites we really like to go above and beyond during these high holy days. Going above and beyond needs lots of hands to help. I know many of us have been out of state for Passover.



We usually travel and celebrate with many different schools. A thing to consider would be volunteering your time. When traveling and going to the large Passover gathering there are lots of ways you can help while being there. The first thing you want to do is find out where and when to sign-up for different teams. Then what is the protocol for signing up for those teams. There are usually food and beverage teams, decorating, cleaning, and more. If you really want to be involved you have to search out the ways in which you can be.

If your family plans to stay local and celebrate with your school, the same thing applies regarding volunteering to be a part of various teams. However, as always, check with the team leaders to ensure you are following the protocols.

Another way a young DOS can lend a hand, is by being helpful in your home. Help your parents beautify the house with decorations. Decorating for high holy days is so enjoyable.

Decorations can be found at your local dollar tree and use the internet to your advantage for decorating inspiration.

Also, help your mother cook the feast day meals. When helping someone to cook prepping is always the area that tends to need the most assistance. You can help by chopping up the onions, peppers, herbs, cleaning meat, or whatever else they use in their food. Of course as this is the season to discard the leaven in our homes. Getting a head start on this would definitely be helpful. Cleaning out leaven is a lot of work but working with your righteous family to get it done can make it easier. One way is to start cleaning out weeks in advance. Read labels and make a pile of the leavened products that needs to be used up or discarded by Passover. Help make dinners for your family using the leavened items. Try using Pinterest to find a variety of recipes based on the items you have and work from there.

Get in Feast Mode -Celebrating the high holy days should not be grievous. *“For this is the love of God: that we keep His commandments; and His commandments are not grievous”.* 1 John 5:3. Preparing and celebrating Passover should be a joyous time. While decorating for Passover put on some righteous music. Try to video chat with other sisters your age and decorate with them virtually.

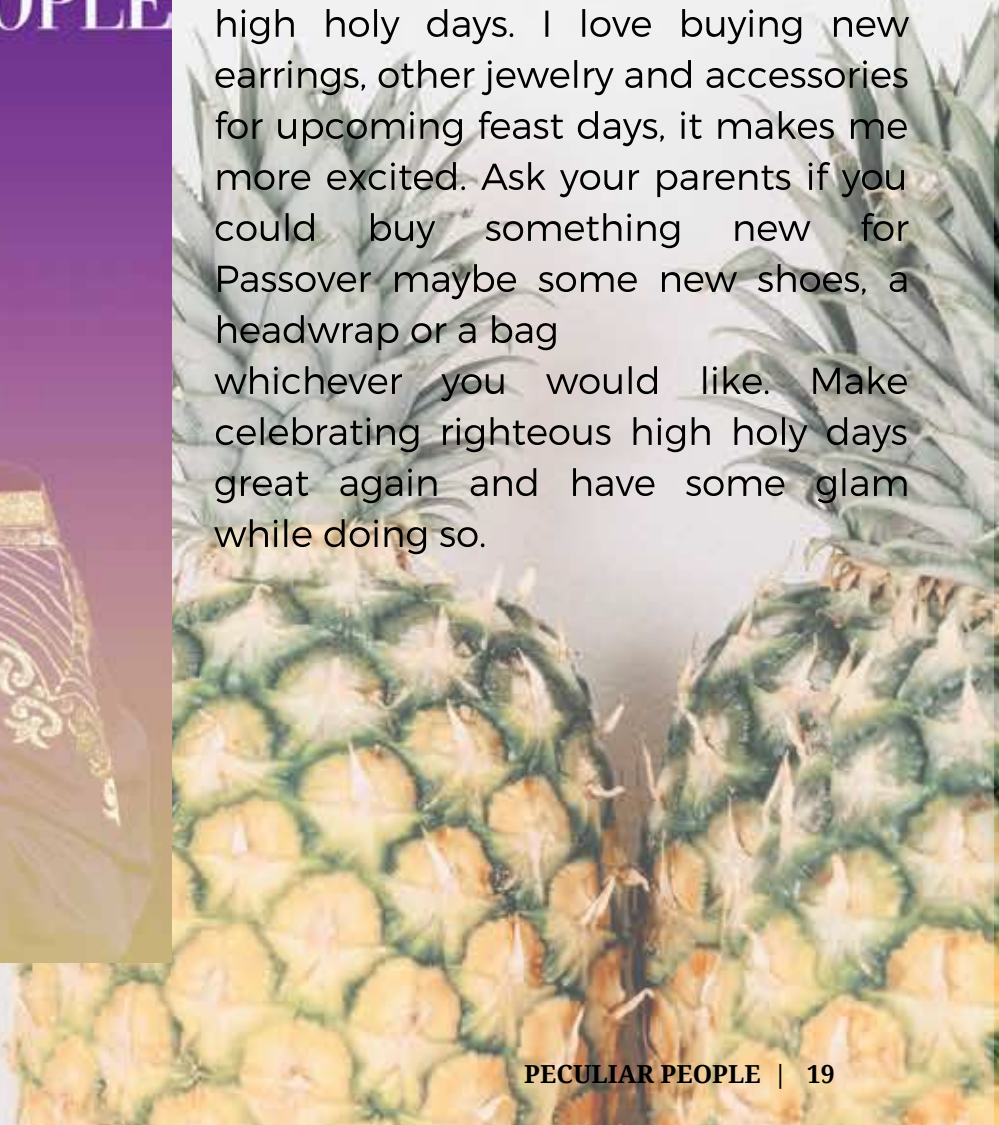
Decorating together with a sister could make the experience much more enjoyable and you can also get ideas from one another. Another way to make the most out of Passover would be to of course read the history and to watch classes. Reading the history and watching classes on Passover can help you refresh your memory and learn the importance of the high holy day.

Now Let's Talk Passover Glam

Every Israelite princess likes a little high holy day glam. We love to look beautiful and if you do not you should start within reason and with your parents consent of course. We are daughters of the most high and we are royalty *"For thou art an holy people unto the LORD thy God: the LORD thy God hath chosen thee to be a special people unto himself, above all people that are upon the face of the earth."* **Deuteronomy 7:6**



We are royalty so we must look like it. There is nothing wrong with beautifying yourselves for the Lord's high holy days. I love buying new earrings, other jewelry and accessories for upcoming feast days, it makes me more excited. Ask your parents if you could buy something new for Passover maybe some new shoes, a headwrap or a bag whichever you would like. Make celebrating righteous high holy days great again and have some glam while doing so.





Be Around Sisters



Elevators, All Floors / Escalators 1-6 →
Escalators, Floors 1-4 →

Who will keep the
Passover with you

THE PASSOVER MAKEOVER:

Spiritual and Physical Spring Cleaning

FUN FACT: I am a big fan of Michael Jackson. Some may balk at that seemingly random statement, but for any fellow appreciator of MJ, you gotta admit there was something special about that troubled soul that came through in his art...even as a child. Being a spectator of his life, I respected his professional achievements, winced at his awkward moments, and questioned his bad decisions. In due time, he suffered persecution and punishment for every one of them. One of his best songs was "Man in the Mirror" - Classic! The imagery of the video evoked a tear or two from the tender-hearted. I would sing it with pure passion while butchering the words. I loved the message. It always made me feel some kinda way, but I could never articulate it. Looking at it now, with spiritual eyes, I realize it was biblical. I can hear 2 Corinthians 13:5 so clear....it's time to look within and be accountable.

2 Corinthians 13:5 "Examine yourselves, whether ye be in the faith; prove your own selves. Know ye not your own selves, how that Jesus Christ is in you, except ye be reprobates?"



By Sis Roni (HOO Kolaiah-DC)

As we enter another blessed year of Passover celebration, being the keepers of the home, we focus intensely on cleaning them out from top to bottom. To remove the leaven, we disperse leaven filled foods to overjoyed kids, and whoever else is willing to gobble up some treats before it hits the trash can. We become bread crumb detectives, scouring cars, purses, baby bags, and anywhere we have devoured a meal in fear of breaking our commitments to honor the most High's holy days wholeheartedly. How many of us put the same effort into thoroughly inspect our thoughts, spirit, and actions to ensure our cleanliness from the leaven of sin? The new beginning of the Israelite year is a time for celebration, but it should also be a time to examine and prove ourselves whether our faith and fear of the most High is consistently growing or has become stagnant. .

STEP 1 - ACCEPTANCE

"I'm starting with the man in the mirror, I'm asking him to change his ways..."

Hopefully, you've been making that change. From moment to moment, every Sirach 2 temptation forces us to humble down and accept that we fall short. But we can not settle for the Christianity "get out of jail free" grace card. Grace is only for a time to get it together, not for an eternity of habitual sinning. We should embrace these moments to know that whatever has been presented as a trial is to purge us of deficiencies in our spirit that the most High sees in us. We are a nation of the forever excuse-makers, constantly ducking and dodging responsibilities and correction. Ownership of fault and flaws is the first successful step of self-examination. You have to acknowledge your shortcomings before you can take long strides.

Ecclesiasticus 18:20 "Before judgment examine thyself, and in the day of visitation thou shalt find mercy."





Step 2: MOTIVATION

“If you want to make the world a better place, take a look at yourself and make a CHANGE...”

Our common desire for keeping these laws began with this - FEAR Psalms 111:10 . It was our first spark of wisdom and the motivator to learn more and do better. Yet somewhere along the lines, the pains of life heavily weigh you down, leading to a side step and stumble. Repeat sin offenders will find themselves stuck between the 1st and 2nd steps without the true motivation to kick it up to the next gear. Let me ask you this...Have you ever pleaded for the most High to forgive you for a sin that you turned right around and did again? At that moment, you cried your eyes out, begging for forgiveness. But every time you try to leave, something keeps pulling you back to fall in the same pothole in the road. What is the problem? YOU ARE TOO COMFORTABLE. You must seek the most High DAILY, by thinking about his word and promises of salvation. Read the Bible to be reminded of his fierce wrath and anger towards the wicked. Study the laws to learn what to do and what not to do. Know what pleases TMH and what he hates. Dissect the actions of Christ and mimic them. Make him a little thought bubble above your head before every action you do. Let these things be your motivation for spiritual growth, and don't standstill. The second you do, you have already fallen backwards.

Baruch 4:28 “For as it was your mind to go astray from God: so, being returned, seek him ten times more.”

Step 3: APPLICATION

“You gotta get it right, while you got the time...”

Ok, so you have been reading, meditating, putting in some bricks, giving alms, and you may be feeling pretty good about yourself. But when the trial comes, you become a deer in highlights or an inconsolable crying and murmuring baby. Our application begins with patience to endure. We study to understand the cause and purpose of our tribulations. Therefore it shouldn't stand as a surprise when these things come to pass. Put ALL your trust in your Heavenly Father. Be not faint of heart. Stay focused. Who you are is determined by what you do. Be consistent, and wisdom will increase within you by leaps and bounds.

Romans 2:13 “(For not the hearers of the law are just before God, but the doers of the law shall be justified.”

Here are some Spiritual and Physical Preparation Strategies:

1. **FASTING and PRAYER** (Matthew 17:21, 1 Thessalonians 5:17) A great physical and spiritual reset is an affliction of the flesh. Can't overcome something? Increase your time of fasting and ask for proven men/women of understanding to fast and pray for/with you. Be sure to increase your prayers not just for your house but also for the nation of Israel. Daniel prayed three times a day (Daniel 6:10). That's a cool goal to aspire to.

2. **APPLY BETTER SELF CARE PRACTICES**

(Ecclesiasticus 30:15) Are you in a physical rut? Want to get your body in shape, but can't find the time? Exercise doesn't have to be time-consuming. 30 mins a day with intermittent fasting, increased water intake, and gradually decreasing leaven/sugar can help in more ways than you know. A gym membership is not always necessary to regain your physical health. Jumping Jacks, running up and down your house/apartment stairs, dancing, sit-ups, and push-ups can get the job done for results. Start with what you can handle and increase it day by day.

3. **ALMS DEEDS** (Acts 9:36, 1 Peter 4:8): We give alms to support our leadership to keep the message going throughout the four corners of the earth and in our respective cities. Be sure to give attention to the brothers and sisters around you and put forth your good works towards your repentant family. A phone call, a visit, text message, trip to the store, a night with the kids to let dad and mom have some alone time...these are genuine works of CHARITY that are never forgotten. There is no better feeling than to know you have made someone feel loved and appreciated. To do so is to show the most High how much we love him by loving his beloved creation.

I pray your Passover is a wonderful reboot in your continued journey of wisdom, knowledge, and understanding in the keeping of GOD's commandments!

Shalom, MHNCB!

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Passover Throughout the Years







Royal Family











MEMORIAL FOREVER

"And this day shall be unto you for a memorial; and ye shall keep it a feast to the Lord throughout your generations; ye shall keep it a feast by an ordinance for ever." Exodus 12:14



LAMB

Eat not of it raw, nor sodden at all with water, but roast with fire; his head with his legs, and with the purtenance thereof.



BITTER HERBS

"And they shall eat the flesh in that night, roast with fire, and unleavened bread; and with bitter herbs they shall eat it." Exodus 12:8

THE IMPORTANCE OF PASSOVER DURING THE PANDEMIC



BY: HADASSA ISRAEL - NY

Shalom Family,

The beginning of the Year is soon approaching! All praises it is about to be Passover soon! I am super excited. It is one of my favorite times of the year.

Passover is a time of remembrance of our deliverance from Egypt by the Most High God (Exodus 12:27). It is when we all are thankful for not just new beginnings, but life itself. Passover is a time when we can truly be proud to be an Israelite, realizing that the Most High God has put a difference between us and the

Egyptian and of course the rest of the world as well. Passover is also a time for us to come .

together with family and friends with joy & gladness, along with cleansing of our physical and spiritual house from leaven. This is what Passover is all about. During this pandemic there maybe some restrictions on how we can keep the Passover. Some states or countries may not permit large gatherings, which can prevent us from keeping Passover the way we are accustomed to. In the event this happens be not sad that you may be

**WE KEEP
PASSOVER, WE
DON'T GO TO IT**





WE ARE FAMILY

unable to travel out of state. Let us go back to the very first Passover. Do you remember how it was kept? We all stayed in our houses with our family. The very first Passover happened during the last plague (death of the first born), so if we went out of our houses during that time we would have been killed (Exodus 12:23).

The scriptures say *“For where two or three are gathered together in my name, there am I in the midst of them”* Matthew 18:20. Keep in mind Israel is the church, at least that what we were called in the wilderness (Acts 7:37-38). Rehearsing this high holy day of Passover is also preparing us for the wilderness as well. We do not go to Passover, we keep it!

Remember everything is of the Lord (scripture) and we must be thankful in any situation we are in. So be not sad or feel down in spirit. Cheer up! for that mind set is what got us in captivity in the first place *(Deuteronomy 28:47 Because thou servedst not the Lord thy God with joyfulness, and with gladness of heart, for the abundance of all things).*

Keep this in mind when Passover comes, and you might have to stay in your perspective state or keep it at home. If you are single or live alone, get together with other sisters if your school is unable to hold a gathering. Let us remove all leaven from our mind and renew our spirits this Passover. Enjoy the feast with joy & gladness.



'And the children of Israel that were present at Jerusalem kept the feast of unleavened bread seven days with great gladness: and the Levites and the priests praised the LORD day by day, singing with loud instruments unto the LORD.'

2 Chronicles 30:21

Happy Passover!!!!

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Passover 2021

PASSOVER CLEANING
START NOW!

Get Rid of The Leaven



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