



'CUT AND STICK' FOOD/DRINK ITEMS IN DO'S OR DON'TS COLUMN



CHOCOLATE CAKE



CHOCOLATE CHIPS COOKIE



WATER CRACKERS



**APPLE** 



JERK CHICKEN



**SMOOTHIE** 

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UNLEAVENED BREAD

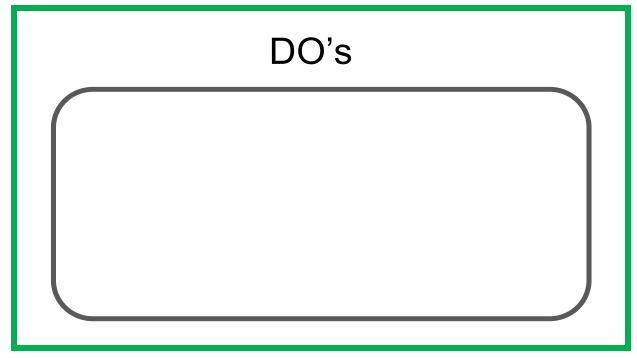


FRUIT SALAD

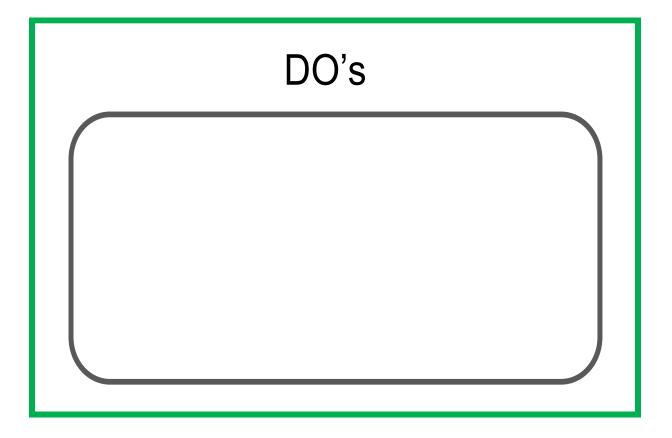








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Author: Abigail Israel IUIC UK KC Activities Editor: Tehila Israel IUIC LA Final Approvals: Adaliyah Israel Hs. of Captain Amaziah 



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