

Topic: Monday Marriage Hotline

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Let's start out with a Playlist

- Heaven sent By Keyshia Cole
- I Care By Beyonce
- House is not a Home By Luther Vandross
- If I ain't got You Babe By Alicia Keys
- No Ordinary Love By Sade

1 Corinthians 7 is a chapter we should get ourselves acquainted with, whether you're married or of marriageable age

1 Corinthians 7:1-7 (KJV)

- <u>vs 1</u> Now concerning the things whereof ye wrote unto me: *It is* good for a man not to touch a woman.
- <u>vs 2</u> Nevertheless, to avoid fornication, let every man have his own wife, and let every woman have her own husband.
- <u>vs 3</u> Let the husband render unto the wife due benevolence: and likewise also the wife unto the husband.
- <u>vs 4</u> The wife hath not power of her own body, but the husband: and likewise also the husband hath not power of his own body, but the wife.
- <u>vs 5</u> Defraud ye not one the other, except *it be* with consent for a time, that ye may give yourselves to fasting and prayer; and come together again, that Satan tempt you not for your incontinency.



vs 6 But I speak this by permission, and not of commandment.

<u>vs 7</u> For I would that all men were even as I myself. But every man hath his proper gift of God, one after this manner, and another after that.

- Paul was unmarried
- It's not when or if you'll have trouble in the flesh... be mindful and know, you will have troubles in the flesh

Sister's often ask:

Question

I'm single, I'm a widow, I'm 60. Should I get married?

Answer

1 Corinthians 7:8-9 (KJV)

vs 8 | I say therefore to the unmarried and widows, It is good for them if they abide even as I.

vs 9 But if they cannot contain, let them marry: for it is better to marry than to burn.

- That is going to be your own personal prerogative
- > The instructions are, to avoid fornication, let every woman have her own husband
- To avoid fornication, to avoid one night stands, to avoid booty calls that you are tempted to answer to avoid using masturbation toys to avoid all of this, it is better for you to get married

1 Corinthians 7:10-11 (KJV)

<u>vs 10</u> And unto the married I command, yet not I, but the Lord, Let not the wife depart from her husband:

<u>vs 11</u> But and if she depart, let her remain unmarried, or be reconciled to her husband: and let not the husband put away his wife.

Reconciling with your spouse

For an example:

If someone cuts into a cake and brings a piece out and then tries to push it back in, the piece is going to be there but it's going to be fractured a little bit. You can put icing over it, to smoothen it back out as the cake looked before. To reconcile it.

The marriage needs to be reconciled back together just as that piece of cake...

That's not to take away the problems in the marriage. You must work it out.

1 Corinthians 7:12-13 (KJV)

<u>vs 12</u> But to the rest speak I, not the Lord: If any brother hath a wife that believeth not, and she be pleased to dwell with him, let him not put her away.



vs 13 And the woman which hath an husband that believeth not, and if he be pleased to dwell with her, let her not leave him. You do want to give up and leave your man.

- Be encouraging through your works and in conversation
- > Be an example to win him over

1 Corinthians 7:14-16 (KJV)

<u>vs 14</u> For the unbelieving husband is sanctified by the wife, and the unbelieving wife is sanctified by the husband: else were your children unclean; but now are they holy.

<u>vs 15</u> But if the unbelieving depart, let him depart. A brother or a sister is not under bondage in such cases: but God hath called us to peace.

<u>vs 16</u> For what knowest thou, O wife, whether thou shalt save thy husband? or how knowest thou, O man, whether thou shalt save thy wife?

- Leadership doesn't make decisions for us, but they will teach thus saith the Lord
 - We must be able to make the decision
 - You must work out your own soul salvation with fear and trembling
- > Do not be unequally yoke with unbelievers ...

1 Corinthians 7:17-25 (KJV)

<u>vs 17</u> But as God hath distributed to every man, as the Lord hath called every one, so let him walk. And so ordain I in all churches.

<u>vs 18</u> Is any man called being circumcised? let him not become uncircumcised. Is any called in uncircumcision? let him not be circumcised.

vs 19 Circumcision is nothing, and uncircumcision is nothing, but the keeping of the commandments of God.

- vs 20 Let every man abide in the same calling wherein he was called.
- vs 21 Art thou called being a servant? care not for it: but if thou mayest be made free, use it rather.
- <u>vs 22</u> For he that is called in the Lord, being a servant, is the Lord's freeman: likewise also he that is called, being free, is Christ's servant.
- <u>vs 23</u> Ye are bought with a price; be not ye the servants of men.
- <u>vs 24</u> Brethren, let every man, wherein he is called, therein abide with God.
- <u>vs 25</u> Now concerning virgins I have no commandment of the Lord: yet I give my judgment, as one that hath obtained mercy of the Lord to be faithful.

You must know...

- In marriage, it's going to be good and bad days
 - The struggles will help to create who you are and build up your faith

1 Corinthians 7:26-28 (KJV)



<u>vs 26</u> I suppose therefore that this is good for the present distress, I say, that it is good for a man so to be.

<u>vs 27</u> Art thou bound unto a wife? seek not to be loosed. Art thou loosed from a wife? seek not a wife. <u>vs 28</u> But and if thou marry, thou hast not sinned; and if a virgin marry, she hath not sinned. Nevertheless such shall have trouble in the flesh: but I spare you.

- There are going to be problems but the Most High is going to give you problems to see if you be worthy of inheriting the kingdom of heaven
- Example: We have trouble in school, trouble in the workplace, you fight through those
 - You must realize the biggest fight you will have as a married woman is your marriage

This is why it is so crucial that you choose wisely in making the right decision during the proving process

1 Corinthians 7:29 (KJV) But this I say, brethren, the time *is* short: it remaineth, that both they that have wives be as though they had none;

The scripture is not telling them to ignore you, but you must remember their primary mission is to gather the Nation of Israel

Question:

My husband travels a lot and I'm always home; I'm bored and don't know what to do. It's different when he comes back. How do I deal with that?

Answer:

- You must be able to communicate to you husband about what your needs are
 - They are not mind readers
 - Be able to use your righteous womanly wiles to get through to your lord

Work out your issues with your lord, the lord of your home

- The scriptures is given to us, it's a detail roadmap, to help our individual marriages
- You are created to be a help meet & a pillar of rest for your man... no one else
- Find out what your lord wants and needs are
 - This is your responsibility

1 Corinthians 7:30-31 (KJV)

<u>vs 30</u> And they that weep, as though they wept not; and they that rejoice, as though they rejoiced not; and they that buy, as though they possessed not;

vs 31 And they that use this world, as not abusing it: for the fashion of this world passeth away.

> Everything that's here is going to burn up

Be aware of covetousness...

- We can't get caught up in the have and have not's
- Pay attention to the things that need nurturing and support, what's right in our homes



- It's very important that we may maintain this

Woman have power in their righteous order (1 Corinthians 11)...

- We must accept and apply our place in the biblical order
 - You must accept thus sayth the Lord
 - If not, you will always have trouble in the flesh
 - Because you are not playing your godly position
- You're fasting and praying and nothing is changing
 - Know that you must apply the things that you learn
 - Your marriage will become better and will start to change once you start applying

Just as with any business or organization everyone must play their part...

- Everyone cannot be the head
 - Your lord is the head
 - Your lord has a boss and so do you

1 Corinthians 7:32-33 (KJV)

<u>vs 32</u> But I would have you without carefulness. He that is unmarried careth for the things that belong to the Lord, how he may please the Lord:

vs 33 But he that is married careth for the things that are of the world, how he may please his wife.

Side note:

For anyone who thinks that their lord does not love them or care about them... they will be going against what the Lord wants (your lord is spreading the gospel)

- He does love you, even though you may not see that through the tears and going to bed by yourself while he's traveling
 - Learn not to complain and be grateful for every single thing you have
 - Especially for the gift of life and to be your man's help meet and pillar of rest

1 Corinthians 7:34 (KJV) There is difference also between a wife and a virgin. The unmarried woman careth for the things of the Lord, that she may be holy both in body and in spirit: but she that is married careth for the things of the world, how she may please her husband.

> There is a difference between a married woman and an unmarried woman

Proving process >> Make sure you are asking the appropriate questions during the proving process

Question

How do I know I'm ready to get married? What does submission look like?

Answer

Submission to someone else's lord may look different to submitting to your own lord



- That's your lord. You must show reverence as such
- So if your lord tells you...

He wants you to greet him a certain way << or >> This is how he wants you to act

- This is what his version of what submission looks like in his household and you must follow

Ephesians 5:22 (KJV) Wives, submit yourselves unto your own husbands, as unto the Lord.

- We all say "that we can't wait until Christ come back and we want eternal life"
- If we are supposed to reference our lord as unto the Lord, We would have nothing to say.
- > We would always reference our lord, we understand there is no way that we can get in to the kingdom without Christ ... Likewise you will not be able to make it if you do not submit to your lord here on earth

Ephesians 5:23 (KJV) For the husband is the head of the wife, even as Christ is the head of the church: and he is the saviour of the body.

- Be in submission in everything
- Your husband has the final say so

Who runs the finances... that's a decision between you and your lord.

"If you acknowledge the fact that you have a righteous man of the Lord, it's nothing for you to be fearful about"

You must apply what you learn and learn from the aged women before you make mistakes

- Those of you who were at marriageable age, take heed to the counsel
- Make sure you have a counsel of 1000
- Make sure you thoroughly prove that brother

1 Corinthians 7:26 (KJV) I suppose therefore that this is good for the present distress, *I say*, that *it is* good for a man so to be.

- You can't expect for your Lord to do all of the work
 - You must apply to your life what you have learned

In order for a marriage to work... there must be two people working to make it work

The way your marriage is today, is a reflection of what you have fed it

- If you didn't feed it love, kindness, charity, sex, understanding know that your marriage will reflect what you did not feed it
- If you fed your marriage grudges, hatred, bitterness then that's what you will get in return

Roman 5:3-4 (KJV)

vs 3 And not only so, but we glory in tribulations also: knowing that tribulation worketh patience;



vs 4 And patience, experience; and experience, hope:

- Experience
- "With much experience being married, things that have got me upset years ago don't affect me the same" Because there's years in the game

Ask yourself:

Right now, are you willing to do the hard work that will get you to a successful marriage?

- Marriage will be full of pain, sacrifice, tears, and sweat along with love
- You must be willing to do what it takes to have a good marriage

Question

I've been single in a truth for almost 6 years now and now I have a desire for a lord. Now I have the fear of marrying wrong and not being ready for the responsibility of being a wife to a prophet. What can I do to prepare?

Answer

The proving and courting process is the most important part leading up to a marriage

- With the proper courtship, it will give you a proper marriage. You gain your confidence through your courtship
- What you're looking for is to marry your best friend
- If you truly become friends, that's how you learn to have compassion for one another
- Learn to know the likes and dislikes

You gain the confidence of your potential Lord through the courtship.

- 1. Take heed to counsel
- 2. Get questions from leadership wives

Ecclesiastes 4:9-12 (KJV)

<u>vs 9</u> Two *are* better than one; because they have a good reward for their labour.

<u>vs 10</u> For if they fall, the one will lift up his fellow: but woe to him *that* is alone when he falleth; for *he* hath not another to help him up.

vs 11 Again, if two lie together, then they have heat: but how can one be warm alone?

vs 12 And if one prevail against him, two shall withstand him; and a threefold cord is not quickly broken.

Two is better than one

Don't rob yourself of a proper courtship...



- A proper courtship makes a proper marriage
- Through the courtship you gain the confidence
- Be honest for how long you are willing to prove you must ask from the beginning

Question

What if you don't find the person you're proving physically attractive?

Answer

Physical attractiveness is a major thing especially if you have to live with them and bump and grind with them for 50 years

Be real - You want teeth, you want cleanliness too!

There somebody out there for you...

- If you say that you are worthy and you are a godly woman you can get what you want but you must believe that you are worthy enough to get it.
- And therefore, the Most High will send you a king
- If you walk around with your head down, not being confident, you are liable to accept anything
- Let us show the world what a righteous marriage looks like

Question

How long should I be in the truth before proving?

Answer

No less than a year

Question

When do we move into a brother's house?

Answer

Do not move into a brother's house until you a married. You must be married

Self-Value...

- You're not here to just except anything but you will except anything if you do not have any selfvalue
- If you don't value yourself, how can you value a man in Israel



• We're not raising no dummies, nor silly woman

Question

What does submission mean?

Answer

You must be ready to give it all up, ready for submission >> If you're not ready to do that then you are not ready for marriage

Submission is not a bad thing

<u>Genesis 3:16 (KJV)</u> Unto the woman he said, I will greatly multiply thy sorrow and thy conception; in sorrow thou shalt bring forth children; and thy desire *shall be* to thy husband, and he shall rule over thee

- A lot of sisters want to get married but you must understand your whole desire... everything he wants you to be you need to be for him
- Everything that is pleasing to him
 - How he likes it
 - When he likes it
 - Everything he likes you must become.
 - As long as it's not against the law you're supposed to become it
- It's a huge responsibility
- You cannot continue to be that independent woman and be married to Israelite man

He shall rule over you...

Meaning he's going to be running the show. If he wants you to cook a 4 AM breakfast that's how he likes it

Fast and pray on it...

- You have to become what he likes
- Ask the Most High to show you how to want to be

"Every day to be loving"

Question

How do I truly submit and actually rejoice in my divine role and why is this so hard?

Answer



It's so hard because we haven't gotten rid of the old woman >> Still have the independent mindset

- If you are trying to maintain that worldly mindset, if you're not willing to submit, it's game over
- You will always have problems

"A godly man will rule his house"

Question

What are some ways I can improve my sex drive? Are there any herbs or foods that could increase my sex drive?

Answer

Low sex drive, are you not wanting to do it?

Be mindful... It's not a turn-on if your cursing each other out

- When you go into the bed chamber not only is Hebrews 13:4 in effect but it needs to be a
 performance
- You need to be able to perform for your man
- If you were a tired, you will sleep lovely after the fact ... You did your job
- You can't just let weeks go by with being intimate with your husband

A man wants you to initiate...

 He doesn't just want you to sit there and look pretty, he wants you to flirt and he wants to feel wanted

You must communicate to keep that marriage together...

You are committed to being this man's help meet and pillar of rest, his rib

You can I have a sexless marriage...

You can't just let weeks go by and your husband says "well let me just ask her because I know she's not going to ask me. That's not fair

- The fact that your husband still finds you physically attractive no matter what size you are, it's an honor your husband still desires you
- Communicate to you lord >> Let him know what is comfortable and what's not comfortable

The beauty of a woman...

<u>Sirach 36:22 (Apocrypha)</u> The beauty of a woman cheereth the countenance, and a man loveth nothing better.

A man don't need a lot of help

- Take a bath, marinate
- Make sure you smell real good



- Put on something that looks good
 - Just put some effort in it

When you care enough you find out what they like and you become it...

- You don't have to tell your husband to pay the rent. He pays the rent. He helps you when you need help. It's the same thing vice versa
- Don't act like you don't know what to do. When you love someone, you will learn what to do

The beauty of a woman cheerful up the countenance of a man...

- Don't be selfish and don't just care about yourself
- Care about what he wants and what he needs
- You must care about what pleases him
- Once you look beautiful, when they just see you, it shows them that you love and care for them

An herb that could help with your sex drive: Maca root

It's not really about the herbs...

- If you are overweight or have hormonal issues, you have to work on those things
- You must include fasting and prayer
 - Man can't live by bread alone
- Drink a lot of lemon water that can help clear out your reproductive cycle and get things moving with exercise
 - More belly dancing because it stimulates your uterus and gets things flowing down there

Question

I have a high sex drive but my husband doesn't. What to do?

Answer

You must communicate this to your lord.

Put all your effort in and make it last

Question

I'm not physically attracted to my Lord after they committed for fornication. What to do? Is it a sin to sleep in another bedroom?

Answer



We all would be mad but the process of healing must begin

- You must continue to communicate with you lord
- Work on being friends again
- Build trust again, then you both will become reconcile once again
- You both must fulfill your biblical role, as a husband and wife
- That's a personal decision to sleep in another room
 - You must be able to reconcile with your husband

A lot of women feel guilty about their husband stepping out on the marriage asking themselves "what could they have done differently"

- If you have done whatever you were supposed to do, let the lord handle. If you didn't, that's when the questions need to come up
- You need to make sure that you are blameless before the heavenly father

The reason a man will not step out on their wives has to do with him fearing the Most High

- There's not enough sex keep a man from fornicating ... If it's in his spirit
- A man stepping out he sins against his own soul
- You must make sure you are doing your role, thus saith the Lord, so that you may be accounted blameless

Question

If leadership comes to the house and it's time to serve, what is the proper order to serve?

Answer

Serve your lord first >> If your lord says otherwise then do as he says

- Have that conversation with your lord first so you do not appear that you are being disrespectful
- Your lord is still the lord of his house

Question

How do you help your husband to see his worth?

Answer

Whatever your husband is great at doing, exhort him. Even in the little things, that's how you build a man's self-esteem

Your husband already loves you. The person that he loves exhorting him >> It feels good to him.



- Have the spirit of exhortation
 - Example: I like the way you brought out the word today
 - This scripture that you gave, I never read that before. That was a good one
- You have to be your lord's number one fan
- If you're not in your lord's classes, when he's teaching, shame on you
- Welcome him back home
- Make sure your lord's bags are packed, his things are pressed and ironed
- Be his number one cheerleader
- Be the cheering squad in your house

Question

My Lord spends a lot of time playing video games. What should I do?

Answer

Ask the questions doing the proving process >> Example: what do you do in your spare time?

• If that is in addiction of his, schedule things for you both to do

Question

How do you put your lord first when you have kids?

Answer

Set the tone in your house... Everything needs to stop for him

You can wake up earlier in the morning >> a woman riseth while it's yet night

- When it's time to make him breakfast make sure whatever he needs is done.
- Iron his clothes, make sure he his shoes are at the door
- Make sure you handle the due benevolence

Must maintain a schedule...

No matter what age the kids are, they need to be able to understand when daddy comes home it's certain things that daddy needs

Example: Daddy needs quiet, daddy needs dinner, daddy and mommy need to spend time together

- Teach them that from a very young age, they will respect that
- Teach your children to settle down
- Stick to your schedule



Question

What should you do to help your lord if he has been demoted?

Answer

A righteous man is going to fall. You, as his wife, if you love him you are going to help build him up

- Promotion comes from the Lord
- When rank is lost, it's for them to fix whatever situation they were in

What you must do...

- Uplift him where he is right now
- Your job as a wife is to encourage him so that he can gain his position back
- Still reverence him as the lord of the house

This is when everything goes downhill...

When women like power and like a man with a rank

She's now bitter because her lord got demoted. Now she talking about this in his ear about leadership being evil and saying he should never have gotten demoted

- You can't be hung up on title and position
- This should not deter you from the mission which is to gather the lost tribes of Israel and to gather the elect

Question

I'm offended, I caught my Lord watching pornography. How do you build a relationship after? What can I do?

Answer

Brothers that deal with pornography may need to speak with the men to help him deal with what he's dealing with.

You must be able to have a conversation with your lord (your friend)

Ask your lord...

What is it that I can help you with?

What is it that I can do?

How can we make our sexual experiences better?



Your responsibility as a pillar rest, friend is to help fulfil his needs sexually ...

- Help him by being whatever he wants
- Whatever your man likes in the bedroom, become it
- Men are visual creatures

Question

Does the bishop listen to your advice or ask your opinion on things? What do you talk about in general and what do you have in common that you both like?

Answer

We talk about the news, children, scriptures, congregation, my responsibilities, fear, life in general, getting older, grandchildren.

When giving him advice or being asked of an opinion...

If something is going down and I'm privy to it and I have feedback that I think will help the situation I will share

But it's up to him to make a final decision

Question

My husband has made terrible decisions and now my family is paying for right now. Sometimes he doesn't listen to me. How can I help him from making bad decisions in the future?

Answer

Check the way you are delivering the message

- A lot of times men don't want to listen because the wife may come across as being manly or usurping authority
- Don't come off rude or naggy

Help to keep him from making bad decisions...

Sometimes they may just need to make a mistake and learn from it

Question

Is it wrong to seek council if my Lord does not want me too?

Answer

If you're lord does not want you to seek council on something, why?



If it's something involving sin you must bring it out

A lot of problems in the marriage happen is because of the lack of communication and the lack of respect and not being affectionate one to another

Question

How do you stop bumping heads with you lord when you are trying to apply the things you learn from Titus 2?

Answer

Do you say the right thing in a calming way?

- Sometimes you just have to be quiet
 - The scriptures tell us to study to be quiet
- Don't rub it in their face that they are wrong

Question

How to encourage our Lord to do more work in the body?

Answer

Encourage the zeal

• It's very important to ask these questions prior to getting married don't just marry. Go to leadership and ask about their works

"Make sure his zeal matches your zeal"

Question

What goes through your head if your Lord is correcting you and yelling at you; even with you maintaining in the spirit and being submissive with body language and facial expressions?

Answer

What goes through my mind: You're not gonna make it if you don't get this right

• It's a reminder not to be rude not to be disrespectful

Ask yourself...

What would you do if Christ was in your presence, what would you say and what do you not say?



Question

How do you keep your house clean all the time when people come over off the fly?

Answer

When people are coming over your house, they're coming to see you and they are not coming to see your house.

- Have your sisters help you clean, it's about the love of the sisterhood
- Talk to your counselor of 1000 ... get advice
 - Let her know that you may need help once a week or to catch up on your housework

Question

Even if I'm right, how do I just stop and let it go and submit?

Answer

Just stop and stay quiet and listen

- Really listen
- Stay calm
- Take all the curse words out
- Make your desire is unto your husband... your desire must be to bring him happiness
- A virtuous woman rejoices her husband
 - Make him happy
- If you are able to fix it fix it. Don't argue back

Pride...

There could be a demon on you that is unwilling to let things go

- If you want to hold on to the fact that you were right so bad... that's called pride
 - If you are unwilling to let go, you're poisoning yourself slowly
 - Let it go
- You will become bitter you have to let it go
- The appearance of always wanting to be right is something that we struggle with
- Let go of your pride

Question

How do you find the strength to do when your lord ask you to do something when you are tired?

Answer

Be proactive than rather reactive



- Always have a running to do list
 - For the kids, for yourself, for your lord
- Always think ahead before more things are added to your checklist so when you are tired things will be already done

<u>Proverbs 31:11 (KJV)</u> The heart of her husband doth safely trust in her, so that he shall have no need of spoil.

Don't wait until the last minute...

- They want to know that there a wife got it
 - They don't want to have to worry
 - Example: My wife knows that my Sabbath clothes need to be ironed so she's pro-active in making sure they are ironed before time
 - He trusts you will have it together
- Plan many things out so you won't necessarily have to do many things when you're tired
 - Keep yourself busy

Question

My marriage is going through much trouble in the flesh and my spirit and flesh are becoming weak, and I am constantly overwhelmed, and I feel lonely. What to do?

Answer

Why would a married woman feel lonely in a marriage >> Loneliness in a marriage is never a good thing

• Speak to your lord and tell him how you feel

A lot of times it's pride...

- No matter the argument just try to make up and be ready to fix
 - Hug him and kiss him while he's mad
 - Talk about it
 - Apologize fix it and move on
 - It should never be long and drawn out

2 Timothy 2:24 (KJV) And the servant of the Lord must not strive; but be gentle unto all *men*, apt to teach, patient,

The servants of the Lord must not strive

Stop the cursing and arguing back and forth...

- Listen to a class, run a hot bath, open up your bible, this will help calm your spirit down
- If your husband is your best friend you should just wanna be able to fix it
 - No reason to be disrespectful even if he messes up

If you know your husband to have a problem with the way he speaks... understand and work with him



- It does not fix overnight
- Communicate with him and let him know how your feeling
 - You must learn how to say things calm
- Don't fight fire with fire

1 Peter 3:9 (KJV) Not rendering evil for evil, or railing for railing: but contrariwise blessing; knowing that ye are thereunto called, that ye should inherit a blessing.

- A married man and a married woman know how to fight dirty
- > Don't think when you're fighting back somehow you will win
 - No railing for railing

You say things but when you say you can't take it back...

- When you become the new woman in Christ you have to train yourself
 - You have to bite your tongue

Tell yourself... I want to be pleasing to the Most High

- Be an example in the home and your husband will see that you're transforming to this new virtuous woman
- You just have to train yourself that you need to do what the book says
- Despite what everybody else is doing you have to train your tongue

Question

Can a man do whatever he wants to his wife as long as he provides the basics? Genesis 3:16 Is always throwing up in my face when I let him know I'm not happy. May I separate and still get the kingdom even though I'm not with him. This marriage is killing me

Answer

This is only one sided, what is killing her about the marriage?

- No sister should be feeling like that
- Ask why is this marriage killing you?... are you killing the old woman?
 - You can't be that old woman married to a godly man

John 14:16 (KJV) And I will pray the Father, and he shall give you another Comforter, that he may abide with you for ever;

> The Scriptures is the comforter

Questions to ask yourself

- Does your husband think that you are killing his spirit?
- Have you gone for counsel?



- Are you applying the things that you have been learning?
- If your marriage is killing you because you're not getting what you want, you have to ask yourself, are you giving your man what he wants?
 - Are you giving him respect?
 - Are you showing him reference, giving due benevolence?
 - Are you cooking? Are you cleaning?
 - Are you raising his kids right?

Those are the things that he wants...

- Your desired shall be onto him
- You're going to have to go through a little pain at first
- We are going to have to work for... It's not gonna come overnight

Tell yourself...

Every single person has the angel assigned to them >> If I say something or if I do something evil, it's going to be written in my book

- We need our books to be good
- We don't need it saying, "She was disrespectful, railing for railing"

If you feel this way you need to communicate this with your lord...

Let him know what your needs are and found his out

We're is so busy worrying about me me me but we're not thinking about the lord of the house

In order to get what I want I need to make sure my man gets what he wants

Question

A man and a wife are to be one flesh... we recently suffered through some marriage trauma and every day I feel further and further apart. What are some physical, spiritual things, activities, and conversations that I can implement to help get us back on the same page?

Answer

Whatever the trauma was don't throw it up in each other's faces

If you both decide to forgive each other, let it go

- You really have to let it go
- A lot of people say they forgive but in their heart they are holding a grudge
- If you really need help in forgiving you might need to read the story about Joseph



- He was in excellent example of what forgiveness looks like
- You have to be willing to let it go and start over

Ask...

What are some of the things I love about my husband?

What are some of the things that he did that made me fall in love with him? Start from right there

• Complement your husband Example: I like the way you dealt with the kids when they were fighting or thank you for making breakfast it was so delicious. You are a very good example of a leader in this house

Now that you guys are trying to get back on the right page...

- Learn how to exhort your husband, uplift
- How he likes you to smell, the way he likes like
 - What was said... your desire is unto your husband
- You have to be a great listener to what he says

If you need to get a pen and paper and ask him "what are some of the things that you would like me to do better". Write it down and become it.

- You have to become and not only when you feel like it, even when you don't want to
- Even when you do feel irritated or when you are tired you still have to be a virtuous woman

Start praying and asking for a smooth toned voice...

- Still use uplifting words
- Continue to build each other up and don't take each other for granted

Question

If a husband and a wife came in the truth together and they are trying to build but they still see each other as what they were in the world. What to do?

Answer

You still need to see your husband as the lord in Prophet that he is working on trying to be

2 Corinthians 5:17 (KJV) Therefore if any man *be* in Christ, *he is* a new creature: old things are passed away; behold, all things are become new.

- Old things are passed away, you are a new creature
- You both made a commitment to serve the Heavenly Father and be righteous examples

Don't be throwing up Tyrone...

Tyrone no longer exist and if you keep acting like Tamika then he is not going to except Hadassah



- You both are new creatures
- Don't point the finger at your lord
 - You cannot do that
- Treat him with kindness and encourage him on his spiritual walk

As he is doing thus saith the Lord too help him and encourage him to be better ...

- Don't see him as that old Tyrone
- You want him to acknowledge you for who you are trying to become so don't do that to him
- You have to be able to uplift your husband build him up

Let him know how good of a job he's doing...

Example: "You know how many souls you probably reached today, you handing out those fliers is not a small thing."

Compliment and exhort him to good works even when you don't feel like it, you still do it

Question

If a sister comes to me, to seek counsel about something and I go to my lord, to ask the question... he asks me a name but I'm not comfortable in saying it. What should I do?

Answer

If you're not comfortable with saying the name then you shouldn't say but if you lord is asking you because there is a sin involved, let it be known >> Lev 5:1

• Then you need to say who the name is and so that we can cast in from among the body

If you can control your thoughts you can control your spirit...

You really have power over your thoughts and your mind. If you tell yourself, that you were going to do something and you hold fast to it, you will do it.

You have to tell yourself...

When problems arise, be positive

Example: No matter how mad you are that day; you open the door and greet your lord with a smile on your face. Give your man a big hug and a kiss

- With application of the scriptures, you're going to have to let it go
- Don't let those thoughts feed into your head, who are you hurting?

If you are married and have a warm bed and you're not treating him right; not cooking or showing him reverence...

What you're really doing is turning your back on Christ!



Let us think...

We all have a wakeup call

A lot of experience is coming from those that have been married for years

• We can let you know that we've been there and done that

Those experiences have been able to transform us and now we are able to share this with you all