



Tuesday 6/23/2020
Host: Mother Mehidah
T2 Chat: Patience

Deuteronomy 1-3

Patience

Luke 21:19 in your patience possess ye your soul

in your patience possess ye your soul meaning stays focused. For instance, let's say you stole something, and it was \$300 but you know the law about stealing. The judgment will be double on you because you have broken this commandment. Now, your jail sentence will be longer than a normal sentence.

Gaining the spirit of patience is easier said than done. What is meant by "the patience of a saint" is because you're waiting and knowing of the kingdom to come. Therefore, you know better.

Definition for patient: Able to accept or tolerate delays, problems or sufferings without becoming annoyed or anxious.

On the outside you can be patient but in the inside you're getting frustrated and complaining.

Synonym: Tolerant, long suffering, calm, serene, even tempered, understanding and kind.

Suffer definition means to tolerate so long-suffering means that you're tolerant which takes practice.

Sirach 2:14 Woe unto you that have lost patience! and what will ye do when the Lord shall visit you?

Imagine if you become undone on your sister or your Lord. You must be patient with yourself. All of us sisters have an ideal version of ourselves and we start to get annoyed when we're not there yet. Can you image if TMH comes back and you're in that state of mind? TMH is being sarcastic in this verse, but there's noting that you can do. APTTMH for everyday that we must practice patience because our people are not programmed to be that way and we normalize things that we shouldn't.

It's good to be around sisters in person or online. Go see about a sister especially if she's pregnant because she will always say that she's fine, but still goes and see her.



There is comfort in knowing that someone is there and it's nice. You need adult interaction and company. Stop saying that you don't have gas money; unless you sincerely don't have it, that's different, but if you can go see her. You will have moments when you're pregnant and lose your patience which is normal because of your hormones, but still reign that in. If you are a married sister and your Lord is okay with a Sister being around then it's okay.

Romans 5:3 ³And not only so, but we glory in tribulations also: knowing that tribulation worketh patience;

it's a domino effect, hope makes us not ashamed in TMH and knowing there is a reward coming. If someone does you wrong you have to be patient in knowing that TMH will deal with it but in his time so you cannot rush TMH. He is the one that made time. It's not our job to sit around waiting for that person that did you wrong to get judgement. You must continue to be patient and work on you. With all the finger pointing going on you still must fix yourself. If they're doing you wrong and you can't figure out why they're doing it, it could be that you are being disrespectful to another Sister and TMH is making the sister treat you wrong. She is wrong for how she's treating you, but you still must work on fixing you. Be mindful how you're treating everyone.

Sirach 41:2 "O death, acceptable is thy sentence unto the needy, and unto him whose strength faileth, that is now in the last age, and is vexed with all things, and to him that despaireth, and hath lost patience!"

Death is acceptable to those that have lost patience, so we must practice patience. No matter what we went through in this world, which we tend to normalize, we must constantly choke that spirit out. The world tells us we don't have to be submissive to our men, but you must choke that spirit out with the fruits of the spirit.

You are to greet each of the brothers, which is a sign of respect, no matter of their rank: from the Bishop down to a Brother.

Romans 8:25 But if we hope for that we see not, then do we with patience wait for it.

What can help with that is knowing that Christ could come back at any time. Habakkuk said he wanted to be dead on that day because of what TMH showed him. We don't have time to stay upset you have to let those moments be less and less and our job is to be as patient as we can.

Woe is great sorrow or distress.

Synonym: despair, disaster, hardship, pain, agony and torment.



Deuteronomy 1:27 And ye murmured in your tents, and said, Because the Lord hated us, he hath brought us forth out of the land of Egypt, to deliver us into the hand of the Amorites, to destroy us

After all the plagues that happened to the Egyptians we were being protected and we were still being ungrateful. Sometimes a wife can be that way to her Lord. He could be busting his behind and you give him attitude because he did not do this or that for you. You must fix that.

Moses is recounting the entire history of Israel to Israel. Imagine remembering the tragic moments.

Deuteronomy 1:38 ³⁸ But Joshua the son of Nun, which standeth before thee, he shall go in thither: encourage him: for he shall cause Israel to inherit it.

Our job is to encourage the prophets. Make sure your husband is getting the support he needs, ask him how was camp; because it's not a vacation. Find a way to put your things aside and let him know that you are paying attention.

Deuteronomy 2:9-11 And the LORD said unto me, Distress not the Moabites, neither contend with them in battle: for I will not give thee of their land for a possession; because I have given Ar unto the children of Lot for a possession.

¹⁰ The Emims dwelt therein in times past, a people great, and many, and tall, as the Anakims;

¹¹ Which also were accounted giants, as the Anakims; but the Moabites called them Emims.

Vs 9-11 talks about them being a giant people.

Vs 19-20 we see that at one time the nations were very tall even Shaquille O'Neal would be considered short.

Moses is recounting the history of Israel and the things that happened to us.

Deuteronomy 3:26 But the Lord was wroth with me for your sakes, and would not hear me: and the Lord said unto me, Let it suffice thee; speak no more unto me of this matter.

This is going over the history of Israel and how all the lands were given to us from the Heathens. Vs 26 TMH tells Moses that you didn't get the promised land because if Israel but TMH let him see the land.



Questions regarding Patience

Question: Can you explain being patient with yourself?

Answer: if you know that there's a certain weight that you need to be and you're not losing it fast enough it will take patience to know that there will be ups and downs.

Question: How do you deal with having an issue with someone knit-picking and you try not to pay them any attention, but you keep thinking about it and you don't want it to fester?

Answer: Sirach 28:2-8 forgive your neighbor the wrong that they did to you. What you don't want to happen is that you start to build up hatred towards that person, yes they are doing you wrong but remember there is something that you are doing that's displeasing to the Lord. Pray for those that spitefully use you. Christ is the ultimate image of forgiveness.

If Christ can say he forgives them for they know not what they do, remember TMH winks at our ignorance every day.

Imperfect people wanting perfection in an imperfect world.

Tonight's workout: <https://www.youtube.com/watch?v=Yh4Ahq6GwvY&feature=share>