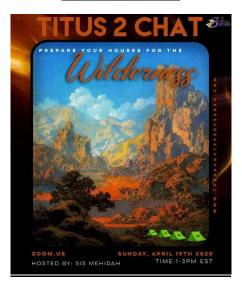
## **Topic: Prepare your Homes for the Wilderness**

**Host: Sis Mehidah** 

**Event: Titus 2 Chat** 

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<u>Philippians 2:12 (KJV)</u> Wherefore, my beloved, as ye have always obeyed, not as in my presence only, but now much more in my absence, work out your own salvation with fear and trembling.

- The Most High knows. Keep your eyes and heart on TMH regardless if Leadership or anyone else is around or not
- Remember we are to do what is pleasing thing unto God not pleasing unto man
- Do not use excuses

**Proverbs 31:10 (KJV)** Who can find a virtuous woman? for her price *is* far above rubies.

# During this pandemic >>> We have to ask ourselves

Are we still virtuous woman?

- ➤ We must be virtuous regardless
- The hope is that we are still letting our light shine
- People are still watching us in stores etc.
- ➤ How are you carrying yourself?
- We don't just disappear because we can't fellowship

<u>Proverbs 31:27 (KJV)</u> She looketh well to the ways of her household, and eateth not the bread of idleness.

> She looks well to her household

- > She is not idle
- We must ensure we are not idle (keep busy)
- > We must make sure our homes are in order

<u>Idle definition:</u> Avoid work; lazy, without purpose or effect.

#### Synonyms:

Shiftless

Slothful

Inactive

Negligent

Listless

Verb: Spending time doing nothing

# **Stay on Track**

- Remember to get dressed, do not stay in your pajamas all day.
- Make a schedule, don't be slothful
- Continue to examine yourself
- Reach out to your sisters, don't isolate

# **Teaching the children**

While going over vocabulary words, ensure they comprehend why certain words are used

## **Example. During hurricane Katrina**

Esau called misplaced victims and survivors >>> We were called refugees..

Let them know the importance of word choice

Play Card games: "Books of the Bible" and "Bible Times Quiz"

Can be played with children or adults.

We must find ways to keep our children engaged in the Truth.

<u>Proverbs 31:21 (KJV)</u> She is not afraid of the snow for her household: for all her household are clothed with scarlet.

- Get some sewing in
- Keep Busy

Old saying - "Idle mind is the devil's workshop"

<u>Psalms 37:25 (KJV)</u> I have been young, and now am old; yet have I not seen the righteous forsaken, nor his seed begging bread.

David speaking about the righteous not being forsaken

### Be mindful of this scripture

- Don't run yourself crazy
- ➤ We don't know where this will go
- But we are not to worry

#### Think about the rules of this pandemic:

- They have rolled out slowly >> It worked out in our favor, otherwise a lot of us would have been overwhelmed
- ➤ We can only go to the grocery store
- Store hours have changed

# We should prep as much as we can ... Try making your own

- Baby diapers try using cloth diapers
- Wipes
- > Feminine products
- Nursing pads

## Tip:

**DIY** Diapers cloth cleaner use >>> 1. Peroxide 2. Oxy clean 3. Dawn Platinum Soap

Mix all together. For harder stains let the diapers sit in the mix. Strong but works well

# **Stock on Essential Items**

Bread
Flour
Sugar
Oats
Rice
Pasta

Baking sodaBaking powder

Cornstarch

Yeast

Cornmeal

Porridge

➢ Oil

Vinegar

Soy sauce

Honey

➤ Milk/ Powder Milk

Eggs

Water

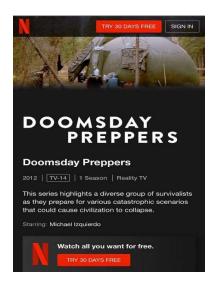
Peanut butter

Beans

Non- Perishables

\*" You can substitute beer or sparkling water for yeast" \*

<sup>\*</sup>TV show mention: MUST WATCH Doomsday Prepping recommended by Sis Azarayah \*



Don't forget to stock up for your neighbor (Brother, Sister, Elderly etc.) also. You never know when they may need something you have. Love thy neighbor

## **In Preparation**

- Collect rainwater, if it's legal where you live
- > Try to grow your own herbs
- Stock up on baby wipes
- Stock up on batteries, candles.
- ➤ Make second trips to the market if there's limitations

#### It's not the time to be wasteful/Home Hacks

- > Use the microfiber towels: instead of paper towels to clean up quick spills
- Aloe Vera alcohol, essential oils = Sanitizer
- Melt down the leftovers soap to make hand soap
- > Can't find elastic make it out of a fitted sheet >> if you don't use any more

#### Tips:

**DIY** Disinfectant wipes and/or Spray use >>> 1. Alcohol 2. Essential Oils 3. Peroxide

DIY Hand Sanitizer use >>> 1. Alcohol 2. Essential Oils 3. Aloe Vera

## **Keep food Organized/Kitchen Tips**

- Meal plan
- Write what's in freezer bags
- Flash freezing: Herbs spread on a sheet and freeze them
- Place in a mason jar and cover

- Use salt to preserve food
- Rotate your food (by expiration date)
- For Passover preparation, keep things with yeast in the same cabinet

#### You need a Healthy Gut to combat sickness

- ➤ Garlic Cloves: If you're a eat meat eater >> Take a clove a day
- \*\* Garlic cloves kills the parasites in our intestines in our gut. It is also good to take a probiotic.
  - > Thyme: Helps with help thymus gland >>> Thyme (the plant) is antifungal for upper respiratory.
  - Coconut oil is also good for our immune system >> you can put in your tea.
  - Look up the symptoms behind viruses
  - > Search healthy facts, stick with the herbs

Vitamins, Ginger and Honey – Immune Power Boosters!

#### While home

Marriage is the ultimate test when it comes to this pandemic

How will you treat your lord while he's home?

"Share talents and tips during this time"

#### Numbers 11:14-15 (KJV)

vs 14 | am not able to bear all this people alone, because it is too heavy for me.

<u>vs 15</u> And if thou deal thus with me, kill me, I pray thee, out of hand, if I have found favour in thy sight; and let me not see my wretchedness.

#### Numbers 11:18-23 (KJV)

<u>vs 18</u> And say thou unto the people, Sanctify yourselves against to morrow, and ye shall eat flesh: for ye have wept in the ears of the LORD, saying, Who shall give us flesh to eat? for it was well with us in Egypt: therefore the LORD will give you flesh, and ye shall eat.

vs 19 Ye shall not eat one day, nor two days, nor five days, neither ten days, nor twenty days;

<u>vs 20</u> But even a whole month, until it come out at your nostrils, and it be loathsome unto you: because that ye have despised the LORD which is among you, and have wept before him, saying, Why came we forth out of Egypt

<u>vs 21</u> And Moses said, The people, among whom I am, are six hundred thousand footmen; and thou hast said, I will give them flesh, that they may eat a whole month.

<u>vs 22</u> Shall the flocks and the herds be slain for them, to suffice them? or shall all the fish of the sea be gathered together for them, to suffice them?

<u>vs 23</u> And the LORD said unto Moses, Is the LORD's hand waxed short? thou shalt see now whether my word shall come to pass unto thee or not.

## Numbers 11:31-35 (KJV)

<u>vs 31</u> And there went forth a wind from the LORD, and brought quails from the sea, and let them fall by the camp, as it were a day's journey on this side, and as it were a day's journey on the other side, round about the camp, and as it were two cubits high upon the face of the earth.

<u>vs 32</u> And the people stood up all that day, and all that night, and all the next day, and they gathered the quails: he that gathered least gathered ten homers: and they spread them all abroad for themselves round about the camp.

<u>vs 33</u> And while the flesh was yet between their teeth, ere it was chewed, the wrath of the LORD was kindled against the people, and the LORD smote the people with a very great plague.

<u>vs 34</u> And he called the name of that place Kibroth-hattaavah: because there they buried the people that lusted.

<u>vs 35</u> And the people journeyed from Kibroth-hattaavah unto Hazeroth; and abode at Hazeroth.

- > Israel always complaining with no solution
- Our complaining angered The Most High >> Israel was put to death while they ate quail.
- We must make sure we do not have the spirit of complaining

**Leviticus 25:17 (KJV)** Ye shall not therefore oppress one another; but thou shalt fear thy God: for I am the LORD your God.

**Leviticus 25:36 (KJV)** Take thou no usury of him, or increase: but fear thy God; that thy brother may live with thee.

**Leviticus 25:43 (KJV)** Thou shalt not rule over him with rigour; but shalt fear thy God.

- Part of our fearing God is how we treat one another
- You can't mistreat your brothers and sisters; husband and your children but fear God
- Be mindful

## Negligence

- Don't be negligent toward your family during this time
- Ex. Mom in pajamas, all day long, homeschooling the children ... That's a no, no

<u>Proverbs 31:27 (KJV)</u> She looketh well to the ways of her household, and eateth not the bread of idleness.

Sirach 33:27 Send him to labour, that he be not idle; for idleness teacheth much evil.

- Idleness teaches much evil
- Watch out for this spirit during this time

### Ask yourself:

Do you have characteristics of being idle?

Are you twiddling your thumbs?

What if we never had a chance to fellowship again? Will you fall off?

Will you still keep the laws?

We must ensure we don't have this spirit (Idleness)

#### Ezekiel 20:34-38 (KJV)

<u>vs 34</u> And I will bring you out from the people, and will gather you out of the countries wherein ye are scattered, with a mighty hand, and with a stretched out arm, and with fury poured out.

<u>vs 35</u> And I will bring you into the wilderness of the people, and there will I plead with you face to face. vs 36 Like as I pleaded with your fathers in the wilderness of the land of Egypt, so will I plead with you, saith the Lord GOD.

vs 37 And I will cause you to pass under the rod, and I will bring you into the bond of the covenant:

<u>vs 38</u> And I will purge out from among you the rebels, and them that transgress against me: I will bring them forth out of the country where they sojourn, and they shall not enter into the land of Israel: and ye shall know that I am the LORD.

- The Most High angels will be guarding the gates to the kingdom >>> Will you get in?
- The Most High will purge out the rebels and it wont be nicely

## Hosea 2:14-17 (KJV)

vs 14 Therefore, behold, I will allure her, and bring her into the wilderness, and speak comfortably unto her.

<u>vs 15</u> And I will give her her vineyards from thence, and the valley of Achor for a door of hope: and she shall sing there, as in the days of her youth, and as in the day when she came up out of the land of Egypt.

vs 16 And it shall be at that day, saith the LORD, that thou shalt call me Ishi; and shalt call me no more Baali.

- <u>vs 17</u> For I will take away the names of Baalim out of her mouth, and they shall no more be remembered by their name.
  - This is the next step after the rebels are purged

<u>Isaiah 35:4 (KJV)</u> Say to them that are of a fearful heart, Be strong, fear not: behold, your God will come with vengeance, even God with a recompence; he will come and save you.

## <u>Isaiah 35: 6-10 (KJV)</u>

- <u>vs 6</u> Then shall the lame man leap as an hart, and the tongue of the dumb sing: for in the wilderness shall waters break out, and streams in the desert.
- <u>vs 7</u> And the parched ground shall become a pool, and the thirsty land springs of water: in the habitation of dragons, where each lay, shall be grass with reeds and rushes.
- <u>vs 8</u> And an highway shall be there, and a way, and it shall be called The way of holiness; the unclean shall not pass over it; but it shall be for those: the wayfaring men, though fools, shall not err therein.
- <u>vs 9</u> No lion shall be there, nor any ravenous beast shall go up thereon, it shall not be found there; but the redeemed shall walk there:
- <u>vs 10</u> And the ransomed of the LORD shall return, and come to Zion with songs and everlasting joy upon their heads: they shall obtain joy and gladness, and sorrow and sighing shall flee away.
  - Everlasting joy: Like Tabernacles!
  - Sorrow and sighing will flee
  - No punching in the time clock
  - No more craziness happening to people
  - No more trying to figure life out

## 1 Corinthians 10:1-11 (KJV)

- <u>vs 1</u> Moreover, brethren, I would not that ye should be ignorant, how that all our fathers were under the cloud, and all passed through the sea;
- vs 2 And were all baptized unto Moses in the cloud and in the sea;
- vs 3 And did all eat the same spiritual meat;
- <u>vs 4</u> And did all drink the same spiritual drink: for they drank of that spiritual Rock that followed them: and that Rock was Christ.
- vs 5 But with many of them God was not well pleased: for they were overthrown in the wilderness.
- <u>vs 6</u> Now these things were our examples, to the intent we should not lust after evil things, as they also lusted.

- <u>vs 7</u> Neither be ye idolaters, as were some of them; as it is written, The people sat down to eat and drink, and rose up to play.
- <u>vs 8</u> Neither let us commit fornication, as some of them committed, and fell in one day three and twenty thousand.
- <u>vs 9</u> Neither let us tempt Christ, as some of them also tempted, and were destroyed of serpents.
- vs 10 Neither murmur ye, as some of them also murmured, and were destroyed of the destroyer.
- <u>vs 11</u> Now all these things happened unto them for ensamples: and they are written for our admonition, upon whom the ends of the world are come.
  - Goes right back to (Number 11)
  - > We have modern day examples

Consider your sisters & look out for the elderly.

Make sure you save time to study now that you have it.

Make sure you're using this time wisely!